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**SATYA –
TRUTH**

"... *Satyasya Naavaha
Sukrutamapiiparan*"

Rigveda 9.73

(The ships of truth have
carried the pious man across
the sea.)

- *The truth shall set you free*
(John 8:32)

- *Truth is your best shield.*
(Psalm 91:4)

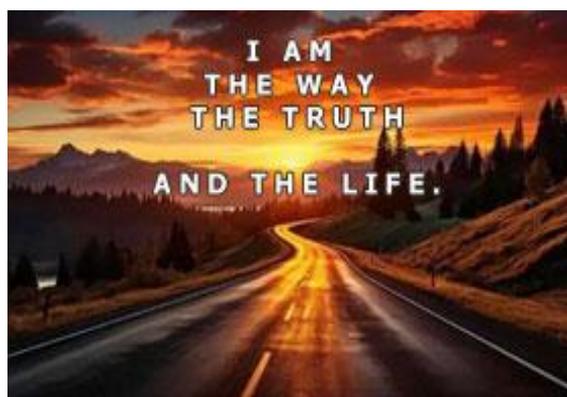
Just as Agnihotra counteracts
pollution in the atmosphere,
the practice of truthfulness
(Satya) counteracts individual
and social corruption.

Furthermore, there is much
talk today about corruption and
greed in many governments
and large corporations as the
primary cause of global socio-
economic problems.

A little self-study
(Swadhyaya) shows us that
truthfulness in words,
actions, and deeds is not
only a self-discipline that
helps us in our spiritual
development toward the
realization that we are ONE
with the source, but also that
the practice of Satya can help
us achieve Peace because it
reduces the stress created by
lying and living in constant
fear of being discovered.

Let's not forget that a lie X can
then generate other secondary
lies (Y, Z, W, etc.),
which try to cover up the
primary lie X.

This plunges the person into an
increasingly deep dark hole.



Note:

- White lies are still lies.
- Exaggerations are half-lies.
- Half-lies are still lies.
- Etc.

**Satya is the alignment of
truthfulness in thoughts,
words, and actions.
Certain truths can be relative
and can be expressed lovingly or
compassionately.**

Fortunately, there is a lot of
Compassionate Light flooding us, and
people are awakening to the fact that
Truthfulness (Satya) can transform
and rescue the individual, the
family, society, economy,
education, and much more.

Artificial intelligence (AI) technology
can facilitate many jobs, but its misuse
can also generate many lies.

On the other hand,
**the use of Agnihotra
Super-Technology Always
Facilitates the Practice of
Satya and Generates Well-
being and Promotes
Development and Peace
in all areas of life.**

Long live the Truth!

**OM SATYA OM
OM SHREE OM**

HOMA HEALING STORIES

Eduardo Alvarado
Piura, Peru, South America

I am 36 years old. I learned about Homa therapy from my wife, whom I have been married to for 10 years. She had known about the therapy fires long before that. And during 2020, she resumed the daily practice of Agnihotra. In 2021, I had a motorcycle accident and underwent surgery on my left collarbone. During my post-operative recovery, my wife performed **Triambakam Homa**, in addition to **Agnihotra**, which allowed me to **recover more quickly and relieved the pain from the Fracture and the Surgery.**



Last year, I was suffering from **Alopecia and Hair Loss** due to **Dermatitis** caused by Stress. I consulted a dermatologist, but the treatments did not work, or only provided a temporary solution to the dermatitis problem.

So, I started **practicing Agnihotra regularly** with Amelia, my wife. We also made **Agnihotra creme** (ghee with Agnihotra ash) and applied it along with a few drops of Rosemary Oil where my hair was falling out. I also began drinking the ash water more frequently. Recently, I had my hair cut, and my wife said to me, **“Hey, you don't have that bald spot anymore.”**

The alopecia subsided, and my hair grew back in the affected area.



Photo: Amelia with two of her children, Joaquin and Emily, practicing Agnihotra.

Amelia Ayala
Piura, Peru, South America

I am 36. I have known about Homa Therapy and the practice of Agnihotra since I was fifteen. My mother used to practice it, and she gave me the Agnihotra kit back then. But it was in 2020 that I resumed the fires on a daily basis, with constant practice. I had **urinary discomfort and frequent lower back pain.** With the practice of the fires, **the urinary inflammations subsided.**

And the lower back pain was also relieved. Later, in 2024, I was diagnosed with **“lumbar scoliosis”**, which used to cause me spinal pain that had worsened after my third pregnancy, preventing me from performing my daily routines and work.

Master Abel started the Therapeutic Yoga classes that same year. **The constant practice of Yoga in conjunction with the Homa Therapy fires helped me greatly to improve this condition, and even the pain in my knees, which I always had during certain periods, disappeared.**

Emotionally, these practices also had the effect of **balancing and coping with stress without so much drama**, and I felt in better spirits and had more energy to carry out my daily tasks.

