



EDITOR'S NOTE

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ECO NEWS

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& PARENTS
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**FROM INTUITIVE
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CHANGING THE MOVIE

Let us continue with more Swadhyaya (Self-study). If there is one thing that most of us enjoy, it is watching movies or television programs.

Why?

Most would say:
for entertainment

Others would say:
to learn things

Some would say:
to find out about things, keep up with the news, etc.

It seems that this trend is here to stay, although now feature-length movies are giving way to shorter formats such as YouTube shorts, TikTok videos, and others.

Now many are realizing that these movies or videos are part of a subtle programming or indoctrination to make our minds accept ideas, customs, and habits designed by certain particular groups of corporations in the areas of entertainment, media, fashion, education, food, health, economics, politics, etc.

Generally, these film series or narratives promote separation, fear, conflict, doubt, war, division, hatred, etc. to facilitate the control of the global population by a small group of "oligarchs."

How do they do it? Through constant collective programming that induces absurd obedient behavior



similar to the training an elephant undergoes to work in the circus.

However, an **"Awakening"** is also taking place, and Awareness groups are emerging and sharing a great deal of light that helps us understand that we are undergoing a transition toward Peace, similar to what is expressed in the verse:

**Om Asato má sat gamaya
tamaso má jyotir gamaya
mrutyor má mrtam gamaya
Om shanti, shanti, shantihi**

**"Take us from illusion (lies) to
truth (reality).
From darkness to light.
From death to immortality.
Peace, peace, peace."**

The Time has come to transform the fictitious weaknesses or normalized vices and induced from outside the self into Real Strengths that have always been Present Within Us.

We are moving from being mere unconscious actors, manipulated or paid to play the role of robotic sheep, to being conscious artists and producers of our own movies.

EDITOR'S NOTE - continued

Now, Mother Earth and many Brothers from other spheres and planes are assisting us in this Evolutionary Process that brings us closer to the realization that “We Are One” in essence (inside), but that manifests itself with an infinity of faces on the surface (outside).

Perhaps soon we will see films showing our internal battles between the shining virtues (truth, goodness, compassion, altruism, etc.) triumphing over vices or mental parasites (selfishness, pride,



“This is how they tie us without chains... The story of an elephant”... click on the link

<https://www.youtube.com/shorts/2UHb02I62Ow>

<https://www.youtube.com/shorts/6o1ijPMPWU4>

anger, lying, envy, lust, etc.) to liberate the Soul that has been imprisoned and chained mainly by ignorance.

And yes, yes, yes, now many ways of expanding our consciousness are being revealed, which are summarized in what we call

“The Fivefold Path of the Vedas.”

That is, the Practices of Yagnya (Agnihotra), Daan, Tapa, Karma, and Swadhyaya.

Through these practices, we can tame the senses and direct the Mind toward the Center of our Being, toward Deep Silence, toward Real Peace, toward Ecstasy or Love that goes beyond words or sensations.

The Fivefold Path assists and supports us on our journey inward until we become “ONE with the Source.”

Long live the Fivefold Path.

**OM FIFOLD PATH OM
OM SHREE OM**

HOMA HEALING STORIES

Lisa Hart

San Juan, Puerto Rico, United States

My name is Lisa; I am 61 years old. **My urine bladder was paralyzed** after the delivery of my last child when I was 30 years old. He was a ten-pound baby delivered by Caesarian section. Multiple treatments were used, including medication, physical therapy, biofeedback training, etc. **But I continued to have problems with urinating.** Finally, I was taught to visualize a waterfall and develop a reflex to relax my bladder by bending my thumb every time I urinated. This has been the case for 31 years. I accepted it and thought it would never change.



About 6 months ago, my friend, **Barbara Rogers, introduced me to Agnihotra.** I work in western medicine and was skeptical. I've never been able to quiet my mind enough to benefit from meditation. However, the warmth and smell of the Agnihotra fire and listening to the Mantra seemed wonderful. I focused on that and thought of....nothing.

(Continued on next page)

HOMA HEALING STORIES

Testimony of Ms. Lisa Hart from Puerto Rico continued:

When I went home, **I had to urinate and was shocked when I say down and did so freely.** No visualizing, no thumb bending...I even didn't have time. This has now been the case **for the last 6 months.** And I didn't do anything else that could have changed this situation of mine...it just happened like magic. **The problem is literally gone.**

When I returned to Barbara's house, I told her, because it seemed so weird. She was previously not aware of my urinary issues as it's not typical social fodder. She told me that it was because of the effect of Agnihotra and that this is the type of healing that can happen. While it was never a horrible thing to deal with, I cannot express how nice it is to no longer have the issue.

