



EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

**INTERNATIONAL
HOMA EVENTS**

**HOMA
PSYCHOTHERAPY**

**WOMEN IN
COMMUNION**

**MANDALA
MEDITATION**

FIVEFOLD PATH

**MESSAGE FROM
SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

FOCUSED ATTENTION

Let's continue with more Swadhyaya (Self-study). If we ask the question, **"What is life?"**, we will hear as many different answers as there are beings who can answer it.

For some, life is a sequence of actions, such as breathing, eating, moving, reproducing, etc.

For others, life would be a set of emotions such as: joy, sadness, pain, pleasure, fulfillment, anger, gratitude, envy, etc.

For other intellectuals, life is an accumulation of knowledge that can range from basic and practical to complex and philosophical topics.

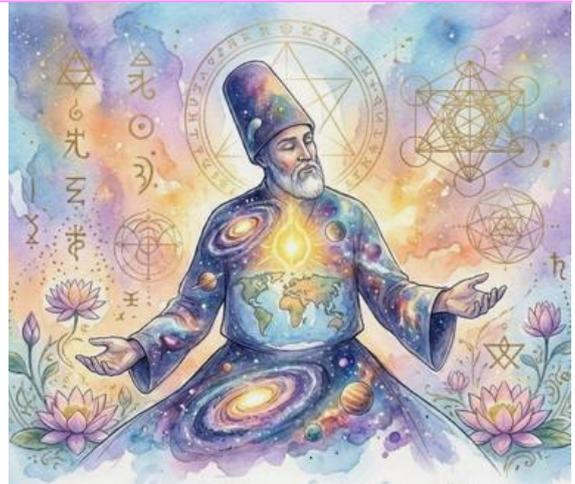
For a few, life can be something transcendental and indescribable that goes beyond the body, emotions, and mind, but it can be defined as unique experiences.

Life can also be seen as a Journey from:
- Outside to Inside,
- Towards the Center,
- from the Finite to the Infinite.

What does it take to make this journey?

Nothing and everything.
Nothing, because we already have everything.
And everything, because that everything does not exist until we realize it.

How can we realize it?



"Everything in the universe is within you. Ask all from yourself."

-Rumi-

Simply by paying FOCUSED ATTENTION to the body, actions, emotions, and thoughts in the here and now.

We may call this Meditation.

Incidentally, any activity can become Meditation. For example, eating.

However, this can be done mechanically without much experiential value when attention is dissipated on other things. For example, eating while watching television, talking with friends, reading an article, etc.

Eating can be an enlightening experience when you perceive the texture, flavors, and sensations it generates within us. Some even say that they can reach a subtle ecstasy while eating.

Although, many would quickly dismiss this possibility right away.

But let's ask ourselves: How long can you eat mindfully, appreciating 100% of the smallest details of flavor, texture, color, smell, and sensations that arise in this process?

EDITOR'S NOTE - cont.

Although we are accustomed to doing several things at once, we are usually more effective when we focus ourselves deeply in whatever we are doing. Of course, it is also possible to achieve mastery while we do several things perfectly at once with regular discipline.

Do you fully know how to breathe, how to walk, how to sleep, how to speak, etc.?

Self-study and self-observation are a good start. The Fivefold Path (Yagnya, Daan, Tapa, Karma, Swadhyaya) lights the way to this SELF-REALIZATION.

**OM SHREE OM
OM FIFEFOLD PATH OM
OM FOCUSED ATTENTION OM
OM SELF-REALIZATION OM**

HOMA HEALING STORIES

Eng. Rosa Arechaga Rojas
Ministry of Agriculture, Piura, Peru, South America

When we moved to the Ignacio Merino neighborhood, there was a **problem with ghosts**.

One day, when the phone rang, I asked my daughter to answer it, but she saw that someone else, my niece, was answering the phone and told me that Sandy, my niece, was already answering. But I knew that Sandy was sleeping in the back room, and that was indeed the case.

When my daughter's friends came to study at our house, they were afraid to walk through the garage because they saw a little man (the man from whom I had bought the car) in the seat of the car. It was terrifying for the girls to walk through there. My sister Cintia also saw a little creature that crawled under the bed. Well, so many things happened. I didn't see it myself, but they did.

At that time, we were regularly at the Reategui hospital, but only as participants of the free Agnihotra sessions. Then, **I bought my Agnihotra kit and started practicing Agnihotra at home** on a personal level, and everything changed. Even though I did not practice Agnihotra with the intention of freeing these ghosts, little by little they left, they left... So much so that in this room where almost no one wanted to enter, we can sleep there, especially when it is very hot. **There were no more apparitions**. And this did not only happen to us, but to several neighbors as well. Apparently, there had been a burial ground or cemetery on this site in the past. But everything and everyone became calm with the Homa Therapy fires.

