

MERRY CHRISTMAS

and a BLESSED YEAR 2024

May the LIGHT always GUIDE us!

"Let us pray from the depths of our hearts for the advent of a League of Souls and a United World. Even when differences of race, creed, color, class and political prejudice seem to divide us, as children of one God we possess, nevertheless, the capacity to feel in our souls the brotherhood and unity of the whole world. Let us strive to create a United World, in which each nation fulfills its valuable role, guided by God through the enlightened conscience of man."

We can all learn to eliminate hatred and selfishness from our hearts. Let us pray that harmony may reign among the nations and that all may march hand in hand through the portal leading to a new and better world."

-Paramahansa Yogananda-



"Do not think of yourself as anything other than a Divine instrument through which Light passes on to others. You will experience immense joy from this unfoldment. The transformation is unfolding within you. Be full of love as I have always seen in you. Now it is free to come out. May each day bring more and more joy."

- SHREE VASANT -

To participate in the Homa Marathon around the world, please register for the 11 consecutive days of Tryambakam Homa. Thank you for joining!

For more information

[About this Event and how/where to register, please click on top of this line](#)
[and for the time table listing, please click on top of this line.](#)

Please also see pages 35 & 36 in this HomaHealth Newsletter.



EDITOR's NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTS

**CHRISTMAS
HEALING EVENT**

**CHILDREN,
& PARENTS
& EDUCATORS**

**HOMA
PSYCHOTHERAPY**

**WOMEN IN
COMMUNION**

**MANDALA
MEDITATION**

**A DEVOTEE
SHARES**

**MESSAGES FROM
SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

BEING

Let's continue with more
Swadhyaya (Self-study).

Who am I? What am I?
What am I? How am I?
Where am I? When am I?
Why am I? How long am I?

Or simply:

Am I or am I not?

Depending on our
perspective, the answer can be
very complex or very simple.
For example, the location of a
point on the body of a three-
dimensional sphere can have
countless possibilities, right?

Or there is only one, the
Center.

Similarly, does the age or
duration of a point depend
on your definition of time?

How many logical answers
are there to the following
questions?

What are you like?

What am I like?

The body, emotions,
thoughts, etc. change.
Thus, we can realize that
experiences related to time,
space, movement, well-
being and transformation
are also innumerable and
they vary according to the
observer.

**If Everything is in
Continuous Change, then
Everything is Transitory.**

**And it seems that
Everything is an
Appearance, an Illusion in
this Dimension.**



**Everything Changes when we wear
the different clothes (in the different
bodies, in the different planes, in the
different dimensions, in the different
universes, etc.), until we merge with
the Source and Realize ONENESS.**

**Only Truth is Immutable.
But what is Truth?**

The next question:
**Is there a dimension in which we
can experience Immutable
Reality, Stability, Peace, Light
and Understanding beyond the
mind?**

**Is there a State of Unity beyond
the apparent separation of
being the part or the whole?**

**Can there be knowledge beyond
the logical intellect?**

**Spiritual Scientists tell us that the
Practice of the Fivefold Path
(Yajnya, Daan, Tapa, Karma and
Swadhyaya) can lead us to the
answers, Self-Realization, etc.**

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om poornamadah poornamidam
poornát poornamudachyate
poornasya poornamádáya poorname
wáwashishyate Om shántih shántih
shántihi

**OM SELF REALIZATION OM
OM SHREE OM**

HOMA HEALING STORIES

Carolina Londoño
Armenia, Quindío, Colombia, South America

I have been doing Homa Therapy for 3 years. I experienced the healing of my thyroid. I took thyroid pills for 12 years. I have not taken these pills for 2 years now, because they were suspended. I know this happened due to the practice of the Homa fires, because **as soon as I started practicing Agnihotra daily** and drinking water with Agnihotra ash, I saw the improvement.

I had **hyperthyroidism**. I no longer take any pills because the endocrinologist did no longer prescribe them. All the tests are normal. But all the doctors had told me before that I had to take this pill for life. But I am not taking it for 2 years; **the tests are perfect and I feel perfect.** (Photo: Carolina Londoño doing Agnihotra.)



Diana Cristina Duque - Pijao, Quindío, Colombia

A young man working on my farm cut his finger deeply with a machete. He cut part of his fingernail. I was really worried when I saw the wound. At that moment, since we were in the field, we just placed some ordinary local leaves on the wound. Then, we went to the house to put **Agnihotra ash directly** on this cut. **The bleeding stopped immediately.** After 2 days, the young man returned to the house and asked for more Agnihotra ash, saying that his wound was closed. **Agnihotra ash is an excellent healing agent.**

The practice of Agnihotra has helped me personally a lot. Before knowing the Homa Fires, which I learned through mother Dorita, **I cried a lot and I was very sad. Now I feel that I am emotionally balanced. I feel that I am no longer so attached to things or people.** I suffered a separation and I had a very strong sexual attachment with my ex. I felt that I could not live without him.

Now, **after a short time practicing Agnihotra, I feel a balance. I am calm. I manage my energy very well.** I feel like doing many things. I am more mentally centered. Emotionally, I enjoy to be alone. I do not feel that I need to have a partner, and that necessity went to the past.

I am focused on serving and helping others. I direct this energy into being and making light. I feel better about myself. I have learned to let situations flow. **I have more peace of mind and more happiness.** OM SHREE

Olga Gutiérrez - Armenia, Colombia, South America

At this moment I am in Botica Sol and **la Homa Therapy here has been a blessing for me**, because thanks to it, I am now a very calm person. I take things very calmly, and I assimilate problems very easily. I am 100% changed. **I see everything beautiful, things and people. I am happy!**

Here I participate in the Homa fires, because I do not always do them at home. I take the Agnihotra ash every day 3 times and I have also given it to my family. And I have observed the changes, the tranquility. I have a lot of strength to face the things that come up in life.

Homa Therapy is my happiness. Eight days after doing Agnihotra in Botica Sol, I experienced a total change. I had gotten very ill watching how my marriage got out of hands. Before, I complained, I was a crybaby. I begged for love. I had many attachments.

But exactly on the eighth day, I was no longer bothered by this situation. I accepted it as it was. **I could let go of my attachments. Since then, I am calm. I feel peace. I feel blessed and everything is wonderful.** (Photo: La Mrs. Olga telling her testimony.)

