EDITOR'S NOTE

LIGHT UP

Let’s simply share some ideas and think.
Sometimes we say ‘Don’t be too serious. Lighten up’, ‘Come out of the darkness and get some light.’ Darkness can also be related to lack of understanding, feeling lost, being depressed or lacking self confidence. Darkness could be a physical or psychological state. This brings us to the following question: What do you usually do when you walk into a dark room? a) Step out b) Keep walking in the darkness c) Stand still and do nothing d) Look for a match, candle or flash light e) Call for help f) Hit the wall, make sounds, etc. g) Touch the wall and search for the light switch h) Listen carefully i) etc.

Most people are aware of the net of blood vessels, lymphatic channels and nerves distributed throughout our bodies for they are visible structures. Few people know about the ‘Nadis’ or ‘Meridians’, the subtle energy channels, which are carriers of the life force.

Science shows that some physical impurities in our food (agro toxins, artificial preservatives, colorants, etc.) and impurities in our surroundings (lead, mercury, toxic gases, etc.) can affect our biochemistry. The atherosclerotic plaque (produced by high levels of cholesterol and triglycerides) and the blood clots can block the circulation in the heart, brain or any body part. This can cause dis-ease or even death. Similarly, scientific researchers of the body-mind unit show that there are subtle impurities that can reduce or block the life force into different organs.

Selfishness, anger, envy, jealousy, lust, pride and greed are among the most detrimental subtle impurities.

Some physical medical procedures can help to remove some concrete blockages and a fair intellect can reduce our exposure to certain substances in our food and environment. However, to remove the subtle impurities of the mind, we need a subtle medical process. AGNIHOTRA is a very, very effective, fast, inexpensive simple and gentle bioenergetic procedure to purify the mind. Agnihotra can also sharpen our intellect, increase our concentration, extend our attention span and refine our filtering of thoughts. This vibrational Homa Therapy neutralizes pollution and produces positive behavioral changes which are pro harmony, balance, peace and joy.

Thousands of people are practicing Agnihotra privately all over the world with wonderful results. Homa Farms are showing the way in self sustainable organic agriculture and ecological cattle raising. Thousands of Agnihotris are also coming together to promote positive changes on a large scale on the planet. By the way, is there anything behind the dark background of our closed eyes? To find the answer and support the energy cycle of our planet, let’s do Agnihotra! And let’s find the Light within! OM OM OM
Carmen Lucia Burgos Mantilla, M.D.
Bucaramanga, Colombia, South America

"I am a Medical Doctor in Bucaramanga. I mixed the Ghee with the Agnihotra ash and prescribed it for all types of skin problems. It can be used by babies, children and adults. It is wonderful. I even recommend it to the women as a facial beauty cream. There are many women who are allergic to cosmetic products, but the Agnihotra cream does miracles. I also prescribe it for infected open wounds and it is amazing how fast they heal. I also recommend ghee with one spoon of Agnihotra ash in a glass of milk before bedtime for people who are very weak and have sleeping difficulties. These experiences are wonderful."

Jose Antonio Magmud, Doctor in Homeopathy
Bogota, Colombia, South America

"Master Vasant was here 10 years ago. We toured the area 'Villa de Leiva', close to Bogotá. When we arrived in Villa de Leiva we did the Homa fires on a farm. As soon as we did the Homa fires on the farm, it started raining. It had not rained for 2 years! I would like to share another testimony related to violence that happened to some friends in Villavicenico which was a guerrilla area. They got a warning of a possible guerrilla attack, so they started doing the Homa fires and that never happened."

Miguel Zapata, M.D.
Bogota, Colombia, South America

"I introduced Homa Therapy to some friends who had a farm in Casemare close to Boyacá. This area was affected by the Paramilitaries who would steal cows and kill people. After they started with the practice of the Homa fires, these Paramilitaries became their friends and protected them. Never again anything bad happened to them."

