

13th of Sept.
2006

Editor's Note

The Homa Fires in our
School

Women's Healing
Circle with Homa Fires

HOMA
AGRICULTURE &
CATTLE BREEDING

EVENTS

Invitation to
participate

MESSAGES FROM
SHREE VASANT

FROM ORION
TRANSMISSIONS

Any comments,
questions, suggestions
and contributions to
the Newsletter, please
write to Dr. Abel
Hernandez
& AletaMacan
[terapiahoma
@yahoo.com](mailto:terapiahoma@yahoo.com)

Please add to your
email the city, state and
country you live in.
This will help us to be
more efficient. Thanks!

HOMA HEALTH - NEWSLETTER #5

Editor's Note:

OUR DAILY BREAD

Let's talk about a very important subject "our daily food". Through it, our existence, our growth, our capacity to reproduce and maintain ourselves in this physical body is assured.

Also, it is said that "**you are what you eat**". But what do we eat? What do our children eat?

1) **Agricultural products** loaded with agrochemicals or shall we say "agro-toxics"? like herbicides, pesticides, fungicides, etc.

2) **Meats, chicken, fish, eggs, dairy products** and other products of animal origin loaded with antibiotic, growth hormones and other substances beside the micro-organisms generated by the decomposition (putrefaction).

3) **Incompatible products** to our biochemistry such as:

- white sugar - white flour - junk food
- alcoholic drinks - stimulants (caffeine, nicotine, etc.) - soft drinks (carbonated drinks) - synthetic substances (colorings, preservatives, taste givers, etc.)

4) **Mixture of incompatible foods**

such as: fruit salads that combine sweet and acidic fruits, etc.

5) **Products that are packed, canned or manufactured in a process that reduces their nutritional or energetic value.**

6) **Genetically Modified Organisms - GMO's** which are not healthy at all! They have the potential to cause great damage to our basic make up. Many crops such as corn, soy, rice and wheat are GMO's, but people do not know because they are not labeled as such.

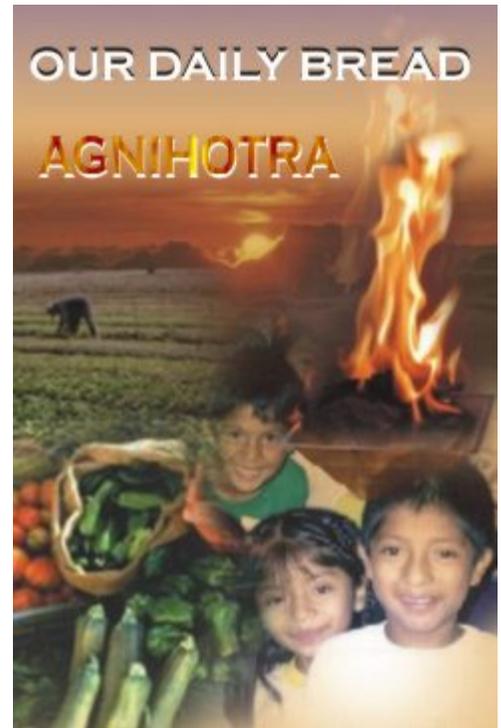
If we modify (expand) our concept of "food" and include everything that can penetrate our organism and affect our physical, emotional or mental structure, then we can also consider:

7) **Less dense physical food** such as:

- water
- air
which are also contaminated in many cases.

8) **More subtle elements** such as:

- solar light - images, colors, lights
- sounds (words, melodies, etc.)



- scents - flavors - tactile sensations
- electromagnetic vibrations
- positive emotions (joy, happiness, compassion, etc.)
- negative emotions (rage, bitterness, fear, etc.)
- positive thoughts that promote brotherhood, unity, harmony, etc.
- negative thoughts
- others.

