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**FROM ILLUSION TO
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Doing more Swadhyaya, let us investigate the transitory nature of things and their impermanence.

In the manifested creation, we see that the only thing that does not change is that everything changes with transits such as the seasons, day and night, birth and death, etc.

Some would say that there are changes between things that do not change, for example:

- 1) the cyclical presentation of events through time,
- 2) the ebb and flow of ocean waves, which disappear at the shore and reappear far out on the surface constantly.

Thus, we can see that the symbol of Tao shows the relative presence of extremes or dualities within itself. White within black and vice versa.

Everything changes.

- Our bodies change.
- Our emotions change.
- Our thoughts change.
- Our family members change.
- Our friends change.
- Our relationships change.
- Animals change.
- Plants change.
- Planets change.

Everything changes, although changes can occur in seconds or thousands of years. The only thing that does not change and is



immutable, independent of time and space, is what some Spiritual Scientists call 'Truth' or 'Reality'.

**Om Asato ma sad gamaya
tamaso ma jyotir gamaya
mrutyor ma mrutam gamaya
Om shantih, shantih, shantihi**

Thus, we can understand that it does not make much sense to seek Stability, Sanity, Love, Peace, Joy, and Fulfilment in that which is transient or simply an illusion of forms, sensations, and thoughts.

What should we do?

How can we achieve what seems unattainable?

The great Spiritual Scientific Masters recommend the practices of the Fivefold Path of the Vedas: Yajnya, Daan, Tapa, Karma, and Swadhyaya.

**Yajnya Daana Tapah Karma
Swadhyaya nirato bhawet
esha ewahi shrutyuktaha
Satya Dharmah Sanatanaha**

OM FIVEFOLD PATH OM

OM SHREE OM

HOMA HEALING STORY

Dr. Susy Pineal Villota Ponce
Guayaquil, Ecuador, South America

I am an obstetrician-gynecologist, I am 56 years old, and I have many years of experience in my practice. Last year, starting in May, **my hair began to fall out, and then I started vomiting everything I ate.** In November, I told my patient and friend Jenny about my health problems. I was no longer working or employed. I fell out of bed and couldn't walk. I was vomiting a lot despite receiving care at hospitals and clinics. **I lost weight. I weighed 78 kilos and ended up weighing 38 kilos.** I kept vomiting. I felt more dead than alive. I didn't eat solids, only liquids. I couldn't walk. I couldn't leave the house. I was either lying in bed or on the couch.



Jenny with her beloved doctor, Susy Pineal.

When Jenny called me, I explained my situation to her that I was in very bad shape. I wasn't going to the doctor's office. I was locked up in my house. When Jenny came to visit me, she didn't even recognize me. When she saw me, she started crying because she didn't recognize me, even though she has known me for many years and I know her mother and sisters.

Thanks to God and to Jenny with her healing Agnihotra fire, I am recovering. Jenny came to visit and to **practice Agnihotra from Homa Therapy. I took the ash from this fire, of which she had left me a lot. I took it 2 to 3 times a day and began to sleep well,** because I wasn't sleeping before, but with this ash I was able to sleep. **My weight also began to increase and I am recovering. I can now walk perfectly. I was able to schedule my patients again,** since I had lost them completely due to not being able to attend them in my health condition.

Since June of this year, I have had no illnesses whatsoever. Everything is fine. As a doctor, I made my own diagnosis. At first, I thought it was stress, because I was robbed, I was even threatened (I was extorted), and I blamed that as the main reason for my problems. My hair started to fall. My hair was wavy, long, and black, until all my hair fell out. Now, it is growing back again with the effect of Homa Therapy.

I went to a psychologist and she sent me to a psychiatrist. I was in treatment with the psychiatrist for several months until recently when they told me that I am fine now.

When I was at home sick, I was about to throw myself off the balcony because I couldn't sleep. In my diagnosis, I thought I had cancer, thyroid problems, lupus, etc., but in the many tests I had done, nothing wrong was found.

Jenny Arana adds:

When I went to perform Homa Therapy in the doctor's house on that Sunday, I didn't recognize her. She was a different person. Since I didn't recognize her, I started crying and **I did one Agnihotra fire for her and gave her quite a bit of Agnihotra ash. I explained that it is a healing therapy with which many spectacular things have happened to me.**

The atmosphere in the house was heavy. The smoke lingered like a cloud, like fog on the floor and in the air, spreading to every corner of the house. The doctor couldn't talk much.

However, **two days after this Agnihotra, she sent me an audio message saying that for the first time in over a year, she had two clients in the morning. Then two more clients arrived in the afternoon, so, in total, she saw four patients that day. She already had the strength to attend them in her office.** How incredible!

Last week I also had an appointment with her. I wouldn't trade her for anyone else. She has been my gynecologist since I was a minor until now. I am happy and glad to have my gynecologist alive and back again, happily serving many women.

HOMA FARMING-THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Frits and Lee Ringma
OM SHREE DHAM Homa Therapy Centre
Hunter Valley, Australia

EL REGALO DE AGUA - continued



Photos: A thriving Homa garden, Frits watering and Lee harvesting Homa crops, something impossible without the well, as rainfall here is irregular.