My dear friend set me up for my own amateur practice and I try to do Agnihotra with her a few times when I'm in town where I live part time. **I appreciate and am grateful for the introduction to this practice.**



Dr. Ravindra Bhosale
MBBS MS General Surgeon
Bhosale Hospital, Ahilyanagar, Maharashtra, India

Agnihotra in the OT (in India the Operating Room is called Operating Theatre):

A Surgeon's Sacred Seva

While most think of hospitals as places of medicine and machinery, God has created a space where healing meets devotion.

At Bhosale Hospital, during surgery timings, when the time for the sacred Agnihotra fire coincides, I perform Agnihotra healing fire — right in the operation theatre. I look at it as my seva. (selfless service).

What I observed:

1. Calm & focused OT atmosphere.
2. Natural fumigation & purification of the surgery theatre.
3. Spiritual grounding for both, patients and staff.
4. A sense of sacredness in the process of operation and healing.

I am practicing Agnihotra for the last 5 years and here are **some of my personal healing experiences:**

1. **My BP (blood pressure) reduced from 140/100 to 138/88.**
2. **My prediabetic condition was reversed.**
3. I only recently began **consuming Agnihotra ash for enhanced health.**

Spiritual Atmosphere in the Hospital:

-From 7 am to 7 pm, the hospital resonates with devotional music and chants.

-Patients and visitors often express, **"It feels like a temple, not a hospital."**

Bhosale hospital provides general surgical care, specializing in abdominal operation.

Final Words... "Most importantly, I try to keep my mind constantly engaged in chanting the name of Krishna."

(continuation of Dr. Bhosale's testimony on his farming experiences on next page)

HOMA FARMING-THE SOLUTION FOR THE FUTURE OF OUR PLANET!



**Dr. Ravindra Bhosale
Hospital Bhosale
Ahilyanagar, Maharashtra, India**

I use Agnihotra ash on my farm with 200 mango and other trees and the results are astounding:

- 1. Visible growth spurts**
- 2. Larger leaves** on lotus flowers and tulsi (basil) plants.
- 3. Fruit-bearing increases, even on small trees**
- 4. I observed magical effects on almost all types of fruit plants**
- 5. Due to limited quantity of Agnihotra ash, not all plants receive it at once — but even small quantities bring remarkable vitality.**

Photo left: Dr. Bhosale meditating under a young Baniyan tree.



Above: Cashew tree



Queens' Flower



Mulberry & Banana & Mango



ECO NEWS

INNER WITNESS & THE WORK MUST GO ON

By Shree Vasant Paranjpe

Our inner witness, that is our subject. Who is this *He* who resides within? What happens to this *He* all the time? If *He* resides within, why all this misery in life?
...

INNER WITNESS

SHREE VASANT
PARANJPE

THE WORK
MUST
GO ON

SHREE VASANT
PARANJPE

These Booklets and others, are now available on Amazon worldwide.

THESE BOOKLETS ARE COMPILATIONS OF SHREE VASANT'S TALKS AND WRITINGS.

INSECTS LISTEN WHEN PLANTS TALK, FINDS ISRAELI STUDY

Por NDTV, published on July 16, 2025

The research was led by Rya Seltzer and Guy Zer Eshel. There is evidence that plants and insects interact through sound, researchers at Tel Aviv University said on Tuesday, opening a new frontier in the study of acoustic communication in nature.

The study, published in the journal *eLife*, suggests that female moths detect ultrasonic distress signals emitted by dehydrated tomato plants and use this information to decide where to lay their eggs. **To see the video, please enter:**

<https://www.youtube.com/watch?v=B1Ttjk2ER2E>

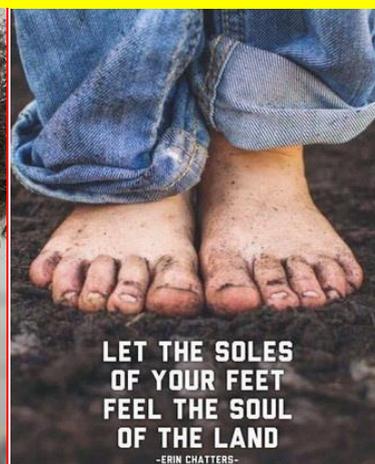


"If you are thinking positive during negative times, you've already won."



"Kindness is a language the deaf can hear and the blind can see."

-Mark Twain-



ENDANGERED ANIMAL STATISTICS & FACTS TO KNOW IN 2025

By Héctor Rodríguez, Editor and journalist specializing in Science and Nature (Updated on February 27, 2025)

There are more than 7.7 million species of animals on the planet, and more than 20% are in danger of extinction. Some of the strangest animals on our planet are walking a tightrope toward extinction. **Photographer Tim Flach** has spent more than two years immortalizing some of them—the most emblematic, curious, and striking—in photographs.

