

13th Sept.  
2013

## HOMA HEALTH - NEWSLETTER #89

print Newsletter

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### EDITOR's NOTE

### THE VISION OF THE DIVINE

Let us do more Swadhyaya (self-study). How does the Divine look like? Is He (She) an old man (woman?) Standing on the clouds? Does He (She) has long hair and a long white beard? Is He (She) dressed in white or is He (She) naked? Is He (She) as described in the Bible, Koran, Bhagavad Gita or any other Holy Book?

If we were created in the image and likeness of God (Father/Mother) (Bible-Gén. 1:27), It might be something different from our physical form for every individual has a specific form and there is a great biodiversity. If the Divine is in all creatures, It has numberless different bodies. If the Divine is in all creation (animate and inanimate), It might be at the core of everything. If it is so, it might be beyond the reach of the senses and the intellect, but It might still be close to our reach, very close. Even though "God formed man from the dust of the earth...." (Genesis 2:7) Man/Woman is more than matter; he/she is Spirit. "GOD IS SPIRIT!" (John 4:24). Besides, Human Beings possess a mind and heart that are not automatically controlled by instinct.

**We can think and reason independently, make plans and decisions, build strong**



**WE ARE FIRE, WE ARE LIGHT.**

**desires and motivations and exercise free will. We are creative (?).**

There is a story that talks about how this Divine spark was hidden so that man could never find it, for it is hidden within himself where he usually does not look for.

According to the narrative accounts, the perception of the Divine can be direct or indirect. Both could be beyond words, however, the first one tends to be very strong or so-called unbearable for the regular human being in the initial stages. (Bhagavad Gita 11.17). For some philosophers, the indirect divine experience is more accessible, manageable and pleasant from the beginning. During the direct contact with the Divine, some mystics experience total loss of the Self.

Sometimes their experience is accompanied with pain and fainting fits, and sometimes it is Bliss.

### EDITOR's NOTE

### HOMA HEALINGS

### HOMA FARMING

### ECO NEWS

### EVENTS

### LEARNING ABOUT AYURVEDA WITH DR. IRMA GARCIA

### MESSAGES FROM SHREE VASANT

### FROM ORION TRANSMISSIONS

Your comments, questions, suggestions and/or contributions to the Homa Newsletter are welcome; you may write to Abel Hernandez & Aleta Macan at [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com) Please include your address. Thank you!

## EDITOR's NOTE - continued

**Note:** Fire is a common description about the Divine. See: *Bible-Exodus 3.2* *"There, the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed."*

*Bhagavad-Gita 10.23* *"...of the Vasus, I am fire."*

Fire and Light are synonyms.

The practice of the Fivefold Path (Yagnya, Daana, Tapa, Karma, and Swadhyaya) brings us closer to the Great Encounter or Experience or Realization.

*\*All living creatures are, so to speak, sparks from the radiation of God's brilliance, and these sparks emerge from God like the rays of the sun ...* But if God did not give off those sparks, how would the divine glory become fully visible? *\*... For there is no creature without some kind of radiance* - whether it be greenness, seeds, buds, or another kind of beauty. [4.11] *\*Every human soul endowed with reason exists as a soul that emerges from the true God ... This same God is that living fire by which souls live and breathe.* [10:2] *\*Extracts from "The Divine Essence is present in all things" of Saint Hildegard of Bingen*

## HOMA HEALING STORIES

**Janine**  
Guayaquil, Ecuador

"I am 47 years old. **During the meditation with Agnihotra, I was in ecstasy.** I had wonderful visions. When I opened my eyes, I was very happy and my heart was elated. **I have been suffering with a very strong allergic rhinitis**, which in recent years has its focus on my eyes and which produces a kind of **allergic conjunctivitis**. So, when I opened my eyes, I saw all these magical colors in the smoke, produced by the Agnihotra fires, but my eyes began to water and I got the typical reaction which ends usually with conjunctivitis. When I got home, I was extremely hungry so I ate a lot and drank a lot of water and then I went to bed. Two hours later, I got up and felt

nothing wrong with my eyes. **My eyes were perfect**, whiter than ever, without any swelling or inflammation and **no trace of allergy**. Usually, when I get an eye crisis, it lasts 2-3 days. Even when taking antihistamines, the inflammation lasts and my eyes are tearing constantly.