Another impacting experience happened in 2000. We were given a **special program at the Ministry of Agriculture**, and a lot of money came from Lima, so we had to hire more staff. However, the already existing staff was accustomed to work only their required hours. They were not willing to stay longer hours to support this program, which had to be managed sometimes until late at night. Hiring new people caused **conflicts between the appointed and the hired ones. So, we were reported, they filed complaints against us, etc.** Many things happened, and we did not know what to do.

It was just then that our boss, **Engineer Ciro Velásquez**, learned about **Homa Therapy through a delegation with Master Shree Vasant**, where Prof. Abel and others were present.

They told us that Homa Therapy was being taught at the Cayetano Heredia Regional Hospital and the Reategui Hospital at such and such time. So, I became interested and said to the group, **"What about trying this. Let's go, it can help us!"**

I was the administrator at that time, and we would go with two pickup trucks full of people to the Agnihotra at the hospital. We participated again and again in these Agnihotra fires, and changes took place: **Everything got resolved with the people who wanted to hurt us the most! And our group always won, because we met our goals at the end of every month.** We managed millions of soles (Peruvian money). In Lima, when they saw this, they assigned us more resources, and we always delivered. Piura was number one. Later, we bought two Agnihotra kits and **performed Agnihotra in my office**. We would gather at this time so that we could all be together for Agnihotra. **The problems were solved!**



HOMA HEALING STORIES



Sofía Guerrero de Batioja
Granja Homa Chaflú
Esmeraldas, Ecuador, South America

The journalist, Patricio Guayasamín, and his wife, Mrs. Brenda Martínez, came to visit the Homa Farm Chaflú. They came from Cuenca where they live. It is many hours of travel. Like many other visitors, they were delighted with our little Homa farm.

They said, *"We arrived feeling anxious, restless, with a heavy feeling we cannot describe.*

But after practicing Agnihotra, everything changed. Our lives have changed. Now we feel great peace, happiness, and joy. There is definitely a divine presence here. God lives here.

We don't want to leave."

They bought spinach from me, and the man was so moved that tears came to his eyes. **He said, "I have never seen this type of spinach, not even when I have traveled to other countries or in large supermarkets".**

They both got their Agnihotra kits and left after the 9 p.m. Tryambakam Homa with many blessings and their Homa tools to keep this state of peace and joy.

Yolanda Roblero
Granja Homa Chaflú
Esmeraldas, Ecuador

I came to the Homa farm because **my right arm was swollen and it hurt. It hurt a lot.**

I had already been to two doctors and they gave me medicine and injections. But nothing took away the pain.

Then I came to Mrs. Sofia and **she rubbed me with Agnihotra ointment.** Afterwards, **I participated in the Fire Therapy** and I said a prayer.

Today I woke up feeling very well and that is why I am here again to learn more and more, because this Healing Fire Therapy is very good.



Gabriela Ayoa
Granja Homa Chaflu
Esmeraldas, Ecuador, South America

This Agnihotra technique seems very innovative to me. I had never heard of it before.

I didn't know about it until I met Mrs. Sofia. I feel in my heart that God has a purpose for my life and has brought me here.

I really liked the Agnihotra practice, and I saw something special in the fire that was not a reflection. **Now I feel at peace, calmer, and more confident.**

I want to continue **practicing this technique**, because, as they say, *'God protects us with his mantle'* and that is how I feel today. **I feel much more protected, happy, calm, and grateful to God.**

HOMA FARMING-THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Veronica Maillo
Rio Turbio, Santa Cruz Province
South Patagonia, Argentina

The Experience of Homa Fire in the Forest:

Carrying out the practice of Homa fires in such remote lands is a commitment to be upheld with respect, responsibility, and love for our natural environment.

The first time we lit the sacred Homa flame in the forest, we felt a deep connection with the nature all around. That evening, the wind was blowing strongly, the Patagonian winds make their presence felt, and we were not sure we would be able to light the fire.



We sought shelter among the trees, and the lenga and ñire trees served as protection so we could begin our practice.

We expressed our intention to nature to light the sacred Agnihotra fire as gratitude for all it gives us and as loving retribution.

The moment we lit the fire, a silence flooded the space, as if time had stopped.

The forest became calm, and all that could be heard was the Mantra and the rustling of the branches of the ancient trees, which moved gently around us.

As the fire was burning down, a strong breeze blew, as if it wanted to spread that alchemized air throughout the forest.

