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## HOMA HEALTH - NEWSLETTER #35

[print Newsletter](#)

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EDITOR'S NOTE

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HOMA HEALINGS

### SWADHYAYA (Self-study)

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BRAINSTORMING  
CONFERENCE

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CORNER

MESSAGES FROM  
SHREE VASANT

FROM ORION  
TRANSMISSIONS

Any comments, questions, suggestions and contributions to the Homa Newsletter, please write to Abel Hernandez & Aleta Macan [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Please add to your email the city, state and country you live in. This will help us to be more efficient.  
Thanks!

"Know Thyself." This is most probably the most fascinating and wonderful study/research any one can do.

**Who/what am I? Where do I come from? Why am I here? Where am I going? How/when did I come into being? How/when will I stop being?**

These might appear like difficult questions, however, the people who got the answers (the Self-Realized ones) say that the answers are:

- 1) WITHIN -
- 2) Beyond the Intellect
- 3) Reachable for anyone who makes the effort.

To approach this mystery, we will use some analogies to encourage "our thinking". But we will remember that an "analogy" does not mean "Truth"; it simply means likeness. An example is to say "The heart is to the body what the sun is to the solar system". However, the heart is not the sun. To face these questions, we should get ready.

If you want to climb a high mountain you might need:

- physical training
- right equipment and tools
- appropriate clothing and shoes
- trust, confidence, will power
- a guide
- team work

You also might know the saying "There are many ways to reach the top of a mountain."

- some go by foot
- others go by motorcycle or car



Who am I ?

- few go by a mountain lift
- fewer go by helicopter
- some take the straight path
- some might take shortcuts
- some may walk a detour, etc.

Another analogy is to say:

**Ego = Self + Illusion**

If ego = z

illusion = w

and self = x

that means  $z = x + y$

if you solve for  $x = z - y$

**Self = Ego - Illusion**

But what is the ego?

What is illusion?

How to subtract this illusion?

Swadhyaya gives you the answer.

Remember that any time you have solved a mystery you have experienced joy.

Finding out who I am , can lead to the greatest joy.

OM SWADHYAYA OM

( to be continued)

For more information please read Shree Vasant's book: "**Light towards Divine Path**"

## Homa Healing Story

**Dr. Pramod W. Basarkar**  
**Professor & Head of the Department of Biochemistry,**  
**Head of the Division of Basic Sciences & Humanities in the University of Agricultural Sciences,**  
**Dharwad, North Karnataka, India**

I am a professor of biochemistry at the University of Agricultural Science in Dharwad, Karnataka. I am also the Dean of students' welfare at the University. My experience with Agnihotra goes about 10 to 12 years back when I went to Nasik to learn Yoga and Naturopathy. There I bought some literature and I got the Agnihotra pyramid. The first few days, I did not do anything.

There was a wrestle going on between myself and my wife over an issue of my daughters' marriage. My daughter wanted to marry a Kanadican (person from Karnataka). We are basically Maharashtrians, Marathi people.

My daughter had chosen a groom, who was a Kanadican, a scientist. **My wife somehow did not digest that - a Maharashtrian marrying a Kanadican.** I tried to convince her, it was very difficult. It went to a stage where my wife wanted to jump from the top of a building. My wife hated that person, this is the word I should use, she hated him. He is my son in law now.

I did not know Master Shree Vasant, I did not know anybody, I just had some books about Agnihotra and then we started practicing it. We did morning and evening Agnihotra. And it worked!

Within 2 months, my wife started loving the son in law. It was a miraculous change! Her attitude changed, she invited the fellow home. I decided the marriage date and it was already done. My daughter is married happily now for several years and they have a son. Because of all these family problems, I was suffering from **psoriasis of very high order**, 100% on the whole body, arms, legs, back, shoulders, everywhere. You can still see some scars. Psoriasis is a psychosomatic problem. I tried to tell my wife that these are all complex issues. You don't like your son in law, the son in law wants to come into the family, I am in trouble, because you don't like him and it reflects as a psychosomatic problem. Life is to live, not to destroy.