To realize the value and effect of these subtle foods you can try to remember that last time you laughed or you cried when you were

- watching a movie
- listening to a song, melody, words, story, joke, etc.
- talking with someone
- sharing a hug
- contemplating a scenery
- looking at a photo
- simply recalling a memory
- doing self study
- playing
- dancing
- praying
- meditating
- repeating a Mantra

These foods cannot be quantified in Kgs pounds or gallons or liters, but they do have an unquestionable effect on us.

FACTS:

- 1) There are certain situations that we cannot change.
 - 2) Our reactions to sensations are changeable. Something can give us pleasure in one moment and discomfort in another.
- This raises the following question:

Is there a situation that always ...?

- affects our physical, emotional and mental components positively?
- neutralizes the toxicity and
- promotes balance and health in all kingdoms?
- is practical, and easy to learn and prepare and scientific?
- is inexpensive?

The answer is **YES, it is A G N I H O T R A**

And the best thing is that it is easy to incorporate into our daily diet "to fill ourselves with LOVE"

*Let us share this DAILY BREAD -
A G N I H O T R A*

Let's think:

- What do we call an organism that sucks the host and only gives poison and garbage in return? It is a P_R_S_TE!
- Mother Earth gives us the food what do we give her in exchange?

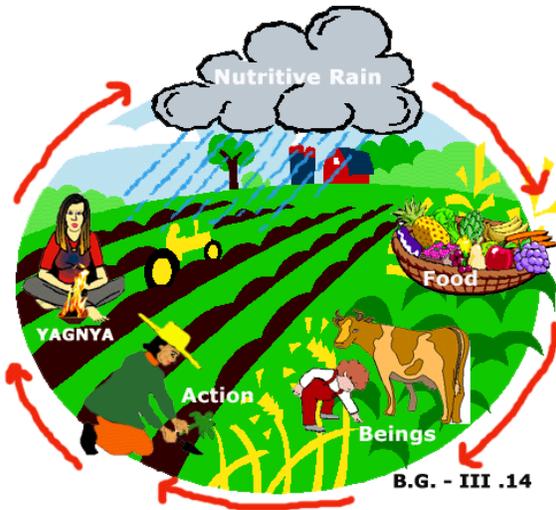
Did you know ... ?

- 1) Similar Homa fire were called "Payment to the Earth" in many outstanding ancient cultures. They thought that Earth (the Pachamama) gives us the AIR, WATER, FOOD and EVERYTHING MAN NEEDS. And man should give back something in return.

What do you think?

- 2) It seems like all the components that are in harmony with nature render a service Pro-Life.

What does the average human being do?



3) There is an ancestral teaching saying:
"From food creatures come into being; food is produced by (nutritive) rain; rain is generated by Yagnya (Homias); and Yagnya comes from action."

B.G. - III. 14

Man has a free will to participate in this "Circle of Life" *positively or negatively.*

What can each one of us do?

Only a human being can do these Homias (Yagnyas) to cooperate with the Circle of Life and the energy cycles of the Earth. AGNIHOTRA is the Basic Homa that is easy to do by anyone.

Now, let's recall a part of a Vedic verse in Sanskrit:

**Om bhadram karnebhih shrunyama dewah Bhadram pashyema akshabhir yajatrah
Sthirairangais tushtu wamsa stanubhir wyashema dewahimtahi yadayuh**

An interpretation of this is:

"May we hear with our ears only the blissful. You, who protect those who perform Yagnya healing Fires; may we see with our eyes only the blissful. With steady limbs and strong bodies we praise THEE. May we spend whatever life is allotted to us in THY service.



The Inkas and Pre-Inkas in South America gave offerings to the Sun and to Mother Nature through Fires.

THE HOMA FIRES IN OUR SCHOOL

**Team of Professors of the School
"Joaquín de los Andes"
Pto. Montt - Chile, South America
<info@joaquindelosandes.cl>**

Hello everyone!

It is wonderful for us to be able to share our experience with the Homa Fires. We hope that these lines will encourage others to experiment with these Homas in their schools in many towns, cities and countries around the world.