Olga Lucia Martinez
Bogota, Colombia, South America

"My testimony is regarding the Tryambakam Homa. I work with children who have learning disabilities and autism. At the beginning, when I start working with a group, some children hit the walls, bite, scream, jump and were very difficult to manage. Then I started doing Tryambakam Homa for 10 minutes. After that the children become quiet and ready to work. Tryambakam Homa is an excellent Therapy. It calms down the children right away. Of course, I also practice Agnihotra."
Homa Healing Stories

Martha Lucia Restrepo y Ada Lopez
Bogota, Colombia, South America

"I live in the South of the city. We have been practicing the Homa fires for 4 years. In my family there was some resistance at the beginning. Little by little, peace and tranquility pervaded the house and the problems with the teenagers and neighbors disappeared. After some time, the whole block was peaceful. We have learned to be tolerant and teach how to be tolerant by example. We noticed that Agnihotra and the Tryambakam Homa have helped to eradicate the tension and violence. We also play the CD with the Tryambakam Mantra during the day at low volume. Thanks to Homa Therapy, everything has changed and the boys and girls became more responsible and peaceful. There is a wonderful atmosphere in our house. People come disturbed with problems and they find relief and become happy. Also, many people like my children because they have an aura of peace around them.

Before the Homa fires, we tried to grow some plants and we couldn't. Now, we have an avocado tree and a small jungle in the front and backyard of our house. It is just wonderful. It was very dangerous to walk out at night time for anybody. Now it is safe. It is truly a miracle because usually these things are very difficult to change. Our area is now very calm and peaceful thanks to the Homa fires."

Ada López, daughter in her 20's

"When one feels very depressed, obsessive or stressed with problems at work, Agnihotra calms you down. I would describe it as an internal heat that brings peace. It also helps to take one to a more harmonious state. It helps you to adjust to different situations. Due to TV programs, loud music, etc. everybody is in a rush. You don't listen, don't communicate and don't understand each other. But thanks to this harmony in our mind, now, we are able to listen to each other. In fact, Homa Therapy has made a complete change in my life."

Vivian Oreina Palta
Popayan, Cauca, Colombia

"I heard about the massive healing with Homa Therapy accidentally and I came to the 'SENA' (National Service of Learning) yesterday afternoon. When I arrived, the auditorium was completely full and I had to stand in a corner for a long time. I have advanced osteoporosis. It felt like I had sand in my joints and it was hurting badly. It felt like my joints were going to come apart. When Abel Hernandez said, "please, take off the shoes", I thought that it was going to affect me with more pain. The floor was very cold. But he said, "not to worry" and so, I took off my shoes. At the end of the Agnihotra session the pain was gone. Although I had to stand on my feet the whole day today, I feel very well. I have no pain and I am grateful to God and to this wonderful Homa Therapy."
HOMA FARMING - THE ONLY WAY OUT!

HOMA FARMING - SPECTACULAR RESULTS IN COLOMBIA

By El-Kabid Peter Ben George, Bucaramanga, Santander

(Extracts from an Interview)

I was in an area of Santander which is called Garcia Rubia. This was a cold area with bad soil. We decided to make a Homa experiment when we met Julian Acosta. He introduced us to Homa Therapy. We got some land and started a HOMA Organic farming project. A Resonance point was established and we had 27 different products. We produced enough veggies and fruits for the whole town. We didn’t realize how powerful Homa Therapy was until now. We had a project for cold climate fruits, like the blackberries. The standard production of this fruit is 8 to 9 tons per hectare; we produced 14 tons. Average production of Uchuva is 5 tons a year per hectare, according to the 'Universidad Nacional de Colombia.' We produced over 9 tons. The strawberry production in Colombia is 0.75 pounds per plant per year. We got 1.5 pounds. It was incredible! We received an award in Paris as Number One for Ecological Production. The following year, we again received the First Prize for Ecological Production. This was thanks to a partner who showed our fruit products in Europe. Originally we had 25 liters of water per second. When we left the land, we were collecting 175 liters per second from our natural source. It became a river! We also planted 64 thousand trees, which also contributed to the water production. It was amazing.