The Beauty and Effectiveness of Homa

Over the years, we have experienced and it has been noticed by others frequently, how **the land has taken on a much greener, lush and harmonious mantle** compared to the harsh, over-farmed nature of Hunter Valley in general.

In drought, we have had so many incidents of timely rain nurturing recently planted seedlings. It has even happened that it would rain over Om Shree Dham alone, miraculously demonstrating the PRESENCE OF THE HOMA BIOSPHERE.

Another detail of this story is that **when we told Shree** what the dowser had revealed to us, Shree laughed with the sweetest laugh and said, *"You see what happens when you give something back to nature! She gives it back to you. The Devas sent the water there"*.



ECO NEWS

AN INCONVENIENT STUDY

Documentary released on
October 14, 2025

In 2016, **journalist Del Bigtree** issued a challenge to the head of infectious disease at one of the most prestigious medical institutions in the world: conduct the most thorough vaxxed vs. unvaxxed study that has ever been done. The expert took up the challenge and ran the study to prove Del wrong. That study never saw the light of day... until now.

<https://www.aninconvenientstudy.com/>
<https://www.youtube.com/watch?v=u06YE5TioWk>



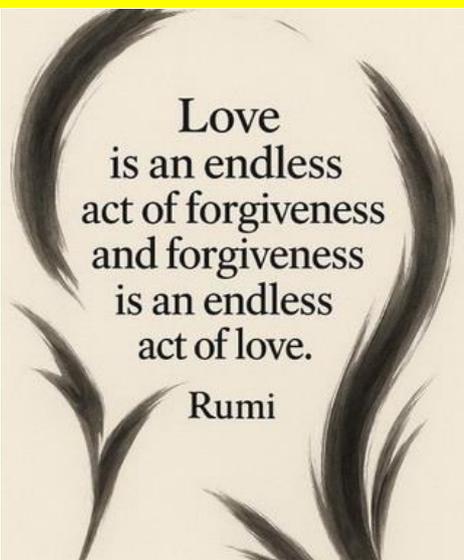
MOMS ACROSS AMERICA

Del Bigtree interview
aired on **October 16, 2025**

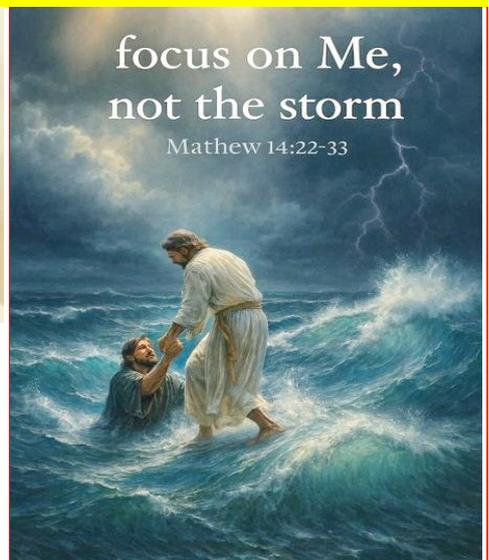
In a deeply moving interview, Del speaks with Zen Honeycutt, founder of Moms Across America, about the tragic loss of her son Ben and what his story reveals about the broader mental-health crisis affecting families everywhere. From lab results showing nutrient deficits and toxins

To see this eye-opening interview click below:

<https://thehighwire.com/ark-videos/finding-zen-a-mothers-mission-after-loss/>



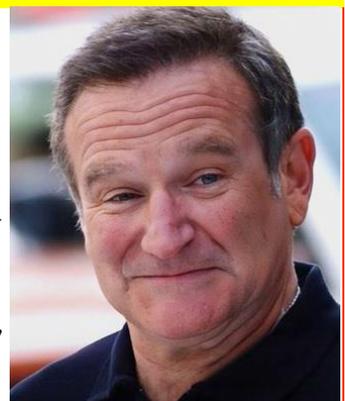
Stop using your energy to worry. Use your energy to believe, create, love, grow, glow, manifest and heal.



SURROUNDINGS DO MATTER

"Everyone you meet is fighting a battle, you know nothing about.

BE KIND. ALWAYS."
-Robin Williams



TIMES of the HOMA FIRES - GUAYAQUIL, ECUADOR, S. AMERICA



Photos above: Upon our arrival in Guayaquil, Sonia Hunter, with the assistance of Veronica and Maria Paula, organized a Homa gathering in Las Garzas de Urdesa. They also invited interested individuals to learn more about this ancient healing technique through a presentation and informative talk by Abel Hernandez.



Photo to the left:

A beautiful gathering of Agnihotris organized by Víctor Lemos and his wife Lola, downtown Guayaquil.