We are a Special School with 21 deaf children from 2 to 10 years of age. Our children have hearing and language problems. We started the Homa Project in May 2006. Our objective was to use this healing tool (Homa Therapy) to improve

- the health of our children
- the level of attention and concentration
- the awareness and protection of our environment

and to reduce

- hyperactivity
- irritability
- aggressiveness

We do Tryambakam Homa for 20 minutes two times a week. These Healing Fires have opened up a space in the school where adults and children come to experience tranquility, mental peace and happiness.

We are truly amazed to see how effective these Homas are. The children show a lot of respect to the fires and they like to participate.

It may sound crazy, but these deaf children try to sing the Mantra and give the offering to the fire with the word "Swaha". They show us that this is important to them. It is really awesome to see them quite for long minutes just listening to the burning of the cow dung. You can see them focused on the fire and waiting for it silently to go off. It is beautiful to see how these Homas fill their minds with peace and love. It is wonderful what is happening and these FIRES bring us closer to them.

We can certify that "to heal the atmosphere is to heal yourself" is true.

We realized this in few months and we will continue throughout the year to show how Homa Therapy benefits children who are special, handicapped or not. After all, children are just children.

We will share more of our experiences. A big hug to everyone.



Deaf children very attentive to the Mantras and the HOMA Fires.

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Practicing Tryambakam Homa in the Women's Homa Healing Circle

Women's Healing Circles with Homa Fires

Adela Cordova, Piura Peru, South America
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The Homa Healing Circle for women is for me an Oasis in the desert. Here, I can recharge myself with positive energies to feel fresh, cheerful and gain strength to walk daily on my spiritual path. We always ask ourselves: Who am I? Where do I go? and other questions which help us focus to achieve answers.

One of my objectives is to be able to stay in silence at least two hours daily. This is a discipline suggested by Master Vasant. It is a time to listen to the Inner voice and to know if I am advancing or not. I can say with certainty that this Homa Healing Circle for Women has filled a hole in my heart and in my life. It is an Oasis in the desert where we can feel the dew in our faces. I am learning to be a better mother, better wife and better human being. I thank all the people who guided us to form this Sacred Healing Circle. Also, I'd like to thank all the soul sisters that participate in these Healing Circles and in the Inner Search, in the entire world.

REMARKS ABOUT THE HOMA HEALING CIRCLE FOR WOMEN:

The idea of Homa Healing Circles for Women was proposed by Master Shree Vasant V. Paranjpe many years ago and is taking place in many countries all around the world. On Thursdays, one hour before sunset Agnihotra we come together and start our Healing Circle with a Vyahruti Homa, followed by Tryambakam Homa where everyone participates rotating.

At the moment of sunset we all do Agnihotra and one of us guides the meditation. We use these sublime moments to send our Love, Divine Light and Strength to all our sisters, all our children and all people who are suffering.

The Homa Healing Circle for Women is an open circle, where the only requirement is to bring the Agnihotra Pyramid. There are women united of different race, religion, social status, economic status, etc.

In these Healing Circles we also read the books of Master Shree Vasant and then we try to practice this in our daily life. We also do other activities like singing of devotional songs, we dance, we paint Mandalas, read spiritual stories, see videos of Saintly women, etc.

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HOMA AGRICULTURE & CATTLE BREEDING



We are working as Homa volunteers in the cow sheds for the government of India. They have in 12 stables in this area where they take care of minimum 450 cows per stable and the Boss wants that Homa Agriculture and Cattle Breeding to be practiced. Now we are working with the Second Homa Resonance Point and in a few days, we move to the next place. We are also producing Biosol HOMA and preparing the people in charge of the stables. There is a lot to do. With all love.

Juan Rodrigues y Mary Lee Weir, India



Beautiful water pools throughout the area of the HOMA Center "Tapovan", where rain harvest takes place



Pumpkin, Turmeric and other veggies and herbs grow beautifully with Homa Agriculture



Wonderful 6 week old soy bean crop growing in the fields of Tapovan, where there once was only desert.

