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## HOMA HEALTH - NEWSLETTER # 210

print Newsletter

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### FROM INTUITIVE GUIDANCE

## THE SECOND DEATH

Let us continue our self-study  
(Swadhyaya).

We all talk about the process  
of death occurring when we  
stop breathing, the heart  
stops, mental activity ceases  
and the body becomes numb.

Others say that death occurs  
when the subtle silver cord  
with the physical body is  
broken.

Still others simply say that  
death does not exist.

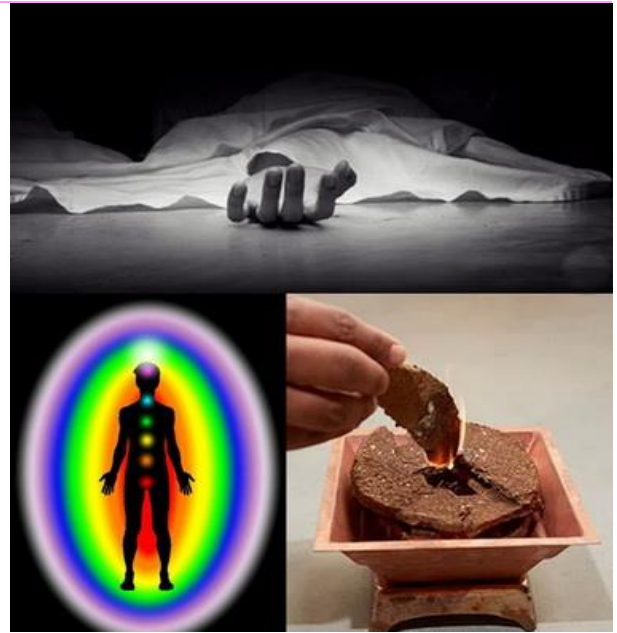
But let us remember that  
according to some spiritual  
scientists MAN is an  
IMMORTAL CONSCIOUS  
SOUL with a physical body  
and several mortal subtle  
bodies.

Others might say that  
there is a first death for  
the physical body  
and a second death for  
all the other subtle  
bodies.

The wearing of these mortal  
bodies, which are transitory  
garb, does not necessarily  
have an effect on the  
Immortal Soul with each  
birth, unless we involve the  
development of  
CONSCIOUSNESS.

Let us remember that  
changing clothes does not  
necessarily change the  
individual.

Yes, yes, yes, yes, the attire  
does not make one into a  
monk.



But the EXPANSION of  
CONSCIOUSNESS can make us  
Extend Our Subtle Arms and  
Embrace Nature and even the  
Universe.

Through practicing certain  
Disciplines and cultivating  
certain Virtues, we can break the  
chains of desires and  
attachments of the physical body,  
and of the subtle bodies with  
their emotions and thoughts that  
tend to trap us in a vicious circle.

WHICH PRACTICES?  
The Fivefold Path Practices  
(Yagnya, Daan, Tapa, Karma,  
Swadhyaya) can help us to  
achieve a STATE of SUPRA-  
CONSCIOUSNESS and  
experience:

“My Universal Father / Mother  
and I (conscious immortal soul)  
are one.”

OM SHREE OM  
OM WE ARE ONE OM  
OM FIVEFOLD PATH OM

## HOMA HEALING STORIES

**Angelika Gruber**  
Graz, Austria, Europe

I am originally from Hungary. We have a **cat** that came to us and she has had a tumor for two years. The **tumor** which was as big as a grape was **situated in the cartilage of the ear**. So, she was operated once. **After the operation the tumor came back** and the **vet said that he can't operate her anymore**, because the tumor will grow on and on and he would have to remove more and more of her ear and at some point, the cat would have to be put to sleep. Since January this year, **our cat has been receiving 2**

**injections per week to fortify her immune system** so that she would not get infected due to her **wound being always open. It did not heal.** The cat, when she shook herself, left the wall full of **blood sprinkles** and I had to clean that every day.

Then I got to know and started to practice **Agnihotra. The cat always came by herself to participate. And after 10 days the tumor had disappeared.** There was only a small black spot visible. I had tried to put Agnihotra ash in her ear, but she would run away. So, she just sat by the Agnihotra fire!

The vet was happy, but he did want to know how the cat got cured. We told him. Then we went to visit the vet only every two weeks, then after 3 weeks. And the last time, he told us to come back after 4 weeks. But the cat does not need any more injections and she is doing well.



**Photo: Mrs. Angelika giving the testimony of her cat to Sevananda (Reiner Szczypior).**



**Norma Alvarez Muñoz**  
Hospital CapIII Carabayllo, Lima, Peru, South America

Truly this Homa Therapy has really helped me a lot. **I am super-relaxed. I am with a positive mind set and I feel happy and great. I know that I have been reborn!** I love this Therapy of the healing fires!

Thanks to Monk Chen for this beautiful, loving and free service!

**Veronica Campaña**  
Guayaquil, Ecuador, South America

I have known Homa Therapy for many years. I stopped doing it 12 years ago. Then, years later, I took it up again. For me, **Homa Therapy gives joy and tranquility.** In these years without Homa Therapy, I have resorted to various therapies. I do not say that they are bad, but this Homa Therapy comes with its **subtle energies to transform one's life.** Because one begins to have tranquility and peace and from that place of calmness, one **can take more correct directions.** One is not trapped in the difficulties of daily life and begins to have a much clearer view of what life should be, **a life full of love, of surrender, of sharing.**

This Agnihotra fire is apparently such a simple thing, it seems that nothing happens, but without realizing it, these subtle energies of tranquility and peace enter and create a direct link with the Supreme Being and also with mother earth; it goes down and it goes up. That makes it great, although we might believe that nothing happens. I am happy to do Homa Therapy again. Thank you very much.





## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### Experiences applying Homa Therapy in the gardens of "La Herencia - Hotels" of Mrs. Dora Betancur, Armenia, Quindio, Colombia

Don Joaquín (photo left), employee in the agricultural area explains:

"This avocado tree had many pins, that is something like a cricket, like a bug that damages the fruit. The same happened with the other avocado trees. **These bugs stick to the avocado and pierce it and the fruit turns white and is practically useless.**

**But with the Homa fires, the Agnihotra ash and with the fumigation of the leachate** (which is a bio-preparation made by Mrs. Dorita with fruit peels, herbs, medicinal wood branches, grains, hot bell pepper, garlic, blue soap, rue

and Agnihotra ash), **this and many other problems have been resolved.** We also place on the ground around the tree a silage with the residues that are left over from straining such leachate.



There is a big difference between now, and how it was before. I have been working here for 6 years. Mrs. Dorita came **four years ago with Homa Therapy. Now the trees are loaded with big, juicy, healthy and delicious fruits, in addition to the nutrition and vitality that comes from being Homa organic.** It is very nice!"

**Photos: fruits and flowering in the same avocado tree, lemons and star fruits.**





## HOMA FARMING-THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### Experiences applying Homa Therapy:

**Mrs. Dora Betancur shares her experiences with Homa Biotechnology:**

"In addition, we also have a peculiarity in our orchard with several trees: **They started to bear fruit all year round! We see it here with the avocado tree, the mangosteen, the star fruit (carambola), the mandarin, the citrus, etc.**

**On one side of the tree, there are fruits ready to be harvested. On the other side, there are fruits still growing. And on another side, there is flowering. This is like a dance of seasons on the same tree. This has never happened before.**

For example, when I came here, there were no bananas. There were **some plants that produced a banana that had a black line in the center, which was like coal, you could crumble it. These bananas were not good, they were porous and dry.**

**The solution came with the practice of the medicinal fires of Homa Therapy. Since then, the quality of the bananas is impressive, their fleshiness, juiciness and their flavor are incomparable".**





## ECO NEWS

### HOW TO BUILD GREAT SOIL

#### A Soil Science Masterclass with Dr. Elaine Ingham

Dr. Elaine Ingham presents her soil science for beginner's masterclass. She covers what the soil food web is, how plants benefit from a healthy soil food web, and how you can

change the food web in the soil for your benefit. She is widely recognized as the world's foremost soil biologist, she's passionate about empowering ordinary people to bring the soils in their community back to life.

To see this interesting and valuable information, please enter:

<https://www.youtube.com/watch?v=ErMHR6Mc4Bk>



### ONE DAY

3000 people, among them Muslims, Christians, Jews & more from other countries all chanting the same message:

**PEACE & TOLERANCE! NO MORE WAR!**

Beautiful song in English, Hebrew & Arab!

To listen to this song, please log in:

<https://www.youtube.com/watch?v=RjPpMXMjIjo>

Also please see: <https://youtu.be/YyFM-pWdqrY>

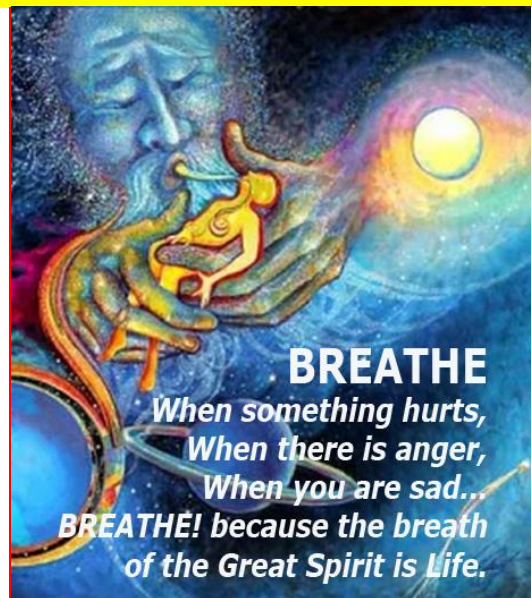
The song "Mothers' Prayer" was born as a result of a partnership between singer and songwriter Yael Deckelbaum, and a group of courageous women, who lead the "Women Wage Peace" movement.



### Meditation

*"The more sugar you put in the water the sweeter it becomes; likewise, the more you meditate with intensity, the greater your spiritual progress will be."*

**Paramahansa Yogananda**



**"We are the only beings that can change our BIOLOGY with our thought."**  
Albert Einstein





## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



In Piura, **Prof. Javier Cruz** invited the Homa family and the general public to participate in a Healing Event. With the **help of volunteers such as Rafael, Leslie, Maria del Carmen, Rosana and many others**, this beautiful full moon meeting was achieved with about 60 Agnihotra fires lit, creating an **atmosphere of healing over the city**. There was also a talk about the benefits of this ancient practice.





## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



*"When you are feeling LOVE, everyone around you gets light. It is that light which lifts people up out of desperate situations."*

**-Master Shree Vasant-**

**Photos:**

**A wave of healing purifying and love above Piura - a service to the community.**

**The local newspaper covered this event. Every day, there are healing fires lit, either in groups or at homes.**





## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***"Live your life in absolute TRUTH.  
You do not have time to entertain anything which is not of Truth.  
So live your life in prayer, in song, in love, joy and grace.  
A life lived in this manner radiates Light...  
Light which is healing all others and ultimately healing oneself."***

**-Master Shree Vasant-**





## TIMES for the HOMA FIRES - JAEN Y LIMA-CARABAYLLO, PERU



***"Every person has their allotted time and allotted task in life. On the spiritual path, every day becomes a great opportunity to mould and create, to heal, to serve, to fulfill the Divine plan for you."***