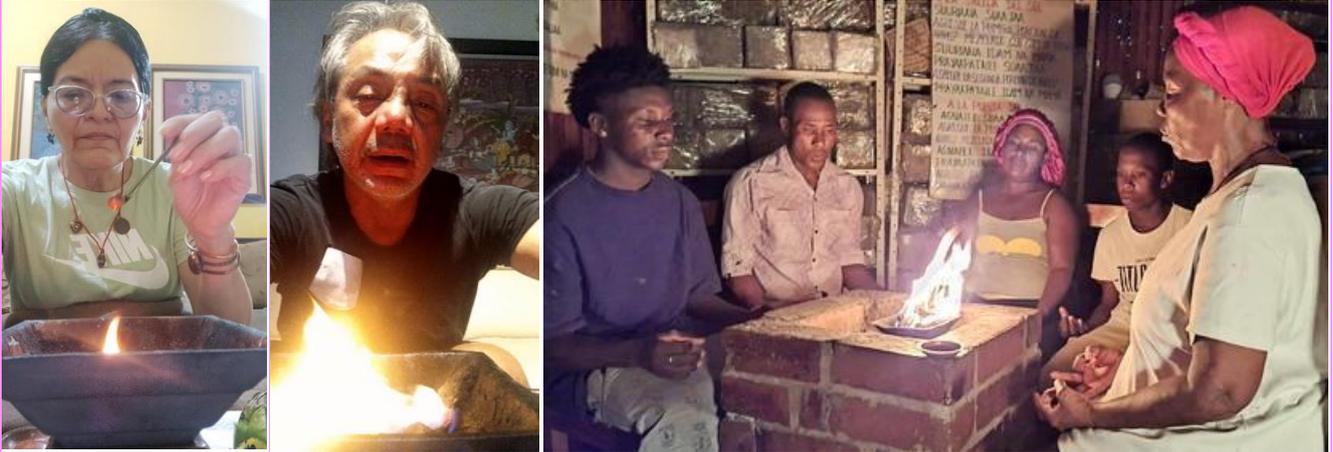
TIMES of the HOMA FIRES - GUAYAQUIL, VINCES, CHAFLÚ, ECUADOR, SOUTH AMERICA



Nun Mariana de Jesús with her mind and heart open to the blessings of Agnihotra.



TIMES of the HOMA FIRES - CHAFLÚ & GUAYAQUIL, ECUADOR

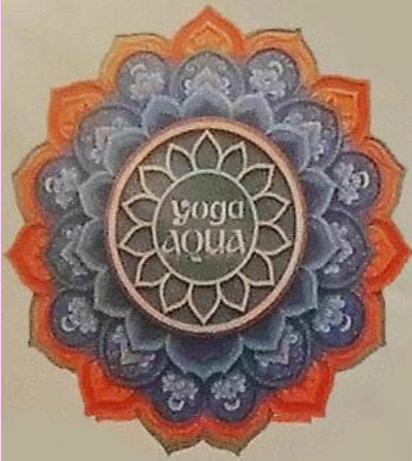


“Wherever these HOMA HEALING HOLY FIRES are performed Grace unfolds.

You heal the atmosphere and the healed atmosphere heals you.”

- Master Shree Vasant -

TIMES of the HOMA FIRES - YOGA AQUA, GUAYAQUIL, ECUADOR



**Yoga
Meditación
Sanación Emocional**

Respira, Siente y Fluye...



A healing event for body and soul with Agnihotra & Yoga at the Yoga Aqua Center.



TIMES of the HOMA FIRES - YOGA AQUA, GUAYAQUIL, ECUADOR



A harmonious, wonderful and loving Yoga-Homa event, organized by the Agnihotri couple Viviana Estéves and Mario Angúlo, & Raúl Villagran and Evelyn Gamarra, at the Yoga Aqua Center. (See photos on this and the previous page.)



TIMES of the HOMA FIRES - CUENCA, ECUADOR, S. AMERICA



A 5-day Self-Discovery Workshop organized by **Diego Rodríguez** (photo on the left) from the '**Holistic Living Center**' at a resort hotel on the outskirts of Cuenca. Participants received a wide variety of holistic therapies, including learning and practicing Agnihotra at sunrise and sunset and participating in Therapeutic Yoga classes.

Diego, who is blind, overcame all obstacles along the way and led this workshop in a spectacular way!



It was a workshop full of physical and mental activities such as yoga and thermal baths, teachings for the mind and heart, healing Agnihotra practice, therapy with horses, etc.



TIMES of the HOMA FIRES - CUENCA, ECUADOR, S. AMERICA



Every day, at sunrise and sunset, the group gathered to learn about and practice this ancient healing technique.



TIMES of the HOMA FIRES - CUENCA, ECUADOR, S. AMERICA



TIMES of the HOMA FIRES - YOGA AQUA, GUAYAQUIL, ECUADOR



Another wonderful session of audiovisual teaching and mass Agnihotra practice, followed by Therapeutic Yoga for all ages... So much joy manifesting...
Thank you, Viviana, Mario, Evelyn, Raúl and all the Yoga Aqua attendees!



TIMES of the HOMA FIRES - YOGA AQUA, GUAYAQUIL, ECUADOR



Movement and rhythmic breathing, staying in a posture as a silent observer, laughter and meditation...



“Busque a la Divinidad en todos los ojos. Mire solamente eso. No busque los defectos en otros, incluso cuando Ud. los ve. Mire más allá de ellos. Empiece esto inmediatamente.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - BUCARAMANGA, TURMEQUÉ, ARMENIA, CALI, VILLAO, BOGOTÁ, COLOMBIA, SOUTH AMERICA



“HOMA Therapy is a way one can begin the process of self-healing and assist people in breaking down barriers to success, good health and inner wisdom.

