

13th September  
2022

## HOMA HEALTH - NEWSLETTER #197

print Newsletter

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### EDITOR'S NOTE

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### FROM INTUITIVE GUIDANCE

### THE POWER OF JOY

Let's do more  
Swadhyaya (Self-study).

**When there is joy:**

**The sun shines  
brighter.**

**Breathing is slow and  
deep.**

**The heart is rhythmic  
and constant.**

**Everybody is your  
friend.**

**You can listen  
carefully to your  
neighbor, without  
getting angry.**

**The past and the  
future disappear.  
Today is a continuous  
present and a gift.**

**There are no more  
wounds, only lessons.**

**The beautiful WOW's!  
spring up all around  
us.**

**Smiling is easy and  
spontaneous.**

**Beauty emerges from  
everyone and  
everything.**

**You feel happy, strong  
and brave.**



**Life is easy and you can do almost  
anything.**

**There is no confusion or the  
confusion does not matter.**

**There is nothing to forgive or to  
forget**

**You can dance without fear of the  
opinions of others.**

**The food tastes better.**

**Water, air, wind, nature, light  
and darkness are pleasant.**

**Everyone, friends and enemies,  
are your relatives or brothers and  
sisters.**

**You and I are one.**

**There is no drama, just a play.**

**Yes, Yes, Yes. Joy is in our hands,  
available to everyone.**

**Agnihotra, DDaan, Tapa, Karma  
and Swadhyaya are paths to Joy.**

**OM FIVEFOLD PATH OM  
OM JOY OM  
OM SHREE OM**

Your experiences, comments, questions & suggestions are welcome! To subscribe to the HomaHealth Newsletter, please write to Abel Hernandez & Aleta Macan: [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com) Thank you!

## HOMA HEALING STORIES



**Photos of the patients of the "Policlinico del Seguro Paul Nogier" in Carabayllo, Lima, Peru, South America. They are sharing their experiences after participating in the Homa Therapy session(s) with Monk Chen.**

**Photos from the left on the right: Elisa Pacheco, María Huasi, Dalila Mendoza, Nilda Motta Pérez, Maribel Gómez, Isidora Pantoja, Irma Vélez Moro**

**Mrs. Elisa Pacheco:** We did Agnihotra, the sacred fire and I took the healing ash home to give to my daughter and my two grandchildren, who had quite a flu. It helped them a lot and quickly, especially to my grandson who couldn't breathe and couldn't expel phlegm. After 3 days, he is doing very well. My granddaughter says that she feels stronger and more energetic after taking the Agnihotra ash.

**Mrs. María Huasi:** I came to Homa Therapy for the first time 3 days ago. I came with pain in my eyes and the pain went away. I just participated in Agnihotra and felt like something passed through my eyes and it refreshed my vision. I no longer have pain. Today I came with a headache and it went away too. I also feel calmer, more active. I can do things more quickly and I feel better. I came to the Homa Therapy practically asleep and I had no energy whatsoever. These are nice experiences. Thanks.

**Mrs. Dalila Mendoza:** During Agnihotra, I felt a tingling in my head, as if someone was giving me a massage. Now I feel very relieved, very relaxed. And I felt a heat, for the first time. I felt this heat in my head. Thanks.

**Mrs. Nilda Motta Pérez:** I came with a numbness in the back part of my brain. When I was with my bare feet in front of the fire, I felt an electric current going up. Now I no longer have this numbness. I feel more awake and recharged. I arrived to the Homa Therapy session with a very bad mood and now I feel different. I am truly very surprised.

**Mrs. Maribel Gómez:** I entered this Fire Therapy with a very strong pain in the entire neck and I was like that for several days. The Fire that we were doing relaxed me and calmed the pain quite a bit. I was very stressed out. Now I am very relaxed. It has really helped me a lot and this is my first time attending.

**Mrs. Isidora Pantoja:** After the Fire Therapy, I feel so calm, so soft. I was breathing an aroma of flowers and I felt liberated from all the pain.

**Mrs. Irma Vélez Moro:** I came with very blurred and cloudy vision. Now I see clearly, oh God, but clearly, clearly, clearly. I can see with my eyes. Nothing is blurry anymore; I see so clearly. While the fire was burning, I had a feeling that my eyes were unclouding and clearing up. When I opened my eyes, I could see everything clearly.



## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

### Mimi's Homa Garden

Mimi Bennett  
Baltimore, Maryland, USA



I have been performing Agnihotra since 1974. I am now 86 years. Master Shree Vasant instructed Agnihotris to use **Agnihotra Ash Medicine**. **Monica Koch**, a pharmacist in Germany formulated these medicines and wrote a book teaching how to make Agnihotra ash medicine. My husband Victor and I made and used these medicines. To this day I put Agnihotra ash in much of the food I cook and always put in blender drinks.

The recent reports of spectacular results from Homa farms gave me the idea to cover the soil with large quantities of Homa ash before my son Vane transplanted crops in the end of May. The garden was not a planned garden. My son Vane purchased some small plants for me for my birthday and my sister brought me a **hot pepper plant** also for my birthday. Now we have quite a few things growing: **tomatoes, cucumber, squash, (zucchini, yellow squash and the round light green in the picture), watermelon, green and red sweet peppers;** Eyes of **potatoes** were stuck a couple inches into the ground from organic potatoes I bought and let the eyes keep growing until they looked ready to plant.





## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### Mimi's Homa Garden - continued

Already by mid-July the garden produced **very large squash ranging from 3 to 6 lbs. and cucumbers 2 ft long. All harvest is delicious. Must be the amount of ash that did wonders in the garden.**

In our plot were some "weeds", called lambs quarters, which grow like a forest of trees and they are

healing. They do grow sparsely in other sections in the yard, but not in the one section which has a huge amount of Agnihotra ash. Everywhere in the yard I can find so-called "weeds", which are actually excellent herbs that I blend with fruits almost daily. There are growing dandelion, plantain, which is a green leaf, chickweed, and the lambs quarters.

Life is for learning. The experience of tending a garden is new to me and the Homa ashes are a god send. **I am truly surprised and awed by the results. So much Grace comes with the practice of the Homa healing Fires on every level.**

**Photos this page: Healthy, abundant, nutritious and excellent foods achieved with the Homa Fires and their ashes. My granddaughter and also the daughter of our neighbor like to come and help in the garden. Mia, my two-and-a-half-year-old great-granddaughter, loves spending time in the garden and harvesting the goodies.**



***"The only way to survive will be living off the land itself and in a Homa atmosphere, everything will prosper.  
We have to be direct and sharp at this point in time  
as there is very little time left."***

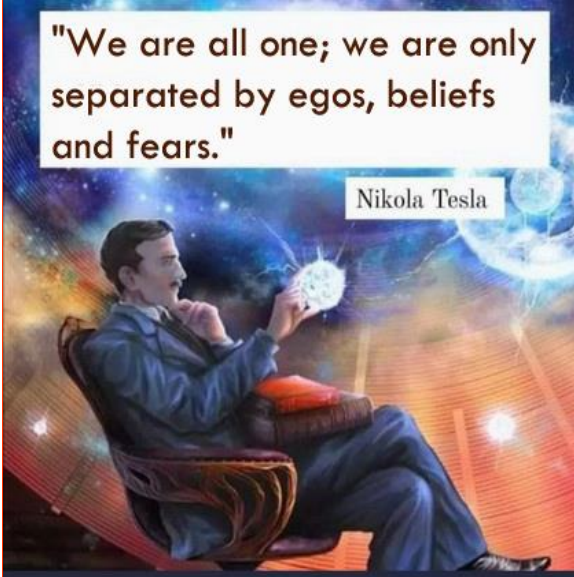
**-Master Shree Vasant Paranjpe-**



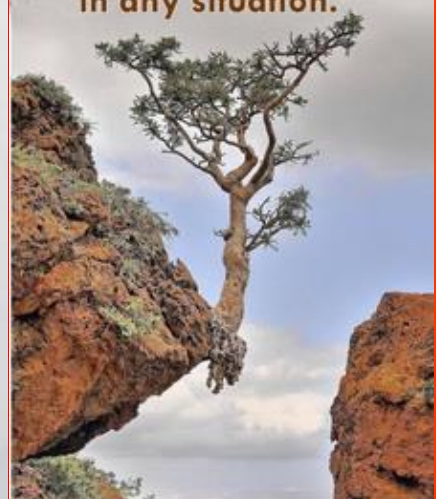
## ECO NEWS

"We are all one; we are only separated by egos, beliefs and fears."

Nikola Tesla



Trust Him to hold you in any situation.