***-Master Shree Vasant-***





**TIMES for the HOMA FIRES - GUAYAQUIL, CHAFLU & ESMERALDA, ECUADOR, SOUTH AMERICA**





# TIMES for the HOMA FIRES - GUAYAQUIL, CHAFLU, ESMERALDA & QUITO, ECUADOR, SOUTH AMERICA



***"Be kind in thoughts,  
words and deeds. Never  
allow a moment of fear  
to enter your heart. Stay  
focused on the Light.  
Have supreme faith in  
Almighty, and you will  
find yourself being lifted  
above the fray, carried  
by Grace through all  
things in life."***

***-Master Shree Vasant-***





## TIMES for the HOMA FIRES - ARMENIA, QUINDIO, COLOMBIA



After 4 years, we are again in Colombia. There are active Agnihotris in many places, from South to North and from East to West. It is a joy to meet so many friends again, to intensify the practices of the Homa Fires and to share with more people this ancestral knowledge of Total Healing.



### Photos of this and the next page:

Beautiful meetings under the transforming Light of the Homa Fires in **BoticaSol**, Armenia, where people meet twice a week. It is open to the public. Here, Agnihotra is often accompanied by **devotional singing and songs about self-knowledge, spiritual awakening, etc. guided by Anandaji**, Agnihotri and music teacher.

Mrs. **Dora Betancur** was the founder of this botica, which has been functioning for 25 years to teach the community healthy ways of living through diet, with a vegan/vegetarian restaurant, workshops, courses, etc.





## TIMES for the HOMA FIRES -ARMENIA, COLOMBIA, S. AMERICA



*"Circumstances  
may vary  
throughout  
one's life on  
Earth.  
Do not be  
swayed by  
circumstance.  
Stay focused on  
the Light."  
-Shree Vasant-*





## TIMES for the HOMA FIRES - ARMENIA, COLOMBIA, S. AMERICA



**Audiovisual presentation of Homa Therapy in the University of Quindío, Armenia by Prof. Abel,** who touched many interesting topics with this group of **students in the career of Social Work.** The contact with **Dr. Ruben Dario Pardo Santamaria** was through Agnihotri, **Diana Cristina.**

***"Do not allow what is outside to disturb your peace of mind.  
Do not seek to complicate when all is quite simple.  
Remain calm. Remain quiet. Remain full of love.  
Be like a child. Pure, simple, full of love."***

***-Shree Vasant-***





## TIMES for the HOMA FIRES - PEREIRA, COLOMBIA, S. AMERICA



In Pereira, **Pavitram Seva Das**, Agnihotri for many years and Krishna devotee, organized a workshop for Agnihotris to provide them more information about Homa Therapy and for learning the Tryambakam Homa.

Later, for sunrise Agnihotra, more people interested in Homa Therapy joined. Prof. Abel presented video testimonials. There were also live testimonies. This beautiful and loving encounter ended with the practice of Agnihotra and devotional singing (**see photos this and some on the next page**).





## TIMES for the HOMA FIRES - PEREIRA & TAMESIS, COLOMBIA



*"Love is the highest energy.  
Always attune yourself to that  
higher force and you will be  
constantly taken care of."*

*-Master Shree Vasant-*

**Photos above and left:**  
**Krishna Devotees, Pavitram and**  
**his wife, Cheitanya Lila, Vraja**  
**Nitay** (one of their three sons) and  
devotee **Ventura Das**, sang and  
played music together with other  
devotees and the delighted audience;  
Sunrise Agnihotra at Pavitram's and  
Lila's home.

**Photos below:** The next stop was in Tamesis, Antioquia, the village of the Agnihotri couple  
**Harold and Patricia**. After several months of experiencing the effects of Agnihotra  
practice, they took the initiative to share this healing practice also with their friends and  
neighbors. They have a beautiful organic farm, managed only with natural techniques. They  
do prepare their own Homa cow dung cookies.





## TIMES for the HOMA FIRES - VALPARAÍSO, ANTIOQUIA, COLOMBIA, SOUTH AMERICA



In Valparaíso, Mrs. **Ángela Karina** and her husband, **Dr. Jorge Ivan**, have an organic cocoa farm with an outstanding beautiful view. Angela Karina learned Agnihotra many years ago in Medellin with **Juan Ojeda**.



Karina is now resuming this practice. It was a beautiful meeting in the company of Harold and Patricia, who organized the Homa Presentation in Valparaiso, a town near Tamesis.

**Photos below:** Homa Therapy Presentation in *"Tejiendo Café"*. This beautiful cultural center belongs to the music teacher, **Sol Beatriz** and her husband, **Antonio**. The kids of her famous *'Alabastro Children's Choir'* gladdened the hearts of those present with their meaningful songs. Prof. Abel and Aleta showed through videos the effects of **Homa Therapy in the field of health, ecology and agriculture**.





## TIMES for the HOMA FIRES - BOTICA SOL, ARMENIA, COLOMBIA



*"Look past any imperfections in form or personality. Just love each other."*

*No quarrels. No arguments. Never harsh words. Do not hold back the love."*

*-Master Shree Vasant-*





## TIMES for the HOMA FIRES - ARMENIA, COLOMBIA, S. AMERICA



### Photos on this page:

Sharing Agnihotra and its' blessings in the farm **"La Herencia, Hoteles"** of Mother **Dora Betancur and her family**, with visitors wanting to know, learn, retake, deepen, ... the Homa Therapy Fires. Agnihotra with Catalina and her husband Santiago, from an organic Macadamia farm and with Anandaji. Agnihotra with Diana Cristina, a volunteer, who just started with the practice. Physician, Dr. Humberto Lema (**with his wife Isabel - photo above right**) has many experiences practicing this healing technique for several years and using Agnihotra ash. With Patricia and Harold, etc. The employees of La Herencia have the possibility to participate in the Homa Fires every day (**photos below**).