When the fire extinguished, **calm returned to the heart of the ancient forest.**

The practice of these fires connects us deeply with our inner selves and with the natural environment of which we are a part.
It is a great act of love and retribution.

In these distant lands, such as southern Patagonia, which have been so badly affected in recent times by fires that are devastating our forests, a healing Agnihotra fire is lit and it will continue to burn, to be shared with those who feel the call.

HOMA FARMING-THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Carmen Rosa Cotos Vilela
Piura, Peru, South America

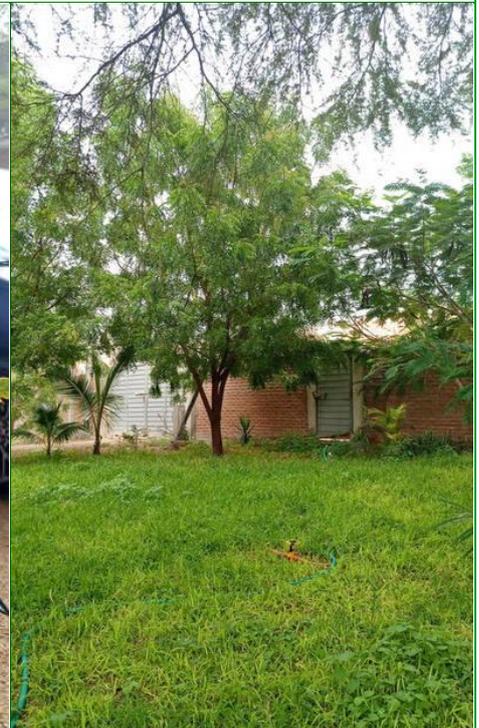
The effects of Homa fires in my garden:

These photos show part of my garden at home. We have been living here for 5 years.

When we arrived, the soil was very dry and only thorns grew. The plants we sowed dried up. The grass did not grow. And we had to constantly remove the dry plants and resow. There were also plants that did not grow and remained very small.

However, since my husband and I have been doing Agnihotra and other Homa Therapy fires and are applying the ashes to the lawn and plants, they have grown much larger and no longer dry out...and everything is green and very beautiful. This is very good for us.

Little by little we are going to plant more. We attribute all these wonderful changes to the effects of Homa Therapy.



Guillermo Arambulo
Piura, Peru
South America

The effects of Homa on my Aloe Vera:

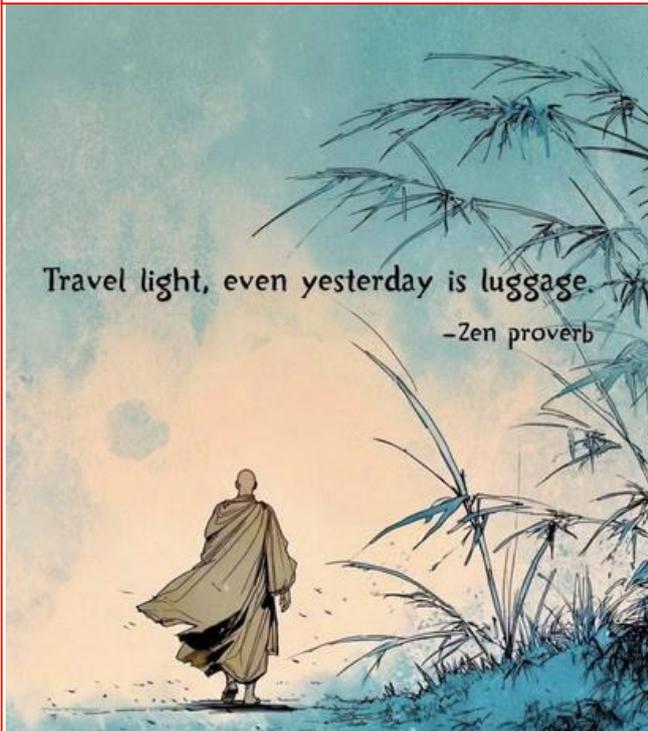
The plant was dry, very dry.

I watered it with Agnihotra ash, and now, after a short time, it looks like this.

(Photo on the right.)



ECO NEWS



*Every
Vibration
you hold,
sends out a
Message
ATTRACTING
experiences
that match
your INNER
STATE.
So choose
PEACE,
choose LOVE,
choose
ALIGNMENT.*

ANCESTRAL ZULU FREQUENCIES

Enter a sacred space of sound where ancestral tradition meets the healing science of the universe. And be ready to experience more than just music...

<https://www.youtube.com/watch?v=gqQPAORaHpk&list=RDOabLVOUAsKc&index=2>



PROTECTING 8,000-YEAR-OLD SEEDS AGAINST LARGE-SCALE AGRICULTURE: How Peru is rescuing food.