### ZOMBIES IN THE SCHOOL

**Juli Garbulsky**, TEDx independent talks

¿How do teenagers feel when they are in school? Juli Garbulsky just finished high school and in this talk he shares a vision that can help us think differently about the future of education.

<https://www.youtube.com/watch?v=g6zBmBUOMhY>

(activate english subtitles)

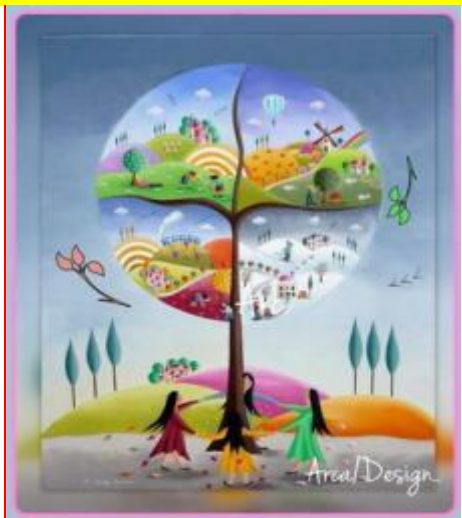
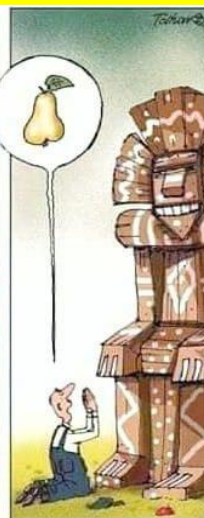
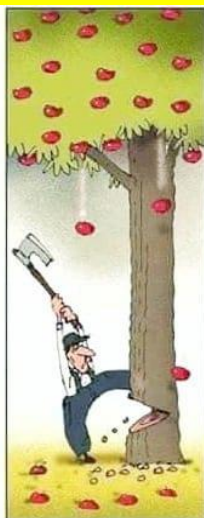
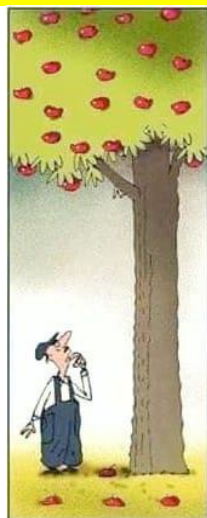


### EATING OUR WAY TO EXTINCTION

#### Official Documentary

Narrated by Kate Winslet, 'Eating Our Way to Extinction,' a Cinematic Feature Documentary addresses the elephant in the room that no one wants to talk about...

Will we be the next species on the path toward extinction? To see this interesting and amazing documentary, please enter: <https://www.youtube.com/watch?v=LaPge01NQTO>





## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



In Piura, the sharing of the Medicinal Fires of Homa Therapy is fully operational. More and more people are looking for relief and for a natural way of healing. There are two weekly sessions of "**Homa Meditation**" at **CERPS (Center for Professional and Social Rehabilitation)** of **EsSalud** (Social Security of the State of Peru) in **Complementary Medicine**, whose director is **Clinical Psychologist Marisol del Mar la Rosa**.





## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



There are meetings with the Homa Healing Fires in Piura every Sunday at the Vegetarian Restaurant Ganímedes with teaching and practice of Agnihotra and simple psycho-physical yoga exercises and breathing. Prof. Abel shares Fivefold Path teachings, Self-study and spiritual stories to wake us up and make us more aware.





## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



Photos show Agnihotra at: a) Ganímedes  
b) In the section of Complementary Medicine of the CERPS (Social Security of the State of Peru), c) Dr. Lilibeth's office and d) in many homes.



***"Much trouble in the world now. Time will come when the whole world suffers. Be strong. Do not allow weaknesses to be stronger."***

**-Master Shree Vasant-**



## TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



*"This one commandment, "Love thy neighbor as thyself," should be first and foremost in every action, every thought, every movement you make. Remember this always."*

**-Shree Vasant-**





## TIMES for the HOMA FIRES - PIURA, PERU



**The many Agnihotra Fires turn the atmosphere into an environment of Healing, Peace, Silence, Surrender, and Grace,... The songs led by Julia and Javier express Joy and Gratitude.**





## TIMES for the HOMA FIRES - LIMA, PERU, SOUTH AMERICA



In the **Primary Care Center III Carabayllo EsSalud**, under the mantle of **Complementary Medicine**, **Therapist Edwin Cruzado Alayo (Monk Chen Ting)**, specialized in Chinese acupuncture, continues with two weekly Agnihotra sessions (**photos above**).