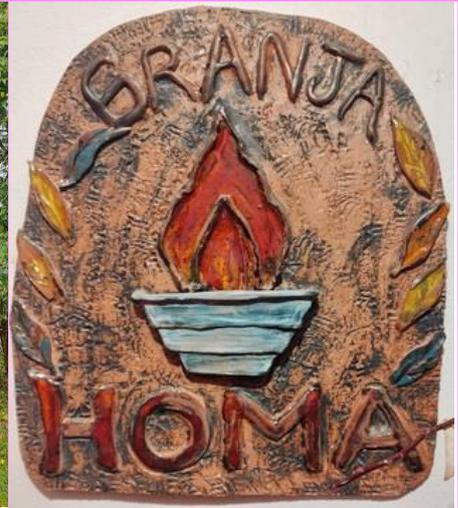
We offer Homa Therapy to continue the process of self-healing. Thus, power is given back to the individual and there is no dependency either on chemical drugs, therapists or expensive therapies.

The person has the tools in hand to achieve self-healing through practice of ancient Vedic healing fires.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - GRANJA HOMA TENJO, COLOMBIA



It was a great joy to return to the *Homa Farm Tenjo* and live in the environment charged by the healing fires that are lit daily by the residents. Here, one can feel an atmosphere of peace and calm in the midst of a green oasis, with chirping birds, majestic and diverse trees, and everywhere the sounds of nature ...

María Teresa Núñez, *the guardian* of this piece of land, cares for it with love, dedication, and awareness...

In this beautiful environment, we have been able to meet old friends, such as **Dr. Jesús Orlando**, **Mrs. Georgia**, **Jaime**, **Franklin** and many others...



TIMES of the HOMA FIRES - GRANJA HOMA TENJO, COLOMBIA

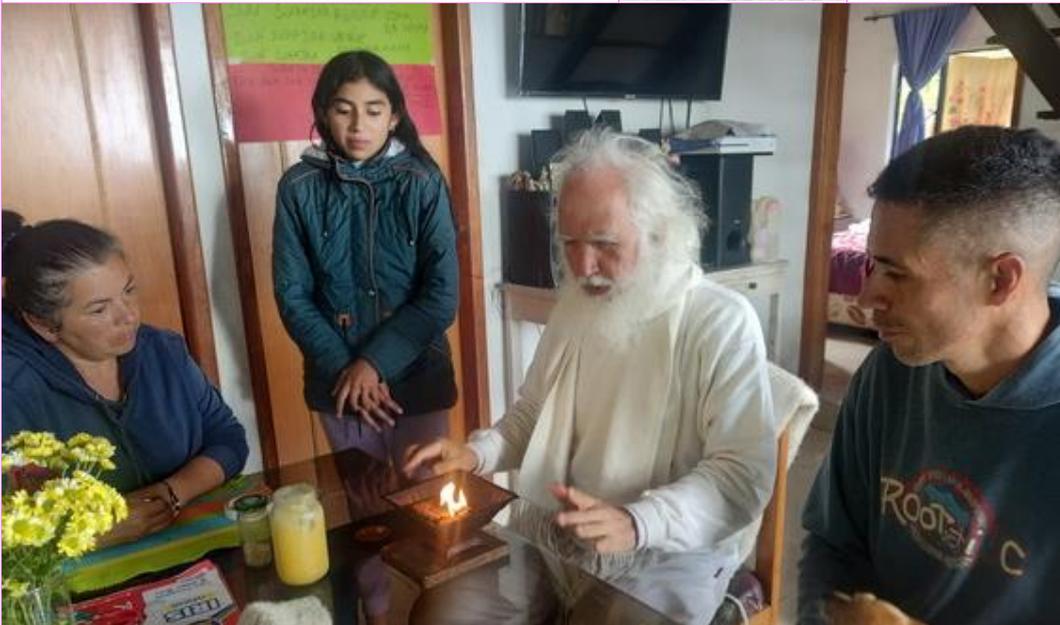


**“This is the answer to be given to all the Universe.
Let the planet vibrate the message of LOVE.
Let Agnihotra be taken to all people, all across the globe.”**

- Master Shree Vasant -



TIMES of the HOMA FIRES - EL ROBLE, COLOMBIA, S. AMÉRICA



“All peace coming now.

Heaven on earth is awaiting us.”

-Master Shree Vasant-

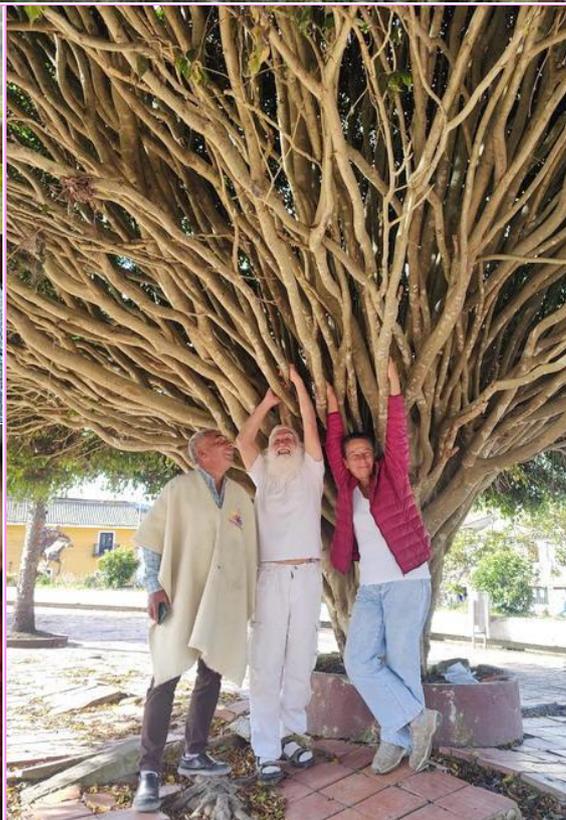


TIMES of the HOMA FIRES - TABIO & TURMEQUE, COLOMBIA



“If you take care of people in such a way that helps them to take care of themselves then you have done them a great service. But if you only take care so that they become dependent on you then this is a disservice.”