## TIMES for the HOMA FIRES - CHOACHI, CALI, BUCARAMANGA, ARMENIA & PITALITO, COLOMBIA, SOUTH AMERICA

*"Do not seek to complicate.  
When all is quite simple.  
Love is simple.  
Like a child. Be like a child. Pure, simple, full of love."*

**-Master Shree Vasant-**





**TIMES for the HOMA FIRES - PITALITO, MEDELLIN,  
VILLAVICENCIO & ARMENIA, COLOMBIA, SOUTH AMERICA**





## **TIMES for the HOMA FIRES - BOGOTA, VILLAVICENCIO, TAMESIS & VALPARAISO, COLOMBIA, SOUTH AMERICA**



***"When you learn to live  
consciously, everything inside  
you changes and you have the  
distinct possibility to uplift  
others."***

***Remember that the power is in  
your hands, in your eyes, in  
your voice, in the words you  
speak, in your touch."***

***-Master Shree Vasant-***





**TIMES for the HOMA FIRES - CHILE, MEXICO, PANAMA,  
URUGUAY & COSTA RICA**



***"There are forces beyond our control  
which also are in operation to  
destroy the planet. To oppose such  
forces of destruction only YAJNYA.***

***This is ancientmost science of Vedas.  
This is the only way to combat the  
negative energies unleashed on the  
planet today."***

***-Master Shree Vasant-***





## TIMES for the HOMA FIRES - MOUNT SHASTA, CALIFORNIA & FLORIDA, USA, NORTH AMERICA



Photos on this page: Dr. Mario Chavez and his wife, Dr. Yuri Ortiz from West Palm Beach, Florida, traveled with a group to Mount Shasta. There, at the foot of the majestic mountains, they practiced the sacred Homa Fires.



*"To be full of love alone is enough. Fill all the spheres with love."*

-Master Shree Vasant-

Photos: Therapist Miriam Molano sharing the Homa Fires.





## TIMES for the HOMA FIRES - ALMATY, KAZAKHSTAN & SPAIN



*"If you truly become full of love, that alone is sufficient. Through that love, anyone with whom you come in contact will feel its healing vibration."*

**-Master Shree Vasant-**

**Photos of healing Homa Fires in Almaty, from a group trained by pharmacist Monika Koch.**

**Photos below: America and Josué sharing Agnihotra with friends in Malaga; Alegria in Barcelona.**





## TIMES for the HOMA FIRES - MALAGA & BARCELONA, SPAIN



**Photos above: A beautiful meeting in the mountain Montserrat, Barcelona where Kiko shared a Homa Fire. Photos left: in the Province of Lérida, Catalonia, Spain. Photos below: in Barcelona.**

**Kiko wrote in Lérida at sunrise:**

*"Today when the sun rose, waiting  
I was with the Homa fire lit.*

*The peace, the silence,  
the connection with nature makes  
me feel that  
I belong to this world..."*





## TIMES for the HOMA FIRES - MAHESHWAR, DHULE, etc., INDIA

**Sarvajit Paranjpe** shared from  
**Maheshwar Goshala:**

*"With SHREE's Blessings we  
performed 'Nakshatra Yajnya'  
from 25-27th September 2023.*

*We had problems with the flood  
at Narmada  
but all went well."*

**Photos right and below:  
Nakshatra Yagnya in the Homa  
Therapy Goshala.**



**"Mantra. Mantra. Mantra."**

**-Master Shree Vasant-**





## **TIMES for the HOMA FIRES - MUMBAY, etc., INDIA**



***"Let go of all negative thoughts or ideas, impressions on the mind. Replace these thoughts with the positive and affirm the positive by doing your personal Mantra. Learn to speak only positively. Absolutely, steadfastly refuse to indulge in quarreling. It has too strong an effect on others."***

***On the other hand, if you nurture and care for each other, the love you emanate is so pure, so wonderful. It has healing power."***

***-Master Shree Vasant-***



**Photo left:**  
Mr. Sangram Rajput, who was 100% cured of his chronic Asthma by being in Agnihotra environment.

**Photo from this page of Agnihotris in various parts of India.**



***"Every word uttered has a vibration. Every word goes into the atmosphere."***

***Even in your own voices, there is energy to heal.***

***Experimenting with sound and healing vibrations in a purified atmosphere is not only healing, but magnificently transformational."***

***-Master Shree Vasant-***



## REVIVING HOPE IN A NEW HUMANITY

### Visiting the 'Satsang' farm in Curacaví, Chile

Mrs. **Tamara Gallardo**, comments:

Tamara is the mother of Francesca, one of the three teens with whom she **visited Karina Ohme's Satsang** farm recently for just a few days.

*"The four of us joined together in this wonderful journey. Four souls met in this magical place with Karina where we lived, healed, laughed, learned, sang and were inspired by practicing the beautiful and ancient science called Homa Therapy, doing sunrise and sunset Agnihotra. There were very beautiful moments when we all shared together. These were truly magical days! The girls learned a lot about Homa Therapy and a lot from Karina. I am a practitioner of the Homa fires. We are very grateful for those wonderful days in contact with Mother Earth and her elements. It allowed us to return to the city with more wisdom and awareness."*



**Photo: Victoria, Karina Ohme, Tamara, Francesca and Pamela in Satsang.**

**Victoria, Francesca and Pamela** wrote:

*"The Homa farm Satsang is a corner in the world like few others. It is a place of healing and encounter, both with nature and universal energy, as well as with oneself. The energy that is perceived is unmatched. It generates an atmosphere of calm and love, ideal to connect with the here and now. Every living being that inhabits this place delivers teaching and wisdom."*

*Karina is a person with a beautiful and noble soul, who dedicates her life to Homa Therapy, giving through it, all her love to the universe."*