Recently **Clinical Psychologist, Jorge Torres**, resumed the practice of Agnihotra for his patients in the same health establishment (**photos below**).

**Med. Tech. Álvaro Vásquez** shares Agnihotra sessions in Comas, north Lima.

Many of the attendees feel relief and improvement of their problems in a very short time. Please see "**Homa Healing Stories**" in this Newsletter (page 2). Patients are very grateful for this service.





## TIMES for the HOMA FIRES - LIBERTAD, VINCES & GUAYAQUIL, ECUADOR, SOUTH AMERICA



***"If you have difficult days, so what? We have to stay focused and positive even during the difficult times. Do your disciplines, meditation timings. Do HOMA fires. Then automatically everything falls into place which is conducive to your development. Only reason why mistakes are made is people are not maintaining proper disciplines. They are not incapable of proper decision-making."***

**-Master Shree Vasant-**





## TIMES for the HOMA FIRES - ESMERALDAS & GUAYAQUIL, ECUADOR, SOUTH AMERICA



*"Agnihotra has such a good immediate effect on children. They stand to gain so much by it. They are less concentrated than adults, and therefore it is easier to see the effect of Agnihotra on a child. In that way they are like plants, more simple than some of us."*

**-Master Shree Vasant-**



**Baby Gia learning Mantra and gesture by imitating her father, Diego.**





## TIMES for the HOMA FIRES - CUENCA, ECUADOR



Dear International Homa Community,  
We want to inform you that on Friday the 25th, Saturday the 26th and Sunday the 27th of November 2022, the "Luz - International Holistic Fair" takes place in Cuenca, Ecuador.

What a great opportunity to get to know  
**the Athens of the Andes,**  
the city **Cuenca.** We are awaiting your visit  
with friends and family!



International speakers and exhibitors will deal with innovative topics of **Health, Psychology, Organic Agriculture, Eco-Communities, Bio-construction, Ecology and much more.**

Of course, there will be a presentation of Homa Therapy with topics about Total Health, Agricultural and Livestock Super Technology along with the Massive Practice of Agnihotra.

In Cuenca,  
**Fabián Toral** is sharing Agnihotra in the **Kayku eco-store** with **Dr. Monserrath Bonilla, Therapist Juan Pablo Macancela** and patients.





## TIMES for the HOMA FIRES - COLOMBIA, SOUTH AMERICA



***"Houses where Agnihotra is performed will be places of refuge. Fire temples will be places of refuge. Now is the time it begins. You need not have fear."***

**-Master Shree Vasant-**





## TIMES for the HOMA FIRES – COLOMBIA, SOUTH AMERICA



*"Try to become more patient, more tolerant of others. Go out of your way to express positive things to people. You are here to serve, only to serve. How can I serve? If you want to ask anything, ask this of HIM only."*

*You are here to serve whether you feel sick or well, high or low. In everyday life there will always be ups and downs, life's difficulties, tiredness, etc. As you rise higher you rise above such things. If you feel them now do not become attached to them."*

**-Master Shree Vasant-**





## TIMES for the HOMA FIRES - CHILE, SOUTH AMERICA

**Almendra Bello** shares  
from Santiago de Chile:

For 8 years, **Soledad Cáceres**, President and founder of the **Fundación Bandera de la Paz y la Cultura-Roerich Chile**, has been carrying out countless activities to promote a culture of peace. She introduces Homa Therapy at her events.

With Soledad, we are regularly doing sunset Agnihotra on the full moon in *Plaza Los Dominicos* in Las Condes district and alternately in *Plaza Ñuñoa*.

(See photos above and below and in part on the next page. The three spheres of the Flag represent: Art, Science and Spirituality. It is an ancient symbol, found by Roerich on his travels to India and the Himalayas.)





## TIMES for the HOMA FIRES - CHILE, SOUTH AMERICA



**Almendra Bello** is teaching and sharing Agnihotra in all the situations that life presents her. She is always ready to serve unconditionally and with all love.