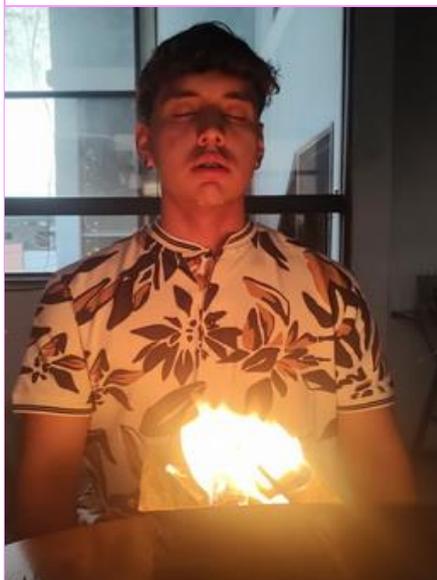
https://www.nationalgeographic.com.es/mundo-animales-peligro-extincion_12536



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



The practice of Agnihotra creates an atmosphere of PEACE, WELL-BEING & HEALTH at all levels. Agnihotra is a divine gift to humanity! It is an ancient technique derived from VEDIC Knowledge.



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



The Homa family is growing - in number and strength....
The times speak for themselves. Through the daily practice of Agnihotra, physical pains are alleviated and healed, emotional stress is relieved, and mental overload is balanced, achieving a state of peace of mind. What a BLESSING!



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Mantra is sacred instrument. Do not forget this. In times like this you should be repeating Mantra constantly.”

-Master Shree Vasant-



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



“No matter how difficult the task appears to be, the responsibility seems to be, it is a joy to undertake it. Things will begin to move at a very fast pace.”

-Master Shree Vasant-



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“We all have a special work to accomplish. You must rise a little higher to even comprehend this. You cannot pretend to comprehend. It has to be a deeper understanding. Then automatically that fear is lifted. Just think what good you can do with your life.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - on PERU'S NATIONAL HOLIDAYS



Photos on this page show the presentation of 'Therapeutic Yoga' by Marisol Carrión and the 'Agnihotra - Bioenergetic Healing' session by Javier Cruz, as part of the Municipality's festivities for PERU'S NATIONAL HOLIDAYS. With the cooperation and assistance of several Agnihotris - A Family Teamwork!



TIMES of the HOMA FIRES - HUANCABAMBA, PERU



Agnihotra in Huancabamba, a town at an altitude of almost 2,000 meters nestled in the Andes! This happened through an invitation from **Eng. Luis Tafur**, mayor, **Dr. Hernán Lizana Campos**, and municipal

manager, Miguel Mondragón. Two audiovisual workshops on Agnihotra and its effects on human health, agriculture, and livestock were given, in addition to several meetings.



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***“There is such great suffering in the world, such pain and loss.
All those who are ready by their Karma will be lifted into the LIGHT.”***

- Master Shree Vasant -



**MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE
PIURA, PERU, SOUTH AMERICA**



TIMES of the HOMA FIRES - EsSALUD, CARABAYLLO LIMA NORTE, JAÉN, PUCALLPA, TAMBOGRANDE, PERU, S. AMERICA



“Every moment is a precious opportunity to serve the Divine. If the mind is constantly affirming the Holy with Mantra then all will be done as is His Will and no one else's.”
- Master Shree Vasant -



Photos first and second row: Sessions of 'Meditation with Homa Therapy' at the CAP III Carabayllo Hospital - Essalud every Thursday. Other pics are from Jaen, Cajamarca and Pucallpa, Ucayali.

**MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE
PIURA, PERU, SOUTH AMERICA**



*“Now we are approaching the end and the beginning.
Now is the time to Love.”
- Master Shree Vasant -*



TIMES of the HOMA FIRES - GUAYAQUIL, VINCES, PENIPE & CHAFLÚ, ECUADOR, SOUTH AMERICA



TIMES of the HOMA FIRES - BOGOTA, BUCARAMANGA, PEREIRA & SANTA MARTHA, COLOMBIA, SOUTH AMERICA



TIMES of the HOMA FIRES - CHILE, SOUTH AMERICA



TIMES of the HOMA FIRES - MEXICO & PANAMA



TIMES of the HOMA FIRES - OJEDA, VENEZUELA

“You look into the eyes of those who trouble you; feel only love for them. You rise a little higher and everywhere is love. Never complain. Do not complain about those who trouble you. They know not what they do. When love comes, you will be ashamed for ever feeling otherwise. This is the way all should be.”