Dear Friends,

Well, we finally got the big rain we were waiting for. The Best rain in the last 25 years, they say. Tapovan is looking wonderfully green and lush. The big work which Aaron and Anne did on the water harvesting has paid off in a very big way. As you can see from the pictures, our dry creek bed has been transformed into a series of beautiful pools through the extensive rainwater harvesting that we have completed. Charming rustic bridges allow for a lovely walk around the whole of the water feature. What a blessing for us to have so much water, after so many years of severe drought. All the wells and bores on Tapovan are recharged and full of water. Water has percolated through to the aquifers beneath and the water level in our catchment area seems to have stabilized. We are now able to think about irrigation and growing different things here in Tapovan, which were not possible before.

Already, we have had agricultural experts last week who were totally baffled by our wonderful soy bean crop (only 6 weeks old - see pics), and also healthy turmeric crop in an area where they do not usually grow, as well as cotton without chemicals or pesticides. This is, of course, a testimony to the power of intensive Homas Fires and the application of Homa Biosol biofertilizer which we make here in Tapovan.

Lots of love

Bruce Johnson & Anne Godfrey
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ECO- NEWS



Amazon rainforest 'could become a desert' (July 23rd, 2006)

The vast Amazon rainforest is on the brink of being turned into desert, with catastrophic consequences for the world's climate, alarming research suggests. And the process, which would be irreversible, could begin as early as next year. Studies by the blue-chip Woods Hole Research Centre, carried out in Amazonia, have concluded that the forest cannot withstand more than two consecutive years of drought without breaking down.

Source: Independent

A virus spray to keep frozen meats bacteria free

London, August 29th:
The U.S. Food and Drug Administration (FDA) has recently allowed meat companies to add viruses to their meat to keep it from making people sick.



The FDA allowed a cocktail of six viruses as a food additive to be sprayed on ready-to-eat meat before it is packaged to protect against *Listeria monocytogenes*. This bacterium sometimes grows on cold meat and causes about 2500 cases of severe food poisoning and 500 deaths a year in the US alone.

Symptoms of Listeriosis include fever, muscle aches and sometimes nausea or diarrhea. If the infection spreads to the nervous system, it can lead to confusion, loss of balance, convulsions and stiff neck. The disease is especially dangerous for pregnant women and people with weak immune systems.

The viruses in the additive are bacteriophages, that is, they only attack bacterial cells, and are the first to gain FDA approval for use as a food additive. Since they do not harm plant or animal cells they should be safe for humans, in fact some kinds of viral bacteriophage naturally inhabit the human digestive tract.

"Intralix" of Baltimore, Maryland, which developed the additive, says that it has licensed the product to an undisclosed multinational company.

Bureau Report

WHAT DO YOU THINK ABOUT THIS?

EVENTS

Pyramid Gathering in **Puerto Santa Maria, Spain** in Christa and Ricardo Mena's house, one day before our flight back to South America. It was a wonderful Divine Gift seeing so many people starting with their personal practice of Agnihotra Healing Fire.



Many friends and newcomers to Homa Therapy arrived at the Mena's home to hear and learn about Agnihotra and experience the peace that comes with its practice.



Pereira, Colombia, South America:
Pavitram Seva is sharing Agnihotra with a group of people in the Mayor's office of Pereira.



Dr. Mario Chavez teaching Agnihotra in the Holistic Center "Ma Yu Natural Way" in West Palm Beach, Florida, USA

July 18th 2006:

Education camp on Agnihotra - The Ancient Science of Healing. Reiner and Manuela Sczypior followed an invitation from the Deputy Director Dr. K.N. Sharma, Horticulture Department, District Solan Chambaghat, **India**



The first day 80 officers and farmers gathered and all the 51 Agnihotra pyramids we brought to the camp, found new homes. In the evening we performed and taught Agnihotra.