I tried all different medications, everything, but corticosteroids. I believe in naturopathy, raw eating, yoga, etc. I tried all that and still I had the problem. But miraculously after Agnihotra and Agnihotra ash crème treatment, I not only got healed, I started propagating Homa Therapy to others. I must have told not less than 500 people at that time about Agnihotra and I have given more than 250 lectures since.

Along with my own improvement I tried different experiments in the agriculture field. Nearby, in a house, there was guava-tree which had some spongy tissue problem. We applied the Agnihotra ash twice and 90% of the problem was gone.

Homa Therapy can help in human health, animal health and plant health, everywhere. It is a process of total healing.



Dr. Pramod W. Basarkar

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**HOMA FARMING -  
THE SOLUTION FOR THE FUTURE OF THIS PLANET!**

**Dr. N. Selvaraj, Ph.D., Professor and Head of the Institute of Commercial Horticulture, Tamil Nadu Agricultural University, Ooty, The Nilgiris**

**Effect of Agnihotra on growth and yield of Rose, variety Passion:**

Treatments	Fresh flower wt/ plant (g)	Stalk length (cm)	Flower diameter (cm)	No. of flowers/ plant/year	Shelf life of flowers
Organic	19.54	85.59	6.81	26.54	14 (days)
<b>Organic+ Agnihotra</b>	<b>21.34</b>	<b>88.98</b>	<b>7.54</b>	<b>28.80</b>	<b>16</b>
Conventional	12.98	75.98	5.54	16.70	3
Absolute Control	8.65	67.23	3.54	12.65	1.5
CD at 5%	0.85	2.95	0.55	1.25	-



 Powdery Mildew in roses	Treatments	Powdery Mildew ( <i>Spaerotheca pannosa</i> ) (%)	 ... after Agnihotra treatment.
	Organic	4.4	
	<b>Organic+Agnihotra</b>	<b>2.9</b>	
	Conventional	12.3	
	Control	25.9	



Photo above: Homa passion rose. Dr. N. Selvaraj (photo above 1st to the left) has been training many officers and workers with Agnihotra in order to be able to do studies with different varieties of flowers like roses, carnations, gerbera and veggies like potatoes and cabbage and observe their reaction to Homa Farming technology. He could see in all varieties that using Homa Farming methods produced an increase in yield and diminished the incidence of diseases.



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## TAPOVAN, MAHARASHTRA (M.H.), INDIA

Fivefold Path Mission Brainstorming Conference on Bringing Homa Organic Farming into the Mainstream of Indian Agriculture System.

**Sponsored by the Planning Commission Government of India**



**Sarvajit Paranjpe** (Shrees' 22 year old grandson), **moderator of this event, gave a short introduction to this important meeting:**

"We have gathered here in the midst of environmental catastrophe where the farm lands and farmers are the direct victim. Farmers are finding it difficult to survive where the per acre production of food grains is decreasing and soil is deteriorating.

This brainstorming conference is sponsored by the National Planning commission to brainstorm on HOMA Organic Farming Technology, to discuss how HOMA Farming Technology will lead us to the second Green Revolution which we call the **"Evergreen Revolution"** which is without any of the bad side effects of the first Green Revolution, which made thousands of hectares of fertile land barren and acidic.

How can we implement HOMA Therapy Technology to the mainstream of Indian Agriculture system? I specially thank Dr. R.K. Pathak, Chief of the Horticulture Mission of India, whose constant effort and initiative made this conference come true. I thank all the Indian officials, farmers, scientists, engineers and doctors from different parts of India who have come to share their experience of HOMA Therapy and to help with their ideas on how to implement HOMA Farming into the Indian Agricultural System. I thank all the people from foreign countries who expertise in HOMA Farming and Homa Therapy and who will share their experiences."