- Master Shree Vasant -



**Photos from Ojeda, Venezuela:
Oscar Ardila (left) traveled to Ojeda to share the practice of Agnihotra with a group of interested people. He took an Agnihotra kit that the people of Ojeda are now using to experience the effects of this ancient healing technique.**



TIMES of the HOMA FIRES - OJEDA & CARACAS, VENEZUELA



“If you are all the time thinking, “How can I help? How can I serve?”, then the question does not arise of not being good enough. If you can look back and see ways in which you have been of service, then you will have no cause for blame, self-condemnation and regret.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - FLORIDA & ALBUQUERQUE, USA



"Your only weapon is Love. With whatever you have to fight you have only this single weapon which is the strongest weapon. This is the way."

- Master Shree Vasant -



TIMES of the HOMA FIRES-HEILIGENBERG, GERMANY, EUROPE

Ms. Birgitt Heigl wrote from Homa-Hof in Germany:

“Approximately 250 visitors enjoyed the activities and the loving atmosphere at this year's summer gathering at the Homa-Hof (Agnihotra Center with farm) in Germany. The well-organized program and the wonderful weather ensured a pleasant time, good spirits, interesting conversations and new acquaintances.

We offered **guided tours** on our farm grounds and visited the Yajnya (Homa) Pavillon, where Tryambakam was performed throughout this event; the bee house; the orchards; the vegetable fields; the pond and the foil tunnel where cowdung is being dried.

We offered Homa-grown: vegetables, honey, apple juice and all Homa materials, including books. We drank herbal Homa tea with the vegetarian potluck meal.

3 events were held in the large tent:

1) Introduction to Agnihotra 2) Agnihotra for Healing the World 3) Visitors shared their experiences

This joyful event culminated with the massive practice of evening Agnihotra viewing a beautifully setting sun.” **(Please see photos this and the next page.)**



Photos: Guided tour to the crop fields, where a wide variety of extraordinary vegetables grow;

Introduction to Agnihotra by representatives Birgitt Heigl and Thomas Then; Shop with delicious Homa products.



TIMES of the HOMA FIRES-HEILIGENBERG, GERMANY, EUROPE



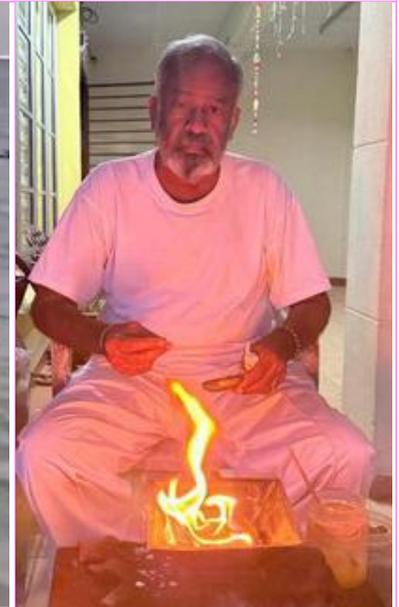
Photo above and below from the Homa-Hof Heiligenberg, showing a Healing Event for the entire planet through the Massive Practice of Agnihotra. OM SHREE



TIMES of the HOMA FIRES - SPAIN, PORTUGAL & ITALY



TIMES of the HOMA FIRES - MAURITIUS, AFRICA & KUALA LUMPUR, MALAYSIA, BENGALURU & NASHIK, INDIA, ASIA



***“Focus all energies on service.
See what you can do for each of your friends.
You will see how every small detail in your life becomes
somehow manageable and situations become clearer.
Do not look outside yourself for answers.
The personality will be less and less, more subtle.
No more sorrow, No more suffering.
No more judgment.
This is truly His message. This is joy.”***

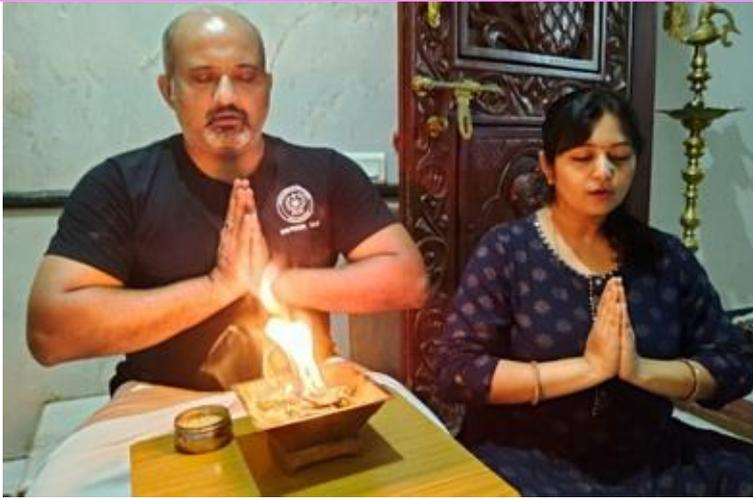
- Master Shree Vasant -



TIMES of the HOMA FIRES - NASHIK, BENGALURU, ETC. INDIA



TIMES of the HOMA FIRES - BENGALURU, INDIA, ASIA



Photos: Bheemana Amavasya celebrations with Agnihotra healing fire.