The second day ,Manuela Sczypior spoke to a group of 60 women addressing specific topics which concern mainly women. She distributed Agnihotra Ash to all of them and Dr. Sharma asked for 25 pyramids to be distributed amongst the women.



On 27th of July ,Reiner and Manuela Sczypior were invited by Dr. R. Kapoor to teach Agnihotra in Solan, India. Over 400 people came for the meeting, where a talk on Homa Farming was also given.



Lima, Peru, South America:
Intensive Homa Therapy Training with people who recently got their own Agnihotra Pyramid.



These pictures are groups of people who are learning and also doing Agnihotra in the city of Barinas, Barinas State, Venezuela. Maria Cecilia Mendez, Adelino and Daniel Mora are teaching the Homa fires.



Full house with AGNIHOTRA meetings at a Holistic Center in Lima, Peru, South America

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Invitation to participate

This HOMA HEALTH Newsletter can be a window to the world that shows how wonderful these HOMA Healing Fires work..

Please let everyone know about your experiences and write us. By sharing our experiences with others we bring **HOPE** to many.

Your experience can also be made available in different languages in the HOMA web sites.

We ALL can play a greater role as Instruments of the Divine through practicing and teaching Agnihotra.

Please send your pictures of Agnihotra Fires with your family and friends. Maybe you are already sharing this knowledge in cultural, scientific or spiritual events. Maybe you are doing it at home, in a hospital, school, health center, work, public or private gathering. Communicate your experiences!

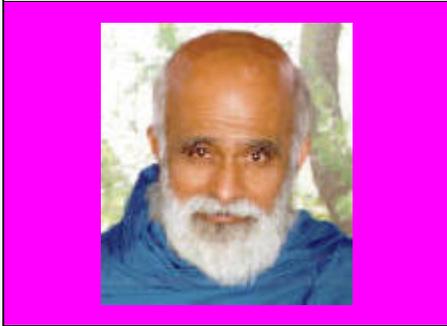
Let's hear YOUR News. We all can be part of the Loving HOMA Wave that is spreading all over the world.

If you need the Agnihotra time table for 2007 please write with anticipation to agnihotrahorario@yahoo.com and let us know your name, city, district, state, country and your phone number. Thanks!

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MESSAGES from SHREE VASANT

You can see and listen to Shree Vasant in the video clip taped in the Botanical Garden of the "Universidad Central de Venezuela" en Caracas.



SATSANG I, II Dec.90

AGNIHOTRA - ANTIDOTE TO POLLUTION

"We do not claim Agnihotra to be of any religious origin. It is a tool, which allows us to become more understanding of the problems of others, the problems we are faced with in the world, the negativity, the air pollution. This itself enables us to become more full of love. HENCE SCIENCE PAVES THE WAY TO THE KINGDOM OF HEAVEN, WHICH LIES IN EACH OF US.

This is the answer to be given to all the Universe. Let the planet vibrate the message of LOVE. Let Agnihotra be taken to all people, all across the globe."

"Now ,things are moving very fast all over the World.

After two months ,there will be a big demand for Agnihotra ointment because the skin diseases will become like epidemic.
To prepare Agnihotra ointment, you have to take one (1) unit of Agnihotra ash and add nine (9) units of cow's ghee, by weight.

You can share this information through those who can tell other people.
You have to keep large stocks of ointment to serve the people."

"Agnihotra is not only like food for the soul but it will help food to grow in soil conditions thought impossible.
Agnihotra activates cells in the body and at the same time supplies atmosphere with nutrients necessary for survival."

"Mind is like this E-mail.

You download, digest the information and again download. But if you do not delete old messages from your computer, after sometime, the computer may be overloaded. Why not just download, process the information and then delete it? Only keep the information needed as to keep computer functioning.

"Ultimately all that is needed is Mantra."