I am very grateful to have this wonderful opportunity to participate in these **Homa Healing Fires and AgniYoga Therapies**, and to receive instruction from our teachers, Aleta and Abel, and all the other participants in the Homa Piura group, who accompany the healing of each member with their charisma and light. These practices are an important part of my life. Blessings to you always. I write these lines with much love as a testimony. May God enlighten and accompany you always in your life mission, which is to give love and assistance to all who want to experience this **Integral Healing.** OM SHREE

HOMA HEALING STORIES

Sumi Goswami
Kolkata, India

I began practicing Agnihotra in 2023. Though I initially struggled with consistency, Saurav's guidance, from whom I learned Agnihotra, helped me to make Agnihotra practice a regular part of my life.

I then started applying Agnihotra ash to my scalp, since I was suffering **psoriasis for 13 years**. The results?

My condition improved by 80%!

This incredible experience serves as a reminder of Agnihotra's transformative healing power.



Before



After

The following **Homa Healing Story** was submitted by Bernd Frank and it is about a woman who lives in Austria:



A wound that would not heal in a patient with 5 years of diabetes, taking insulin. Photo at the beginning of Homa treatment.



The treatment consisted of **applying powdered Agnihotra ash mixed with ghii** (Agnihotra creme) on top of the wound.



The result after only 3 weeks of applying Agnihotra creme: The wound closed!



Dora Betancur
Armenia, Colombia, South America

I want to share with you the almost sinister arrival in Pereira by plane from Bogotá and the **Miracle of Sapta Shloki**:

At 7:45 pm, the captain of the aircraft announced: "Crew, we have begun our descent to the city of Pereira." Shortly after, he announced "**We are having difficulty landing**" and the lights were turned on. They said nothing else... Long minutes passed, and people asked, "What could be the problem?" "Announce something"... others shouted! Suddenly we heard: "We ask for your cooperation. Please do not turn on cell phones or other devices"... The bell rang. We had already descended very close to the city. There was a heavy downpour. It was dark, and all we could see was a black cloud covering everything. "**There are no visibility and no landing conditions for Pereira!**"

HOMA HEALING STORIES

Dora Betancur - continued

The plane climbed rapidly and they announced: *"We will have to fly for half an hour."*

What half an hour... it was 50 minutes that the plane flew as if making a figure eight, moving intensely. The children began to cry... little ones and big ones... they screamed and cried desperately.

Meanwhile, in the cabin, the use of cell phones was prohibited and the flight attendants ran back and forth checking if this instruction was followed, while many shouted harsh words at the pilot and his assistants.

Others prayed... cried silently... collective hysteria in the back, the front, and the middle!

There was Despair and uncertainty for an hour. Then they announced "We are trying to go to an alternate airport in Cali." ... Nothing could be seen. And they announced: *"iExcuse us, we are low on fuel!*

The plane used up its supply...!"

Everyone started screaming... there was a lot of congestion!

I was caught between watching and feeling! I prayed... I opened my eyes and saw a young person devotedly praying. I felt compelled to join in the **PRAYER**, with immense gratitude to God, and as I asked myself what the Master would do, it occurred to me to recite the **SAPTA SHLOKI!**

Just when finishing the Sapta Shloki... the bell rang... ***"Dear crew, we now have conditions to land in Pereira!"***

There were shouts and cries, people were very moved, mixed feelings and announcements of *"please do not turn on your cell phones"*. It was a long moment between the announcement and the feeling of the tires touch the runway. We almost didn't stop applauding! Once on the platform... the hysteria continued.

They announced *"Please remain seated, the plane has to go in for refueling immediately!"* Some people went forward a little later and demanded that the plane door be opened because the disembarking tunnel had been pulled up!

The captain and flight attendants kept announcing that we should remain seated, but no one listened. We all got off the plane, ha ha ha! People left before collecting their luggage to meet their waiting relatives. Many had managed to report what was happening above, amid dark clouds, downpours, bad weather, and despair!

My children came to pick me up and tracked the flight from the moment they announced its delay due to bad weather. It was already 10:30 pm, and they said they had seen the plane circling for 50 minutes!

Sorry, this story got a little long... It's impossible to convey the intensity and experience of each person!

Thank you, it was therapeutic for me to tell you about it! With such revealing Divine Assistance! This is to Affirm and Ratify the **POWER of the GRACE in the SACRED MANTRA SAPTA SHLOKI!** I have no doubt that it was a **true miracle** before our eyes. Even today, I am still very moved! OM SHREE

What a BLESSING for humanity to have this Mantra received by MAHA SHREE!
Infinite gratitude to Prof. Abel for teaching us Agnihotris this powerful and beautiful Mantra.