After the 2-day intense conference in Tapovan a blue print was elaborated on how to bring this simple and effective Farming Technology into the mainstream of Indian Agriculture. **If India decides to go Homa, it could feed the entire planet!**

Some of the subjects presented by Indian speakers in this brainstorming conference:

**Research on Homa Farming in Palampur:** Dr. Atul and Dr. Poonam

**Agnihotra in Floriculture and Agriculture:** Dr. N. Selvaraj

**Homa Farming in the Mango belt of India:** Dr. R.K. Pathak

**Homa Mangoes in Unnao:** Mr. Umakant Tiwari and Mr. Ramesh Tiwari

**Homa Farming in Karnataka:** Mr. Abhay Mutalik Desai

**Scientific basis of Homa Therapy:** Dr. Abhay Shendye

**Agnihotra ash and microbes:** Dr. Alok and Dr. Reena

Also the many foreign Homa Teachers presented their success in Homa farming like Lee and Frits from Australia, Jarek and Parvati from Poland, Reiner and Manu from Turkey, Anne, Bruce and Karin from India, Dr. Irma Garcia, Abel and Aleta from South America. Dr. Ulrich Berk from Germany gave a presentation on the scientific evaluation of Homa Therapy.



Homa organic products were brought by the farmers from different parts of India and amazed everyone for their supreme quality, color, smell, texture, etc. and above all their heavenly taste.

## ECO NEWS

## HEALTH WARNING Supermarket Shelf Poisons

Anybody that takes **Vitamin C** (and most people should) avoid the following Soft drinks **Sunkist, Fanta, Diet Coke, Sprite, & Pepsi Max**. These drinks contain Sodium Benzoate 211 on the label. A chemical reaction between Vitamin C and Sodium Benzoate creates Benzene a highly Carcinogenic chemical (story by Channel 9). Benzene has the ability to severely damage the DNA in the Mitochondria to the point that it totally inactivates it, knocks it out altogether. The Mitochondria consumes Oxygen to give you energy, and if you damage it, then

the cell starts to malfunction very seriously, often fatally. A whole array of Diseases has been tied to the damage to the DNA, including Parkinson's Disease and quite a lot of Neuro-degenerative Diseases.

Most European countries have forbidden the Importing and use in their Country of **Aspartame** including all makes of Saccharin, example Equal, Nutra-Sweet, Spoonful & Diet Drinks, including 6,000 consumer Good's and Beverages, sold on the Supermarket shelves.

In Mexico Aspartame is known as Rumsfeld's Disease, after George Bush's mate Donald Rumsfeld. The Nutra-Sweet company and Searle are owned by Monsanto who appointed Rumsfeld as their General Manager, so they could use his clout with Parliament to get this Deadly Poison passed by the FDA and boost their sales of Aspartame.

**Toothpastes** made in China, especially Colgate, contain Ethylene Glycol. This is an Anti-Freezing agent, highly toxic and even fatal -- it destroys the Liver, Kidney, Lung, Blood Cells, Heart and the Nervous System. It is also in some **Mouth Washes, Make-up, Aftershave, Baby Powder and Wipes, Shampoo, and Deodorants**.

Avoid **Smarties**, they contain almost every Toxic artificial colour on the market. To top it off Smarties are not even made of Chocolate (neither are Tim Tam's). Synthetic Chocolate has non-nutritional food value whatsoever.

**Read the label - it may one day save your life!**



## 'Accidental' Contamination of vaccine with Live Avian Flu Virus virtually impossible

Czech newspapers are questioning if the shocking discovery of vaccines contaminated with the deadly avian flu virus which were distributed to 18 countries by the American company Baxter were part of a conspiracy to provoke a pandemic.

The claim holds weight because, according to the very laboratory protocols that are routine for vaccine makers, mixing a live virus biological weapon with vaccine material by accident is virtually impossible.

"The company that released contaminated flu virus material from a plant in Austria confirmed Friday that the experimental product contained live H5N1 avian flu viruses," reports the Canadian Press.