As we were listening to Abel Hernandez last night, my wife and I realized that it was all due to Homa Farming Technology which transformed the soil into this spectacular land!
World is facing a natural resources crisis worse than financial crunch

The world is heading for an "ecological credit crunch" far worse than the current financial crisis because humans are overusing the natural resources of the planet, an international study warns today. (Living Planet report)

Photograph: Cotton Coulson/Getty

UK "imports" more than half the water it uses, if you include water used to produce imported goods – including wheat. The Living Planet report calculates that humans are using 30% more resources than the Earth can replenish each year, which is leading to deforestation, degraded soils, polluted air and water, and dramatic declines in numbers of fish and other species. As a result, we are running up an ecological debt of $4tr (£2.5tr) to $4.5tr every year - double the estimated losses made by the world's financial institutions as a result of the credit crisis - say the report's authors, led by the conservation group WWF, formerly the World Wildlife Fund. The figure is based on a UN report which calculated the economic value of services provided by ecosystems destroyed annually, such as diminished rainfall for crops or reduced flood protection.

The problem is also getting worse as populations and consumption keep growing faster than technology finds new ways of expanding what can be produced from the world. This had led the report to predict that by 2030, if nothing changes, mankind would need two planets to sustain its lifestyle. "The recent downturn in the global economy is a stark reminder of the consequences of living beyond our means," says James Leape, WWF International's Director General "Ultimately this loss threatens human well-being." Speaking in London, the report's authors also called for politicians to mount a huge international response in line with the multibillion-dollar rescue plan for the economy. "They now need to turn their collective action to a far more pressing concern and that's the survival of all life on planet Earth," said Chief Emeka Anyaoku, the president of WWF International.

For the first time the report also contains detailed information on the "water footprint" of every country, and claims 50 countries are already experiencing "moderate to severe water stress on a year-round basis." It also shows that 27 countries are "importing" more than half the water they consume - in the form of water used to produce goods from wheat to cotton - including the UK, Switzerland, Austria, Norway and the Netherlands. Based on figures from 2005, the index indicates global biodiversity has declined by nearly a third since 1970... But the latest figures show that today three-quarters of the world's population live in countries which consume more than they can replenish.
EVENTS - BOTANICAL GARDEN, BOGOTA, COLOMBIA

WEEKLY MASSIVE AGNIHOTRA GATHERINGS

Bogota 12th of October, - the weekly massive Agnihotra gatherings in the 'Maloca' of the Muysca Tribe in the Botanical Garden attract many newcomers and Agnihotris who love to share Agnihotra and their experiences. These meetings are accompanied by video presentations and questions and answer sessions. Of course everybody receives the healing Agnihotra ash and lots of positive energy and love...

Bogota 26th of October - Agnihotra in the 'Maloca' of the Botanical Garden

In spite of the heavy rains, a crowd arrived at the Botanical Garden to celebrate Agnihotra together and receive more information about this 'Homa Healing Fire' through videos, introduction by Dr. Abel and testimonies given by several participants telling how the regular practice of Agnihotra cures and eliminates violence in the family and after some time, it purifies the whole neighborhood so that peace and tranquility can reign.

2nd of November, Bogota - Another wonderful massive Agnihotra session in the 'Maloca' of the Botanical Garden. People also sang devotional songs and so much love and joy was experienced and expressed by all the assistants (photo above left). Pains and sorrows disappeared! It seems that even the Light-beings had a major festival. Andrea Enciso captured their delightful dance in the photo (above right).
Mrs. Maria Teresa Nunez and her father Alberto invited us to visit their farm in Aratoca and teach the Agnihotra fire to the neighbors and friends. The word of the healing fire spread quickly and every day more people arrived (photos above). Testimonies of health improvement were immediate. A man, who suffered for 2 years from headache reported relief and the man in the wheelchair (left) started to move his legs, which he could not do since his accident several years ago.

Ms. Geli from Brasil and her husband Alberto, who live on the farm are continuing Agnihotra and up to 30 people arrive daily. Even people in wheelchairs are being pushed up the dirt road for they want to get some of the healing Homa energies. Morning Agnihotra with visitors from the village and neighbors. (photo left)

Meeting with the children (left photo ) and teaching staff, who expressed personal and educational interest in starting the Agnihotra fire in this school.