Leaf of Life

Deep in the Andes, the Potato Park protects 8,000-year-old seeds from the **threat of large-scale agriculture and biopiracy**. In this video, we investigate the ancestral genetics of the potato and the indigenous wisdom that could save our global food system.



In this documentary, we travel to the Andes to meet the “Guardians of the Potato,” who use ancient Inca agricultural technologies to preserve genetic diversity in the face of climate change. While the modern world depends on only a few potato varieties, these communities hold the genetic keys that could prevent a global famine.

To watch this documentary: <https://www.youtube.com/watch?v=ls-L648g7YI> (Select your language in “Audio track.”)

TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Learn to think in a positive manner. Do not find fault with yourself as well as with others. Once you become more accepting of yourself, you will be better able to accept the differences of others.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



**“AGNIHOTRA WILL AMPLIFY THE EFFECTS OF MUSIC AS THERAPY.
Agnihotra acts as a catalyst to boost the effects in the atmosphere.”**

- Master Shree Vasant -



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



Enjoying Yoga and Breathing exercises in the Don Bosco Park every Saturday with Prof. Abel ... Letting go and playing like children...



“If you keep silence more, you will come to know you can effectively respond to situations in a calm, eased manner.

Silence helps to turn thoughts inward and you momentarily take pressure off the mind.”

- Master Shree Vasant -

THERAPEUTIC YOGA at the PROFESSIONAL REHABILITATION CENTER of EsSALUD, PIURA, PERU



Thanks to an invitation from Yoga Teacher **Giovanni Capurro**, we were able to share Therapeutic Yoga with the patients of **CERP (Professional Rehabilitation Center) of EsSalud**.



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“So many people now suffer in the world. Everyone has his own Karma. You may look at someone and think, "How ideal their life is." Then you do not know what troubles they already have, what is to come to them. So never look at the next person and think like that. Envy does no person good.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“This one commandment, 'Love thy neighbour as thyself', should be first and foremost in every action, every thought, every movement you make. Remember this always.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA

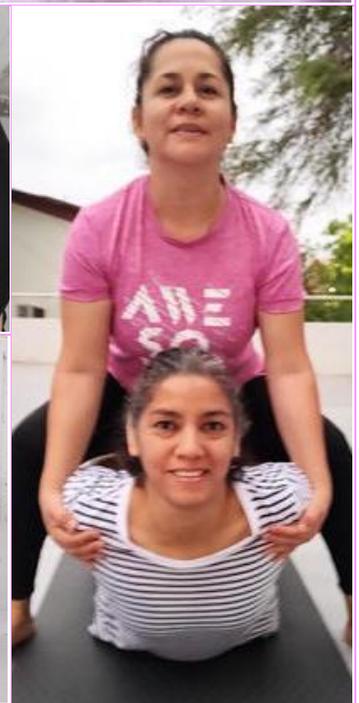


“Karma is the fourth aspect of the Fivefold Path. The law of cause and effect in physics, when carried to subtler levels, is the law of Karma. It is the law of 'reap as you sow'.”

- Master Shree Vasant -



CLUB GRAU & MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



CLUB GRAU & MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE en PIURA, PERU, SOUTH AMERICA



CLUB GRAU & MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE en PIURA, PERU, SOUTH AMERICA



**TIMES of the HOMA FIRES - JAEN, PUCALLPA & EsSALUD CLINIC
in CARABAYLLO, LIMA NORTH, PERU, SOUTH AMERICA**



“Whether you are president of a company or a janitor who cleans at the end of the day, do it with service.”

Master Shree Vasant-



**TIMES of the HOMA FIRES - EsSALUD CARABAYLLO,
LIMA NORTH, PERU, SOUTH AMERICA**



Photos on this page and part of the previous page: Agnihotra at the EsSALUD State Clinic, CAP III Carabayllo in North Lima. Homa Therapy is offered weekly under the guidance of Dr. Jesús Borjas, Clinical Psychologist Jorge Torres, and Therapist Cristian Álvaro Soto.

Many patients come to this free service, even though there are not enough chairs and benches and they have to sit on the floor, the patients participate anyway and leave feeling grateful and relaxed!



TIMES of the HOMA FIRES - CHAFLÚ, ESMERALDA & GUAYAQUIL, ECUADOR, SOUTH AMERICA



“In life there are the normal highs and lows, peaks and valleys. The purpose of service is to help others but it is for your own sake. It helps you ultimately. It is not for the sensation of the action that service is done.”