Baxter flu vaccines contaminated with H5N1 - otherwise known as the human form of avian flu, one of the most deadly biological weapons on earth with a 60% kill rate - were received by labs in the Czech Republic, Germany, and Slovenia.

Initially, Baxter attempted to stonewall questions by invoking "trade secrets" and refused to reveal how the vaccines were contaminated with H5N1. After increased pressure they then claimed that pure H5N1 batches were sent by accident. This was seemingly an attempt to quickly change the story and hide the fact that the accidental contamination of a vaccine with a deadly biological agent like avian flu is virtually impossible and the only way it could have happened was by willful gross criminal negligence.

read more....<http://www.davidicke.com/forum/showthread.php?t=56802>



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## SOMAYAG - THE PLANETARY HEALING EVENT in MAHESHWAR GOSHALA, INDIA



The main priest, Mr. Apte, his wife Shradda and their son Acha brought the Sacred Fire and their group of priests again this year to Maheshwar to perform the Somayag according to Ancient Vedic tradition. There were constant offerings of ghee, soma, milk, sweets, etc. Before any action is taken, Mantras are chanted.



During the 5 days of Somayag, many Agnihotras were performed at sunrise and sunset by the many visitors.

\* All Somayag photos on this page by Mary Lee Weir, Belize.



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## SOMAYAG - THE PLANETARY HEALING EVENT in MAHESHWAR GOSHALA, INDIA



Several times during the Somayag the fire is being offered a certain mixture of ghee, cows' milk and goat milk with Mantras and the flames shoot up high, creating a special atmospheric effect and purification.



### East unites with West

Again many visitors from around the world and from India attended this years' Somayag. It was a mixture of languages, colors, tastes, forms of being, etc. but above all, there was the feeling of having come together to share the PEACE and LOVE emanating from these Ancient Holy Fires, to seek UNITY behind the cultural and historical differences and to UNITE all our forces and strength in the name of Mother Earth, who is in dire need of healing. The Homa family is growing day by day, more wonderful loving, young and young at heart beings from all over the planet join in to receive and send healing energies through Agnihotra to Mother Earth, to places of: war and disaster, hunger and famine, violence and crime. Agnihotra heals one heart at a time!



The end of the Somayag was celebrated by putting the instruments used during the 5-day Fire into the river Narmada and everyone immersing and bathing in this Holy River.

\* All Somayag photos on this page by Mary Lee Weir, Belize.



**EVENTS in GUJARAT, INDIA**

In Gujarat we were able to visit 2 wonderful Homa farms, recently established by Reiner and Manu Szycypior. Both of the farms grow a wide range of veggies, fruits, cereals, pulses and herbs and both of the farmers raise cattle and grow fodder.

**Dr. Dinesh Patel and his wife Jagruti are managing the Sardar Patel farm, in the village Kathwada close to Ahmedabad.** Dr. Dinesh is a very successful cardiologist and from over 26 years of experience has come to know the importance of healthy food for a healthy heart and body. He has stopped the quick-fix medications for his patients a long time ago and has seen with his new method of holistic treatment wonderful and long-lasting results.

Jagruti has the farming life in her blood; out of approx. 50 farm products over 80 products are sold, many with added value like fruit powders (amla, lime and chico), pop rice, rice flakes, flours of varies grains and pulses, dhal preparations, etc.

Alphy, Dr. Dinesh' sister manages a tree and flower nursery with hundreds of different varieties on this organic Homa farm. The whole family sticks together and makes things work!

**Photo below left:** Abel Hernandez giving an Introduction talk on Homa Therapy and Agnihotra to farmers, business men, sick people, curious people, etc. on the farm of Dr. Dinesh and Jagruti. **Photo right:** some children are also starting to practice Agnihotra



**Mr. Sarvdaman Patel and his wife Meena from Anand,** manage a wonderful and colorful farm. They grow a variety of organic crops, veggies, pulses, herbs and they also raise cattle. Mr. Sarvdaman has started a seed bank with a variety of heirloom seeds. **Photo left:** area in his farm exclusively dedicated to seed production.