-Shree Vasant-



TIMES of the HOMA FIRES - BOGOTA, COLOMBIA, S. AMERICA

A blessed and beautiful meeting with the large family of Agnihotris from Bogotá and the surrounding area. The joy of seeing each other again, meeting new practitioners, listening, learning, receiving, sharing and celebrating Agnihotra together was a **divine gift**...

Prasadam

Vegan Food



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Explore ways to better your lives. Champion the positive and refuse to become drawn down into negative thinking. Be kind in thoughts, words and deeds. Through all trials and tribulations, never allow a moment of fear to enter your hearts. Stay focused on the Light.”

-Master Shree Vasant-



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTER PIURA, PERU, SOUTH AMERICA



“Hatha Yoga can be incorporated into physical therapy; same with psychotherapy. This could be extremely effective in HOMA atmosphere.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, LIMA & JAEN, PERU



TIMES of the HOMA FIRES - CHILE, SOUTH AMERICA



TIMES of the HOMA FIRES - CHILE, SOUTH AMERICA



Mrs. **Ana María Bello** (right) met several times with interested people to teach them the Agnihotra Healing Technique and share her wonderful experiences.



**TIMES of the HOMA FIRES - PANAMA, MEXICO,
VENEZUELA & FLORIDA y NEW MEXICO, USA**



“While we are crossing the river of life there are six crocodiles which trouble us: passion, anger, greed, attachment, pride and envy. Unless the trouble from these crocodiles is reduced, we are not going to be happy.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - SANTA FE & ALBUQUERQUE, NEW MEXICO & NEW YORK & POMPANO BEACH, FLORIDA - USA



TIMES of the HOMA FIRES - POLAND, EUROPE



Photo above left:
Dr. Barry Rathner shares: After years of looking for the opportunity, last night I did Agnihotra with my **dentist, Dr. Krzysztof Zdanowski**, in his office in Krakow!
 He was fascinated.

Photo above on the right:
Lola Alegría and her family from Spain visited the Bhrugu Aranya Eco-Village for a few hours and enjoyed a wonderful experience.



TIMES of the HOMA FIRES - ITALY, GERMANY, TURKEY & FRANCE, EUROPE & SOUTH AFRICA

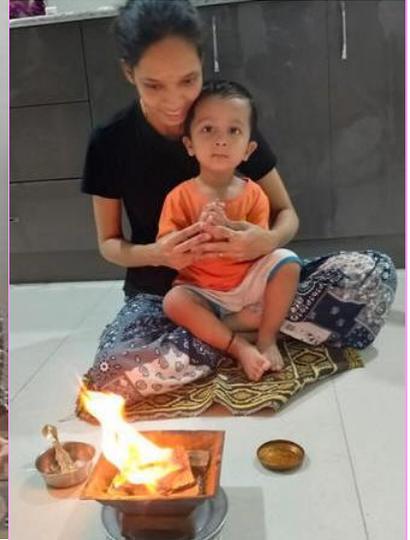
On the island Sardinia in Italy, Angeles and Pablo practice and share Agnihotra at their tourist cabins and wherever they go.



Wolfgang and his wife Nanda shared Agnihotra on their trip to Turkey, France, and South Africa. Photo above right: Varsha from Durban, South Africa



TIMES of the HOMA FIRES - NEW DELHI, NASIK, MUMBAI



***“When the fears come, they are only thoughts. Allow them to come and go. Do not support them. Understand that you have these fears. Allow for them to come up and then release them. Absolutely do not hang onto them. Do not focus on the fears. Just as in meditation, breathe in, breathe out. Thoughts come in, thoughts go out. Return to the Name of the Lord, the Mantra, Name of the Master or His Holy Feet. Then fear will go.*”**

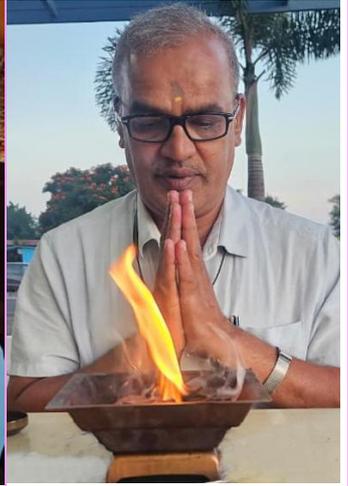
The same exercise can be done with desire. Do not suppress it. Let it come to mind, then release. If you pay no attention, it will not take root. It will be released until at last it is gone and you are free of it.”

