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HOMA HEALTH - NEWSLETTER #21

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Any comments, questions, suggestions and contributions to the Homa Newsletter, please write to Dr. Abel Hernandez & Aleta Macan terapiahoma@ yahoo.com Please add to your email the city, state and country you live in. This will help us to be more efficient. Thanks!

THE POWER OF JOY

In our search for happiness, we also can research what joy is all about. But let's start by asking: Can you smile in spite of adversities? Can you welcome the difficulties? Can you see the blessings behind the problems? How do you react to an insult, a hit or a push? Have you noticed that people who have a good sense of humor:

- a) look and feel younger
- b) live longer
- c) are more attractive
- d) are healthier (strong Immunity system)
- e) have higher energy level
- f) have more friends
- g) etc.

Usually, when you get a sore throat, fever, headache, body pain, nasal congestion, sneezing, coughing, etc. you know you might be catching a cold. That means that a microorganism is attacking and affecting you. So you take some measures to overcome this. This pathogen affects our natural state of well-being. What do you usually do when a person with a contagious infection (such as a cold, TB, etc.) approaches you? a) run away b) take precautions c) ignore the situation When somebody who suffers from gossipititis, negativitis, egotitis, envytitis, etc. comes towards you, what do you do? Those diseases are also contagious. If you watch your behaviour, words and thoughts, you might be able to notice when they do reflect ease or dis-ease. Only a sick mind makes someone hurt others or hurt him/herself. To love yourself, everyone and everything is a sign of a healthy mind. We can dislike the sin, but not the sinner. We can dislike disease, but not the diseased.



And yes, yes, yes, Agnihotra can bring the Power of Joy within the sun into our body, heart, mind and surroundings. So let's do Agnihotra and spread the fire of the sunny joy.

Let's reflect upon this:

Why is it not good to judge or speak negatively about others?

Among many reasons, there is this one: When you do that (judge), you bring into your mind all this negativity and bad seeds which will try to take root into your mental fertile land and eventually grow and produce those horrendous fruits, that you have criticized in the first place. You become that.

However, knowing this fact, we can also choose to praise, talk about and remember the positive deeds and traits of Saints or people with wonderful qualities. Some of these beautiful seeds may also grow in the garden of your heart and mind. This may reflect in a loving, kind and wise personality later on. What would you choose to do?

It is easier to walk the Path of Light with a smile. Tackle the problem one at a time by going from the simplest to the more complex.

Don't be too hard on yourself. Forgive yourself, so you can forgive others.

Love yourself, so you can love others. Be happy with yourself, so you can always be happy with others. Sing, dance, play, laugh, ...

Editor's Note continued:

Joy is our birthright, claim it and make it yours. By the way, we are Celebrating the Somayag, which marks a turning point in the Spreading of LIGHT all over the world. Now, the path is clear. Simply get connected through Agnihotra at sunrise and sunset. The Fivefold Path (Yajnya, Daan, Tapa, Karma, Swadhyaya) is the way to Joy and Bliss. It helps us to look below the masks and have compassion for ourselves and others and recognize the beauty and greatness that is outside and inside. Now, we would like to invite you to click, watch and enjoy:

- 1) * Somayag Celebration and Bath with Shree in the Holy Narmada River.
- 2) * Homa Festival 2007 in Guayaquil, Ecuador
- 3) * Nick

Let's keep sharing the joy. **OM OM OM TAT SAT** (**Note:** *All the videos for this Homa Newsletter will be available soon on the web.)



HOMA HEALING STORIES



Antonia Martinez Vinces, Ecuador, South America

"I am Antonia Martinez. I am 37 years old. The boy didn't walk; he was crippled; he was in bed; he could not do anything nor could he eat anything. This happened after he received a second vaccine like a reinforcement of the first vaccine. He was like this for one year. Dr. Bustamante told me that it was a problem caused by the vaccine, because the dose was too high. He had a throat infection. I have been coming to the Homa Therapy for 2 months. Now, the boy is

much better .He rises; he goes everywhere; he already crawls; he is no longer angered, he was unbearable. Now, he behaves well. He is 3 years old. All this happened in the last 2 months. I am happy to see my grandson improve."