What has helped me? The fires of Homa Therapy! **I am very grateful to Mrs. Dorita and all the staff from Botica Sol** for creating this space to help to heal ourselves.



HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



Efficient Microbiology of Native Forest in Homa atmosphere - RETURNING THE MEMORY BACK TO THE SOIL

By Karina Ohme, Satsang, Chile

In Chile, almost half of the territory is degraded, a percentage that increases in the central part of the country. Deforestation, the indiscriminate use of agrochemicals in agriculture, forest fires and various human activities have caused the "death" of the soil, generating erosion and causing the desert, which is located in the northern part of the country, to advance an average of 3 km per year towards the south.

Recovering the memory of the soil, its Life, is today an urgent challenge.

The Satsang farm is located in the coastal mountain range of central Chile, in a zone of priority ecological protection in the district of Curacavi, a few kilometers from Santiago. A large part of the hills of this area, which were once impressive forests, is now mostly deforested.

The mountains where Satsang is located are part of the 'El Roble Priority Conservation Site', with endemic species of flowers and fauna, some in danger of extinction.

Almost 11 years ago, when I first came to Satsang, I fell in love with its native forest, its majestic trees and a welcoming and embracing nature. Since then, we have held the Homa Fires in this natural refuge, creating an ark of ancestral seeds, as recommended so many times by Shree Vasant.

And this year, guided by Carolina Morales Pavez, an agronomist specializing in Homa regenerative agriculture and in charge of the Agriculture Commission of the Fivefold Path Foundation Chile, we have begun to develop a line of research in efficient microbiology of native forest in Homa atmosphere, to reproduce it and help restore the memory of the soils of our district and other areas of the country.

On two occasions during this year, samples of the efficient microbiology of the Satsang Native Forest that was reproduced and of the Homa Biosol were taken and sent to laboratories for various analyses. The results obtained were presented by Carolina at the III Chilean Congress of Agroecology held in November in the city of Temuco, Araucania Region.

(Photos below from the presentation of Agronomist Carolina Morales at the 3rd Chilean Agricultural Ecology Congress.)



HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

RETURNING THE MEMORY BACK TO THE SOIL - continued

The results obtained so far are fertility indicators:

Indicators	Unit	Activated Liquid Microbiology	
		Biosol Homa + MO Uoma	Curacavi (Homa)
pH		3,9	3,2
CE	dS/cm	4,2	3,8
Organic Matter	%	2,9	6,1
Organic Carbon	%	1,6	3,4
Total Nitrogen	%	0,03	0,03
C/N ratio		53,3	113
Phosphorus (P205)	mg/kg	552	941
Potassium (K2O)	mg/kg	580	672
Calcium (CaO)	mg/kg	690	600
Magnesium (MgO)	mg/kg	430	400
Iron (Fe)	mg/kg	28	50
Manganese (Mn)	mg/kg	4	5
Boro (B)	mg/kg	8,7	16
Copper (Cu)	mg/kg	< 0,01	< 0,01
Zinc (Zn)	mg/kg	2	3

Source: Agrolab, 2023 - work order No.: 189422

Carolina Morales Pavez explains that "both products show that the main nutrients required by plants for their development are available: Nitrogen, Phosphorus, Potassium, Calcium, Iron, among others.

However, for both bio-inputs, the carbon - nitrogen (C/N) ratio is exceeded, therefore, some adjustments must be made to the recipe so that this indicator can also be reduced. Ideally, it should be between 25 - 40, that is, both C and N should be available to the plants".

The carbon is an energetic component that is part of the structure of plants and microorganisms, while the nitrogen supports the synthesis of proteins for the growth and

development of plants and microorganisms.

When comparing the two, the native liquid microbiology shows higher values in the general fertility indicators. Carolina emphasizes that this generates the opportunity to continue researching, with both bio-inputs, in aspects such as:

- Making adjustments to the recipe to regulate the fertility indicators of interest.
- Merging both bio-inputs and performing laboratory and field tests.
- Applying this product in nursery and field plants in different dosages and application times, for different crops under scientific methodology.
- Recording and disseminating the results.
- Sharing skills and competencies so that people can develop it autonomously and/or have access to biostimulants with Homa Therapy applications for nutrition and soil conservation.

With respect to the existing microbiology, the results showed that per gram of sample there are about 15,000,000 bacteria, of which 90% correspond to bacteria of the genus *Paenibacillus* and *Lactobacillus*. "This genus is associated with the solubilization of phosphorus in soils," explains Carolina; "it is their ability to produce a wide variety of antibiotics and inhibit the growth of diseases in the soil, among other benefits."

Primary tests

Item	Results*
Aerobic mesophilic count (bacteria) (28°C, 24 hrs.)	2x10 ⁴ UFC/gr (20.000)
Aerobic mesophilic count (bacteria) (28°C, 24 hrs.)	1.5 x 10 ⁷ UFC/gr (15.000.000)

* All samples were grown in triplicate.

UFC/gr; colony-forming units per gram of sample

HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

RETURNING THE MEMORY BACK TO THE SOIL - continued

Item	Results*
Total fungi count (filamentous) (28°C, 48 y 96 hrs. medium YPD)	48 horas: 1×10^4 UFC/gr (10.000) 96 horas: 1×10^5 UFC/gr (100.000)
Total yeast count (28°C, 48 hrs. medium, YPD)	2×10^4 UFC/gr (20.000)

* All samples were grown in triplicate.
UFC/gr; colony-forming units per gram of sample

Source: GS Biotec, 2023 - Invoice No.: 121

With respect to fungi, the results indicated that, per gram of solid sample, there are 100,000 fungi. In future studies, it is necessary to study the genus and/or species to which they belong.

It is important to highlight that both bio-inputs are shown as potential natural fertilization products for plants and crops. If people wish to produce them in their homes or farms for their gardens or productive systems, they should evaluate whether they have the necessary materials to carry them out.

For example, for Biosol you need: cow dung, worm humus, Agnihotra Ash and Shree Yantra (see methodology in a previous Homa newsletter).

Efficient microbiology requires bran (ideally from agro ecological production), sugar (ideally brown sugar from agro ecological production), native forest soil*, milk, Agnihotra Ash and the Shree Yantra (see methodology in a previous Homa Newsletter).