- Shree Vasant -



TIMES of the HOMA FIRES - NASIK, DHULE, MUMBAI, BENGALURU - INDIA, ASIA

“This is the time to speak the TRUTH, to live by the Word of God and to LOVE THY NEIGHBOR in all sincerity, with all devotion. When the life is lived without fear



there are no limitations to loving. One is free to love freely and without obstacle. MANY WILL BE BROUGHT TO THE FATHER VIA THE FIRE.”

- Shree Vasant -

**Photos below:
Dr. Chandana (photo left)
teaching children
Agnihotra.**



TIMES of the HOMA FIRES - AGNIHOTRA DURING PITR PAKSH



Janardhun Nuckched
Bon Accueil, Mauricio

Agnihotra during Pitr Paksh - Sharing my experience

(Pitr paksh is a fifteen days period in the Hindu calendar during which we remember our ancestors and departed souls in the family lineage and we offer prayers for them.)

Recalling and invoking the ancestors during Agnihotra gives a special kind of feeling. The vibration is different.

After the ahuti (offering), I recalled my departed relatives whom I have seen and known: my father, my grandmother Nani, two elder sisters, Mala and Mira, the sister of my mother, Mawsi, and the sister of my father, Phuphu.

Then I mentally invoked all my ancestors: grandparents, great-grandparents, both from my mother's side and father's side, whom I have not seen as they had already passed away before I was born or before I could recollect things.

I mentally asked for forgiveness from them for any shortcomings from my part. I expressed my gratitude to them. For being born in this family because of them.

Then in meditation, I noticed a profound type of vibration, something different from the usual, something special that has come by invoking the ancestors during Pitr Paksha.

Remembering Ancestors, Respecting Elders

The days of Pitr Paksha are often windy, as if the spirits of the ancestors are roaming around the earth. It is a sacred time to remember them during Agnihotra, to offer them tarpan and pind daan (specific offerings with devotion).

Yet, there is an irony... In some families, when a parent or grandparent is still alive, their children and grandchildren hardly care for them. But when they are no more, the same children and grandchildren observe shraddh (remembrance with faith and gratitude) for them during Pitr Paksha.

There are homes where elders receive little respect. Children talk very little with them. Because of old age, elders suffer from ailments, taking medicine itself becomes a struggle. They forget doses, or even face difficulty in cutting a pill into half for the prescribed dosage.

Why does this happen? Property disputes, lack of time, or long-standing family conflicts, many reasons can be given.

Agnihotra helps to ease tension among family members. Disputes become fewer or of less intensity.

I recall one beautiful feedback of an Agnihotra experience: a son spoke again to his father, after years of silence only after Agnihotra was performed there.

Good to remember on Pitr Paksha:

To respect the ancestors.

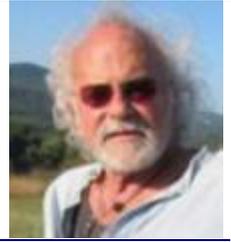
To care for the elders while they are alive.

To heal relationships with the help of Agnihotra.

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

"THE SPIRITUAL & THE MATERIAL "



We've been told that there is no difference between the spiritual and the material, that it is just how the mind looks at it.

If one perceives so-called reality through the sieve or lens of Love, alleged differences between and among people can be filtered out. What is left is a clear, unadulterated vision or version of 'life as we know it.'

Those tempted to accuse those who do this of looking at the world through rose-coloured glasses—hinting at impracticality or naivety— best look in the mirror and try very hard to then look within.

Admittedly, this is easier said than done, but in today's world, WHAT OTHER CHOICE DO WE HAVE?

One advantage or value of seeking and maintaining the positivity and relativity that Love bestows is one may detect dross before it intrudes on truth. This can be simple, but likewise rarely easy to do.

In 12-Step, it is suggested we look for the similarities and not the differences between us and others.

Nonetheless, when 'push comes to shove,' if we are to be successful in doing Higher Power's will and not our own, we must approach each and every situation with the specs, the eyeglasses—rose-coloured or not—of Love. To do otherwise is to complicate, and obfuscate, such that the goal is so compromised as to be nearly forgotten.

And that seems to be where significant parts of humanity find themselves today. God's will has been supplanted by gods of money, power, jealousy, anger, and, yes, lust.

If it feels like we are engulfed by a morass of illusions, stuck in the quicksand of ignorance—self-imposed or not—these are not delusions or unreal feelings. We are indeed surrounded by acts done and decisions made that scream of inequality, unfairness and downright evil.

And even the Roads of Best Intentions which

we know lead to Hell, are lending too much benefit of the doubt to their perpetrators. They are the epitome of pacts made with the Devil! And we are not wishing to be Devil's advocate.

"*Love thy neighbour as thyself*", seems to be suffering from an Achilles Heel injury these days. If self-love (and self-esteem and self-image...) is found to be lacking, it follows that my love for my neighbour will suffer—or, at the very least, be significantly compromised, if not irretrievably impaired.

So, we are back to "*The Only Way Out is In.*" Inexorable, isn't it? Sooner or later we must do this. We can do it the hard way or the harder way.

Looking within carries with it the added advantage of curbing our tendency to look outside of ourselves. And that is a true blessing in these times as many wonder where have all the flowers of human decency and conscientious behaviour gone?

Despite the challenges implicit here, Agnihotra and Homa Therapy make what seems impossible, possible, and what seems horrendously difficult, manageable.