However, I felt no pain, so I went back to sleep. That night, I slept 12 and a half hours. The next day, I did not want to wake up because I really was very relaxed. **Since then, I have been very, very good. I have had no crisis with the eyes even with this very cold and windy weather. I'm very good now and I am happy."**



## HOMA HEALING STORIES

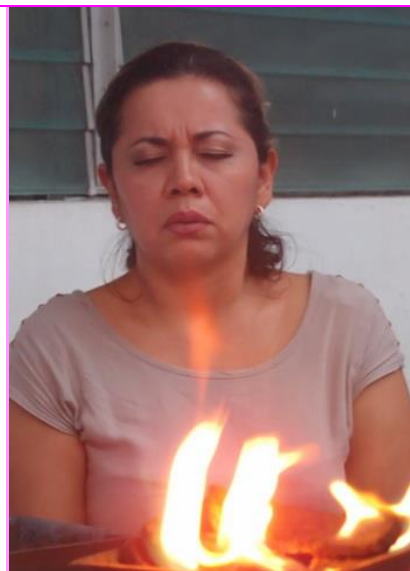
**Sra. Karen**  
Lantana, Florida, USA

"The hurricane was approaching and we did the Homa fire on the balcony of my next door neighbor, Dolly. She is also a practitioner of Agnihotra. Our two apartments are in the corner. **The Hurricane hit hard the corner apartments, but mine and Dolly's were not even damaged.** The roofs of the apartments to our left and right side flew off, but the roofs over our two apartments remained undamaged. This happened in 2005. **I'm sure that this protection was due to the Homa fires since the rest of the building got badly damaged.** Our apartments are on the top floor and 2/3 of the roof was lost, but not the part where we did the Homa fires. "



**Olga Enríquez**  
Guayaquil, Ecuador

"I am 45 years old. **I've always had the problem of dry eyes.** My tear glands are dried up completely and I see everything blurry in the evenings due to my work and tiredness. **Since I started coming to Homa Therapy, I have started using the Agnihotra eye drops and I've improved.** On the street, I no longer use my glasses daily; I just use them for reading and on the computer. This has helped me a lot with the problem of my dry eyes. I have experienced this effect in approx. three months. **Now, when I wake up and at night before I go to bed, I apply my Homa eye drops. I am also doing the Agnihotra fire and take its ash and I feel very good all day long.** "



**Patricia Mera**  
**Raul Granizo**  
Milagro, Ecuador

**"With the practice of Homa Therapy, we have experienced changes which have brought more harmony among us, a transformation of attitudes and an approach towards the Almighty. My mother in law suffered for more than 15 years of incontinence. For three weeks, she has been**

**consuming Agnihotra ash with water, three times a day. Now, she is fine. She has no problem. She used to need 12-15 diapers a day. Now, she uses one, but it remains dry. She is 83 years old.**

**My sister in law, due to hormonal changes, suffered more than a year from hot flashes. She had consulted many doctors and got little help. Then she began to take the Agnihotra ash. Now, 99 % of the hot flashes are removed."**



**HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!**

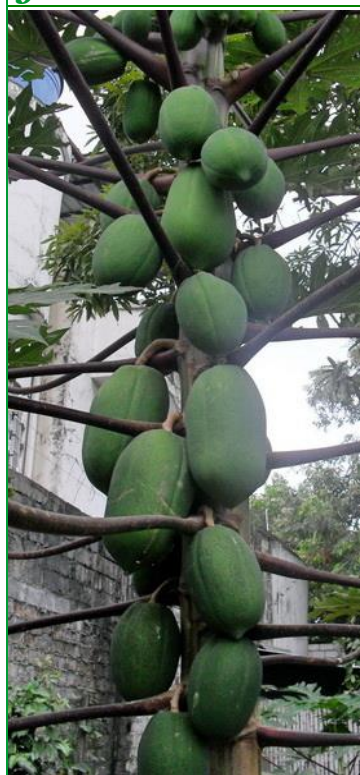
**Patricia Mera**  
**Milagro, Ecuador**

"My husband, Raul Granizo, and I, started with the practice of Homa Therapy a month ago. We heard about it through a friend. We were very interested because we love everything related to nature.