"We are waiting for other laboratory results, in order to continue providing information and contribute to research in regenerative agriculture and the benefits of bio-inputs made with Homa Therapy applications," concludes Carolina Morales Pavez.

To recover the memory of Life... for our soil, our food, our forests and environments. So, we recover our own memory of how-to live-in harmony with Nature and with all beings, with Love and respect for ourselves and for all others, a desire that is becoming more and more possible every day... May our Light continue to be lit, to illuminate Hope.

*It can be any vegetation zone, from wetlands to desert forests, sclerophyllous, Valdivian, Patagonian forest (in the case of Chile), as well as river beds, streams, tributaries, etc. Ideally, no intervention is desirable; however, sometimes these options are not available.

Photos below from the workshop given by Agronomist Carolina Morales Pavez on "Efficient Reproduction of microbes in Native Forests."



HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Maria Teresa Nuñez

The guardian of the Homa Farm Tenjo, together with the residents and employees of this miniature paradise, are keeping the Homa fires alive since over 16 years. These 16 years of Homa fires can be felt in the air, in the wind, in the water, in the earth, in the environment through the healing vibrations, in the silence, in mother nature's breath, ...

(Please see also HomaHealth Newsletter # 211, pages 19 and 20 and in this Newsletter pages 21 and 22.)





THE DRUMMER

- PEACE ALREADY EXISTS BETWEEN PEOPLES THE PEOPLE

Cantado en una terraza de Belén, por un Árabe, un Palestino, un Israelí, un Italiano y una Norteamericana.

(Who really is behind the making of wars, where so many innocent suffer?)

To listen to this beautiful interpretation, please watch:

<https://www.youtube.com/watch?v=Lbl-OAw7zu0>

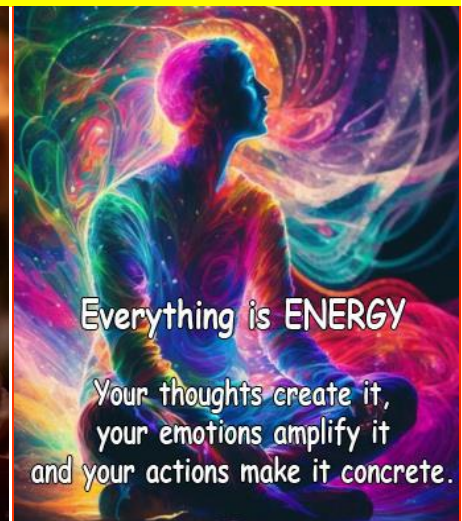
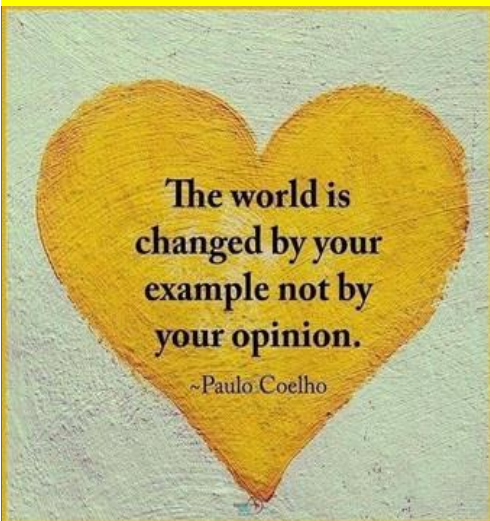


Silent Death: Europe's big pesticide problem and a biodiversity crisis

(However, the European Food Safety Authority reports precisely the opposite, a decrease in toxic pesticides.)

Investigate Europe

<https://www.youtube.com/watch?v=t5BO5uTTFs>



The energetic 'Masaka Kids Afrikana' wish us a Merry Christmas. (Click on photo.)

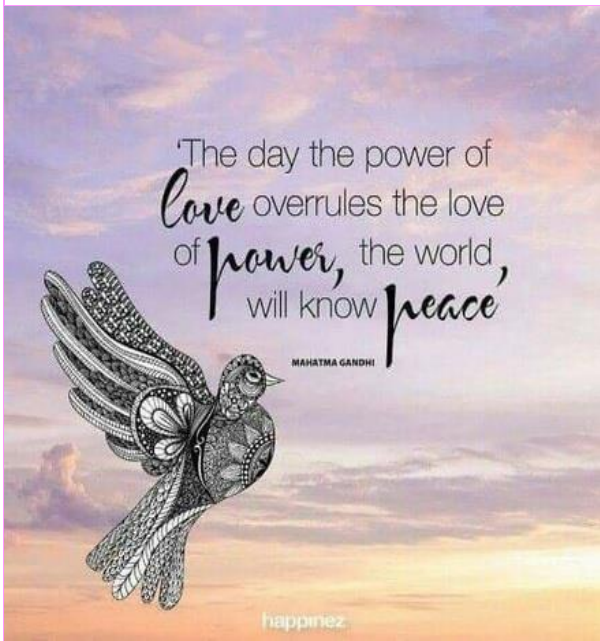
"I promise myself that I will enjoy every minute of the day that is given me to live."

Thich Nhat Hanh



Beautiful shadow dance. (Click on photo.)

TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



Photos above: Joaquin, 5 years old, practicing Agnihotra for the first time in the company of his little baby sister Leticia. Also, Emilia, his older sister, knows how to practice Agnihotra. They are the third generation Agnihotris!



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



The Piuran Homa family celebrating the healing fires everywhere ...



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



"If things are difficult in any situation, take three deep breaths and just do Mantra silently to yourself. Anything else can wait."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***"There are disturbing forces on the planet. They are affecting everyone.
We must be armed with only one weapon and that weapon is LOVE.
None other will combat the forces of evil."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - STATE CLINIC EsSALUD in CARABAYLLO, NORTH LIMA & OTHERS, PERU, SOUTH AMERICA



Monk Chen shares Homa Therapy since many years in his work as a therapist. It is always given free of charge. He is able to help many patients this way. He does it along with **clinical psychologist Jorge Torres** and **Dr. Jesus Borja**.

What a blessing it is to find in the official health care system such Servants of Light!



"Love will rise as a sound current to heal the planet."