*The Homa Satsang plot, concentrates three concepts that led us to understand the vision of Homa Therapy, connection and communication, without the need to talk, through purification through the ineffable, surrounded by nature that intensifies the healing effect of the sacred fire. We had the opportunity to thank the divine energies and purify our soul and the soul of the world by performing different Homa fires at specific times.*

*We are grateful for all that we experienced. We laughed, healed and transmuted. Thus, a bond was created between us and the Satsang farm, where we hope to return.*

*Thank you, thank you, thank you."*







### ***Four Sacred Fires***

**By Pamela Droguett O.**

(Poem inspired in Satsang's atmosphere)

*The synchronicities are marking the compass  
All orchestrating a melody of peace  
we let go and trust,  
between copper pyramids and boldo plants  
a space sheltered us,  
Flowers, leaves, mushrooms  
hummingbirds and elementals.*

*Four pyramids lit  
four fires towards the East,  
A mantra chanted by fairies,  
drums in the distance,  
a woman from the moon whistling  
telling us about her soul.  
The air became ether  
a swirl of energy  
active and subtle every detail,  
listening inwards,  
a descending sun  
the star furrowed the sky  
The content heart  
became translucent  
I turned into ash.*



Photos above:

- Pamela expressing her again found joy in the Homa atmosphere of Satsang;
- The three young women practicing Agnihotra, connecting with the elements and recognizing the Sacredness in Nature, within each other and within themselves.



## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



### WHERE ARE WE GOING? -- THE WRITING IS ON THE WALL

It would indeed be an understatement to say that the world we inhabit is beset with misplaced priorities—if it apparently has any at all. Money and power are at the root of this disease.

Despite enormous sums of money—and lives—being at risk due to Climate Change, and funds belonging to ‘others’ being of little or no concern to those wealthy persons and countries, nothing changes besides the climate outside and the depressing climates of human interaction and inaction.

This karmic laboratory we inhabit more often resembles a Wuhan, China laboratory—one of the alleged sources of the Covid 19 coronavirus—clone than anything else. Not exactly the stuff of which dreams are made.



THE WRITING IS ON THE WALL and in the air, on our farms, and in our bodies and minds. That's how devastating and pervasive pollution and Climate Change have become.

In case you have been in a cave for more than the past three years, here is a capsule version of the situation on our planet.

3 1/2 years after the onset of a coronavirus which became a pandemic and should have brought the world to its knees, our collective, selective memories have induced us to ‘move on,’ and forget the pain and fail to implement lessons learned.

- What percentage of political, economic or various other manifestations of self-interest comprise the ‘moving on strategy’ is not easy to surmise.

What is abundantly clear, however, is the gradual but seemingly inexorable journey to oblivion we appear to have chosen. Forget about attempts at hyperbole about leaving the room (planet) in better shape than when we encountered it. The room itself—the planet itself—may not outlive us—not to mention our grandchildren. That is not a legacy of which to be proud.

Were we not so caught up in and not preoccupied with rearranging the chairs on our personal and collective Titanics, were we in touch with Truth, Compassion, Fairness, Equality, and the will of Almighty, then and only then might the scales begin to move in a favourable direction for us.

Our minds may occupy different degrees of 1) CAUSING current planetary dysfunction or 2) being AFFECTED—or, shall we say, victimised by same.

The term ‘innocent bystanders’ does not seem at all appropriate as the writing has been on the wall for quite some time. No surprises here.

It's not like our problems have suddenly sneaked up on us without warning. Quite the contrary: it has been more than 50 years since Shree Vasant Paranpe spoke at a pulpit in Washington, DC, at a gathering of scientists in New York, at an ashram just north of New York City. And he continued speaking for 36 years!



## HOMA PSYCHOTHERAPY: Continued

### WHERE ARE WE GOING? -- THE WRITING IS ON THE WALL

His message—POLLUTION is the culprit. AGNIHOTRA is the antidote. The term ‘Climate Change,’ had not yet entered the vernacular, but it was the elephant in the room that eventually escaped and began to wreak havoc.

Antidotes are multi-purposed. It is said they ‘counteract unpleasant feelings or situations.’ So be it. Prevention, however, is just as vital.

“If you’re not a part of the solution, you are part of the problem,” goes the expression. That our purpose here is to SERVE, not doing so becomes part of the problem.

A remedy is said to be a medicine or treatment for a disease or injury. A diseased or injured MIND provides us with an opportunity as well as a dilemma.

“Use the mind to train the mind,” we have been strongly encouraged or urged to do.

If both of your hands are injured and you are not able to feed yourself, it is difficult to maintain the health that proper nutrition enhances.

If your mind is diseased, or at least, greatly compromised by your environment, using your mind to train your mind may prove similarly most difficult.

A way out, an antidote, a remedy, may be found in the saying, “ATMOSPHERE, PRANA, MIND.

Changing the atmosphere attracts and balances flow of Prana—the life energy that connects us to the cosmos—and the positive effects are automatically transposed to our minds.

Like gravity, which operates regardless of our opinions or belief in it, Mind Training is greatly enhanced by focusing on atmosphere.

After a short trial doing Agnihotra twice daily—two weeks will do (about four hours in total)— BELIEVE WHAT YOU EXPERIENCE can be your de facto mantra. Exactly how or why you feel better, think more rationally, sleep more deeply, may not

matter. The proof is in the pudding and in the Homa Organic Farms and Gardens.

DIRE STRAITS, the successful rock band, has a song that propelled them. It is called, “Brothers in Arms,” and has a short lyric that goes:

*“Through these fields of destruction  
Baptisms of fire  
I’ve witnessed your suffering as the battle  
ragged high...”*

The Bible speaks of baptism by water that will be followed by baptism by FIRE. It can be said Agnihotra is that.

And the ‘fields of destruction’ can hardly be doubted by residents of Libya, Morocco or Hawaii and the more than a dozen other ‘hotspots’ on our planet.