All my life I have lived around fruit trees and I was worried about some in my yard. We saw that **the branches were dying; they were falling off. That problem had begun a year ago.** But when we started practicing the Homa fires, this stopped and now the trees are sprouting new branches and new leaves are developing. This is in regard to our **mango trees. We are seeing a dramatic change. Leaves and flowers and fruits are coming out directly from its main branches. All this happened in one month.** We are in June, when trees do not bloom and it is impossible to have fruits, but the trees are completely covered with flowers.

**Raul Granizo:**

**"There are also many fruits and some are big ones.** We have some very tall trees covering the little ones. **Typically only the branches of the trees receiving sunlight flower, but with Homa Therapy, all the trees, everything, everything, everything is blooming and even branches that have never flowered before are flowering now.** Even my son is amazed and said, **'Dad, we will have many mangoes this year!'**



"You can see the wonders of Homa Therapy in our backyard. We also have a papaya plant (photo left) which is giving many fruits and we are proud of our coconut trees (photo above).

**We are doing Agnihotra every morning and as much as possible at sunset too. I apply the Agnihotra ash directly to the roots and also spray Agnihotra ash solution after it has been sitting for three days."**

## ECO NEWS

**The young woman who climbed a tree to avoid the cutting and did not come down in two years.**

Published 23 August, 2013

Source: **MundoNuevo**

**Julia Butterfly Hill** in her book **'The Legacy of Luna'** writes: **"Nobody has the right to steal the future for quick profits in the present. We have to know when it is enough ..."**



She was 22 years old when a traumatic experience, a serious car accident, turned Julia into a green activist that touched an entire country. The accident left severe brain injuries that required a slow and intensive process. The value and proportion of time changed for Julia. She spent long hours of rehabilitation contemplating the lavish Californians forests. It is rare that you read such an unexpurgated New Agey memoir about an event that literally changed the face of a particular aspect of environmental activism. Sure, there had been tree-sits before ("tree-sits" being the act of human beings staying in a tree in order to keep it from being cut down by logging companies), but usually one tree was manned by several groups of individuals taking turns staying in the tree for hours at a time. But this time one single person took on the daunting task of living 24/7 in a tree in order to save its life. And Hill, the daughter of a missionary who grew up with little, and simply prayed that one day her purpose in life would come to her, ended up with a very serious vocation.

For more info: <http://www.calpeacepower.org/0302/lunabook.htm>

**ISABEL ALLENDE**
<http://www.youtube.com/watch?v=E11cDEr272Y>

Author and activist Isabel Allende discusses women, creativity, the definition of feminism -- and, of course, passion -- in her talk.


**WANTED**

For saving seeds free of chemicals and patents.

For not wanting to depend on Transnationals.

For saying "NO" to GMO's.

For defending seed exchange and National Food Security.

For wanting to sow his own seeds like it has been family tradition.

For respecting nature and not wanting to use toxic substances.


[www.seloexplicoconplastilina.org](http://www.seloexplicoconplastilina.org)
**The farmers won the fight against the controversial rule 9.70 of the ICA**

**The Government decided to freeze the decision that penalized farmers who use not certified seeds**

Por: 2Orillas | September 5th, 2013

The Resolution 9.70 of 2010, was forcing farmers to buy certified seed, but they could not reuse them in subsequent crops. ***Given the strong claims of the Colombian peasants, the government pledged not to implement the standard and to restructure a new proposal of certified seeds with the help of the farmers.***



**EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA*****Foundation  
"Father  
Damian"***

We are sharing Agnihotra with the most needy and sick such as the Hansen patients (Leprosy), who, however, have the most beautiful smiles.