Photo of the dramatic event inside the plane.

**HOMA FARMING
- THE SOLUTION FOR THE FUTURE OF OUR PLANET!**



**POINT OF LIGHT
BHARGAVA DHAM,
COCHIGUAZ, ELKY VALLEY**

**From Carmen Hurtado,
Guardian of this Point of Light, reports:**

**"These are our first apricots in
Bhargava Dham.**

**This year our neighbors do not harvest
apricots.**

**We can see how the Homa Therapy fires
are helping us a lot!"**

**Photos on this page:
Apricots growing lushly in the Homa
environment of Bhargava Dham,
while the neighbors in the valley have no
harvest of this delicious fruit.**

"Homa Farming practices are used in treating the atmosphere, the soil, plants and to prevent/treat pest and disease problems. One can grow maximum yield out of minimum agricultural area and keep the soil fertile, water pure and the atmosphere nutritious by practicing HOMA Therapy Farming techniques."

Shree Vasant V. Paranjpe in *Homa Therapy – Our Last Chance*



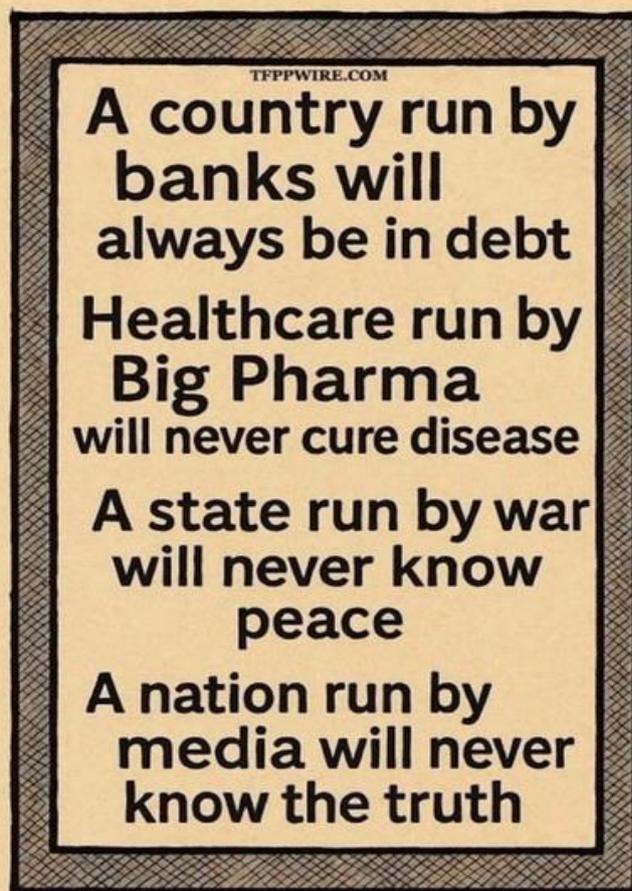
La verdadera revolución es la evolución de la conciencia



The real revolution is the evolution of consciousness.

Unlike the brain, the stomach alerts you when it's empty.

African proverb



"The poison was never forced. It was offered gently, until you forgot it was poison at all."

-Mark Twain-



**America's
BIG AGRICULTURE
Problem Is Getting Worse**

Bloomberg Originals, 8 Sept 2025

Nitrate from fertilizer and manure befouls countless waterways and kitchen taps across the US. But unlike other big polluters, from petroleum to plastics, Big Agriculture has largely avoided responsibility for its dirty footprint.



In no state is this arguably clearer than Iowa, where the multibillion-dollar corn industrial complex of farmers, food processors, tractor makers, chemical companies, ethanol producers and their lobbyists reign supreme. **To see this documentary, please enter:** <https://www.youtube.com/watch?v=9KXOO3gK5wo>

TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Blessing to those who walk in Light, even during periods when the Light cannot be seen. The clouds will move and the Light will again be bright. Brighter. Brighter.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - TAMBOGRANDE, PERU, S. AMERICA



“A child who is given a strong foundation will do well growing up, even in the world today. Just because we face disaster coming in various natural phenomena, this does not mean we cannot turn our thoughts and our attention to our children. Give them all the love and total acceptance. This does not mean you let them do anything they want. Discipline should be firm but never harsh. Try to stay away from any physical punishment as regular form of discipline. Try to use reason in any approach towards you child. Write stories with your child, draw, play music, dance, sing.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - CLUB GRAU, PIURA, PERU



TIMES of the HOMA FIRES - CLUB GRAU, PIURA, PERU



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Observance of truthfulness in day-to-day dealings is the alpha of any spiritual discipline.

When we decide to don the armour of truthfulness in thought, word and deed, whatever be the consequences, we experience an inner strength.

We notice that people who come near us are less inclined to tell lies.