This is not surprising as twice in Agnihotra Mantras comes the phrase, **IDAM NA MAMA—not my will but Thy will be done.**

Turning over our lives to Higher Power reduces or eliminates worry, stress, anxiety and fear. With these out of the picture, we can go about our lives reacting with love under all circumstances which is the essence of Homa Psychotherapy and its Mind Training Program.



WOMEN IN COMMUNION

By Catalina Espinosa

AUTHENTICITY: THE POWER OF BEING YOURSELF



I have always said that nature is a great teacher. It is an open book that we can turn to whenever something troubles us or is on our minds. These days, what has resonated deeply with me, is the importance of being oneself, the immense power that authenticity holds in this game of life.

I look at nature and marvel: each species inhabits its space and habitat with perfection. Nothing is out of place. The tree is a tree and does not try to be a cloud. The stone is a stone and does not want to be a river. Water does not pretend to become fire. Everything occupies its place, everything fulfills its function in the great symphony of life.

And yet, we humans have forgotten that essential wisdom. We have strayed from the first home we must learn to inhabit: **our own body**. And after that, the great container that sustains us: **the Earth**.

In a world where everyone seeks to be like someone else — in appearance, in activities, in the way of being — we have begun to lose our essence. We lose the divine gift of simply being ourselves, with all that it implies.

The Elements and their Authenticity

Nature and her elements show us the way:

- **Air** reminds us that we only need to breathe to return to ourselves. Breathing is the key that brings us back to the present moment, to the space where there are no masks, where we simply are.

- **The Earth** teaches us to occupy our place, to root ourselves in who we are without fear, with firmness and presence. Just as the mountain does not move to please, we too do not need to move away from our essence to be accepted.

- **Fire** invites us to alchemy: to let go of doubts, fears, and programming, and to allow what no longer serves us to be sublimated. In its transformative power lies the opportunity to return to what is authentic, lighter, purer, more real.

- **Water** is fluidity. It adapts to the container

that holds it, but it never ceases to be water. It changes state, takes different forms, but retains its essence intact. Likewise, we can live a thousand experiences, but authenticity lies in not losing who we really are.

- **Ether** —that subtle space that contains everything—reminds us that authenticity is not only personal, it is universal. When we are true to ourselves, we are also consistent with life, with the Whole.

Returning to Being

Authenticity is a sacred gift. It requires no guru, no external guide: only the willingness to return to our essence, to look ourselves in the eye and remember who we are.

Being authentic does not mean being perfect. It means **living your truth without disguise, without trying to fit into other people's molds, without forcing what does not resonate with you**.

It means allowing the air to bring you back to your center, the earth to remind you of your place, fire to transform what limits you, water to show you how to flow, and ether to connect you with the infinite.

When everyone occupies their place with authenticity, the great orchestra of life plays in harmony. And the greatest service we can offer the world is **to dare to be ourselves**.

Authenticity is power.

The power to Be you.



MEDITATION with HEALING MANDALA



“COMFORT OF SUN, INSIDE AND OUT.”

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2025

(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

SERVE TO REMIND US OF OURSELVES II



Previously, we saw the need to advance in developing who we truly are and thus, defeat the usurper (ego) that could cause us to lose the opportunities life offers us to develop our quality of being and contribute to the maintenance of life.

Current science tells us that the atmosphere, in addition to protecting us from radiation harmful to life, has a great influence on the water, oxygen, and carbon dioxide cycles, and on the regulation of climate and temperature. What is called Climate Change today is merely one of the symptoms of the deterioration of our **BIOSPHERE**. Ecological disasters and the loss of biodiversity in fauna and flora, are other examples of the imbalances in the planet's energy cycles, which make the normal development of life more difficult every day.

Amid this progressive deterioration of the atmosphere due to pollution generated by our current way of life, humanity has been blessed once again, with the Message that **Parama Sadguru Shree Gajanan Maharaj**, the Avatar for combating pollution, gives us through the **Sapta Shloki**, the Seven Verses. In these verses, he describes the scope of the comprehensive scientific content embedded in the Vedas and the importance of this knowledge for the maintenance of life and for our fulfillment.

He instructs us to turn our eyes to the Teachings of the Vedas **to rediscover the knowledge and tools to overcome the ecological and ethical crisis to which, a way of life, that destroys the environment in which we live, has led us.**

In **Verse 1** He states:

1.- Along with Creation, Almighty Father revealed the eternal principles of Religion (Law, Order, Teaching) embodied in four Vedas.

Master Vasant, when he began his mission to spread the Vedic knowledge to all continents to transform the planet through the fire of **Agnihotra and the Fivefold Path**, pointed out and reminded us:

“There is only a thin layer of useful atmosphere that surrounds our globe. Any tampering with the atmosphere leads to a chain reaction which encompasses in its sweep the physiological and psychological functioning of the human frame. We are already caught in the jaws of atmospheric pollution, jaws of death. Let us face the facts and not be complacent about it.”