The battle lines are becoming clearer. Virtually all of Europe, it was reported in mid-September of this year, is blanketed by very unhealthy—life-threatening, in fact—air. You can picket the government, big business, big Pharma, big whatever OR you can DIRECTLY and proactively ‘do the needful’ to protect yourself and your loved ones.

Do the benefits of Agnihotra outweigh the minor cost and minor inconvenience? You must answer that yourself, but without the benefit of an experimental period, you run the danger of dismissing a priori, without evidence, a process that has already significantly changed the lives of untold thousands.

Willpower alone is not enough if the proper tools are not being used. Hammers don’t help with screws. Dental floss is useless for most activities other than flossing.

Agnihotra copper pyramid healing fire is a major tool for surviving and thriving during these challenging times. But like most tools, its performance and usage opens doors that can then be entered. The practice of the other four aspects of the Fivefold Path then allows us to go through the open door and enter the world of being HAPPY, HEALTHY, AND HOLY.



## WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero



*"ONE CANNOT PROGRESS WITHOUT  
LOOKING WITHIN".*

Shree Vasant Paranjpe

### SWADHYAYA

We cannot ignore the terrible events that are occurring globally, though imitating the ostrich is tempting and would be the easy path to follow and, to a certain extent, a way of survival in such a chaotic stage of human history. However, when we possess tools that allow us to strengthen ourselves on all the broad levels of our existence, why not take advantage of them, and thus, remain standing and at the same time support those in need. A circle of women can be the right nest to recharge our broken batteries, empower and sustain us in these times of change, battles and challenges.

Often women are being pushed to do many things at the same time: housework, work or career, being mothers, wives, caregivers of our parents and the list goes on... At what point in the day, week, month or year, do we stop accelerating and take time for ourselves, to settle our emotions, strengthen our bodies, find ourselves and embark on the journey towards self-knowledge so that at the end of the day, we can continue to serve, create, nurture, love and sustain.

The women's circle is an environment that makes it possible to work on the

fifth step of the Fivefold Path:

**Swadhyaya, Self-knowledge, who am I?**

Knowing yourself, your habits and tendencies, your beliefs and your ways of perceiving what surrounds you is essential to understand how everything interacts and interconnects and how you face and participate in life.



For me, this specific precept, Swadhyaya, holds the most important key to the development of our existence and its continuous practice helps us to stay centered, happy, in harmony with nature, but above all, in authentic communion with ourselves, without pretending what we are not, but living freely in fullness and acceptance and in this way being a real support for all that surrounds us.

There are numerous exercises that we can do within a circle of women. I share with you some of them in order to motivate you to the study and self-knowledge of yourselves, as the path to permanent joy and inner joy. There are undoubtedly some requirements that are key to follow: honesty, courage, humility, introspection and perseverance.



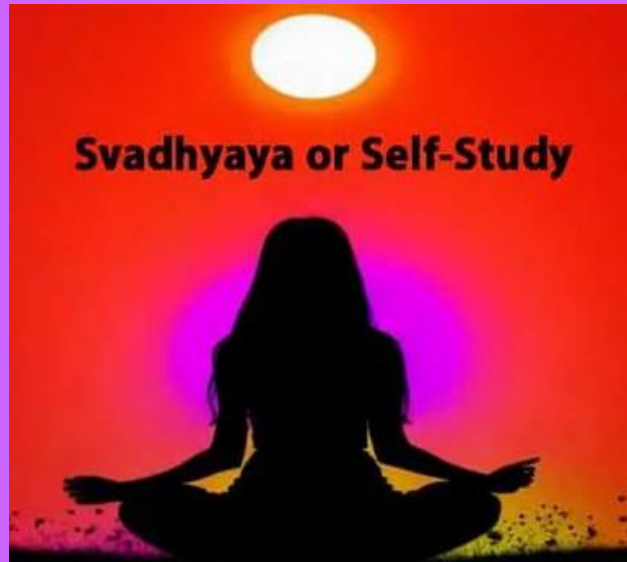
## WOMEN IN COMMUNION

### SWADHYAYA - continued

All this supported by the daily practice of Agnihotra and the real desire to know ourselves in depth, to discover why and what we are here for, pushes us to reach our goal: self-knowledge and personal growth.

Without these guidelines, it is difficult to achieve this task which, with the help of the sacred fire, will allow us the transformation and renewal of the mind, the purification of our environment and inner peace, no matter how much chaos and external storms come our way.

1- We sit in a circle, either on the floor or on chairs, according to the group. We light the Agnihotra fire or a Vyahruti. After repeating the mantra, we breathe deeply about five times and then continue breathing normally, concentrating on the inhalation and exhalation. We keep our eyes open and concentrate our attention on the flame, once it has gone out, we close our eyes for a few moments and breathe deeply three times. The instructor hands out blank sheets of paper and pens, explaining the exercise, which will consist of listening to a word that she reads out and completing a sentence quickly, without thinking, whatever comes out from within at that moment and that is focused on them. It takes less than a minute. I will give you some examples of sentences that could be used. Once the exercise is finished, each woman will read what she wrote. There are no comments, just listening...



Example sentences:

**I want...**

**I need...**

**I hope...**

**Right now...**

**I think that...**

**I...**

**I am grateful ...**

**I'm afraid...**

**Soon...**

**All...**

**I dream ...**

**I feel...**

**I can't...**

**They think I ...**

**2-Sound:** Who am I?

Each woman presents herself with a sound she identifies with.

**3- Art:** Each woman draws an animal or plant with which she identifies herself, and then briefly explains why.

See you next time!



## MEDITATION with HEALING MANDALA



Peace within.

Prayers deep in the river rising.