-Master Shree Vasant-



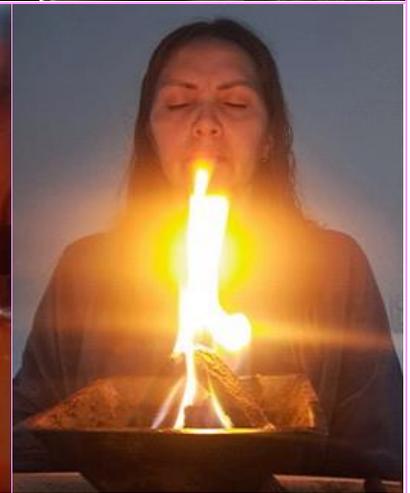
TIMES of the HOMA FIRES - CHAFLÚ, ESMERALDA, GUAYAQUIL & VINCES, ECUADOR, SOUTH AMERICA



TIMES of the HOMA FIRES - ARMENIA, CALI, BUCARAMANGA, GARZÓN & PITALITO, COLOMBIA



TIMES of the HOMA FIRES - BOGOTA, CHOACHI, BUCARAMANGA & GARZÓN, COLOMBIA, SOUTH AMERICA



"If you tell someone what to do, then in a sense you are partially responsible. The person can always come back to you later on and say, "See, you told me to do this and I am unhappy." So, you can give suggestions and, better yet, be an example, but you cannot tell people point blank, "Do this." That is interfering with their Karma and you suffer consequences on some level. It may not be noticeable but still what you do comes back to you."

- Master Shree Vasant -



TIMES of the HOMA FIRES - BHARGAVA DHAM, SANTIAGO de CHILE & SATSANG, CURACAVÍ, CHILE, SOUTH AMERICA



TIMES of the HOMA FIRES - SATSANG in CURACAVÍ, CHILE



“Do not allow yourself to become a victim of confusion. Keep a positive attitude, no matter what. "Okey, let me try" should replace "I can't do it." Remove "I can't" from your vocabulary for one month. This is your new TAPA.”

- Shree Vasant -



TIMES of the HOMA FIRES-ARGENTINA, PANAMA & VENEZUELA

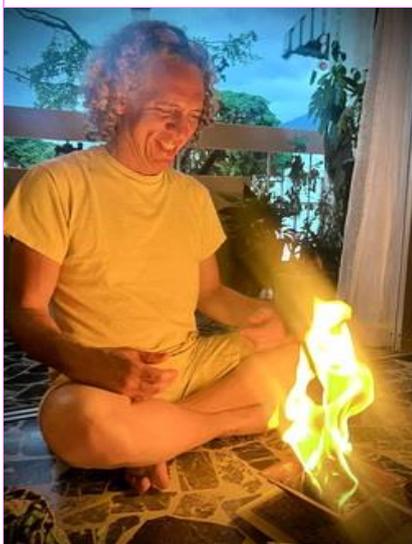


TIMES of the HOMA FIRES - VENEZUELA, SOUTH AMERICA



“Service is the best way to cleanse ourselves of KARMA, debts incurred in past lives and present as well. If you follow "Love thy Neighbor as Thyself" in thought, word and deed, you automatically become the fit instrument for service. This is how you get rid of the chain of Karma. The law of "reap as you sow" is inviolable. GRACE is an aspect of this law.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - NEW YORK, WEST PALM BEACH - FLORIDA & ALBUQUERQUE - NEW MEXICO, USA



**“Focus totally on service when you are teaching, raising a family, writing words or beginning Homa farms. Have all intense humility and deep longing for oneness with the Divine.”
- Master Shree Vasant -**



TIMES of the HOMA FIRES - FLORIDA, USA



**“As you walk through this world on your chosen path, do not be burdened with judgement. Judgement of others carries great weight.
So, if you are going to travel on the Path, choose your luggage wisely. Judgement is one of the heavier pieces of luggage, because judgement always comes with extra baggage—resentment, perhaps some small bag of anger, some pride, can be some regret and any other emotions you want to add to it—depends on how you pack your luggage.
Leave judgement in the hands of Almighty Father. Then you can move more freely.”**

Master Shree Vasant -



TIMES of the HOMA FIRES - MONTSERRAT, BARCELONA, SPAIN



Kiko Espinoza wrote from Spain: *A meeting was held to set goals for the year... More than two hundred souls gathered to share and recognize each other. We closed the meeting with Agnihotra, accompanied by several Agnihotri companions.*

*When the fires ended, there was an immense sense of peace, a deep silence that filled the heart, and the participants remained as if time had stopped. A state of **consciousness anchored in the present**. Many expressed their gratitude for Homa Therapy.*