**(photo left)**

***Organic  
Vegetarian  
Restaurant  
"Amaranto"***

Performing sunset Agnihotra after a day full of hard work to find Peace in a quiet place inside us.

**(photo right)**

***Holistic Therapies  
Centre "El Rincon  
del Alma"  
(Corner of the Soul)***

Agnihotris and Therapists (**Ms. Pazmiño and Mr. Palacios**) use their Homa fires to generate healing energies.  
**(photo left)**

**EVENTS in QUITO, ECUADOR, SOUTH AMERICA**

***Foundation "Alinambi" for abandoned, mistreated or abused children.***

Through Ms. Sandra (Swiss lady who supports this center, we got to know the kids, the administrator and "Mothers" of this Home.

After presenting some videos that showed how the practice of

Homa Therapy can help these children, we shared Agnihotra in the company of Mrs. Vicky and her husband, Admiral Fernando Zurita. Prof. Abel made a few simple yoga exercises with the kids, asked some riddles and told them a story which everyone enjoyed. **What a great Blessing to have the tool 'AGNIHOTRA' to heal mental and emotional wounds, which can be deeper than those wounds in flesh and bone! (photos this page)**





**EVENTS in QUITO, ECUADOR, SOUTH AMERICA*****Homa Center in Quito***

Enjoying sunset healing fire with the Zurita family and Agnihotra friends (Athala and Martha)

**EVENTS in YAGUACHI, ECUADOR, SOUTH AMERICA*****Human Wellness Fair in Yaguachi***

Through Agnihotra, practitioners and Therapists, **Viviana and Mario**, Homa Therapy came to this two-days Wellness Fair. Prof. Abel gave an introductory talk on the benefits of the practice of Homa Therapy and showed video testimonials. Some Agnihotris gave their personal healing testimonies, which had a great impact.

**(photos left and below)**





**EVENTS in YAGUACHI, ECUADOR, SOUTH AMERICA*****Human Wellness Fair  
in Yaguachi***

On the second day of the fair, more people were interested in knowing and learning about the effects of Agnihotra as treatment for certain diseases. Prof. Abel showed amazing video testimonials. Also a good group of Agnihotris from Guayaquil came to support with their healing fires.

**(photos this page)**





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## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



### **Holistic Therapy Center "NUEVA VIDA" (New Life)**

This was the Opening of a Holistic Center in northern Guayaquil. The owners, Viviana and Mario,



offer Homa Therapy session every day at sunset, of course free of charge.

(photos above and left)

### **Homa Center of Guayaquil, Urdesa**

Before leaving the country, we shared and celebrated Agnihotra at the Guayaquil Homa Center with **Sonia Hunter**, a group of Agnihotris and patients. (Photo below and next page). It has been a blessing to be able to introduce and work with this ancient technique of healing on many fronts. There are many people practicing Agnihotra in this country and more are joining ...





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## EVENTS in the HOMA CENTER GUAYAQUIL, ECUADOR



## EVENTS in PIURA, PERU, SOUTH AMERICA



After almost two years of absence, we returned to Peru to unite with the Piuran Homa family and find more people interested in learning about this ancient knowledge.  
**(photo below in the Jorge Reategui Hospital)**



Wherever there is a group of people working together, we can harness the bio - energetic Homa fires to create a harmonious and relaxing surrounding.

**(Photo left: Homa Presentation and practice of Agnihotra in a cell phone store. The owner invited his family, co-workers and friends to participate.)**



**EVENTS in PIURA, PERU, SOUTH AMERICA**

This was an audio – Visual presentation and practice of Agnihotra at the Reategui Hospital (EsSalud) (Photo left - Prof. Abel explaining this ancient healing technique. Photos below - during Agnihotra)



When Homa fires burn, Peace and Silence arise and the mind can take a break... then joy, happiness, wonder and gratitude surges for the many beauties that life gives us every day.