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022  
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.  
Healing Mandalas, prints and t-shirts of original art are available in the website shop [www.agnihotra.pl](http://www.agnihotra.pl) )



# A Devotee Shares: Extraordinary Experiences traveling with Master Shree Vasant Part IV

By Reiner Szcypior



## Homa farming experiences in Turkey

It was 1989 in Bergama, Turkey. We spent 3 years on a 1-hectare farm to experience the effect of Agnihotra and Homa Therapy on crops, vegetables, trees, animals and humans.

Shree Vasant had asked us to spend some time in Turkey, and we ended up staying there for 13 years!

We started our service with agriculture. The farm we rented had previously been used to grow cotton and tobacco. These were two crops that required a high nutritional load and, therefore, large doses of chemicals had been applied.

When we took over the land, we had to pull up all the remaining cotton stalks and to revitalize the soil we planted legumes, i.e. broad beans.

Broad beans are also a delicacy in Turkey and we planted about 250 square meters of this crop. A local merchant came to buy the beans. In Turkey it is customary to bargain to fix the price. We had no experience with this, it was new to us. The merchant took the first 50 kilos to the market and the next day he came back, gave us more money and said that the quality of our beans was such that they were sold in a short time and he asked us not to sell to any other merchant than him.

Another experience we had was with wheat. It hardly rained that year and the wheat was short and looked rather meek. As harvest time approached, our harvester said that it was not worth spending the money on harvesting the crop, as it would not yield much grain. Still, we said that this was of no importance to us, but to please collect the crop anyway.

Manuela, my wife, was watching the man when he suddenly stopped the harvesting machine and looked into the tank and then bent down to the wheat and looked at it quite amazed. Manuela went to talk to him and asked him if there was a problem. He showed her the tank which was already quite full! That was due to the large amount of grain the plants had developed. The straw was short but the ears were abundant and full of large grains. All the strength of the plant had been invested in the yield, in the harvest!

**That's how farming with Homa Therapy works!**



**Photos: The straw was short but the ears were abundant and full of large grains.**



**Manuela doing Agnihotra in the Homa farm in Bergama, Turkey.**

We also planted a large vegetable garden to live self-sufficiently and had similar experiences with our cabbages, carrots, leeks, etc.

In addition, we produced our own olive oil and had delicious honey from our bees. We lived a wonderful natural life organized around the practice of Agnihotra at sunrise and sunset and four hours of Tryambakam Homa daily.

We thank SHREE, who blessed us with these incredible and unforgettable experiences. OM SHREE



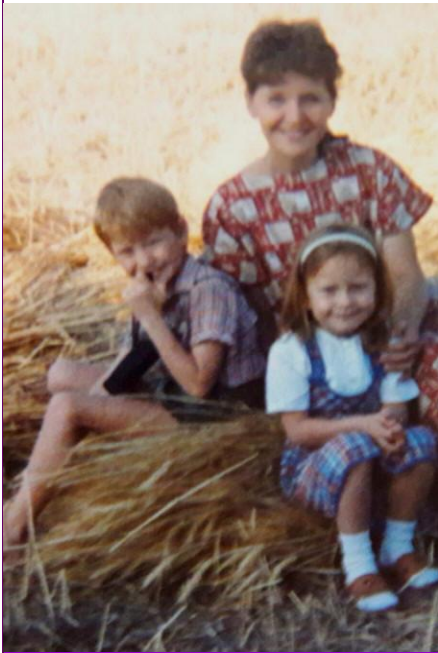
## A Devotee Shares:

### Extraordinary Experiences with Master Shree Vasant

By Manuela Szczypior



In HIS first talks with me, HE always spoke about Germany; the industrial part of Germany. I told HIM, "Sir, I am from Austria." He replied, "WE know." And HE continued to talk about Germany. A few days later, I met Reiner in Shivapuri, India. And when we were married in 1981, I remembered the first talk with SHREE VASANT as Reiner came from this same industrial area in Germany, and we moved there to live.



One time in Turkey, Reiner and I drove SHREE VASANT to the airport. I saw a simple, but beautiful, Indian bag among SHREE's belongings and thought, "Oh, how nice this bag is!"

At that moment SHREE turned HIS head to me and said, "You can keep the bag, if you want." Then SHREE said that ***"one should always watch one's own thoughts carefully, because we lose lots of energy with all this thinking! Be focused on the Mantra or Divine Images"***.

I arrived in Bombay in 1986 and met SHREE VASANT after boarding the train to Akkalkot. He appeared just to talk to me, and departed. SHREE informed me: ***"It would be good now that you and Reiner to not meet for six months, because this will help to loosen the attachment. It will be an intensive time, and not always easy for you. Think only it is SHREE'S Will and surrender yourself. It is Grace."***

SHREE informed me many details what would happen in future; and whenever these events occurred, I remembered that SHREE had told me before. Back to Germany... And it was exactly six months that passed when Reiner and I met again.

**(Photo above: Manuela with their two children, Gabriel and Fiona.)**

There was one experience that made me very happy: SHREE VASANT came to meet my grandmother in Austria. She was so inspired by SHREE; how impressive He is. Then she asked me, "Manu, can it be, when VASANT touched my hand, I felt like being electrified from the bottom of my feet to the top of my head?" She was very happy meeting SHREE.