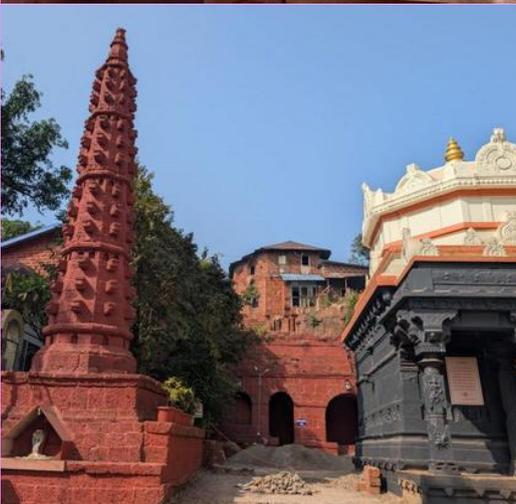
TIMES of the HOMA FIRES - GENTING HIGHLANDS, MALAYSIA & CHIPLUN, MAHARASHTRA, INDIA, ASIA



**-Several Orbs of Light are visible in Genting Heights in Malaysia.
-Agnihotra at the Temple in Chiplun.**

“There is so much power and Grace in the ability to forgive. That is true healing.”

- Shree Vasant -



TIMES of the HOMA FIRES - MAHARASHTRA, INDIA, ASIA



TIMES of the HOMA FIRES - NASIK, MAHARASHTRA, INDIA



Dr. Kulkarni, his wife Vaishali, and their son, engineer Amogh, went to a nearby colony in Nasik to present, teach, and share a beautiful Agnihotra session.



They wrote, **"It was a wonderful evening."** (Photos above)



TIMES of the HOMA FIRES - ANDHRA PRADESH, INDIA, ASIA



(Photos of this page from the Soham Ashram in Anakapalle.)

“Speak less and less. In times of trouble silence is the only aid. Keep one hour of silence each day, preferably mornings, if possible.”

- Master Shree Vasant -



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

BE YE LIKE A CHILD TO ENTER THE KINGDOM OF HEAVEN



"Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven". (Matthew 18:2-4)



How might I do this? First, how about relegating INTELLECT to its proper place on our behavior scale—way near the bottom.



INTELLECT refers to the faculty of the human mind responsible for reasoning, understanding, and abstract thought, distinct from emotion or instinct.

This appears not to be an aspect of childhood—to the contrary.

Then there is SELF-HONESTY.

"Those who do not recover are

people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves."

— Alcoholics Anonymous (Big Book, preamble, chapter 5.
So says the 'Bible' of Alcoholics Anonymous, The Big Book.

I was always skeptical, befuddled and intrigued by "constitutionally incapable of being honest with themselves."

Does this allude to defective genetics to off the chart levels of narcissism and self-indulgence that keep feeding and nurturing fantasies instead of self honesty?

No, it is closer to making strides with SWADHYAYA—self study.

Then there is H.O.P.E: Helping Other People Everyday.

If, when waking up in the morning, my first thoughts are HOW CAN I HELP, HOW CAN I SERVE, rather than, "My tooth hurts," the chances of having a really good day are maximized.

Looking within—and doing it with self-honesty—affords us the opportunity to find the answers we seek...including why we are here, what are we meant to do and what are the best ways to do it.

But the ultimate goal is to do what is needed to help those less fortunate.

And one need not look far for the unfortunate in this time that dark forces are flexing their muscles.

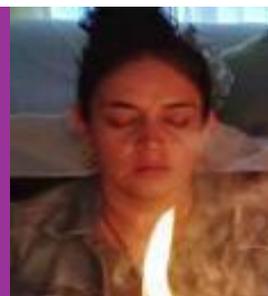
So, we have discussed here what might be considered antidotes to the subject of last month's article—FEAR.

THE KINGDOM OF HEAVEN IS NEAR AT HAND, we have been told. Let us grab the ring while on this merry go round of life.

WOMEN IN COMMUNION

By Catalina Espinosa

THE FIRE THAT SUSTAINS: HOMA THERAPY AND EMOTIONAL RELIEF IN CHALLENGING TIMES



In recent times, as humanity, we have gone through intense and profound trials. Economic, emotional, family, and work challenges... layers and layers of pressure that, in many cases, have pushed us to the limit without fully understanding the background or reason for what is happening.

It has been a time of upheaval.

A time when many certainties have fallen away, when the ground has shaken beneath our feet, and when fatigue—not only physical, but also emotional and spiritual—has become evident.

Amidst this scenario, **Homa fires** have emerged as an ancient tool for support, harmonization, and relief.

Homa Therapy works in a subtle but profound way.