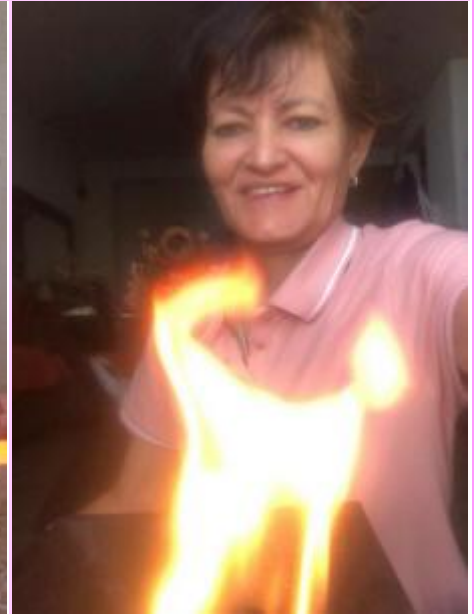
**"AGNIHOTRA WILL AMPLIFY THE EFFECTS OF MUSIC AS THERAPY. Agnihotra acts as a catalyst to boost the effects in the atmosphere."**

**-Master Shree Vasant-**





## TIMES for the HOMA FIRES - MEXICO, PANAMA & VENEZUELA



*"You have been told repeatedly for a long time that much destruction is to come. Now we are witnessing that time. More and more you will see it, read about it, hear it. Why are you surprised?"*

**-Master Shree Vasant-**



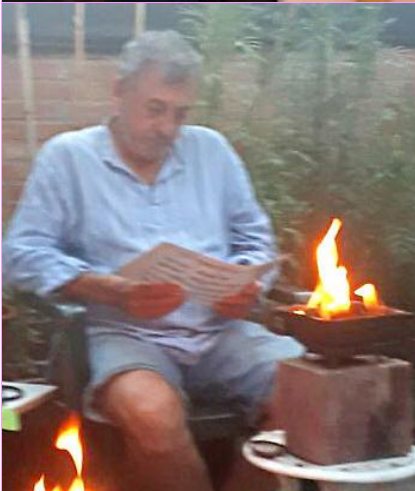


## TIMES for the HOMA FIRES - FLORIDA, USA





## TIMES for the HOMA FIRES - AUSTRIA & SPAIN, EUROPE



*"Desire is mind energy in action. Mind energy can be made to turn in any direction we choose with a little training. When desire sticks to sensory pleasures you get momentary pleasure but it is followed by much turbulence.*

*Let us get out of the habit of extracting pleasure through sensory apparatus of the body. Desire which is turned on to material objects acts as an instrument to reduce the capacity of the intellect to choose between right and wrong action.*

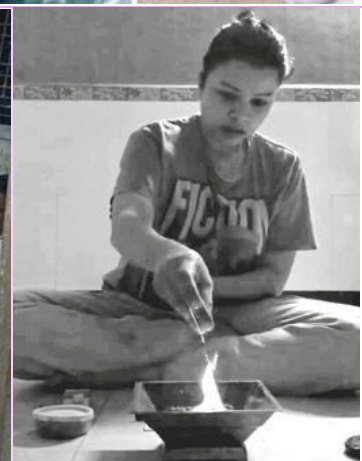
*Soiled intellect pushes man to perform evil Karma for gratification of his desire by any means. The person thus makes a laughingstock of himself."*

**-Master Shree Vasant-**





## TIMES for the HOMA FIRES - ITALY & INDIA





## TIMES for the HOMA FIRES - BHARGAVA DHAM, CHILE

## VISIT OF AGRICULTURE STUDENTS IN BHARGAVA DHAM, ELQUI VALLEY – AGOSTO 2022

By **Carolina Morales**, Agronomist

During the month of August 2022, a volunteer program was carried out by a group of students from the Technician in Ecological Agriculture career. There were 14 people who participated for **3 days in Bhargava Dham**, located in the Elqui Valley.

Among the activities that were carried out, there was the outstanding support provided by **Carlos Bustamante and Milena:**

- Daily practice of Sunrise and Sunset Agnihotra
- Daily practice Gayatri Mantra at noon
- Pruning Fruit orchard: Fig trees, pear trees, apricots.
- Application of compost and Agnihotra ash.
- Fivefold Path Workshop.
- Sanskrit and Mantras workshop.

In addition, it was possible to enjoy the **Cochiguaz River** and carry out **relaxation and recreation activities** by the group of volunteers.