America Villabona arranged for a Homa presentation in the School "Clavelinas", in the outskirts of Aratoca, in the Vereda 'La Toma San Carlos'. Children (140 children from 6 to 16 years of age) come from the surrounding farms to this school, some walking one hour and more each way, in a beautiful, but hot area. They are also being taught basic conventional farming. Now, they will learn healthy Homa organic farming.
America Villabona, a loving and devoted being, took the initiative to bring Homa Therapy to Bucaramanga. She has been practicing Agnihotra for several years and she decided to share her Agnihotra fire and bring many more Homa fires into the city of Bucaramanga and other villages in the Dept. of Santander. A group of wonderful helpers supported this intense Homa tour like Prof. Manuel Jose Jaimes (photographer) Jose Augustin Vera (film producer) and many others, who took this as an opportunity to serve. In these events, the participants were Veterinary doctors, Zoo-technicians, Agronomical Engineers, Geologists, Technologists for Cattle Breeding, Architects, Civil and Industrial Engineers, Food processing Engineers, Musicians, Artists, University and School Professors, Medical Doctors, Bacteriologists, Psychologists, company owners, University Students and farmers of the different districts close to Bucaramanga.

Bucaramanga, Wednesday, 15th of October
The Homa Video conference in the Vegetarian Restaurant 'Govinda' owned by Prabhu Govindam Prakash was the first of many conferences given by Dr. Abel Hernandez demonstrating the effectiveness of Homa Therapy in Human Health, Agriculture, Cattle Breeding Ecology, etc. People are ready for this kind of knowledge.

Bucaramanga, Thursday, 16th Oct.
After a Radio 'Melodia' inter-view in the 'University of Industry of Santander, many people came to evening Agnihotra and the Homa conference at the Restaurant 'Flor de Loto' (Lotus flower) run by Radha y Pariksit.
more EVENTS in Santander, Colombia

Llano de Palmas, Friday, 17th Oct.
Introductory H.T. talk in the School of the Municipality of 'Llano de Palmas' arranged by Film producer and ecologist Jose Augustin Vera. Students, few farmers from the area and the teachers were present to learn about Homa Therapy and its healing and harmonizing effects for all ecosystems.

Bucaramanga, Friday, 17th of Oct., evening
Private Homa Therapy Conference arranged by Dr. Luz Marina Diaz with the 'Hi gh Society' of the city. They are aware of the coming changes and they know that the best investment is in land with Homa Farming in self sustainable communities.

Saturday 18th of Oct., Mesa de Los Santos in "La Granja Biologica" of Dr. Ruben Virgilio Galois Gavassa, guidelines and success stories of Homa Organic Farming through video testimonies from farmers and Agricult.

Engineers were shared. Organic farming with computerized irrigation requires a large investment and similar production is possible with Homa Super-technology.
more EVENTS in Santander, Colombia

We enjoyed a walk through this highly technological and well maintained organic farm. This farm also has cattle and produces goat milk, yoghurt and other dairy products. Dr. Ruben Virgilio has started doing Agnihotra and the next step will be to install a Homa Resonance Point on his 10 hectare organic farm.

Bucaramanga, Sunday, 19th of Oct.
Crowning Homa event in Dr. Henry Eduardo Perez Jimenez' home with many Agnihotra fires created a wonderful and loving atmosphere. A mother brought a picture of her son, who suffers from Cerebral Palsy and asked for healing.

The boy slept the whole night without the usual difficulties and the next day his doctors were amazed because his respiratory pathways were 90% free of mucus. He was used to get every day a respiratory cleanse. The mother was very happy and grateful.

BOGOTA

Ladies meetings and classes of Agnihotra ash preparations (as recommended by German Pharmacist Monika Koch) were given in the house of Drs. Gomez. Everyone is very interested in producing their home made Homa medicines. Some people were able to test them right away with wounds and pains and reported immediate relief!
Daily Agnihotra meetings continue in the house of Dr. Orlando Gomez. It has become an Agnihotra training center for many. Many have started Agnihotra in this home and are now ready and eager to go out and teach this healing fire to families, friends and communities. This a great way to serve.