They sell the products in their "Organic Hut", which is a rustic store on the main street in Anand. People appreciate more and more the efforts of this pioneering organic farmers and come from different distant corners to buy fresh, healthy and organic food.

**Photo left:** Meena invited her friends for the Thursday Women's Homa Healing circle with Agnihotra, Tryambakam, devotional singing and dancing! We had a wonderful time!





**EVENTS around the WORLD**

**SWEDEN**



**Margaret More from UK** writes:

"Looking through my photos I would like to share this picture from a weekend teaching fire at the invitation of keen Agnihotri Maria Rosenlind who lives near Eksjö in Sweden. It shows the happy faces at the group's first Agnihotra fire. Much love, Margaret"

**GERMANY**

-

**Animals love Agnihotra too!**

**Raaja Fischer from Germany** received following letter from his friend Marita and wants to share it: "My cat 'Cicciolina' loves Agnihotra. I only need to tell "Cicciolina let's do the fire" and immediately she follows me to the loft. During Agnihotra she uninterruptedly purrs. Then she sits on my meditation cushion and keeps enjoying the purified atmosphere for some more time. Also my dog 'Paloma' accompanies us always and enjoys the power of the healing fire from behind the sofa."



**From Cuenca, Ecuador, Mrs. Marcya Abad** is sending these photos practicing Agnihotra with friends. She writes: "I want to tell you that we meet regularly in Cuenca to practice and share Agnihotra. Specially in February we did a lot of fires and it was a wonderful experience. Through the fires we are always connected and the heart does not recognize any distance. All love."

**MONIKA'S HOMA HEALTH CORNER****Pharm. Monika Koch, Germany****The Happiness of health**

Maintain health - Restore health

The happiness of health lies in using all possibilities to enjoy each day. A successful day can look quite differently in accordance to our own personal situation, but it always helps to be healthy in order to set the blue print for a successful day.

**Part 2: If I don't feel healthy**

If I don't feel well in some area – maybe pain in the body, sadness, fear, heart problems, skin problems or whatever – it means, that one part needs more observation and care, that a questions or a thought needs more attention in order to bring again balance and harmony.

There is a lot of information from conventional medicine, naturopathy, psychology up to the newest scientific findings about the holistic unity of body, mind and soul. But **how wonderful is Agnihotra, which supports all levels of man and carries us towards harmony and balance.** Agnihotra does this without us researching, knowing or grasping all the details of it. Agnihotra is like mothers' milk, it nurtures the baby completely, without the need of scientific analysis – it just works and supports live.



Pharm. Monika Koch is the author of the book: "Homa Therapy - the Ancient Science of Healing". She has conducted many years of studies with Agnihotra Ash medicines.

**UPCOMING HISTORICAL EVENT in BOGOTA, COLOMBIA:**
**1000 Agnihotra Fires - IN THE COVERED STADIUM 'CAMPIN'  
on MAY 17th 2009**


The Unity of body, mind and heart in an individual is reflected in his/her single pointed (concentrated) actions. The Unity in ideals, thoughts and physical efforts of a group can be manifested in TeamWork.

**This event is a wonderful opportunity to play an active role in this super powerful bioenergetic Healing Event. Let's do it for our CHILDREN, for Colombia, for our Mother Earth.**

Please pass this invitation on. For more details contact: [agnihotra@terapiahoma.com](mailto:agnihotra@terapiahoma.com)

**BE PART of this HEALING FOR COLOMBIA AND THE PLANET!**



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## MESSAGES FROM SHREE VASANT



Use techniques for freeing the mind of illusion. Remember fully that you are a child of the Divine. No one else can save you. You must do it. Clear direction is given. Enjoy, laugh. Be creative. Have fun. Know that you are a beautiful and fully joyous human being.