* Click here to see Mrs. Antonia Martinez' testimony



Amelia Montoya Vinces, Ecuador, South America

"I was diabetic. The glucose level was 400, 300, 250 and now I have 117 and 90. Now, I am taking the Agnihotra ash with water and I have been doing Agnihotra in the "Zenaida" for 2.5 months. Now, the last exam shows that the glucose is 117.. The doctors didn't believe it and they ordered to make the new exams 3 times and this last exam was sent to Guayaquil. Then they said that it was OK. I was suffering with Diabetes for 10 years. I also had calcifications in the feet and my bones hurt and I could not walk. I walked like an old lady. Now, there is not pain. I was also without menstruation for 9 years. Now I menstruate and the doctor tells me that I can get pregnant. I am 39 years old. I also had a knot in the throat and some

friends told me that someone had harmed me with witchcraft.I went to the doctors, but they didn't help me. I spit thick phlegm at night. I could not go to bed, because I could not breathe. Now, I can sleep and I am very well."

Click here to see Mrs. Amelia's testimony

HOMA FARMING - THE ONLY WAY OUT!

Homa Therapy is brought into the Rajasthan GoShalas





Cows as well as people welcome Agnihotra Healing Fire and Homa Ash Medicines in their lives. Sometimes up to 300 people gathered in the villages to participate in the Agnihotra fire and receive some of its healing ash.

Mary Lee Weir Belize, Central America Homa Volunteer in Rajasthan, India

Juan Rodriguez (Venezuela), Dr. Irma Garcia (Venezuela), Prof. D. R. Jog (India) and I traveled to Rajasthan to teach Homa Therapy in GoShala's (Cow Sheds). We were invited by a government organization called Rajasthan Go Sewa Sangh (RGSS). RGSS has over **12 GoShala's**, **which can house up to 1500 cows at one time**, throughout the state of Rajasthan. Most of the GoShala's were located deep in the desert, near the Pakistan border. They served as a central point for sometimes up to 100 villages.

Dr. Irma and Prof. Jog returned to Madhya Pradesh while Juan and I continued the work. **RGSS** cows are treated very well. They are given the best fodder and oil cake foods, however the cows are still suffering from things that cannot be explained. In a shed of over 500 cows maybe 30 to 50 are fit for milk. We toured 9 of the 12 GoShalas, teaching Agnihotra and Tryambakam for 2½ months to. In three GoShalas, we installed a resonance point. **This HOMA** project is ongoing and is to show:

- a) the improvement of the overall health of the cows,
- b) the increase in milk production and
- c) the nutritional value in the fodder which is grown on the land.

In Pokran which is located in the desert of Rajasthan, the government is conducting regular nuclear testing. This high level of radioactivity is no doubt affecting the people as well as the animals in the area. As word got out about our HOMA HEALING TOUR in the GoShalas, many people would come with ailments and troubles. The most noticeable issues were skin problems, such as, white spots and sores. We made Agnihotra ash and ghee ointment and instructed the people to use it regularly, as well as eat the Agnihotra ash. As for the cows, we taught the people to put Agnihotra ash in the water, food and to use the Agnihotra ash ointment for skin and bone problems. We were able to see some good results in a very short time.

ECO NEWS

Meat and Milk from cloned animals









Meat and milk from cloned animals moved a step closer to European Union supermarket shelves on Friday after the bloc's top food safety agency said cloned food products are safe to eat.

BRUSSELS, BELGIUM: January 14, 2008

In March 2007, the European Commission -- the EU's executive arm -- asked the European Food Safety Authority (EFSA) to assess the possible implications of cloning for food safety, animal health, animal welfare and environment in the bloc.