Every day more people arrived and more Agnihotra pyramids were lit. We want to express our gratitude to Dr. Orlando Gomez and his wife Dr. Julia Garzon for their unconditional love and continuous support in spreading the Homa fires all over Colombia. They are very conscious that Homa Therapy is the need of the hour and maybe the most effective way to change the atmosphere of violence in the country. Thank YOU lovely family!!

Ms. Maria Teresa Nunez invited us to carry the message of Agnihotra to a village, called Tenjo where the word of the healing fire spread quickly. Dr. Abel gave a talk and showed video clips explaining the effects of Agnihotra in health and agriculture.

Volunteers such as Architect Yovannys Pardo, his wife Sandra, Ms. Victoria, Ms. Mireya, Ms. Dora Luz, her husband Henry, her son Abraham and Ms. Maria Teresa accompanied this meeting with their Agnihotra fires so that there was an intense healing energy and lots of Agnihotra ash to share.
Prof. Pedro Henry Ariza and his wife Dr. Lucia Garzon arranged for several Homa Therapy presentations in the SENA (Servicio Nacional de Aprendizaje = National Service for Learning). Citizens were invited through two radio interviews one day before. Many people were standing during the Homa presentation (from 3 pm to 7 pm!). The response was overwhelming. Shree Vasant has been in this city in 1995 and has sown wonderful seeds, as we could experience. Popayan is a community with strong faith, love and dedication to serve.

November 8th - Another Homa Therapy presentation of 3 hours demonstrating the effects of Homa Therapy and explaining the process of Agnihotra. More Agnihotra fires were burning and brought healing and joy to everyone.

November 10th - Subdirector of the SENA, Eng. Julio Cesar Tobar Mesa arranged and came to an Introduction of Homa farming Technology to his Engineers, Agro Technicians, Professors, Teachers and administrative personnel. They were fascinated seeing the Homa farming results in different countries and they would like to put it into practice.

There were long lines (photo above) in order to receive some of the healing Agnihotra ash which is always given out for free to everyone who desires to have some or take some home for sick relatives or friends. Prof. Pedro Ariza (photo in the middle), Medical Doctor Regina Victoria Plaza, Ms. Dora Luz and Daniel (photo right) were sharing their Agnihotra ash. To be able to meet so many wonderful people of Popayan through Agnihotra was a true blessing! SHREE's Presence can still be felt!
### UPCOMING EVENT: Don't miss the opportunity to participate in the "1st National HOMA Congress" in Medellin, Colombia, South America.

For further details, click here.

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### UPCOMING EVENT: SOMAYAG IN MAHESHWAR, INDIA (February 9th - 14th, 2009)

What is Somayag?

AGNIHOTRA, tuned to the biorhythm of sunrise/sunset is the basic YAJNYA which any person can perform with only a little effort. There are Yajnyas to be done at the juncture of two seasons when there is a climate change. There are medicinal Yajnyas (HOMAS). There are some special Yajnyas to be performed based on astronomic conditions. Somayag (Soma Yajnya) is one such special Yajnya. This lasts for six days. An intelligent young person would take about twelve years to learn this technique with proper Mantra chanting. The person has to follow strict disciplines. This Yajnya is called Somayag because SOMA juice is used as the main oblation. Soma is called the king of medicinal herbs. This special Yajyna will provide an extra powerful boost of Healing Energy for the whole world. This Yajyna is one in a series of seven Somayags, which have been planned to be held at the site of Maheshwar Go Shala. The beneficial effect of each of these HOMAS lasts for several years. The atmosphere becomes medicinal, nutritious and disease-free. Somayags yield a qualitative and quantitative improvement in the psyche. During the process of Somayag one feels elevated as if being purified to the core of one's personality. And at last a sense of oneness with the universe can be felt, so one becomes ready to devote oneself to serve the whole world.

If you wish to participate in this PLANETARY HEALING EVENT in person or through a contribution please click here for further details.