-Master Shree Vasant-



TIMES for the HOMA FIRES - GUAYAQUIL & ESMERALDAS, ECUADOR, SOUTH AMERICA



***"El tiempo se nos escapa.
Todo es ahora. No hay futuro.
Ellos estarán perdidos,
a menos que la ciencia camine
en dirección hacia el
Conocimiento Védico.
La destrucción es evidente.
Por Gracia, eso se va evitar."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - GUAYAQUIL, ECUADOR, S.AMERICA



***"In future communication will be via SOUND VIBRATION AND THOUGHT
MANIFESTATION."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - GUAYAQUIL, ECUADOR, S.AMERICA



***"Mind must
always affirm
the holy."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - GUAYAQUIL, ECUADOR, S.AMERICA



***"Our army has to be full of love.
Do not become so disciplined
as to lose sight of JOY.
Discipline and joy are not separate
or exclusive of each other."***

-Master Shree Vasant-

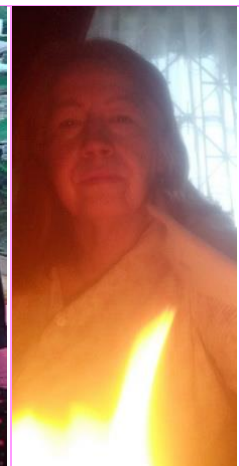
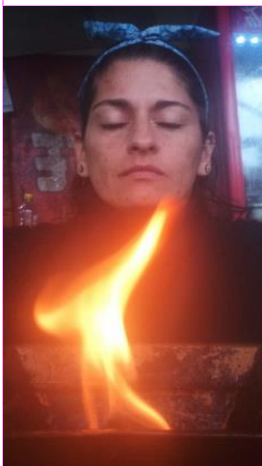


TIMES for the HOMA FIRES - COLOMBIA, SOUTH AMERICA



***"Let there be singing daily at specific times. Non compulsory.
Joy will inspire and uplift others to join in it.
When you sing it is like prayer. So do more of it."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - COLOMBIA, SOUTH AMERICA



**"SATURATE THE PLANET WITH VIBRATIONS OF LOVE, TRUTH,
AGNIHOTRA. EVERY CORNER OF THE EARTH IS NOW COVERED."
-Master Shree Vasant-**



TIMES for the HOMA FIRES - COLOMBIA, SOUTH AMERICA



***"You may worship in a
mosque or a synagogue,
in a forest or
in a humble grass hut.
You may worship in a palace
or under a box
in the city street,
We recognize no religious
or racial boundaries.
In love no boundaries exist.
No limitations."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - BOGOTA, COLOMBIA, S.AMERICA



Photos of this page: Audiovisual Homa presentation; Agnihotra teaching and practice in the vegan restaurant "Prasadam" of Bala Gopal in Bogota. It was great to see many "old" Agnihotra friends continuing the discipline of daily practice.

This meeting was organized by Eduardo, Swami Hrishikesh and the Tenjo Homa Farm. Jaime Valbuena shared songs and reading of spiritual texts accompanied by music.



TIMES for the HOMA FIRES - HOMA FARM, TENJO, COLOMBIA



Photos from this page:
The Homa farm Tenjo now has a small Waldorf school in the making. Its director, Jonathan, who lives on the farm, is educating children with this methodology which is based on cooperation and learning, mostly through direct experiences. The children are able to enjoy much of the day outside the classroom. It is an advantage beyond words that these children can grow, develop and learn in a healing Homa atmosphere.



TIMES for the HOMA FIRES - HOMA FARM, TENJO, COLOMBIA



Photos: The natural beauty of this Homa farm is simply breathtaking. The ideal place for a child to grow up, surrounded by nature in a healing atmosphere. Orchids that no one planted, quiet spaces to meditate, trees to climb...

TIMES for the HOMA FIRES - TENJO, COLOMBIA



***"Life on Pluto is becoming angry with this planet.
They send message in Sanskrit to stop their ecological transgression
as the earth is affecting all the solar system."
-Master Shree Vasant-***



**Photos:
Educating the owners of a
Home for Elders with the
help of videos about the
effectiveness of the Homa
Fires in older adults.
And again, bringing joy
and well-being
to our grandma's and
grandpa's in Tenjo with
Agnihotra,
with simple body
movements, singing and
lots of love.**



TIMES for the HOMA FIRES - ARMENIA, QUINDÍO, COLOMBIA



Photos: Unforgettable days in La Herencia, Armenia, with Mother Dora. There were also visits from Cali, Agnihotri Martha Henao, and from London, Alexander Vonpost, who came to learn Agnihotra and more details about Homa Therapy. We were present at Mother Dora's birthday, where a tree was planted with good wishes from the whole family. Exactly at sunset, it rained... (see photos)





212 / 25

TIMES for the HOMA FIRES - BOGOTÁ, COLOMBIA, S. AMERICA



Photos on this page:
The night before leaving Colombia, there was a full moon. A meeting was organized in the vegan restaurant 'Prasadam' to learn Tryambakam Homa. We ended our journey with the Group practice of Agnihotra. Jaime sang children's songs about Agnihotra and the



Fivefold Path. Homa Fires = Love. Where there are Homa Fires, there is Love and the disposition to learn, change, enjoy, ...

We feel blessed to have had again the opportunity to visit Colombia after several years and to have found that the Fires are moving silently, but with strength and divine power in many beautiful hearts... Blessings! Blessings abound!

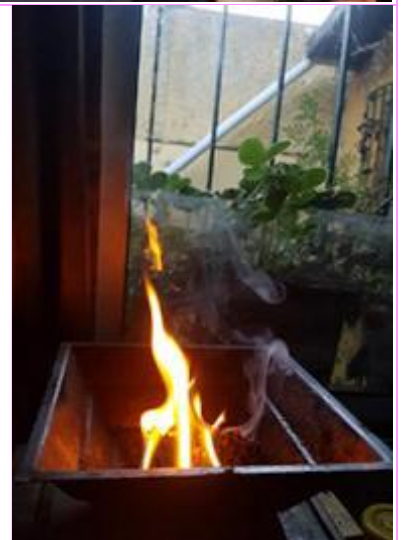


TIMES for the HOMA FIRES - CHILE, SOUTH AMERICA



"Our army is being trained to move all over the world. This army of Love, no weapons, no enemies. Only Love and Science of Yajnya. Our aim is to Rejuvenate the Planet from the roots to the heavens. Through the agency of fire this atmosphere surrounding the planet will be healed. What is required now is one pointed attention and intensity of Mantra and the fires we do."