**The main objective of this visit was to EXPERIENCE the practice and discipline of Homa Therapy and its application in agriculture,**

through fun, participatory activities that allow the volunteer to personally and collectively experience the applicability of the effects of a Homa environment and in such an **important energy point for the planet-**  
**BHARGAVA DHAM**





# LIGHTS OF BHARGAVA DHAM

Bhargava Dham Foundation



## Bhargava Dham and its' noble Task for the Planet

Since the activities started in Bhargava Dham, many beautiful things could be experienced in this very special place. A story full of dedication and service that is still in progress, being written with the pen of love of the Masters and Beings of Light that are permanently present in each stone, in each plant, in each grain of sand of the sacred Cochiguaz River.

We know that it is not an easy task, mainly because its central core of activities requires a lot of human dedication and discipline, with the responsibility of keeping the fundamental Homa fires lit to provide the deployment of all the energies that are available there for activation through the Yajnas.

The initial work of structuring the place has begun throughout all these years, from the acquisition of the land, with the construction of the temples, the main house for permanent residents, the visitors and volunteers' cabin, the hydraulic and electrical system, adjacent facilities, roads, bridges, planting of fruit trees, irrigation system, fences, etc.

As suggested by Shree Vasant V. Paranjpe, to further intensify the energetic irradiation, a very specific Pillar of Resonance was installed in Bhargava Dham.

Its activation was done to tune it to the other two points of light (one in India and the other in Poland) and inject more energy into the atmosphere for planetary healing.





# LIGHTS OF BHARGAVA DHAM

## Bhargava Dham Foundation

### Bhargava Dham and its' noble Task for the Planet - continued

In its vocation, Bhargava Dham is a place that must be fully designed and adapted to the practice, study and teaching of Homa Therapy and the Fivefold Path in all its extension. A place of inspiration for those who are looking for a living example of a Homa Farm, from its planning, installation and maintenance, to becoming as self-sustainable as possible.

Bhargava Dham is in a stage of restructuring in order to fulfill its noble task, which exists at the human and planetary level. For this, the aim is to extend the hours of yajñas and develop the Homa agroecological project. This month some programs were carried out with that objective. In particular, the volunteer visit of our dear friend, Agricultural Engineer Carolina Morales, and her students took place.



Due to the support of some friends who are very involved in the cause, it has been possible to carry out the work, mainly in these last two years, which have been so difficult all over the world. Some donations arrived that were fundamental and came as a great blessing, which is deeply appreciated.

**Photos of this and the previous page:**  
**Agnihotra y Triambakam huts of Bhargava Dham; Students and volunteers trimming the trees; construction of the cabins;**

It is essential to unify efforts in a well-articulated manner. Much material and human support is needed to continue carrying out such an important mission. **Bhargava Dham is for everyone! And we are all part of this beautiful work. Please visit the website and find out how to participate and support. Any collaboration is appreciated. Let's make the work developed in Bhargava Dham our contribution to future generations, as a positive example to the planet.**

To learn a little more about Bhargava Dham, know ways how to get involved and support, please visit the website <https://bhargavadhamchile.wixsite.com/bhargavadham>



## Follow your heart - Follow your dreams

**Parvati Rosen-Bizberg**

In school, children are taught all the basic subjects, expected to memorize, encouraged to achieve, follow rules, produce, get good grades. Then, automatically, know what you want to pursue after graduation. A lot of pressure!

But...children need a balance, just as we do. They need alone time and time to be creative and explore avenues of self-expression---including through the Creative Arts, Music, Theatre, Dance.

And ways to allay stress—like Agnihotra, Hatha Yoga, Tai Chi, Qi Gong, meditation.

We have body, mind and spirit. We take care of our bodies with healthy diet and exercise. We exercise our minds with all that we learn and study. But our spirit is often neglected and is equally as important.

How often do you hear, “What do you want to do when you grow up?” And you think in terms of acceptable careers, prestige, money or success.

As you grow, the vital questions should be: “How do you feel?” “What brings you joy?”  
“What are your strengths and your gifts?”  
“What do you love to do the most in life?”

And then, set aside time every day, if possible, when you actually do something you love.

Can you imagine a career where you can make use of your gifts, utilize your best skills and find JOY in it? When you do what you love, you do what makes your heart sing---you experience JOY. Your stress levels decrease. Your ability to enjoy your life increases.

### **Do what you love!**

Make a list of what brings you JOY.

Make another list of your best skills, abilities, talents & gifts.