### UPCOMING EVENT: 1000 Agnihotra Fires - GATHERING IN THE COVERED STADIUM 'CAMPIN' of BOGOTA, COLOMBIA on MAY 17th 2009

CONCERT OF HOMA BIO-ENERGETIC HEALING - You are invited to participate in this HISTORICAL EVENT in Bogota. This is a great opportunity to experience the magnificent effect of 1000 Agnihotra fires in the presence of 17,000 people. Don't miss it!

Bring your instruments (Agnihotra kit) and your friends!

Please pass this invitation on and contact us for more details. E-mail: agnihotra@terapiahoma.com

BE PART of this HEALING FOR COLOMBIA AND THE PLANET!
How can I maintain the image of Sadguru while doing the daily chores? How can I use my so called free time to maintain HIS image? How do I train my mind at least to switch over quickly to Sadguru while my mind is in the grooves of doing things in a selfish manner? By systematic, regular training one can train the mind to do this. You have to maintain the higher energy of Sadguru while cooking, eating, doing simple jobs which do not require active thinking. This means while you are doing such simple things outwardly, you are keeping your thinking capacity to maintain the spiritual practice.

Similarly with Mantra. Slowly you learn to repeat it all the time wherever you may be. That means what is put in words by Mantra, you are executing in a spiritually concentrated way. You have to learn to do both, repeating the Mantra mentally and simultaneously keeping the image of Sadguru before you.

Then you learn to keep the intense presence of Sadguru in your consciousness all the time while you are doing your daily chores or in your free time. This is the beginning to enter the state of 'I and my Father are One.'

Self realization can be achieved only in the presence of a holy person, SADGURU. So now you make the strongest attempt to come back Home as the time is NOW. Never things were given so cheaply.

Start walking on the Divine Path of Vedas represented by five words Yajnya, Daan, Tapa, Karma, and Swadhyaya and you will be lifted automatically as a mother lifts her child. Everything is given to make your life full of bliss. Only your consciousness has to say 'Yes, I am ready!' Most important factor to note is you have become unattached to the fruit of your action. OM Halleluja.
On conflicts, avoidable and unavoidable

Yes, yes. We would say one should simply steer clear of avoidable conflicts. Shall we explain further? There are some conflicts which are unavoidable—conflicts involving health issues, involving sudden circumstances out of your control which warrant immediate attention, conflicts between other beings which your input could aid in resolving. You know what is unavoidable.

Now, what is avoidable is the majority of conflicts. The energy it takes to maintain one’s stay in such avoidable matters as personality conflicts which would better be left alone, conflicts involving different points of view which are likely not going to be changed by one’s involvement in them, or conflicts which arise between individuals’ opinions—is considerable indeed. When one is not putting energy into conflicts, one has more energy to direct into higher realms, meditation, prayer, into creative avenues, into artistic ventures.

Once the mind rises above all these mundane emotional matters, the mind is free to embrace the Holy. Therefore, one’s life will reflect that concentrative effort and one will finally be free from the bonds of fear, anger, and other emotional traps it falls into daily. OM TAT SAT.

On world solutions

Yes, yes, yes, yes. Indeed, we see the planet as nearing a crucial point, an even more substantially dangerous point than before. There are too many weapons in too many hands. We see the disintegration of values and morals, which have had at least some impact on the actions of the greater populace till now. With the disintegration of family values and inhumane treatment of all beings of all kingdoms, comes the dissolution of the planet’s eco system as well. Therefore, on every level, there is a weakening of the human spirit.

That is one side of the coin. The other is the valiant efforts of individuals and inspired groups and organizations designed for the sole purpose of saving this planet from its self-destruction. We see that many human beings have opened their hearts to embrace new values put forth by a collective consciousness, if you will, which honours the human spirit and sees it as ultimately triumphant. We support such beings in their progress toward the Light.

We would suggest that each and every one of you begin to open your borders to include others of similar purpose and path. Seek to UNITE, even though your paths may be divergent in some aspects, with a common goal in others. Seek to find the commonality, the similarities, the bridges between you rather than the walls. Seek to learn each others’ ways, simply to expand your understanding of each other. ...