-Master Shree Vasant-



TIMES for the HOMA FIRES - MEXICO, PANAMA & COSTA RICA



***"Body cannot go on being abused or neglected.
Body is given as instrument here on earth.
It is to be reasonably cared for and kept clean and
well fed. It is not to be obsessed over
and thus the center of one's attention,
but conversely it is not to be denied or ignored.
Somewhere in the middle. Generally speaking,
EXERCISE IS THE KEY."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - NEW MEXICO, USA



***"Doing as you are told is not devotion.
Following instructions given is not
devotion. You have to feel in your heart
that the best is being done for you,
that your welfare is being taken
into account totally.
All that is done is for your good.
You will read it, hear it, see it, know it."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - SPAIN, GERMANY & ITALY

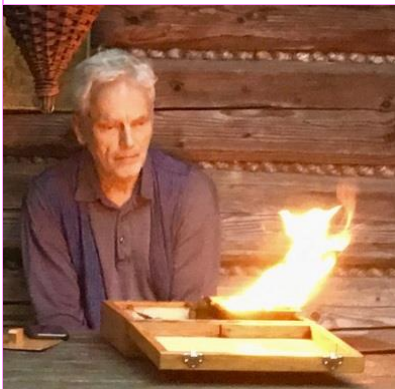


TIMES for the HOMA FIRES - POLAND, EUROPA



"Mantra is the key. Forget everything else. Mantra is everything. Then home, marriage, work all become a joy and so simple. What seems complicated now becomes terribly simple. You will laugh at it later on. If you practise Mantra with great intensity Grace will abound. When you are feeling sad do the Mantra intensely. Mantra, all the time Mantra. Then everything changes."

-Master Shree Vasant-



TIMES for the HOMA FIRES - MUMBAI & PUNE, MH, INDIA



Mr. Hemant Adakar, Ajay and family with little Agnihotris, Advika and Asmi - explained Agnihotra at an event organized by

'Womens Blind Home' in Pune., Maharashtra. (Since the last 30 years the family is doing Seva (service) on the occasion of Dipawali - distributing sweets, fruits, snacks, etc.)



TIMES for the HOMA FIRES - MAHESHWAR GOSHALA, MADHYA PRADESH & DHULE, MAHARASHTRA, INDIA

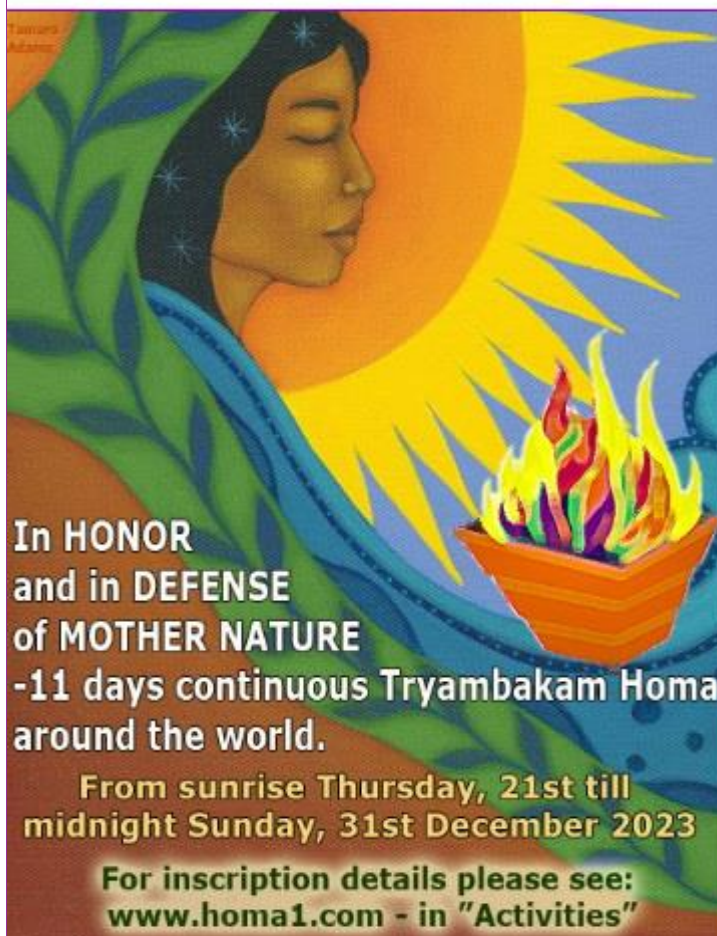


"Agnihotra is not only like food for the soul, but it will help food to grow in soil conditions thought impossible. Agnihotra activates cells in the body and at the same time supplies atmosphere with nutrients necessary for survival."

-Master Shree Vasant-



GLOBAL HOMA HEALING EVENT - DECEMBER 2023



**In HONOR
and in DEFENSE
of MOTHER NATURE
-11 days continuous Tryambakam Homa
around the world.**

**From sunrise Thursday, 21st till
midnight Sunday, 31st December 2023**

**For inscription details please see:
www.homa1.com - in "Activities"**

"Agnihotra is what we prefer to call 'An extreme act of Kindness toward all living beings—be they trees, animals, human beings, plants, earth, air or water. A reunification of the elements of Earth results from this practice. Harmony in atmosphere and in body, mind and soul is the ultimate goal. Agnihotra provides the catalyst for these to occur, at a greater frequency than in any other atmospheric purification process."

*Increase your fires.
You are the stewards of Planet Earth and the ones who will assist in her healing from the ground up."*

*-From Orion Messages-
(received via Parvati)*

Dear international Homa family,

Christmas time is approaching. A time where our hearts long to feel more Peace, Harmony, ... Love, Union in our families, countries and in the whole world.

Many of us are aware that our family also includes mother Earth. SHE who gives us a physical body to be able to live our soul experiences. Our mother Earth is, more than ever, in need of reaching again her balance and needs the union of her children to achieve this. If our mother is in chaos, shaking, drowning, flooding, exploding, ... so are HER children living in chaos.