**EVENTS in LIMA, PERU, SOUTH AMERICA**

*We shared a video presentation and a relaxing and peaceful sunset Agnihotra at the restaurant "Sabor y Vida" owned by Prof. Humberto Guerrero and his wife Ana Maria in Miraflores.*



There were new people with much interest and a lot of questions had to be answered by Prof. Abel. We also heard some extraordinary Homa healing testimonies.

**(photos on this page)**



**EVENTS in COMAS, PERU, SOUTH AMERICA**

**Mr. Christian Alvaro Vasquez (photo below left- with his wife)**, Physical Therapist in a state hospital and Agnihotra practitioner, invited us to present this ayurvedic healing technique at a Health Center in Comas in Northern Lima. Homa Therapy was taken with enthusiasm and joy. (see photos this page)





**EVENTS AROUND THE WORLD - MALAGA, SPAIN**

**Mrs. Marhya Gabriela wrote from Malaga:**

"We were celebrating the "Day out of Time" in the farm "La Ventolera" in Alhaurin, Malaga. We had many different activities and at sunset we all joined for Agnihotra, which America and Josue were guiding. Sending you a hug." (photos below)



The photo below (about an Agnihotra meeting at the same farm) was sent by **Mrs. America Camacho**. They were invited by **Mrs. Rosa Perez** to share the healing Agnihotra fire.





## EVENTS AROUND THE WORLD - GERMANY &amp; AUSTRIA



**Bernd Frank (photo above in front of the Agnihotra fire)** from Germany, member of the Homa Hof Heiligenberg, shared Agnihotra and its benefits through a Homa teaching tour in a number of places in Germany and Austria. (photo above and below in Alsfeld, Germany)



Photo above right in Kraftsdorf, Austria and photo to the left in Innsbruck, Austria.



## EVENTS AROUND THE WORLD - GERMANY &amp; AUSTRIA



This Homa tour, consisted of 15 events, where over 600 people were reached and many of them have already started the practice of the Homa healing fires.

(Photo left and below were taken in Saalfelden, Austria)



**Photo left:  
Bernd Frank  
during a Homa  
Therapy  
presentation in  
Salzburg, Austria.**



**EVENTS AROUND THE WORLD - EGGENBERG, AUSTRIA**

**Reiner Sczypior wrote**

**from Austria:**

"We celebrated the Earth Festival at '**Painer Garden Paradise**'. Many new Agnihotra friends joined to heal our wonderful planet. We enjoyed Music, four hours of Tryambakam Homa, conversations with beautiful souls and Agnihotra sunset fire.

'Garten Paradies Painer' has become a place where people come to learn organic gardening and Agnihotra."

**Photos to the right during the Earth Festival. Photo below left, shows Peter with bottled Agnihotra ash, which he uses to prepare plant spray. Photo below right, shows Peter doing Agnihotra with the visitors during a presentation given by Reiner on global issues and Agnihotra as the solution to pollution.**





## EVENTS AROUND THE WORLD - DELHI, INDIA



Photos left and below were sent by Mother Saroji from the Homa Center in Delhi, where she shares Agnihotra with the group who also practices "Pyramid Meditation".



**Dr. RK Pathak** shared the 2 photos to the left where he is teaching Agnihotra and Homa Therapy applied in farming in a "Certificate Course on Organic Farming" organized by the National Center of Organic Farming, Department of Agriculture and & Cooperation, Ministry of Agriculture of the Government of India.



There have been 34 participants, which came from the states of Uttar Pradesh, Uttarakhand, Jharkhand, Odisha and from the neighboring country Nepal. Most of the participants were B.Sc. Ag. and M.Sc. Ag. In this 3-days intensive trainings course, Dr. Pathak gave 9 talks and practices related to Homa Organic Farming.