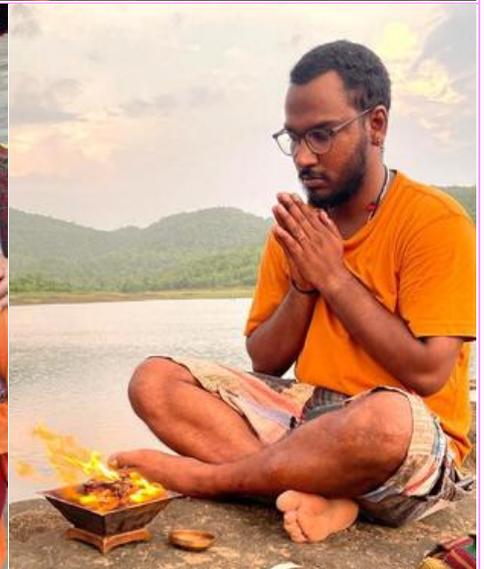
TIMES of the HOMA FIRES - BABA BERND in NEPAL, INDIA & BALI, ASIA



TIMES of the HOMA FIRES - BABA BERND in NEPAL, INDIA & BALI, ASIA

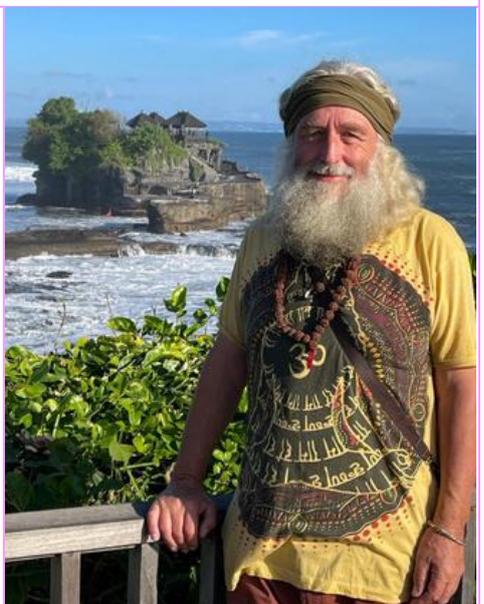


**TIMES of the HOMA FIRES - BABA BERND
in NEPAL, INDIA & BALI, ASIA**



"Do the Mantra and everything becomes so simple."

- Master Shree Vasant -



ORION on CHILDREN

Children are quite impressionable.

If they witness greed, selfishness and attachment, they will follow this example quite well.

If, on the other hand, they see the selfless giving, assisting others in need, and gratitude for all one's prosperity, they will learn these traits instead. And humility will replace arrogance.

For in the end, it does not matter if one is reach in material goods and poor in spirit. Quite the same, if one is poor in material goods and equally poor in spirit. One can be wealthy and still be free. It is this attachment that attacks one relentlessly.

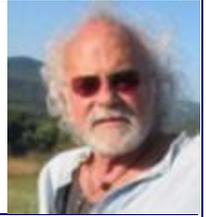
One has to make conscious effort constantly to avoid the snare of attachment.

If all you do is done with the name of the Divine on your tongue and in your heart, then certainly your pursuit of business will be blessed one thousand times fold.



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



"THE RECKONING or HOW DO WE COPE WITH THE STATUS QUO."

The avenging or punishing of past mistakes or misdeeds = the reckoning. It sounds harsh, but it is, in effect, one way of describing how the **Law of Karma** operates.

As we humans are beset with past mistakes or misdeeds, **whatever are we to do while simultaneously trying to maintain peace, harmony, and serenity?**

Our planet and we its inhabitants seem to be quickly approaching a precipice. And if steps are not taken to rectify matters, our grandchildren and their children likely will inherit a planet not conducive to life as we know it.

Unless you are a politician running for reelection, playing the blame game card will get you (us) nowhere. Were we in midst of some minor, easily correctable 'adjustments,' then maybe we could try to assess blame as in, "Who, why and what could they (we) have been thinking to create such a cesspool for the generations of sentient beings being sentenced to insufferable environmental pain — most of which was preventable?"

No, it is far too late for WHY, there is barely enough time for WHAT (to do).

Unlike Covid, we know the source of today's crises. And they didn't escape from a Chinese laboratory or an Indian ashram or a Japanese wok or the White House kitchen.

The good news is since we humans are the culprits—the usual and unusual suspects—we can look at our actual and proverbial mirrors for clues that intimate solutions. However...