Let's continue to show our concern, interest, wonder and deep love for this beautiful planet with the practice of the Homa Fires on a massive scale. This bright Homa light of each one of us connects and creates a network of nourishment and protection through a positive change in the atmosphere. How beautiful that we can, with a little effort, **be part of the Solution!**

"Earth rejoices our words, our breathing and peaceful steps. Let every breath, every word and every step make Mother Earth proud of us."

-Amit Ray-

For more information

**[about this Event and where to register, please click on top of this line](#) and
[for more information about the time table listing, please click on top of this line.](#)**



GLOBAL HOMA HEALING EVENT



FROM 21st TO 31st of DECEMBER 2023

Please sign up with a Message via WhatsApp, Telegram or e-mail:

Peru y Ecuador: +51 925 902 696 **or** terapiahoma@yahoo.com Aleta

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USA y Canada Spanish: +1 561 427 3566 Carla

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Poland, Slovakia, Czech Republic, UK, Holland: +48 504 073 208 **or**

info@agnihotra.pl

Germany, Austria, Swiss: info@homa-hof-heiligenberg.de Birgitt

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Australia: omsheedham@agnihotra.com.au Frits & Lee

Malaysia: +60 12 938 0066 Datu Alan

Any other country: +51 925 902 696 **or** terapiahoma@yahoo.com Aleta

Please leave a text message with **the following data:**

- 1)** Full name
- 2)** Country and city or town where you live
- 3)** Schedule / Hours of Tryambakam Homa you commit to practice, only full hours please. Send this information according to the time in your country.

Option A) - Your time schedule (Example: from 21 to 31 from 10:00 pm to 11:00 pm, or Dec. 21 from 7:00 am to 8:00 am, Dec. 22 from 12 noon to 1:00 pm, etc.).

Note: Option A is the most welcome option, since it allows us to see if each hour is occupied with Homa and Mantra!

Option B) - If you cannot do the Tryambakam HOMA on a fixed schedule, then you can also participate by committing to a certain number of hours of Tryambakam Homa during each day or certain days. (Example: "I commit to do one hour daily during these 11 days, etc." or "I commit doing one-hour Tryambakam Homa the first 5 days", etc.)

Option C) - If you can only commit to a certain number of hours during these 11 days, then please inform us of the number of hours. (Examples: "From Dec 21th to 31st I commit doing 11 hours of Tryambakam Homa", etc.)

Note:

We cannot make adjustments once your schedule is received. However, if you can't do your hour one day at that time it is scheduled, then please do it any other time. Important is that the amount of the committed hours is met. Thank you very much for your participation and understanding. And please send photos with you doing the healing fire.

You also can anytime during these 7 days, from anywhere, sign up by writing an e-mail to: terapiahoma@yahoo.com

ORION on YOUTH OF TODAY

(via Parvati Rosen-Bizberg)

“YOUTH OF TODAY are disenchanted with the riches that come so easily to them in a land of plenty, such as U.S. and other highly developed countries. Too often, family has taken a back seat to finance and the children are at risk.

There is a return to the drug culture. When this happens in a young being, there is almost an inconceivable loss, irretrievable innocence. We suggest a reassessment of values and priorities, even considering physically moving one's family to seek a better environment for one's children, if necessary to maintain the family unit.

WE URGE THOSE OF YOU WITH CHILDREN TO CONSIDER THEM THE TREASURE THAT THEY ARE and build a life that is sustainable, yes, and also one that provides them with care, attention, love and harmony.



This can rarely be done in today's high-powered, intensely competitive society. To provide the care and guidance young people need, one may have to curtail one's own ambition or streamline it so that there is room in every single day for each child.

We do not wish to cause regret or guilt in those of you who may have already raised a family. Simply consider the need of children before taking on the world.

To whomever this applies, we wish to say that awareness is half the battle won, so to say. So, allow for the realization to inspire whatever change you need to make your life work smoothly, efficiently and with consciousness.“



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



A FORMULA FOR HAPPINESS?

The thousands on all continents who have experienced Agnihotra can attest to the Fivefold Path being a bargain by most standards. It is a blueprint, however, not a formula. Why? Perhaps it is because FREE WILL and POWER OF

DISCRIMINATION are ours to use—like it or not! Blueprints require construction.

Even the ultimate act we as humans can perform, TOTAL SURRENDER TO HIS WILL, is an action that manifests through OUR will, not His.

That some say without Grace of Almighty it would not be possible to do this, may be true. But Grace itself is something we 'earn' through our actions. If we were meant to be robots, we would go to mechanics instead of physicians for 'servicing.' Psychologists would be unemployed.

That computers can defeat us in chess is interesting, but nearly meaningless when it comes to life's important aspects. Computers do not cuddle, do not love, do not lend emotional support. Some say MacIntosh computers do these things, but I am not sure.

The fact is that our job here is not to search out the 'fountain of youth,' the snake oil—or vitamin supplement or Camino Real that will keep us happy, healthy and holy. It's just that it is not a McDonald's Happy Meal, a nicely rolled joint, or the 'soulmate' whom we think will be our ticket to ride.

Our job may be to use the tools we have discovered and then dive in with intensity, persistence, devotion and perspective and grow into the loving, helping beings we were destined to become. That we may become happy while doing this is nice, but we might say not necessarily required or guaranteed.

We serve because that is why we are here. We are not here to be served.

If happiness is to accompany our trip, fine. If not, we must, nonetheless, carry on. It is for us to choose HOW we see, not necessarily WHAT we are to see, or experience.

We are not meant to use our planet and its atmosphere without replenishing what we take. That is Yajnya, a simple operation of the Law of Karma (Step 4 on the Fivefold Path). It balances the ledger.

If we have not found the formula for happiness, we can either continue searching or intuit that we have indeed already found it.

If the formula is right under our noses, we need simply to smell the roses—then be careful with the thorns and properly fertilize our minds and bodies so that the image of God in which we were created can manifest.

If the formula for happy living is a 'state of mind,' then let it be training our minds to react with love—or at least in positive ways— all the time (not just on weekends or at the easy times).

Love, no expectations, no judgments— 'Not my will but Thy will be done.'