Love pervades the atmosphere and harmony sets in.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, PUCALLPA & JAÉN, PERU



***“Learn to think in a positive manner.
Do not find fault with yourself as well as with others.
Once you become more accepting of yourself you will be better able to accept the differences of others.”***

-Master Shree Vasant-



**TIMES of the HOMA FIRES - EsSALUD CARABAYLLO,
LIMA NORTH, PERU, SOUTH AMERICA**



**Photos on this page:
Agnihotra at the EsSALUD State Hospital, CAP III Carabayllo in North Lima, under the guidance of M.D Jesús Borjas, Clinical Psychologist, Jorge Torres, and Therapist, Cristian Álvaro Soto.**

Many patients come to this free Homa Therapy treatment, which is offered once a week.



TIMES of the HOMA FIRES - CHAFLÚ, ESMERALDA, GUAYAQUIL & VINCES, ECUADOR, SOUTH AMERICA



TIMES of the HOMA FIRES - PEREIRA, CHOACHÍ, JAMUNDÍ, VILLAVICENCIO, CALI, ARMENIA & BOGOTÁ, COLOMBIA



TIMES of the HOMA FIRES - PEREIRA, CHOACHI, ARMENIA, JAMUNDÍ, VILLAVICENCIO & BUCARAMANGA, COLOMBIA



TIMES of the HOMA FIRES - BHARGAVA DHAM & SANTIAGO in CHILE, CARACAS in VENEZUELA & PANAMA CITY, PANAMA



“In the future, the world will be made up in small communities. They should be self-sufficient. A certain part of Vedas will be assigned to each of the communities. So together we can share and utilize this ancient knowledge among the one culture which lives SATYA SANATAN DHARMA, true and Eternal religion.”

- Master Shree Vasant -



**TIMES of the HOMA FIRES - FLORIDA, NEW MEXICO
Y NEW YORK, USA**



“Whenever possible in life try to respond to circumstances with humility. Even when others are speaking badly about you or are harbouring negative emotions with interest in harming your good name, still react in a bumble manner. It will always disarm even the mightiest enemy, ultimately.

That is not the reason to be humble.

You react with humility because it is the only way to be.”

-Master Shree Vasant-



TIMES of the HOMA FIRES - SPAIN, GERMANY & POLAND, EUROPE



A hunting fox; Photo by Baba Bernd.



TIMES of the HOMA FIRES - FRANCE, EUROPE

EVEIL AGNIHOTRA

Un week-end exceptionnel
avec Bernd Frank
avant son départ pour l'Asie.



eveil-agnihotra.com

Bernd Frank (Baba Bernd) and Agnihotra in France:

An Agnihotra teaching seminar with secondary fires (Vyahruti and Tryambakam Homa) took place from December 12 to 15, 2025, at a private castle in Bruailles, France.

It was the 16th country visited by Frank from the 'Homa Hof Heiligenberg' in southern Germany.

Sixty-one participants from different parts of France and Belgium attended this three-day workshop on this Vedic Homa fire technique in a healing and family-like atmosphere. Interpreters provided simultaneous translation. One woman arrived on crutches due to severe hip and knee pain, but already after one day, she no longer needed those and was pain-free.



TIMES of the HOMA FIRES - BELGAVI, INDIA, ASIA



“Every moment is a precious opportunity to serve the Divine. If the mind is constantly affirming the Holy with Mantra, then all will be done as is His Will and no one else's.”

-Shree Vasant-



TIMES of the HOMA FIRES - BELGAVI, KARNATAKA, INDIA



“The true disciple is not always the frowning one bent over the scriptures but often he is the court jester whose job is to make light.”

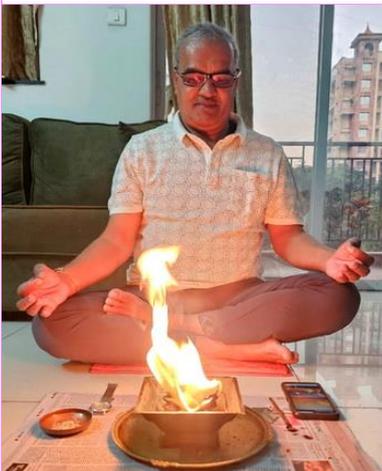
- Master Shree Vasant -

TIMES of the HOMA FIRES - NASIK, MUMBAY, etc. INDIA



**“Message is simple.
Love thy neighbor as thyself.
Truly love. Then life is complete.
Be constantly acting in the spirit
of service. Then other thoughts
are irrelevant.
In marriage, think always of the
other person’s needs, whatever
they are.”**