By lighting the fire with intention, mantras, and presence, **our auric field is cleansed and ordered**, releasing old patterns, emotional blocks, and programming that no longer respond to the evolutionary moment we are living in.

Many of the emotions that overwhelm us today—*anxiety, fear, sadness, confusion*—are not always just “ours.” They are collective memories, accumulated tensions, resonances from the environment. The Homa fire helps to **decompress that burden**, to give us back a lighter inner space from which we can breathe again.

Fire does not deny pain, but accompanies it. It does not eliminate processes, but it **alleviates** them.

It reminds us that we are not alone in going through this time.

Agnihotra ash, the final fruit of this alchemy, also acts on a deep level. Beyond its physical and energetic benefits, its conscious consumption contributes to regulating the organism and sustaining greater coherence between body, emotion, and energy.

It is as if the ash holds the memory of the fire and gently releases it, helping us to integrate what we have experienced with greater calm and clarity.

In a time when everything seems accelerated, fragmented, and demanding, this Fire invites us to do the opposite:

to pause,

to surrender,

to trust that purification is also an act of love.

Gratitude to the network of fires.

Today, from a very intimate place, I feel deep gratitude.

I am grateful for each of the fires that were lit in different parts of the world a few months ago, when we were going through a complex and delicate situation with my son.

Amidst uncertainty, fear, and the unknown, that **network of fires held strong**.

It held strong when words were not enough.

It held strong when hearts trembled.

It held strong when there were no clear answers.

Each flame lit was an invisible embrace.

Each fire was a living prayer.

Each person who upheld this ritual was part of a silent but deeply real network of love.

Today I can say that we do not walk alone.

That when a Homa fire is lit with awareness, **something greater is activated**: a loving intelligence that accompanies, orders, and cares.

May this challenging time find us remembering ancient, wise, and simple tools. May it find us lighting fires—external and internal—that illuminate the path when the mind does not understand, but the heart does.

Thank you, Homa fires.

Thank you, living network.

Thank you, invisible support that reminded us that love also burns.

HEALING MANDALA MEDITATION



"CALLIOPE."

(Calliope is the Greek muse of epic poetry.)

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2025

(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

SERVE TO REMIND US OF OURSELVES - VI



Previously, we saw how humankind, in its misguided pursuit of happiness in external things and, moreover, dazzled by the promise offered by current technology of all kinds of comforts and solutions for what once required great physical effort, has adopted a way of life that is progressively destroying the environment in which we live, with all the resulting misery and suffering.

The science of the Vedas tells us that the atmosphere is a vital element for sustaining life in various dimensions, and that the integrity of this atmosphere determines the balance of the planet's energy cycles, upon which, in turn, the planet's biosphere with all its diverse beings, and the health of human body and mind, depend.

We have the Teachings of Master Vasant who, on his pilgrimage around the planet reiterating the Avatar's Message, transmitted to us.

“To be born in a human body is a great blessing and then, we have the wherewithal to be happy.”

“To enter the “Kingdom of Heaven which is within you” is the aim of eternal religion given through the first revelation, Vedas.”

“The purpose of human life is to unfold the Divine within.”

Avatar **Parama Sadguru Shree Gajanan Maharaj** has delivered to us, for this Era in which we survive with ever-deepening stress (speed is what matters, even without knowing where we are going), in a condensed form, the **Eternal Teaching of the Vedas in the form of the Fivefold Path.**

The Fivefold Path is the life program for developing the capacity to glimpse our true nature and to live in accordance with what

that nature indicates, thus transforming that glimpse into a total and permanent vision.

Agnihotra has been revived, in condensed form, as a comprehensive solution that can be practiced by every human being. This simple yet multidimensional process allows, among many effects, to calm down the human mind, restoring the integrity of the atmosphere, and returning life quality to all beings that inhabit the environment.

“Self-Study, **Swadhyaya**, is the fifth aspect of the Fivefold Path. Kingdom of Bliss is not a kingdom in space; it is on unfoldment from within. We have all the wherewithal to cognize it,” Master Vasant tells us.

Human beings possess latent faculties that they can develop **to react with love to any circumstance**, but as long as their minds are focused on seeking happiness externally, it is very difficult for them to develop these faculties.

Atmosphere pollution threatens life, and consequently, **“purifying the atmosphere is the patent need of our time.”**

If we have been able to pollute our atmosphere, disrupt the balance of the planet's energy cycles, and diminish the diversity of animal and plant species, threatening the continuity of life, then with a change of mindset, proper guidance, and the help of modern science enhanced by the wisdom of the Vedas, we can rectify our actions and reverse the process: restore the balance of the planet's energy cycles and return it to its fullness, and, in parallel, become aware of who we truly are and what our purpose and fulfillment are.