Come to think of it, Fivefold Path may be the 'formula' we seek.

mathematics of life

$$\begin{array}{r} \text{life} \\ + \text{laughter} \\ \times \text{love} \\ - \text{hate} \\ \hline = \text{happiness} \end{array}$$

WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero



“There is a peaceful revolution going on, a spiritual movement of Women that is hard to perceive at first glance. Through women's circles, women with healing capacity, could the culture be turned around?”

- Jean Shinoda Bolen -

The year is coming to an end and, without realizing it, we are caught up in the end-of-year frenzy. Do we have time to ask ourselves to take a look back at what has been and what is to come?

In a gathering of women at this stage of the year, which can become monstrous and overwhelming, we help each other, we support each other and together we look for sources of inspiration and joy; we heal ourselves in order to face a new cycle, to help heal others and in this way contribute to the construction of a new planet, a new more- awakened, more loving society.

We have received various tools, learned from various sources, and here we are, standing, smiling, dancing and opening our hearts and guarding the sacred fire that gives us life, cradles us, guides us.

Through the Circles of Women in Communion, we are able to reinvent ourselves, to heal the wounds, to learn from each other, but above all, to keep each other company along the way.

For this reason, I encourage you to make forming new circles of women one of the goals for the coming year, whether the circles be small or large. Two female friends can form a circle or a large group of women who have never seen each other before can also form a circle.

The important thing is that you pluck up

the courage and be motivated to create it. I hope I have been able to encourage you with some examples that you might want to develop in your circles. But, naturally, the themes and dynamics of the circle will depend on its members and what they are looking for and what they aspire to.

Don't forget that **we feel** the circle. It helps us to connect with the deepest part of ourselves, with our sensations, our greatness and with what still needs to be worked on, with what we are passionate about, with what we want to change... In short, it helps us to connect with what we are and what makes us vibrate.

In this type of meeting, **we live!** We talk, learn, share, listen, dance, read, meditate, weave, paint, rest, laugh or cry... There is an infinite number of activities and tools. All of them will bring us something and enlighten our soul, making us feel happy and fulfilled, whilst at the same time giving us the possibility to exchange and learn practical knowledge that we did not have before.

The thing that is essential is that these meetings are always accompanied by the sacred fire of Agnihotra, or other additional fires. We have at our disposal a formidable resource to grow, to be happy, and above all, to empower ourselves as women, carers and creators.



WOMEN IN COMMUNION

- continued

We must admit that thanks to these wonderful tools, which are Agnihotra, Homa Therapy and the Fivefold Path, we have remained firm, focused and with a defined purpose.

One last exercise that I will share with you was created by Dr. Elise Bialylew, from Australia.

ANNUAL REFLECTIONS

You will need a paper and pencil, or a phone or tablet for those of you who are more tech savvy. If possible, before you start writing, you do a Vyahruti. Each point takes 5-6 minutes.

1- What went well for you and what went not so well in 2023?

2- When you reflect on this year, what were the challenges or difficulties you had? Here you should take time to feel compassion and love for yourself as a way of honoring your resilience.

3- What is it that you would like to let go of as a way to support your vision to be happier? (This could be changing a behavior, attitude, relationships, being more regular with your practice of Agnihotra, etc.)

4- What have been the big lessons of this year that is coming to an end?

5- Who are you very grateful for this year and why?

6- Finally, what would you like 2024 to be like? Choose 4 words. Write these words down on sheets of paper or card, and then place them where you will see them regularly throughout the coming year.

And while we are creating circles, let us not

fail to keep in our hearts our sisters who are living in dramatic situations; who are living in violence, injustice, persecution, hunger, and war.

I say goodbye with the words of Marian Woodman: *"A circle of women helps you to find the river of your life and supports you in the process of surrendering to its current".*

May the year 2024 be filled with Bliss, Blessings and lots of Laughter!



In closing, I leave you with this beautiful song. I hope you enjoy it.

https://youtube.com/watch?v=d_gqXeizwcw&si=Y3A-lcweTfh7jR7g

Circle of Women
Nalini Blossom · Craig Pruess

MEDITATION with HEALING MANDALA



MAGICAL WORLD OF WONDER.

Free spirit in flight!

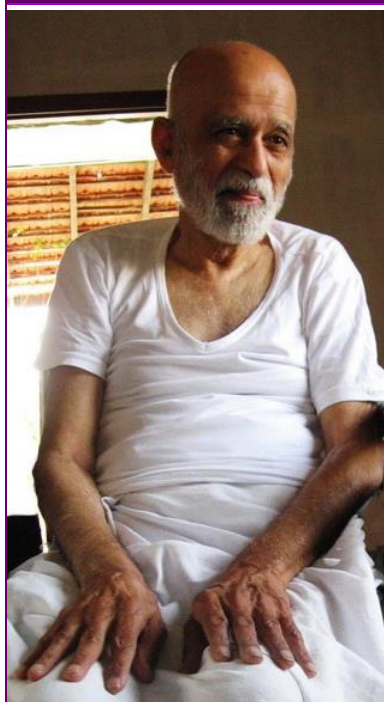
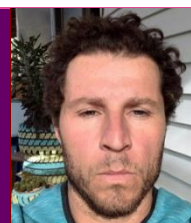
MandalaMandala shared by Parvati (Fran) Rosen-Bizberg. © 2022

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Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

A Devotee Shares: Experiences with Master Shree Vasant The 30th of December 2008

By Thomas Stiasny



Master Shree Vasant.

The 30th of December 2008

The day our beloved Teacher and spiritual father, SHREE VASANT, left his body.

At that time, I had the opportunity to stay for an extended time at Maheshwar Goshala, in Shree's Presence. I was working in the gardens, preparing and planting beds with different vegetables, herbs, etc. as a Somayag was approaching and the best organic food grown in the Homa atmosphere was to be offered to the hundreds of Agnihotris and guests who will attend this special Yagnya.

As many times, for the 4:00 am Mantras, I felt some magical hand waking me up at 3:40 am. So it was also on this day, December 30, 2008. I took a shower, put on discipline clothes and walked to Shree's house.

In those days it was quite cold in Maheshwar, especially in the morning. I remember Sarvajit massaging Shree to keep him warm. There were only a few people in the Goshala; there was Irma Garcia, Ulrich Berk, Karin Heschl and a few others. When I arrived at Shree's house, I was asked to prepare the Homa fire. This day was a very powerful experience.