In its first response posted on its website (www.efsa.eu), the EFSA said it "is very unlikely that any difference exists in terms of food safety between food products originating from clones and their progeny compared with those derived from conventionally bred animals".

It added that "no environmental impact is foreseen as a result of animal cloning".

Many consumer and religious groups strongly oppose cloning, which takes cells from an adult and fuses them with others before implanting them in a surrogate mother. They say scientists don't know its effects on nutrition and biology. Advocates of livestock cloning say the technology will help produce more milk and lean, tender meat by creating more disease-resistant animals. They insist that it is perfectly safe. GREEN LIGHT

EFSA has now opened a consultation process with member states and industry until Feb. 25 before giving its final opinion in May. The Commission's ethics committee is also due to publish its view on the matter next week.

"We take food safety very seriously, so we must wait for these opinions and then we will also look at our survey of public opinion in the 27 member states later this year before making any assessment," a spokeswoman for EU Health Commissioner Markos Kyprianou said.

If the technology gets a green light from the EFSA, cloned food products could be in supermarkets across the 27-country bloc in the next couple of years, a Commission official said.

Last year the US Food and Drug Administration (FDA)

Understanding Cloning The nucleus of the donor egg is removed. The clone source DNA is injected into the donor egg. The egg rapidly divides again and again, into a multicellular clump. The embryonic cells form into a hollow ball. Stem cells are Cells start to group harvested from together and form embryos of 100 specific organs. cells or more. The embryo continues to grow in size and complexity, resulting in a "twin" of the original clone.

gave its backing to meat and milk products from cloned cattle, pigs and goats, prompting EU authorities to act. Hundreds of animals have been cloned mainly in the United States, but the

Commission believes cloning is likely to develop both in the EU and internationally.

Britain and Germany are leading the push to allow cloned products to be sold in the EU and London has already confirmed that it has imported a cloned offspring, a Commission official said.

The largest US dairy producer and distributor, Dean Foods, said last month that it would not sell milk from cloned animals due to consumer concerns.

Editing by Peter Blackburn)

About the SOMAYAG:

Yajnya is the science of purification of the atmosphere through the agency of FIRE. This science is as old as creation. There are various types of Yajnyas for fulfillment of various objectives.

Basic YAJNYA is AGNIHOTRA tuned to the biorhythm of sunrise/sunset. A small fire is prepared in a copper pyramid of fixed size. Dried pieces of cowdung, clarified butter from cow's milk and a few grains of unbroken, raw rice are the materials used in this process of offering to the fire.

In all ancient civilizations of the world, cowdung i.e. dung from male or female progeny of a cow, was considered as an important medicinal substance for treatment of various human diseases. Ancient science describes sunrise thus:

"At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the Earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, destroying what is impure in its wake. This torrent of life sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra Mantra is the essence of that music. It is the quintessential sound of that flood. At sunset the flood recedes."

The offerings to fire are done with the accompaniment of Mantras.

What is Mantra? Definition of Mantra: There are vibrations that exist everywhere. It is only vibrations when you go into it. Where there is vibration there is also sound. When we do these Mantras, the sounds we utter activate these special vibrations that will create certain atmosphere of effects. Then the desired results are realized. These vibrations exist for everything, so anything can be activated, controlled or changed by Mantras.

When one with a pure mind utters the Mantra into the Agnihotra pyramid at Agnihotra time, the ash retains that energy and the healing properties of the ash become more powerful.

The effects of Agnihotra atmosphere and Agnihotra ash for growing healthy crops in a shorter period are well documented (please see: www.homa1.com) Agnihotra ash medicines are used by thousands of people with great benefit to themselves.

Agnihotra is to be performed DAILY at sunrise and sunset to keep the Nature's cycles in harmony.

At the junction of 2 seasons there is likelihood of epidemic. Hence several medicinal HOMAS are prescribed with different sets of Mantras.

Then there are special HOMAS for getting rains, for getting a male child or a female child. This forms part of biogenetics.