"We cannot solve our problems with the same thinking we used when we created them." Albert Einstein.

Hence our source of thinking—our MINDS—need training, transformation, and serious tweaking. In truth it is way too late for tweaking—minor corrections or actions intended to make political or short-term monetary gain.

For example, GREED is perhaps one of the more egregious of the SIX CROCODILES that trouble us and create havoc (Attachment, anger, pride, lust, jealousy, greed).

If greed's base is insecurity—as opposed to plain old evil—then what? It is an intense and selfish desire for wealth or power and it is more dangerous than a pandemic.

If some of us are not hopeful about the future, we can hardly be blamed. Why? Because what is being screamed from the rooftops is the apparent UNFAIRNESS of just about everything, ranging from dereliction of duty to help the poor and helpless, to unconscionable destruction of air, soil, water and other resources upon which all of us depend.

In the 1976 film, "Network," Howard Beale shouted from the rooftops, *"I'm mad as hell, and I'm not going to take this anymore"*.

In 2025, it is likely too late for mere anger—righteous or otherwise. 'Getting even' is more to the point if we are to soothe our bodies, minds, and souls.

Idam na mama—not my will but Thy will be done.

The truth is we can go about our lives secure in the knowledge and embraced by the feeling that an omnipotent Power is taking care.

But our welfare is not a spectator sport that allows us to lean back and observe as if we were at a basketball game.

We absolutely must do our part to improve matters. The awesome power of Agnihotra has given us the tool to do so.

It is an antidote to the horrible environmental fix we have gotten ourselves into. It can 'heal the atmosphere' and allow the atmosphere to heal us.

We are all in the sinking boat of today's reality. The life-saving raft is a small copper pyramid healing fire done at each sunrise and sunset.

WOMEN IN COMMUNION

By Catalina Espinosa

THE FIRE, MASTER OF TRANSMUTATION.



There are five elements: **air, water, earth, fire, and ether**, each with its own strength, energy, and power.

On the path to remembering our divine essence, it is essential to reconnect with the power of each element, for in their nature lie many keys to our being.

However, there is one element that all of us gathered here, have in common: **we have chosen Fire as our Master**; as a guide, as the great alchemist that can transform and sublimate everything it comes into contact with, returning it to its purest state.

It is said to be the only element capable of penetrating the veils and revealing the original essence, as in the ancient techniques of the Homas (Yajnyas), where the offering is turned into coal, a symbol of what has been liberated and transformed.

Therefore, in this time of returning to ourselves, we must allow ourselves to experience the alchemy of Fire: **transmute the densest parts of ourselves—our programming, our fears, and our doubts—into the lightest and most luminous: love, divinity, consciousness.**

Today, there is a wealth of information about the “spiritual path,” and many confuse it with repeating Mantras, dressing in a certain way, knowing or using Sanskrit terms, etc. This helps, but if there is no path of inner purification, it will be incomplete.

There is cleaning, sweeping, burning, tearing up old notes, throwing away old things, etc. I believe that true spirituality begins in the simple things of everyday life. And above all, in the ability and courage to look ourselves into the face and recognize with the nakedness of the soul:

knowing and acknowledging one's dark sides, one's gray areas; recognizing one's contradictions, realizing that one speaks of love but excludes those who are not like oneself; saying that one is not this body but continuing to identify with the role one plays.

These are times of fire.

Times when we turn to ashes and from there remember our true nature. Times when we let go of the persona and allow the self to express itself, without fear, jumping into the void after we have dismantled everything and discovering that we have wings and can fly.

The moment has come to take the place that each of us asked for in this great dream, and fulfill what we came here to be. Not from the ego, not from the role, but from the truth of the Self.



!May the fire purify us and return us to the truth that we are!

MEDITATION with HEALING MANDALA



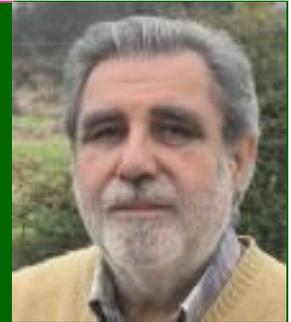
“Healing roots; Wings of Light;
A Heartbeat from a tree; Comfort.”

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.
Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

FIVEFOLD PATH & SELF-REMEMBERING

By Eng. Hector Rosas Almonacid

KEEPING IN TOUCH WITH NATURE'S CYCLES
TO KEEP IN TOUCH WITH ONESELF.



Due to those coincidences or synchronicities that happen, as I was finishing the previous article, "Keeping in Touch with Nature to Keep in Touch with Oneself," a sister of Fire shared with me information about what in India is called "**Brahmamuhūrta, The Hour of the Creator.**" This moment occurs approximately 1.5 hours before dawn. It is a 48-minute period between 96 minutes and 48 minutes before sunrise.