The energy was very strong and it seemed that the flame did not want to go out. It kept burning and burning for a long time after the Mantras. So, it was also with the 5am Mantras.

During sunrise Agnihotra, there were 2 large birds sitting right next to the fire meditation circle. I had never seen such birds before, and it was the only time I have ever seen them there or anywhere else. They seemed to herald an auspicious event.

Our beloved Master, Shree Vasant left His body that day at 2:30 pm.

When this news came out, everyone began to move quickly and communication was established with many places and people all over the world.

The Tryambakam Homa was started immediately, the pyramid was placed in a wooden box, so that it would be portable.

Shree's body had to be moved to Tapovan, where Anne Godfrey and Bruce Johnson were in charge of this special place with its 24-hour Tryambakam Homa, which had been going on for several years. This place had been chosen by Shree for His Maha Samadhi. Shree's son Abhay and Shree's grandson Sarvajit and other devotees were busy arranging all the details.

When the driver and jeep were ready, Abhay invited me to go with him in the jeep carrying Shree's body. We were doing Tryambakam Homa all the way to Tapovan, which is a journey of several hours. Everything looked like a movie. I was watching Shree while doing Tryambakam Homa and I clearly remember seeing Shree's eyes opening and closing again. In His immense love, He was showing me that He was still alive, even though He had left His physical body.

When we arrived at Tapovan, some of the pandits (priests) had already arrived and there were devotees and many people waiting to receive Shree's body to continue with the chanting of special Mantras and the preparations for His cremation.

At some point, I was quite tired and somehow exhausted, sitting among other devotees, when suddenly I felt as if hypnotized and all the surrounding noise totally disappeared. I felt Shree Gajanan Maharaj and heard him speaking....

In the evening, I returned with Ulrich to Maheshwar, where almost everyone had left for Tapovan. Strangely, it had rained in Maheshwar! This is something totally unusual for that time of the year. **With this, my experience of the day Master Shree Vasant left His body, I remember and honor Him with the deepest respect, with all my love and gratitude and know that HE IS IN THE FIRE, for all of us ever present. OM SHREE**

November 30, 2023, Shree Vasant
(Received in meditation via Parvati.)

CALL TO ACTION!

The world is in a state of critical chaos, on multi levels. Globally, the climate change and ecological threats to civilization go unchecked, wars erupting in many parts of the globe, the rapid deterioration of communication in an age of super communication, rivals no other time in history. Now, division is common, and unity is a goal which seems further and further away.

However, these are the times each and every one of you have been trained for. We have warned of these times years back when everything was relatively calm in comparison.

Now, there are several urgent matters. One, share the fires everywhere! Do not hesitate nor fear reprisal. There is no reason to hide anymore. The climate is such that people are desperate for answers, calling out for agents of calm, peace, and tranquility. This atmosphere where the fires are maintained on a daily basis creates such powerful and lasting effect on environment.

Do not hide. Speak loud and clearly now. Don't hold back!

The other most concerning aspect is the youth. Nearly all young people today are adversely affected by the current state of chaos in the world and impending doom hanging over their futures, with environment under siege. And still, all this is happening while, within them, they are also undergoing traumatic change as they shift from childhood to adulthood—raging emotions, stirring doubts and questions about their own value and purpose in a seemingly purposeless world.

How to help them now? Focus on this. All of you. Focus on this. How to reach the young people with the hope and the gift of creating an atmosphere where inner peace becomes more accessible? How can you help?

We implore you to gather together and create programs that will interest and assist young people to move through their lives with a greater sense of peace and the joy of a creative journey.

Be strong.

Be aware and awake.

Listen.

Show your compassion.

Be concerned—but not worried! Do not pass on worry.

Instead, create hope and instill the art of gratitude in young ones.

We are always with you.

Hope and love. Grace shall rise.

All love and blessings to you all.

OM TAT SAT.



FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



ORION on Conspiracy Theories
(The following is an excerpt from guidance received for a friend. It seemed pertinent to many these days, so I am including it.)

Refrain from becoming enticed by the conspiracy theories being espoused via public media—even that which is ‘alternative’ can be compromised. You will know TRUTH by the intense stirring of the heart when it is spoken. The rest is entertainment for the mind and tends to muddle rather than clarify.

Awareness simply evolves. This is where to put your energy. There is great power in MANTRA, in the holy fires which cleanse the land. There is great power in TRUTH. **TRUTH does not have its roots in the intellect but in the heart of all hearts and deep within the realized soul.**

Concentrate on DIVINE REALIZATION. This is what your soul will embrace and will soar beyond the mire of the intellect and the illusions which it leaves.

Because your intellect is quite strong, the temptation to fulfill its endless seeking is also strong. However your soul already knows. Listen to the voice within your soul. Greater knowledge lies well within your grasp.

Blessings, brother. Blessings. OM.

On Fighting Darkness with Light

SYes, Yes. We have been patiently waiting to transmit, dear vehicle. Yes, yes. More water, more dance. Alright.

That ‘evil’ exists in the world is no discovery. That it rises up to block one on one’s path to the Light is also no surprise. None of that is in your hands. You cannot control the evil in the world. What you can control is the energy with which you face it. You can regulate and relegate the amount and intensity of the energy you invest in dealing with it.

The best action is always clear and to the point. Do not become entangled in the web of lies and deceit which typify one with negative intent. Speak clearly. Then disconnect. Do not feed the process any more than you feed the actual realization itself. When faced with one whose intention is to harm, do not become angered by their actions or by their words. Always disconnect. Walk away. Take necessary measures if they are called for. Then move away. Avoid lengthy discussions which lead to aggravation and foster fear. Indeed, this is not the wolf to be feeding.

When facing that which is of the dark energies on the planet, hold firm to the Light. Do not attempt to fight darkness with darkness. You do not have an arsenal at your disposal. What you do have is an unlimited well of pure LIGHT always within you. TAP INTO THAT well of Light. Light shall prevail.
OM.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

For more news about Homa Therapy you can see the magazine 'Satsang'.

Other official web sites on Homa Therapy:

www.terapiahoma.com www.homa1.com www.homatherapy.info
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