Bigger Yajnyas (HOMAS) like SOMAYAG, AGNISHTOMA, JYOTISHTOMA are done for purification of the environment, reducing the burden on the mind, making mind full of LOVE. In such Yajnyas chanting of Mantras and offerings to fire goes on for several days. In Somayag there is one process where first all the surrounding area is charged with Mantras and their vibrational effects. Then cow's milk and goat's milk is obtained while chanting certain Mantras. These two are then mixed while chanting certain Mantras. Then simultaneously Mantras from SAMAVEDA and other Vedas are uttered. This energizes the whole area. When the mixture of these 2 milks and ghee (clarified butter) are offered to the fire a flame shoots up, up to 10 meters high and the effect goes up to the biosphere.

By using this Supertechnology we can eradicate pollution factors on a large scale.

Click here to see a short video clip of one of these special fire offerings at the Somayag

SOMAYAG MAHESHWAR 23rd to 28th of Dec. 2007



Mr. Hari Apte with his wife Shraddha. He was the main priest in conducting this 6 day Somayag with approx. 20 other trained priests.



Mr. Abhay Paranjpe and his wife Anjali played a main role in the beginning of the Somayag, where Vasant and his lovely wife fires were conducted, purifying the whole area.



The Somayag was blessed with the presence of Shree Kusum, who is Mother to everyone.



The fire was ignited the old way. No matches, just friction in traditional Vedic manner.



The priests are trained for many years before they can actively participate in a Somayag. Their chanting was extraordinary. All Mantras have their special vibration and special effect when done in a certain way at the right moment.





The priests sometimes chanted Mantras at the same time from different Vedas simultaneously, while others put certain offerings with certain gestures into the fire pits. Every action was accompanied by Mantras. No action was done without Mantra. The crushed with certain stones Mantras were sometimes very intense, one could feel a certain energy emanating from the sounds.



The king of the herbs, called "Soma" was used during the last days. First it was and then a juice was made as a Yajnya offering.

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www.terapiahoma.com - www.homa1.com - www.homatherapy.info 23rd to 28th of Dec. 2007







Certain Ghee mixtures made with Mantras created tremendous flames, which shot up to 10 meters into the atmosphere and left everybody amazed.





again accompanied by Mantras.

The instruments of different shapes and sizes are The priests chant with all their heart and mind focused made of clay or wood and have sacred Sanskrit on their tasks, but they are also very joyous during the Mantras written on them. At the end of the Somayag Somayag. Each priest has a certain task and every day the instruments were put into the Narmada River, they confirm their vote to harmoniously fulfill their duty in this Soma Yag. Truly a wonderful Team-work.



The camera captured many, many of the Light-beings present in this Somayag... Or is this photo giving us a glimpse into another Universe?...



The end of the Somayag on 28th of December was celebrated with a bath with Shree in the Narmada River, where Shree joyfully blessed everyone by throwing water on us.

EVENTS around the **SOMAYAG**



Everyday, many Agnihotris who had come from all over the world to participate in this Somayag and the Indians who had also come from all the corners of India enjoyed celebrating and sharing Agnihotra, Meditation, Singing, Dancing, Music...



Prof. Wojciech Puchalski from Poland did measurements of some of the subtle energies with his special instruments. We will hear more about this.



There was music and singing...



Making of beautiful flower garlands



Wonderful candle light meetings...



Boat rides on the Narmada...



Unique sunsets on Narmada...



Dancing and music with Light..



Agnihotra celebration during the Somayag. So many fires lit for PEACE, LIGHT, LOVE,...

MESSAGES FROM SHREE VASANT



Shree spreading His Joy and Blessings after the Bath in the Narmada River.

Atmosphere has the capacity of retaining and transmitting sound, plus transmitting radio waves, satellite signs, etc. All type of communication without wires. Due to pollution this capacity is affected to such an extent that signals shall get mixed up and chaos will come.

Agnihotra smoke from the fire is medicinal. It is therapeutic.