You are already nearer. The only separation between us lies in your mind. Watch your thoughts. Simply watch them. Thoughts manifest into speech, then into action. If you want to correct your actions begin by first watching your thoughts. Observe your own mind. Then next, make all effort to change your way of thinking so that all thought is positive ultimately, so that the thoughts reflect an inner peace. At the same time you begin to observe your thoughts, increase your meditations, but not by time. Your meditations are intensified by focusing on Mantra.

In the pruning of the fruit trees great care is to be taken. It is best to prune these fruit trees at certain times. If it is the wrong time, fruit can be affected. It is like that. Just enough was told. PATH CLEARLY DEFINED. GOALS CLEARLY STATED. EVERYTHING MADE READY. And now the tree is being pruned.

The times we live in are loaded with explosive possibilities. The whole atmosphere is polluted. Disease will soon envelop the planet as never before. Agnihotra is the panacea for all evil. Mind is the instrument of bondage. It could be turned into an instrument of liberation. This is Grace Alone.

**ORION TRANSMISSIONS****(as received by Parvati Bizberg, Poland)****On Maheshwar and Somayag**

Yes, yes. Our vehicle must pay close attention once arriving in the sacred site of Maheshwar. There will be a celestial gathering of energies this time, which will be both visible to the outer as well as the inner eye. There will be the presence of angelic beings, as well as ancient beings actually still in the physical form. Our sources show a very powerful accumulation of higher energies already in, shall we say 'residence' at the site of the previous Somayag. This Somayag will be in some ways even more powerful than the last, in that the energies have already been installed and are now being activated a second time.

Human participation in such events is not limited to the ones who tend the fire. One is participating by one's presence alone—though when accompanied by the uttering of Mantra, even that seemingly ordinary presence of a non-performer in the Somayag brings its own power. Mantras in themselves usher in Light. Thereby, we would suggest that those beings in possession of a personal Mantra should indeed pronounce that Mantra with intensity, not only at such masterful events but in everyday life. One's personal Mantra carries blessings, and certainly, blessings benefit not only the recipient but all who come near, when the Mantra is on one's lips, however silently it is pronounced.

**On awakening to the New Dawn**

In these turbulent times, our fervent hope or prayer is that all of humanity awakens from the deep depths of slumber and that you take your places in the universe as the light givers which you have come to be. There is such a short time remaining now, for those with awareness and insight to speak. Make your calls heard across the planet now. Make music. Create works of art. Enliven the planet with dance, with healing arts, with prayer, with blessings from the Earth. Use your spirits to awaken others who remain

asleep. Do not give in to the hopelessness the media will try and sell you! And do not allow yourselves to be sold.

Take refuge in Divine and let this be reflected in your integrity, in your dedication to Truth. Speak clearly and directly from the heart. Do not listen when others do not speak from their hearts. Insist upon it. Turn away when the heart cannot be accessed, but turn away with blessing, without judgment, without expectation or sorrow.

Those who will be awakened will be awakened. Those who will remain asleep, bless them and move on. Do not linger. It is not your job to waken all sleeping souls. Some will awaken of their own accord in time; others will be shaken to the core before hearing the call, if they do hear the call. Who awakens is not your decision. It rests in the Hands of Divine and this you shall learn to trust with all heart.

We know what you are made of, those of you who stand to be recipients and carriers of the Light. We know that you are made of finer cloth, woven with golden thread by the Master Weaver.

Therefore, let yourselves become as pure as the source which has sent you and as innocent as the angels who bless your coming and going in peace. For you will walk in numbers, in harmony, in silence and in song, to carry the Light from one to the next, as we enter the New Dawn. Let no fear assail you.

**Peace. Peace. Peace. OM.**[www.oriontransmissions.com](http://www.oriontransmissions.com)**Thanks for sharing the "Good News" with this Homa Newsletter!****Further web sites on Homa Therapy:**

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