"To neutralize the effects of Radioactivity:

Try this Agnihotra fire Science from Vedas to purify the Atmosphere and create a natural healing balance in Nature.
In Eastern Europe an experiment can be made concerning radioactivity in the soil. This we can foresee having a dynamic effect on the well being of Europe on the whole. By utilizing ancient techniques of fumigation as well as farming and using the ash as well as the HOMA fires themselves, radioactivity in the soil can be eradicated or at least greatly reduced... This will be sufficient evidence to render this Science of Homa Therapy completely sound and effective in treatment of various radioactivity related situations including physical illnesses in human beings and animal kingdom, also plants and water resources."

If you want to know more about Homa Therapy you can read:

"Homa Therapy - Our Last Chance" by Vasant V. Paranjpe
"Light Towards Divine Path" by Vasant V. Paranjpe

"Homa Therapy - Ancient Science of Healing" by Dr. Monika Koch

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From ORION TRANSMISSIONS

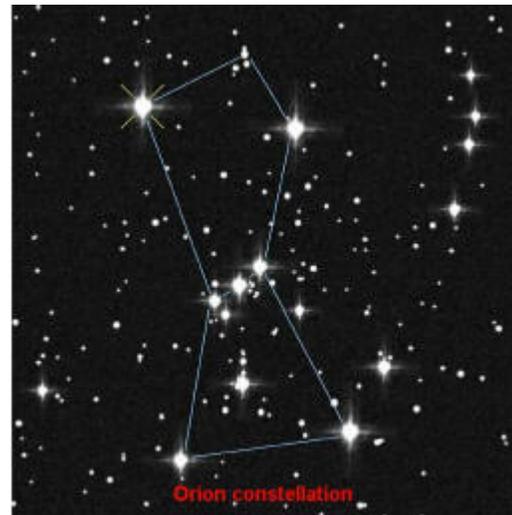
Excerpts from the August, 2006 Transmissions

"Check your thoughts and actions. Are they based in fear or are they based in faith? Surround yourselves with laughter and positive beings who lighten the load. Surround yourselves with beings who tap into the core of your being. Seek others who laugh freely. And laugh freely!

Retrospection and introspection are healthy only when they are aimed in a positive direction. If you have erred, find the point of humour in the error and laugh at it! Then, let it go. The lesson will be learned much quicker if it is seasoned with laughter rather than tears, regrets and subsequent guilt! In the process of becoming one with Almighty, all the faults and inconsistencies, all the doubts and insecurities have to fall away. When you ruminate over them, they become so important that you forget to live your life in the present moment. So, concerned not to make the same mistake again, you memorize every wrong action, every thought which led you to err. Then, totally engrossed in the guilt and regret, you stumble across a similar situation and make the same mistake again! If you walk into a wall, best not to look so long at your feet. You may walk into the next wall, even though mentally you've prepared yourself for the likelihood so thoroughly. The best preparation to face any blockage, seen or unforeseen, is always to be fully present, feet firmly planted on the ground, mind clear of fear, placing one step in front of the next. Insecurities and fear of reprisal or of making mistakes in life do not insulate you from them.

The new movie* created by your former U.S. Vice President and apparent President elect, captures truth in a capsule and is excellent. Do see it and see that others see it. There is much told about environmental danger and it is still just the tip of the iceberg so-to-speak. However, he speaks the truth and is apparently committed enough to override fear in his own life. We commend such a forward-acting political man. Rare qualities are displayed here and shocking truths which, if ignored, will become full reality."

* The movie is 'An Inconvenient Truth' by Al Gore



To read further

ORION TRANSMISSIONS please check:

www.oriontransmissions.com

Please share this HOMA Newsletter with friends and family. Thanks!

Further web sites on Homa Therapy:

www.terapiahoma.com
www.agnihotra.org
www.homatherapie.de
www.homatherapy.de
www.tapovan.net
www.homatherapyindia.com
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