I had countless dreams with PARAMA SADGURU SHREE GAJANAN MAHARAJ and SHREE VASANT. **And often both have been One and the Same!**

In India we received the telegram from mother-in-law that Reiner's father had expired. I went to Parama Sadguru and informed Him about it. We had to arrange to return to Germany. Back in my room, I took the booklet, ***"At His Lotus Feet"*** by V. G. Apte, a disciple of Param Sadguru, and I opened it. What I read was the following:

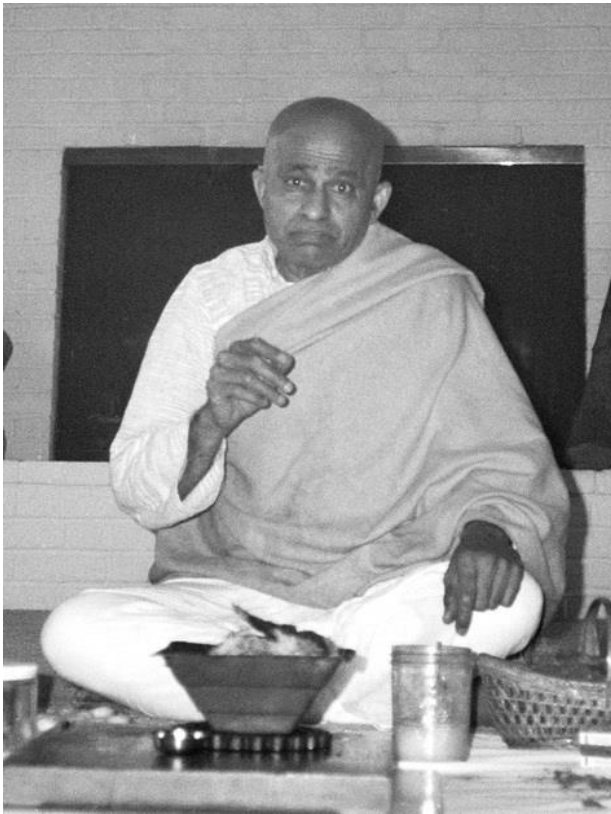
***"The person who is suffering in hot Sun will try and may get shelter under a nearby tree. He will feel happy under the tree. Even a blind person will know whether he is under the hot sun or the tree. But once you feel relaxed under this shelter, you will immediately start worshipping the shelter-tree as God. You forget that the tree, the shadow it casts, and everything is the Gift of the Supreme Lord. You should submit yourself to Him and say, "Oh, Lord! All things that 'Are' is Thy Grace! I submit myself to Thee! Let Thy Will be done!"***

**REMEMBER, WHAT YOU CALL DEATH MAY ALSO BE A SHELTER!"**



## MESSAGES from MASTER SHREE VASANT

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**September 14, 2023**  
*(Received via Parvati)*

These are shocking times during which great catastrophes will occur. Some catastrophes are due to have what is called climate change, but not all. Some are intentional, and some are what you call 'natural disasters'—all over the world. This is happening in great succession.

Many lives lost, whole land masses in shambles. Countries on the brink of destruction, due to these shocking calamities.

Do not underestimate the power of Grace.

Do not take for granted blessings given.

The work being done behind the scenes is truly sacred work. All the fires which are being performed around the world form a grid for healing of the planet. Though it may seem irrelevant, with the succession of these disasters, mark Our words, this is not the case. All these great efforts will bear fruit.

Continue your work without missing a beat. These are truly the times which We had prepared you for.

All of you walk in Light, protected by Divine Grace.

With all love and blessings.

OM TAT SAT.

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There has never been a greater time in history to be moving into Light.

There has never been so much of a push toward the Light.

Transformation of mind comes with very little effort.

Have faith. Have patience. Be grateful.

All the time grateful.

World outside may become lost. Remain calm. Remain quiet.

Remain full of love.

Whatever you give to your child, give it with love. Your child should never suffer for your own shortcomings. If you feel anger do Mantra. This will help to offset the effects of anger. All your emotions affect your child particularly when it is young and helpless. So if you are feeling upset try not to carry this over to your child.



## FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



### July 27, 2012 On Orion Origin and Timing

Yes, yes. Interesting query from our dear brother C. the traveler. We would like to give specific responses; however, they would be widely misunderstood. As human beings like to sort and file, a specific star name would be helpful. However, we are greater than that which could dwell on one star alone. Actually, our presence is energetic by nature. We are neither of physical nor astral form! We are perhaps best to be described as having no particular form, though by the rather comical accounts of those who have 'seen' us, we have a more cartoonish appearance. This is always amusing.

It is difficult to explain and far more difficult for human beings to comprehend us. **We are energy entities, if you will, a multitude which operates as ONE.** The concept is beyond your understanding using the logical, rational intellect.

Why have we come at this time? Hmm...because it IS TIME! Human beings have gotten themselves into quite a disastrous condition, both globally and individually. Even those who follow their hearts are being stretched to continue following them without doubt! As the world becomes increasingly more sinister, the 'powers that be' will press further to control the populace by inducing fear into you! This fear induction can and does take place not only via every avenue within their control—from media to healthcare, from education (a mainstream wonder for targeting the young!) to incarceration of criminals.

Now, this is only on the obvious levels. Same effects can be established via water, which is

injected with poisons, air which is being sprayed with substances known to control weather and of course, those who live on this planet, and the soil, via pesticides and herbicides, genetically modified foodstuffs and seeds. So, it is a thorough effort. At best these injected substances create a type of apathetic slumber in many people. At worst, it can cause severe illness and even death.

However, dear ones, there is a massive effort of those combatting these injections and a great deal of beneficial antidotes for their effects. More coming! Certain herbs will produce the opposite effects of these substances and will be used to nullify completely their effects! Thus, the constantly proposed legislation to ban herbs! Ha! Do not be fooled. They cannot control your growing such herbs and using them, sharing them with those who know where to find you, dear ones.

**Herbs grown in Homa atmosphere combined with the miraculous substance of the era, Agnihotra Ash, will be clearly the healers for future times. Store great quantities of this pure Agnihotra Ash. It is like gold which you do not realize now and in future, it will be gold which many will come to realize is the key to survival.**

So, dear brother, we are from three points in the Orion constellation, not just one. Later we may reveal the details of our origin, as and when it is needed. OM.

More info.: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this HomaHealth Newsletter!**

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