- Master Shree Vasant -



TIMES of the HOMA FIRES - NASIK, MUMBAY, etc. INDIA

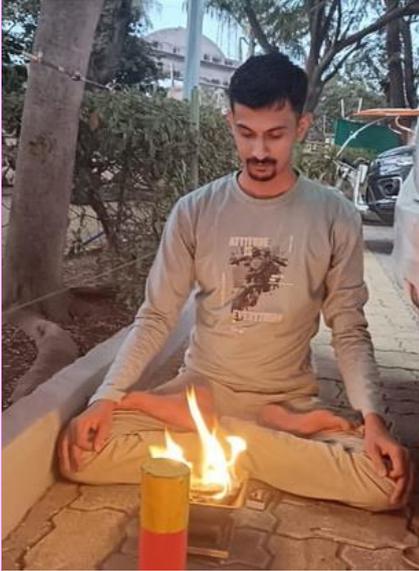


**“Mantra is the key. If you practice Mantra with great intensity
Grace will abound.”**

- Master Shree Vasant -



TIMES of the HOMA FIRES - NASIK, MUMBAY, etc. INDIA



“There are always going to be safe places around the world, refuges where many can take comfort and be given sustenance, medical assistance and Light.”

- Master Shree Vasant -



NEWS from the HOMA THERAPY GOSHALA MAHESHWAR - A POINT OF LIGHT FOR THE PLANET



SAMATVA

At Maheshwar, Fivefold Path Mission is building a new Centre 'SAMATVA' to cater for the needs of people at large. The new land is between Maheshwar and the existing centre, Homa Therapy Goshala. This is to overcome the obstacle of the road approach to the existing centre, Homa Therapy Goshala. Soon, the construction will start. But before we start the construction, we decided to perform a Yajnya and seek the Divine Blessings, so that we can serve more people through the new land, too.

Accordingly, Vaishvānara Iṣṭi Yajña was performed on 07 December 2025 at Samatva. It was a small event, attended by a few people, as the place is on a small hilltop with no facilities at the moment.

Vaishvānara Iṣṭi Yajña Significance

With a heart filled with warmth and reverence, we planned 'Vaishvānara Iṣṭi Yajña'. It was a sacred **Yajnya fire-ceremony dedicated to the 'Divine Universal Fire'** that lives within every being. This holy Yajña was an opportunity for all of us to come together, purify our minds, energise our lives, and offer our gratitude to the Cosmic Fire that nourishes the entire creation.



We seek the blessings of Vaishvānara Parama Sadguru Shree Gajanan Maharaj and Gurudev Shree Vasant Paranjpe.

The Vaishvānara Fire is described in the Vedas as **the flame that shines in all living beings.**

It is also the force that digests our food, gives our body strength, and awakens wisdom in our minds. Through this Yajña, we honour that inner light, and we pray for the well-being of our families, our society, and the world.

NEWS from TAPOVAN, MAHARASHTRA, INDIA

Editor - Let's remember: In Tapovan, **Anne Godfrey and Bruce Johnson** (may he rest in peace), together with the Tapovan team and along with the **Fivefold Path Mission India, maintained the Tryambakam Homa for 22 years without interruption**. Thanks to the efforts and Total Surrender of this Australian couple, who lived in Tapovan for over 30 years, and to Divine Grace, this place became an Agnihotra Teaching Center for all of India. (See HomaHealth Newsletter 207, July 2023, pages 43 and 44.)
On the Sacred Ancient Land of Tapovan is also the Mahasamadhi of Master Shree Vasant.

MAHAYAGNYA KĀMA IṢṬI IN TAPOVAN

By Sarvajit Paranjpe

The Fivefold Path Mission is building a new exhibition hall at Tapovan to spread the sacred message of Agnihotra and the Fivefold Path.

The needs of the new generation are changing, and they seek clarity and purpose. A better structure is needed to guide young minds with discipline and compassion. This centre will inspire responsibility and harmony with nature through an **Exhibition Centre**.

Shreekant Paranjpe is leading this project. Currently, farming activities are mainly conducted at Tapovan.

Before constructing the new building, a special Yajnya was planned. This was a way to seek the Divine Blessings before starting something new. Accordingly, Mahayajña Kāma Iṣṭi was planned at Tapovan.

On 06 December, the “Mahayajña Kāma Iṣṭi” was successfully performed at the **Tapovan Centre of the Fivefold Path Mission**. Mahayajña Kāma Iṣṭi means a great sacred Yajnya performed with a noble intention of seeking divine grace so that we may continue to perform the righteous and selfless Yajña for the welfare of all beings.

This Mahayajña Kāma Iṣṭi was conducted with the heartfelt prayer that, by divine grace, we may continue to perform Yajña regularly and without interruption. Many devoted seekers from the surrounding areas participated in the Yajña with faith and reverence.

Mahayajña Kāma Iṣṭi Significance

Mahayajña Kāma Iṣṭi is a sacred Vedic offering performed with a pure and uplifted heart. It is not guided by selfish wants, but by a calm prayer born from gratitude and surrender. The true wish behind this Yajña is noble, that by divine grace, we may continue performing Yajña for the good of all beings.