Regarding Verse 1 of **Sapta Shloki**, He noted:

*“When we get a new gadget, we also receive the manual of instructions. When we promote an institution, we simultaneously pronounce the constitution for its proper functioning. Similarly, along with creation we were given the Vedas, which embody the constitution and manual for smooth functioning of creation. **For maintaining harmony in cosmic order and for lubricating the wheels of the world cycle which touches various energy manifestations on different tiers, the Vedas prescribe a code as ordained duty for man”.***

Here we have a direct allusion and description of the **MULTI-DIMENSIONAL AND TRANSCENDENTAL SERVICE** (mission, function) that human beings can and must offer to the planet to be happy and achieve self-realization.

The daily and constant practice of Agnihotra, an instantaneous compendium of the Fivefold Path that involves **Purification** and strengthening the attitudes of **SHARING, DISCIPLINE, ACTING CORRECTLY AND SELFLESSLY, and SELF-STUDY**, helps us, on the one hand, to restore the integrity of the atmosphere and thus avoid **BIOCIDE** and, on the other, to have the subtle energies to direct and control our actions throughout each day, in a permanent attitude of self-observation and alertness **to Serve and Free ourselves from selfishness.**



On Training the Mind

To learn to develop clear mind, one need not have great knowledge. If one is focused, one is open to solutions and very clear answers. Then one thing is to put all focus into each activity and quiet the mind with Mantra. If, while cooking, one is thinking, “Well, I will be going via bus to Hamburg, then I have to email my grandmother,” etc., surely the food will burn or you will forget what you are doing.

Some efforts require skill, so make every effort to learn that skill if you think it will be necessary for you in life. It is also good to be able to do more than one thing. For example, everyone eats, so it is good to learn some basic cooking skills.

Concentrate fully on each activity as you perform your task. You will find your mind being pulled from one thought to the next. At the exact moment you find the mind drifting, immediately pull it back with Mantra and again focus on the task at hand. Thus, your work becomes a type of meditation.

This is one awareness technique.

On Thoughts

Thoughts are seeds we put into the atmosphere.
If your thoughts are of love, then you help to purify the atmosphere.

On Anger

Cast away all anger. It is so simple. Pride nourishes anger. Knock out all self-importance. It is a game one plays with oneself, thinking one is important, when one is merely an instrument.

On Speech

The words we speak can give blows of love or blows of anger.
It is our choice. HIS will is love.

On Purity of Thought

All the time praise. Praise God in all you meet. Everyone is a child of God. You admire your beloved Master. This is purity of thought. Acquire this attitude of honor and humility and praise all. Always think of the other person's needs before your own. Leave aside jealousy and greed, envy and pride. Be still.

On Self-Development

Let us curb our anger. Let us curb our desires and go face-to-face with the six crocodiles which haunt us, i.e., anger, greed, lust, envy, pride, attachment, because to be a messenger of peace, one must behave as such. No one is perfect, but let us at least take the responsibility to try to attain that perfect state of, “I and my Father are One.”

In realizing one's own imperfections one must thereby inculcate the quality of compassion for others. Knowing that I myself am not yet perfect, how can I expect others to be? Let me try to understand. Let me have compassion for others. Let me never harbor jealousy, greed, anger. Let me be as pure an instrument of Divine Love as I am able to be at this time.

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



LIGHT * LIGHT * LIGHT

ORION, September 22, 2025

Yes, yes. There are those amongst you, particularly in the field of politics, who do not have the best interest of the people of the world. The ecological balance is in dire need of resetting. Yet all efforts have been directed—and, in some cases, redirected—to create CHAOS ON EARTH. For their aims, there are no borders, no boundaries. They do not respect boundaries.

Fighting against such dark intentions, such immoral and unjust actions, will not bear fruit. Focus instead on creating the world in which an atmosphere, cleansed and prepared to receive the Light, is coming to you all. If you lose all your energy and deplete your reserves as well, who will receive the powerful Light coming to all? Be aware.

Those of you who choose to move via the arena of politics, be aware and beware of those to whom you give your allegiance. In the realm of today's politics, it is like skating on thin ice.

Refuse to permit those of negative intent to disrupt and disturb your peace with a constant barrage of negative headlines created to increase anxiety and create fear in hearts of Love.

Prepare yourselves on all levels. Proper diet, one which is allowing the Light to filter through your bodies to cleanse and strengthen the cells of your bodies.

Prepare your hearts with deepened compassion, love, and with intense and intentional forgiveness toward all with whom you have disagreements.

Heal old traumas, so to free your spirit to move forward into the Light, when this comes more into being. And it will. And it is.

Create safe havens where beings can come to be welcomed by your peaceful hearts. In future times, there will be many seeking emotional refuge to embrace their spiritual truth.

Disconnect.

And reconnect with your higher selves.

FOCUS ON LIGHT.

This is the way to RESIST darkness.

LIGHT, LIGHT, LIGHT. OM.

Build these sustainable farms, communities of Light souls who have no additional agenda—only to serve and protect Mother Earth, create systems to heal the planet, and produce organic foods to sustain yourselves in future. That 'future' is NOW.

Seed the Earth with Love, safe organic seeds and nourished with as pure water as you can.

STRIVE to live in harmony amongst you. Form networks of those with like mind and hearts who wish to create a new world for their children and for their children's children.

We foresee many changes in your future on Planet Earth.

Bless your every effort to create a healing environment worldwide.

We remain respectfully in awe of the movement of Love, Life and Truth.

Blessings abound.
We are ORION.

Para más información puede ver:
www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

For more news about Homa Therapy please see the 'Satsang' magazine .