**EVENTS AROUND THE WORLD - KHARAGPUR, INDIA**



**Under the guidance of Prof. Mulay, Leprosy affected people in Leper's Colony, Kharagpur, perform Agnihotra.**

**(see photos this page)**





## LEARNING ABOUT AYURVEDA WITH DR. IRMA GARCIA

**PRACTICE THE FIVEFOLD PATH OF VEDAS AND YOU WILL BE READY FOR THE NEXT STAGE IN HUMAN EVOLUTION.**

(continuation of Homa Health Newsletter #88)

**The choices we make every day, directly affect our evolutionary process and are transforming the Earth on a collective level.**

It appears that our entire solar system is going through a tremendous energetic shift that will ultimately transform human life into a much more evolved form. This profound energetic change we are going through is leading us to a mass human evolution. The fivefold Path of Vedas is a great material aid to help us navigate through that evolutionary process. It's

daily practice will enhance our quality of life and make us much more compatible with the changes that are now happening. Once we understand that we are all one identity, we will love all people and see the purity and sacredness on everything that happens. We can then reach to others from love and alleviate human suffering. If I help others to awaken and increase their level of consciousness by the daily practice of the **FIVEFOLD PATH OF VEDAS**, I help myself and help build a better world for each and every one.

**TIME HAS COME FOR ALL OF US TO BECOME GURUS, MASTERS.**

Rama, (7500 years ago); Krishna, (5000 years ago); Moses (roughly 4000 years ago); Buddha (2500 years ago); Jesus Christ (2000 years ago); Mohamed (1400 years ago) and all other messengers of the one and only God came to teach us to act always with love, that is, to achieve self-realization.

All of them had a human body just like ours. They came to teach us what to do so we become like them...

Jesus Christ said "Works like mine you will do and greater than mine."

If practiced daily, the Fivefold Path helps refine and sieve out matter. What remains is spirit. Our survival as a species may be directly linked to our ability and willingness to share life-affirming practices that come from a unified quantum world view. This means, it is required from all of us, now, to be Saints, Gurus. That simply means human beings full of Love.

No one is better than anyone else; there are just different levels of consciousness. So, what can we do to increase our level of consciousness and become better instruments of Divine Will? What do we need to do to become a Guru, a Master?

**Everything genius is simple:**

**THE PURPOSE OF LIFE IS TO PURIFY OUR MIND AND FILL IT WITH LOVE.**

Fivefold Path of Vedas is the most efficient way...With such daily routine, our mind gets purified and is filled with love. Quantum physics has demonstrated that in such a state of purity and love we make a positive impact on the ecological balance of Mother Earth and on our Universe.

So, it is really up to us what type of reality we want to construct for future generations...

**Dr. Irma Garcia, born in Venezuela, was the private secretary of Master Shree Vasant Paranpje and accompanied Him in many of His travels around the world, serving as translator and assistant since 1986 till He left His body.**