In the Vedic vision, Yajña is the living heartbeat of harmony. It keeps a balance between the individual, society, nature, and the vast cosmic order. When fire is offered with faith and humility, it purifies more than the outer air. It cleanses the mind and brings inner clarity to the one who offers. Each oblation becomes an act of release, letting go of ego, fear, and attachment.

This Yajña teaches us steady perseverance in sacred action. May **Mahayajña Kāma Iṣṭi** awaken inner strength and quiet dedication within us. May it guide us to live Yajña each day, offering every thought, word, and action into a higher purpose.



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



F.E.A.R. = False Expectations Appearing Real.

What if there really were nothing to be afraid of? What if fear of failing, fear of success, fear of death, fear of pain...fear of anything and everything, were just parts of the Maya, the illusion, Natraj's dance of life?

Then what? First of all, most, if not all, of the excuses we often employ will have fallen by the wayside. Then left without excuses, we would be left with no choice but to carry on with living in such a way as to maximize happiness, service, surrender and love.

One might say that under certain circumstances, fear might be an impetus to needed action, but there are far more healthier and effective tools. (Besides, extreme fear begets debilitation.)



The five aspects of the **Fivefold Path** provide a framework for fear reduction and potentially removal.

Practice of **Daan**, sharing material assets humbly, addresses fear of want, scarcity, and poverty.

Tapa, self-discipline, if practiced diligently, dilutes the fear some of us have of our basest personality defects and baser instincts; in some circles, this is overcoming self-sabotage.

Karma—why fear a situation when it has a built-in antidote/cure? The old stuff is irreversible, the new stuff has yet to come. So that leaves the present moment, and unless you are tied to railroad tracks and a train is coming,—not a daily experience for most of us—Karma shouldn't be allowed to be a source of pain or worry to the extent we practice good Karma.

Which brings us to **Swadhyaya**—self-study.

If we were not somewhat fearful of what we might find, might uncover by looking, feeling and diving within, WE WOULD JUST DO IT (or at least do more of it).

WHAT, ME WORRY? was a mantra of sorts of the mid-1960s. Alfred E. Neuman of Mad Magazine fame was/is the major proponent of this. The updated version of DON'T WORRY, BE HAPPY took it to a higher level, but hinted that if I eliminate—or at least greatly reduce—fear and worry, happiness might manifest.

And **Shree Vasant** said, though all of us wish to be and strive for happiness all the time, no one seems to have accomplished the feat. Hence, the need for Agnihotra.

As for 'false expectations appearing real,' since, by definition, an expectation is future oriented, staying in the moment should automatically eliminate expectations.

We wrote earlier that Fivefold Path is simple, but not easy. The simplicity comes with the clarity that the Path is made up of the five steps we have outlined.

Of course, the first and greatest step—**YAJNYA & AGNIHOTRA**—wasn't mentioned but is the mechanism that opens the door to all that follow.

Another way out of the 'misery that is yet to come' as well as FEAR is to prioritize—if not dedicate—your life to SERVICE—service of the less fortunate amongst us, to the health of the planet, to God, really, and to all sentient beings.

Now as it is said that giving Daan to a righteous person is "safe," so it is with service. And we all know who is on the brink, who is in need.

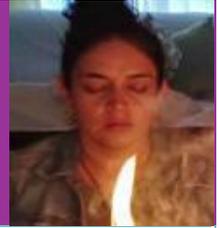
Service to others pulls us out of the self-absorbed, bubble we often find ourselves in.

So, it all comes down to an absence of fear and an abundance of love. Why indulge in fear, anxiety and worry if it is an obvious impediment to love?

Without Agnihotra, it may still be possible to overcome difficulties. But as our lives are not dress rehearsals, why not maximize our chances for success? Indeed. Why not?

WOMEN IN COMMUNION

By Catalina Espinosa



WHEN HEALING RESONANCE RETURNS TO THE EARTH.

The oldest traditions say that **there is only one heart**, and that every being — human, animal, plant, mountain — is a spark beating within that **One Heart**. We are not separate: we are fibers of the same fabric that breathes, dreams, and evolves.

When we understand this, we also understand that **everything we think, feel, or do vibrates beyond ourselves**.

Every breath affects the field.

Every emotion changes the frequency of the planet.

Every conscious act illuminates much more than our own lives.

In this philosophy, the heart is not an organ: it is a **cosmic antenna**, a primordial drum that sets the rhythm of the universe.

When our heart is in coherence—calm, present, confident—we resonate with the heart of the Earth, and life responds from that same frequency.