As a complement to the previous article, I would like to share some information about this special moment, according to what **Brahmamuhūrta** teaches, which etymologically means:

Brahma: The Supreme Reality
Muhūrta: a Vedic unit of time (48 minutes)

According to our current way of life, most people awaken when the whirlwind of life is already in full swing, and daily occupations absorb all their energy and attention. The ancient Rishis awakened at the Hour of Divinity.

An hour and a half before sunrise, the atmosphere is "relatively pure," luminous, calm, and balanced. There is only silence and stillness. (Sattva Guna, without Tamas or Rajas, according to Ayurveda).

This is when the body, mind, and soul align most easily. The world has not yet distracted us. Our ego is asleep, but our consciousness is a little more awake, allowing for meditation that penetrates more deeply.

It is an auspicious time to meditate, study the Vedas or other sacred texts, and **prepare for Sunrise Agnihotra.**

These special conditions allow for deep calm, a serene mind, clear thoughts, and a creative flow. They allow for a connection with the **Source**, without haste, without

clutter. Only Truth.

During these moments, one can sit in silence, chant a simple mantra, read a chapter or verse from the Gita or the Upanishads, walk barefoot on the earth, or simply listen to the silence.

Our ancestors governed and aligned themselves with this time. **Master Vasant** also told us that "**We must return to the ancient way of doing things.**"

What science is discovering today in the 21st century, the R̥sis experienced thousands of years ago.

At dawn

- The brain is in the theta state: ideal for intuition.

- There are high levels of melatonin, which implies a natural inner calm.

- Cortisol is still low, and therefore, there are no stress triggers.

- Memory, learning capacity, and clarity are in optimal condition.

Brahmamuhurta hour is the best time to create yourself. Just as a new day is born and the darkness begins to dissipate, we too can begin to be born into a new life of fulfillment and harmony.

"He who seeks health and long life should rise in **Brahmamuhurta**".

The tender seedling of spirituality must be protected and nurtured with impressions, actions, and companionship until it grows (and transforms) into a robust tree.

Agnihotra is specifically stipulated to help you know who you really are. It helps you establish intimate contact with your own identity.

It's not about doing. It's about Being.

**A Devotee Shares:
Experiences with Master Shree Vasant**

By Anne Godfrey, Australia

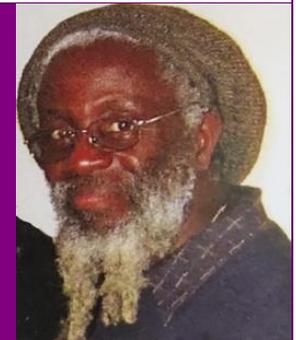


Shree Vasant has been for the past twenty-three years, a steady beacon of Light which has guided me unceasingly towards truth, love, strength, joy and true happiness. It has been said one cannot make a silk purse out of a sow's ear, but Shree picked me up from an indulgent, unhappy, vain and empty existence and gradually with the regular practice of Agnihotra, wore away the illusion, the darkness and ignorance which had blinded me.

I have come to know that every single life matters. That the Light of every life can diminish with every thought, word or deed – just as the Light of every life can grow brighter with every thought, word or deed. That every moment counts, that we can harm and damage ourselves, each other and our Earth – just as we can heal ourselves, each other and our Earth. Through choosing Agnihotra and this Path of Light, I have chosen to heal.

**A Devotee Shares:
Experiences with Master Shree Vasant**

By Dr. Henry Gregory, U.S.



Thinking of Shree Vasant's compassion, one particular incident comes to mind. Thirty years ago at the Agnihotra farm in Baltimore, I was being given a personal Mantra by Shree Vasant.

During this private meeting, we discussed my work as a mental health professional. At the time, I was working impoverished inner-city neighborhoods. Shree Vasant's concern was obvious as He explained that increasing environmental stresses, lack of resources and negative habit patterns were creating insurmountable obstacles for many city residents.

I was trying to assimilate the seriousness of His statement when I became aware that Shree Vasant was quietly shedding tears.

Although I felt sorrow for the implied fate of so many inner-city residents, I somehow felt validated and comforted by Shree Vasant's tremendous compassion.

When working on healing, growth and development of others, I think of Shree Vasant's tears as I encourage men to trust and respond to the sensitivity and gentleness that lives within tender hearts.

From the book: **Messengers of the Sacred Fire**
The extraordinary Life & Works of Shree Vasant Paranjpe by Parvati Rosen-Bizberg

**April 13, 2025 - SHREE VASANT
ON ATTUNING WITH DIVINE WILL**



We asked: Could You speak more on attuning free will with Divine Will?