“Only that service (love) is needed” and, hopefully, all of us who feel this urgent need will seize this opportunity to contribute and thus advance in our own **Self-awareness.**

SHREE VASANT PARANJPE -
CONSCIOUS LISTENING & SUBTLE ENERGIES
November 16, 2025



You have to learn how to listen to what lies in between the spoken words.

Learn to feel a situation before assessing it with your minds. Your thinking process, as it is, is limited. What is actually being communicated is often very subtle. In fact, it may not be the other person's intention for you to know! But if your senses are more attuned, you will automatically be able to feel the situation, even before a word is spoken. When you are able to do this, you expand your ability to understand and have compassion for the other person—even without a word spoken.

¿How to achieve this awareness of subtle states? If you make every effort to meditate, to chant Mantras, sit in prayer—your vibration shifts. When that begins to happen, your awareness naturally becomes clearer.

Examples are these activations. When you go to do an activation, how do you know where it is? **You feel it.** You listen. You sense the land, where the energy spots are stronger. You learn to find the subtle energies in Nature.*

**(This refers to activations of sacred places, which we have been doing for many years in various countries, under Shree Vasant's guidance, direction and training.)*

You have to start to quiet your mind. Every day, practice quieting the mind.

All during the day most of you will be doing tasks, communicating between others normally in regard to material matters. The energy realm is not your focus at that time. But it calls you. Especially now as the world becomes more chaotic. You see.

It is time to define times when you can actually sit and be still. Call it prayer time, meditation, silence, time to slow down. All of you need these times. It is at these times, you are refueled, nourished, strengthened. And your minds become quiet, thoughts clear. Remember, these times are important in life. It is not all “automatic pilot” as they say.

*Build into **every day**, some quiet time for refueling your energy and calming your mind and nervous system.*

Listen more.

*Learn to speak your feelings, what you sense, your intuition.
Hesitate to deliver opinions.*

Communicate more from the heart.
The heart speaks the Truth.

*Be ready for the times ahead.
Go within.*

*Blessings to all.
OM TAT SAT.*

(These messages are from our beloved Shree Vasant as received via Parvati during group meditations at Bhrgu Aranya in Poland.)

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



ORION, January 15, 2026

REJUVENATING THE SPIRIT!

Yes, yes. You are correct, dear vehicle, in your intuitive sense of our presence. It is so. There are those who would stand against us, as you know, and these 'powers' are capable of annihilating such energetic shifts on the planet. Those of us who are 'in cahoots' with the greater humanity at this time...the Light shall break through the current siege of darkness on the planet. Bear with it.

It is time for those whose awareness has peaked, so-to-speak, to rise to the call and go within. Strengthen your interior dialogue. By the way, not only the outside news can deplete positive energies—for a while anyway. **It is the words which you speak to yourselves that will boost or break your psychic immunity.**

Such practices as reciting positive affirmations are, at this point, not as effective as perhaps it was for some of you. **Words you speak to yourselves are not affirmations, but true intuitive guidance that you need to bolster your mental, emotional, spiritual beings with.** Not simple affirmations, but in-depth truth.

Strengthen and protect your psychic borders, not only physical ones. Protect yourselves from darkness that arises and maintain a purity filter, if you will, within your own hearts.

What is occurring in the world today is grim and gruesome, surely. The headlines are designed to fill your minds with fear. Holding an awareness of the world outside must come from another source—not news and world reports! Again and again, GO WITHIN.

What all of you can do, you already have at your fingertips. Chant. Pray. Practice Kindness as if it were a path of Grace—because it most certainly is.

Whatever practices you adhere to, whatever God you pray to, whatever paths you walk upon—Walk. Pray. Listen. Maintain communication with your tribe, inside your circle of near and dear ones. As well, be open to sharing your Light with all whom you happen to or are designed to, meet.

Music is essential in these intensely fiery times. **Music has great power to heal and rejuvenate the spirit.** Do focus on REJUVENATING THE SPIRIT!

Delving into the day's headlines, entering into political debate and discussion will only keep the narrative one-pointed, and not in your favor. The answer cannot come via political circles.

Whatever is your spiritual work that has been revealed to you, in whatever way it was revealed—that is where your focus and energy should be. Yes. Yes. This will strengthen you all substantially. This also paves the way for the new world to come. And it will come.

NO FEAR. NO WORRY. NO NEGATIVE MINDSETS!!!
TIME FOR YOUR OWN REGENERATION AND REJUVENATION OF SPIRIT!

Blessings abound,
We are,
ORION

For more information please visit:
www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

For more news about Homa Therapy please see the 'Satsang' magazine.