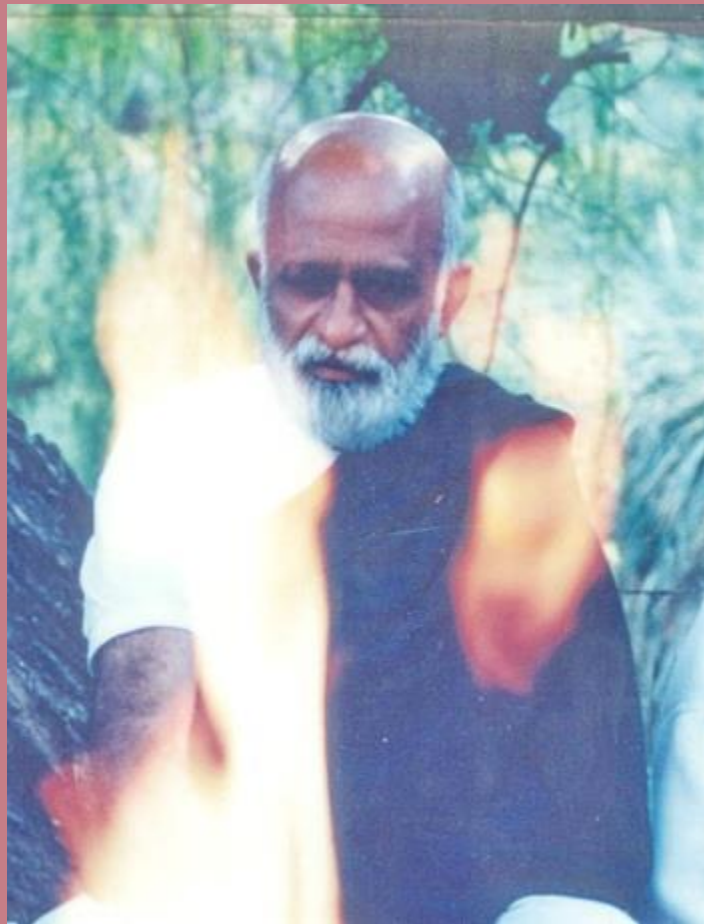


**MESSAGES FROM SHREE VASANT**

It is like inside there is a treasure chest full of diamonds and gold and you are asked simply to go inside and open it. You have been given the key and again reminded of that key. All you have to do is go inside and open the treasure chest. You continue looking outside for answer. Go inside and you find more than answers.

The atmosphere we are in determines our health and our state of mind.

Happy atmosphere =  
Happy plants = Abundant  
produce and good taste.



The healing effect of Agnihotra is strengthened with other pyramid fires based on the phases of the moon, etc. The small copper pyramid acts as some kind of portable generator of a micro-healing atmosphere.

Let go of all negative thoughts or ideas, impressions on the mind. Replace these thoughts with the positive and affirm the positive by doing your personal Mantra. Learn to speak only positively. Absolutely, steadfastly refuse to indulge in quarreling. It has too strong an effect on others. On the other hand, if you nurture and care for each other, the love you emanate is so pure, so wonderful. It has healing power.

Do not think, "What will be". Focus on what already is, i.e., "Be here and now".

Never be afraid to follow what is TRUTH for you. BELIEVE your own EXPERIENCE. Do not believe a word We say; only believe what you experience.



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## FROM ORION TRANSMISSIONS

(as received by Parvati Bizberg, Poland)

### On Human Communication

Yes, yes. Human frailties. What one speaks need be tempered always with kindness. All beings must realize the power of thought, word and deed. Many beings in this world have less understanding of themselves, as individuals and as a whole. Therefore, they are operating at a distinct disadvantage. They cannot see, feel or think as you do. They do not have the scope of comprehension, particularly of spiritual aspects. Therefore, if one realizes the differences in origin and reality, one cannot possibly retain and maintain the expectations that they will act in a certain way or believe as you do, even see as you do.

It is as if they speak a totally different language than you. One would never expect another being speaking in a different tongue to comprehend one's language. One would patiently simplify one's expression to fit the level of the other person. Why is it different with levels of awareness?

Set aside expectations. Simplify. Be patient. In the world, the misunderstandings between you are often merely differences, not only in points of view but in ability to see and perceive Truth. Beings see through various lenses, often obscuring the view of divergent opinions.

When you meet someone who thinks and speaks as you do, it is a momentous occasion. You experience an immediate sense of camaraderie, comfort and recognition. And even those beings with whom you resonate on a higher level—whether verbal or not—are few and far between! So, you can see the effort required, even between beings with similar interests, origins, experiences, to understand each other. So you can see that human interaction is often a precarious position.

To retreat is not entirely the answer, but one needs to retreat within to find the answers. A certain amount of healthy introspection, self-study, can lead to a greater understanding of and compassion for others.

One goes inward to seek direction, so that when one is ready to return to the outer world, one's spirit has been rejuvenated, one's focus clearer and more one-pointed, one's breathing calmed, one's ability to listen and reflect more honed, and one's well of compassion deepened. This is when true communication stands the greatest chance of being successful.

Once again, the only way out is IN.  
Blessings abound.  
OM TAT SAT.

**More info:** [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for sharing the "Good News" with this Homa Health Newsletter!**

### Further official web sites on Homa Therapy:

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