Surface of Earth's moon is changing having a deleterious effect on people of our planet. Actually it is only mind that it affected in man but also biological functioning of all life on the planet.

Illness runs rampant. Attention. Agnihotra ash medicine is the Saviour. This is only way out. Agnihotra atmosphere and Agnihotra ash medicines are the cure all and end all to man's problems. We should eat ash three times daily.

Rotation of our planet is changing. This will cause destruction in Geography, Ecology.

The mind is reshaped so nicely, so delicately, so effortlessly by sitting in Agnihotra atmosphere.

In addition to other effects, if you notice, at certain interval bursts of energy emanate from the Agnihotra Pot depending on phase of moon and position of earth in relation to sun. These bursts of energy thrust nutrients and fragrance through the solar range having a profound impact on the mind.

SHREE VASANT on DECEMBER 22nd, 2007:

This is a NEW ERA.

We are stepping into a New Dimension. Nothing will be recognizable. World will change so much. It is like the destruction is going on and that destruction is wreaking havoc. Simultaneously, creation of the New World is well under way.

Now, destruction is to be reversed. That means a new stage has been reached.

Greater help from the cosmos is being given.

Now it shall be done according to Divine Plan.

Note: if you need a timetable for AGNIHOTRA for your location, please look into the website: www.homa1.com/horarios2008/index.htm or write to: agnihotrahorario@yahoo.com

ORION TRANSMISSIONS ON SOMAYAG

(received by Parvati Bizberg, Poland)

India. There is a great influx of healing energies foresee great disasters and natural catastrophes as many have predicted. However, the SOUND CURRENT will be sent from Maheshwar for the whole planet, to enliven the atmosphere and create a vortex of Light to heal the Earth. No one knows what to expect. We know that in the coming times, many will be drawn to the Light. This is the beginning Prepare your homes to receive the Light. In all the energies lying dormant within the Earth. planet. This is being done now, many times via distance.

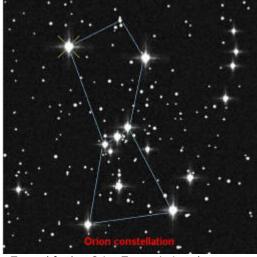
The outcome of such healing events as this through wich beings of Light will pass. Somayag will be felt across the globe. When the Mantras are uttered, sudden shifts atmosphere occur on every level. Plants, water, air, human beings, animals are all energized by the power of the Mantras and the elemental fire being performed in complete purity. When a great Master is also present, the energies are super-charged just by His presence at the event...

A multitude of Divine Beings will be present. Some have already been envisioned. When such a gathering of Light occurs, it can be seen from other planets. The effects of Mantras chanted and sacred substances burned is phenomenal... Yes, upon this sacred site, there are various points of Light. It can be seen as a map of dots connecting to form a sacred design,

Many Eternals will be present at the Somayag in which can be seen from above. Such sacred places often have several points intersecting which, when being harnessed for the planet's survival. We activated, act as a 'mini grid' and often form designs of triangles which appear as one form. This site has more than several points. The places where fire is performed radiate and generate greater Light and healing vibrations which, when connected around the globe, form a network which pulsates Light and electricities to the heavens...

now. Rays of Light are being emitted now from the SOMAYAG. These Light rays rise up and homes where these fires are performed, there out from the pits of fire. Sound is emitted. will be Light sent. At many sacred sites, it is the This is the seed to activate the SOUND element of fire which is required now to activate CURRENT which will heal and seal the

At each of the Points of Light, there exists a portal



To read further Orion Transmission please see: www.oriontransmissions.com

Thanks for sharing the "Good News" with this Homa Newsletter!

Further web sites on Homa Therapy:

www.terapiahoma.com www.homa1.com www.homatherapy.info www.homatherapie.de www.agnihotra.org www.homatherapy.de www.homatherapyindia.com www.homatherapy.org www.tapovan.net www.terapiahoma.com.pl www.terapiahomabrasil.net