"In the early days, when We began teaching Fivefold Path, particularly in United States, everyone was quite young and sometimes they would interpret the concept of surrender in a very simplified manner. They would say, "I follow whatever I am told to do." But beyond that, one has to develop one's own intuition and sharpen that ability to see what Divine Will is and to attune one's own will with that Higher will. It is not a simple, 'I do whatever I am told to do.' Because many times there will be no direct instructions—unless one is truly clairvoyant.

For the normal devotee, it is a process of learning how to truly realize what is Divine Will. That can only come through prayer and meditation, through silence, repeating of Mantra

or sacred name. And always one has to remain diligent with one's effort to attune to that. It is so easy, especially now, with so many global issues, to slip. One has to remain on one's toes, that means really focus.

And why attune one's will with Divine Will? One feels drawn or called to be of service to all of humanity, in one way or another. So quite naturally, when one has to navigate oneself through the highs and lows of life, facing all life's challenges, one has to keep one's eye on the Light. There's a saying in America, "Keep your eyes on the prize."

When that realization dawns, one begins to see clearly what one's higher purpose is, and how one's thoughts, words and deeds can reflect that attunement. No matter how difficult circumstances are outside, one begins to feel an inner peace, a knowing—and that leads to the ultimate state of, 'I and my Father are One.'

The greatest gift you can give to others is not in telling them what Divine Will is for them, but in showing them and inspiring them how to begin to attune their own free will to Divine Will. So, you don't tell them, "You should be a writer or actor..." something like that. You don't tell them where or how they should live. You just tell them about that pathway to that higher awareness, because, when one has truly reached that awareness of what is Divine Will, that is when true humility dawns.

That is another reason to teach people Agnihotra, meditation, even prayer, introspection. These are building blocks for the people to help them to go in the right direction, in the Light direction.

We cannot do it for you, but We can show you the way.

All Love and Blessings.

All Light upon the Path.

OM TAT SAT"

(These messages are from our beloved Shree Vasant as received via Parvati during group meditations at Bhrugu Aranya in Poland.)

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



March 9, 2025

ORION - LIGHT WILL PREVAIL

Yes, yes. We have seen these days coming many years ago. These are NOT the times to give into fear nor uncertainty. You have been subtly trained for these crucial times in history for years—all of you.

Some of you are living in dread of what is to come, fearing you have no voice in the face of tyranny. However, **all** your strengths lie within.

Focus on deepening your prayers and meditations. Embrace all that has been given and revealed to you as Truth. You know the way to the Light. Now, follow that way with all strength of Faith.

It goes way beyond the politics of the day. It reaches into the heart of humankind. And this is a journey into the soul.

Sow seeds of Truth and loving kindness, with prayer and with the Grace of forgiveness in your hearts.

Fear, hatred, revenge, resentment, worry—all are old instruments which cannot bear fruit in today's harsh reality.

Harbor and protect Faith. Allow yourselves to live a life of devotion and prayer, while actively being resilient in the world. You have the invisible support of your planetary family in the Light. We will not abandon you.

Go within.
Strengthen your borders.
Refine your inner journeys.
Rest in the assurance that Light will overcome darkness.

Be in Light always, dear ones.
Your beloved planet is our responsibility to guard.
We will be with you all.

We are in your service. We are, Orion.

June 3, 2023 **On Gratitude, Forgiveness and Evolution of Spirit**

Yes, yes. In these turbulent times, one must be absolute and resolute in tending one's inner garden. Therein lies the seat of your power, the landscape of your soul.

It is also a time crucial in one's own evolution and in the evolution of humankind when every moment matters.

If, in previous years, you went into meditation from time to time, it is high time to increase your efforts in the subtle realms.

There has never been a time like this in the world. Consciousness can be elevated quickly by attention to the inner work, the inner world.

Cultivate the fine art of gratitude, which fuels forgiveness in your hearts.

It is ESSENTIAL to forgive all who may have harmed you, hurt you, or aimed false accusations toward you. All past slights, all present slights—**FORGIVE.**

Into the next dimension, one must travel light. Release old baggage from the past, let it go NOW.

This planet is also heading toward Light. **THERE IS NO NEED FOR, AS WELL AS NO PLACE FOR FEAR ON THIS JOURNEY!**

Those of you who have entertained the misbegotten guests of Fear, Anxiety, let them go! If they come tapping at your windows, knocking on your doors—pay them no mind. Rest assured, dear beings of Light, you will not need to reside in a fearful state anymore.

The times are so heightened that fears, even old ones based on trauma—your own or your ancestors' or the collective conglomerate of fears—are able not only to be released but absolved into Light.

Power is at its zenith. These are great times for **EVOLUTION OF SPIRIT.**

We are moving at the speed of Light.

Blessings abound.

We are,
ORION.

www.oriontransmissions.com