And it is precisely here that **Homa Therapy** becomes a luminous bridge

The **Homa Fire** is not an ordinary fire. *It is a fire that orders, purifies, and remembers.*

When we feed it with Mantras, intention, and the simple devotion of being present, things happen that science is only beginning to understand:

the electromagnetic field harmonizes, vital energy rises, and the environment regains a purer resonance.

But the true mystery of the Homa Fire is not in the flame.

It is in the heart of the one who lights it.

Because when we light a fire with awareness, we also light our own inner temple.

And then alchemy occurs:

our heart begins to beat at the same rhythm as the fire, and the fire begins to beat at the rhythm of the **One Heart**.

A sacred triangle is created:

- the Earth that receives
- the heart that radiates

-- the fire that transmutes

That triangle not only purifies the space: **it purifies the frequency.**

The heart enters into coherence.

The mind becomes still.

The breath becomes a bridge.

The vibration rises.

And from that state, life begins to settle.

Not because the world changes overnight, but because **the resonance from which we inhabit it is transformed.**

Homa Therapy is therefore a way of remembering the most ancient truth:

-That we are all part of the same heartbeat, that there is no separation,

-That love is not an emotion, but a vibration that sustains the entire universe.

-When our heart is harmonized, the world is put in order.

-When a single being lights a Fire with presence, many lives receive the light.

-When we remember that we are part of the One Heart,

existence ceases to feel heavy and becomes once again **a path, a purpose, and a home.**

Because in their deepest essence, both the heart and the Homa Fire teach us the same thing:

True healing occurs when we resonate again with what we have always been: light, unity, and love in motion.



HEALING MANDALA MEDITATION



"JOY WITHIN.

MY WHIMSICAL, JOYOUS INNER CHILD."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2025

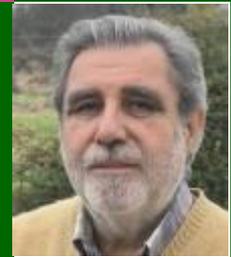
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

SERVE TO REMIND US OF OURSELVES - V



During this holiday season, when much of humanity gives and exchanges gifts, especially to children, it's common to see young children fixed on the wrapping paper or the box of the toy they have received. Sometimes weeks pass before they, independently or with an adult's help, overcome their fascination with the packaging and become aware of the **'object'** inside.

Similarly, but with far more significant consequences, it seems that humanity today is dazzled by the abundance of objects and conveniences that modern technology provides. Certainly, some products satisfy basic needs, while others fulfill more artificial and subtle needs of a mental nature, such as prestige, recognition, and power. But, paradoxically, the complex body-mind is merely the vessel (also the vehicle, the medium, the instrument) of a being who, inhabiting that human body, comes to fulfill a specific purpose.

Our current way of life, increasingly detached from nature, disregards the natural balance of the planet's energy cycles. This sustained and widespread behavior now threatens to destroy the biosphere and humanity.

In previous article, we saw that Christmas is very special because it coincides with the anniversary of the date on which **Avatar Parama Sadguru Shree Gajanan Maharaj** confirmed that he was a being of a higher order, who had descended to our dimension to reiterate and remind human beings how to free ourselves from confusion and suffering, and to be happy; that is, to fulfill their mission and achieve self-realization.

Master Vasant tells us:

“Whenever the eternal principles of religion, revealed through the Vedas, are transgressed on a large scale, terrible resultant karma results. Messengers of the Almighty, incarnations, grace our planet by their appearance. It is their assigned task is

*to set things right and show the **Light** to people by their own lives.*

*They deliver the Eternal Message of “**Love your neighbor as yourself,**” emphasizing the aspects that are needed, and in the language most appropriate to the times in which we live. Their message has universal application.”*

In this era where what we call scientific knowledge has the potential, and increasingly the evidence, to demonstrate to humankind the need to modify its current way of living and surviving, **Shree Gajanan** has pointed out that we must turn our eyes to the comprehensive scientific knowledge delivered in the Vedas, to recover the purity of our atmosphere, an essential condition for the viability of life and for our minds to be purified in order to remember and turn our attention towards fulfilling the purpose of human life: **TO GIVE THE LOVE THAT LIES WITHIN.**

Modern science is reaching increasingly subtle levels and dimensions of what we call the workings of life. The **Vedas** are a repository of comprehensive science that includes the science of sciences, the **Science of the Soul.**

Just as a child need someone to point out the "gift" inside the wrapping, humanity, deeply confused, needs the presence of a **Higher Being** to remind it of its contents and purpose. The path to remembering this and to creating channels of communication with the being that lies within the complex body-mind, is the **Fivefold Path of the Vedas.**

Master Vasant was blessed by **Shree Gajanan** with the mission to spread and reactivate the knowledge of the **Fivefold Path** throughout the planet so that people may have peace, prosperity, and happiness. For a planetary problem, a planetary solution is needed, and hopefully, every human being, by overcoming ignorance, selfishness, and relationships of domination, **can serve this universal purpose.**

**KALKI AVATAR PARAMA SADGURU SHREE GAJANAN MAHARAJ -
MESSAGE from JANUARY 18th, 2007**



PROMISE YOURSELF

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness, and prosperity to every person you meet.

To make all your friends feel that there is something special in them.

To look at the sunny side of everything and make your optimism come true.

To think only the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

*To be too large for worry,
too noble for anger,
too strong for fear,
and too happy to permit the presence of trouble.*

To think well of yourself and to proclaim this fact to the world, not in loud words, but in great deeds.

To live in the faith that the whole world is on your side so long as you are true to the best that is in you.

(From the book:
**“Biography of SON OF MAN
PARAM SADGURU SHREE GAJANAN
MAHARAJ”**

by Prof. S.G. Mulay.

Message received by Parvati in Meditation in the voice of Shree Gajanan Maharaj,
January 18, 2007)

MASTER SHREE VASANT PARANJPE

30 Decembre, 2025



On December 30, 2025, at 2:30 p.m., Our Bhrgu Aranya Homa community in Poland gathered to honor our beloved Shree Vasant, who left the body at that time in 2008. A Vyahruti Homa was performed and meditation followed. These are the **words of Shree Vasant** given during the fire:

Walk in Light, all of you who walk the Path of Parama Sadguru Shree Gajanan Maharaj—Fivefold Path.

*The saying goes ‘Restore your faith in humanity.’ It is high time to restore humanity’s faith in itself.
Stand on ground that belongs to all people.
Cease to separate and divide whether by race, colour of skin, religion or creed.*

*Unite all of humanity. Refuse to hate.
Then, refuse to judge.*

The saying goes ‘Restore your faith in humanity.’ It is high time to restore humanity’s faith in itself. Stand on ground that belongs to all people. Cease to separate and divide whether by race, colour of skin, religion or creed.

*Unite all of humanity. Refuse to hate.
Then, refuse to judge.*

The saying goes, “Walk a mile in another man’s shoes before you judge them.”

*There is already so much suffering in the world. Do not be one to add to it.
When you criticize or find fault, you are leaving the door open for the mind to be poisoned by the force of hatred.*

Close the door. Install a sentry at the gate.

Do not be disturbed.

Do not be weakened.

Do not be overcome, neither by greed nor grief, envy, lust, pride or anger.

Surrender all to Almighty Father.

Walk in Light.

Walk in Light.

Walk in Light.

All love and blessings in His Name.

OM TAT SAT.

(These messages are from our beloved Shree Vasant as received via Parvati during group meditations at Bhrgu Aranya in Poland.)

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



ORION, December 18, 2020

On Raising Consciousness

Yes, yes. Again, we reiterate the call to go within! Do not be fooled, cajoled or manipulated by threats being propagated via media, whether left or right, global or local.

Remain absolutely steadfast in turning your focus inward. And, no, it is neither selfish nor an act of avoidance.

It is simply the only way to establish preparedness of spirit. It is not enough to store food for months without storing positive energy within yourselves. Inside is where all the answers lie.

All these years, most of you, seekers in life, have amassed tools for inner growth and evolution of spirit. Now is the time to use these tools!

Prayer
Meditation
Concentration on Breath
Self-healing
Practices of Forgiveness.
Intuitive Healing
Self-cleansing
Creative Arts in Service

The avenues are many, the paths to Higher Consciousness are varied. The aim must be pure and true.

All prayers are answered.

Quiet your minds.
Quiet your hearts.
Prepare your inner space within to receive.
Open your minds and hearts to receive God, in whatever form you recognize to be true.

This is the way to prepare yourselves for whatever is to unfold on the world stage. Strengthen your inner resolve by joining together with ones of like minds and hearts.

When the consciousness of

humanity rises, Grace manifests!

Fear has no place in the loving heart.
Feed the faith and starve the fear.

We envision this planet surrounded by waves of healing Light. We hold that vision before you.

You choose your point of concentration.
You choose that upon which you wish to focus.

Strive to be the loving hearts you so truly wish to be.

And this is the road to peace, unity and healing of humanity.

Blessings abound.

We are,
ORION.

ORION, July 25, 2016.

On Championing the Children

As children are the future for humankind, more focus and care need to be directed toward the youth. Especially now, while stress appears to be the norm, with the environment taxed and economic situations often strained—what choices do children have?

How can they learn to create alternatives which embolden them with choice, hope and clarity?

How can they learn to MEDITATE instead of MEDICATE?

New ways of learning require new ways of teaching. If the schools no longer provide the much-needed respite of Creative Arts and Music, the responsibility must rest on the capable shoulders of those of you who rise to the occasion to inspire and champion the children.

For more information please visit:
www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!