Be sure to leave time to help others, time to do acts of kindness, to speak words of positivity and encouragement.

**You, children, are the hope for the future!**

**As Mahatma Gandhi said: “*Be the change you wish to see in the world.*”**





## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



### WE ARE ONE

**One byproduct of service is personal satisfaction accompanied by increased happiness at having fulfilled part of your Vikarma—your life's allotted task.**

Rather than bemoaning the state of the world or even of your neighborhood, why not direct your attention and energy to “making the world a better place” or “being the best you can be,” or allowing—pursuing, in fact—the next avenue of service awaiting you?

Public service rarely makes headlines and never is the lead story on cable news...never!

In the light recesses of our minds, though, ‘We are one’ takes on the tone of ‘This is what life was meant to be. This is why I’m here.’

I may still have questions, doubts or even moments of despair. But followers of Fivefold Path from the top echelon were told to “have no fear, no anxiety, no worry.” This, of course, is not accomplished overnight. Yet, even though it may have taken longer than one day for Rome to be built, laying some bricks certainly is preferable to worrying about where your next trowel is coming from.

Service is the epitome of win/win, a non-zero sum game in which others can be served at no loss to ourselves.

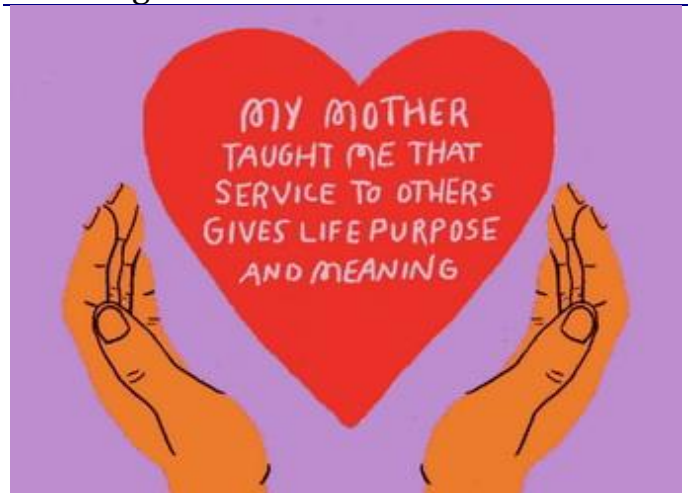
**In fact, server and servee benefit and you have made the world a better place.** I can feed my sister’s soul and still take time out for breakfast. I can feed my own soul while

simultaneously turning the process into a full-on buffet for the masses.

We may have different styles, different personalities, different methods of acting, but the bottom feeder fish in my fish tank is doing what it was designed for. My service may take a different form than yours.

But let us start with **ATTITUDE**. Do I want to serve? Am I in touch with feelings of empathy and compassion for those less fortunate than I? Am I able to go beyond my comfort zone, if necessary, to help a situation?

Instead of feeling less able and less powerful, can I see the truth in what Shree Vasant wrote in 1976: “On the day we are born as humans, we inherit all that is required to be happy, but we have forgotten this inheritance. It is like the son of a millionaire begging for a dollar, not knowing his father.”



Wouldn't it be wonderful if there were a way to help us access or increase such feeling and perspective?

**And wouldn't it be great if we could access this 'On Demand'--like HBO shows.**



## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

### WE ARE ONE - continued

Agnihotra copper pyramid fire can be accessed twice a day everyday--not 'On Demand,' but at each and every sunrise and sunset. Because of its benefits to MIND, our feelings, thoughts and intentions are much more in the spirit of service. I experienced this during a group psychotherapy session the first time I was in the room with Agnihotra. I noticed my self-indulgence, accompanied by self-concern, took a back seat to my wanting to help the others in the group. That was 47 years ago and unlike many phenomena in life, Agnihotra does not 'get old.'

"Sharing is caring," is a catchphrase my granddaughters taught me some years ago. I think it had to do at that moment with some food at dinner. Through a confluence of planetary situations—including wars, pandemics, and environmental concerns (big ones)—

humankind finds itself, if not at a crossroads, at least at a time of monumental choices.

We are not quite at the point of no return—though Climate Change may be closing in on that—but to deny the imposing situations would be counter-productive.

So 'What Others?' (the answer Ramana Maharshi gave when asked how to balance serving OTHERS with personal needs), takes on serious measures when weighed against today's global truths.

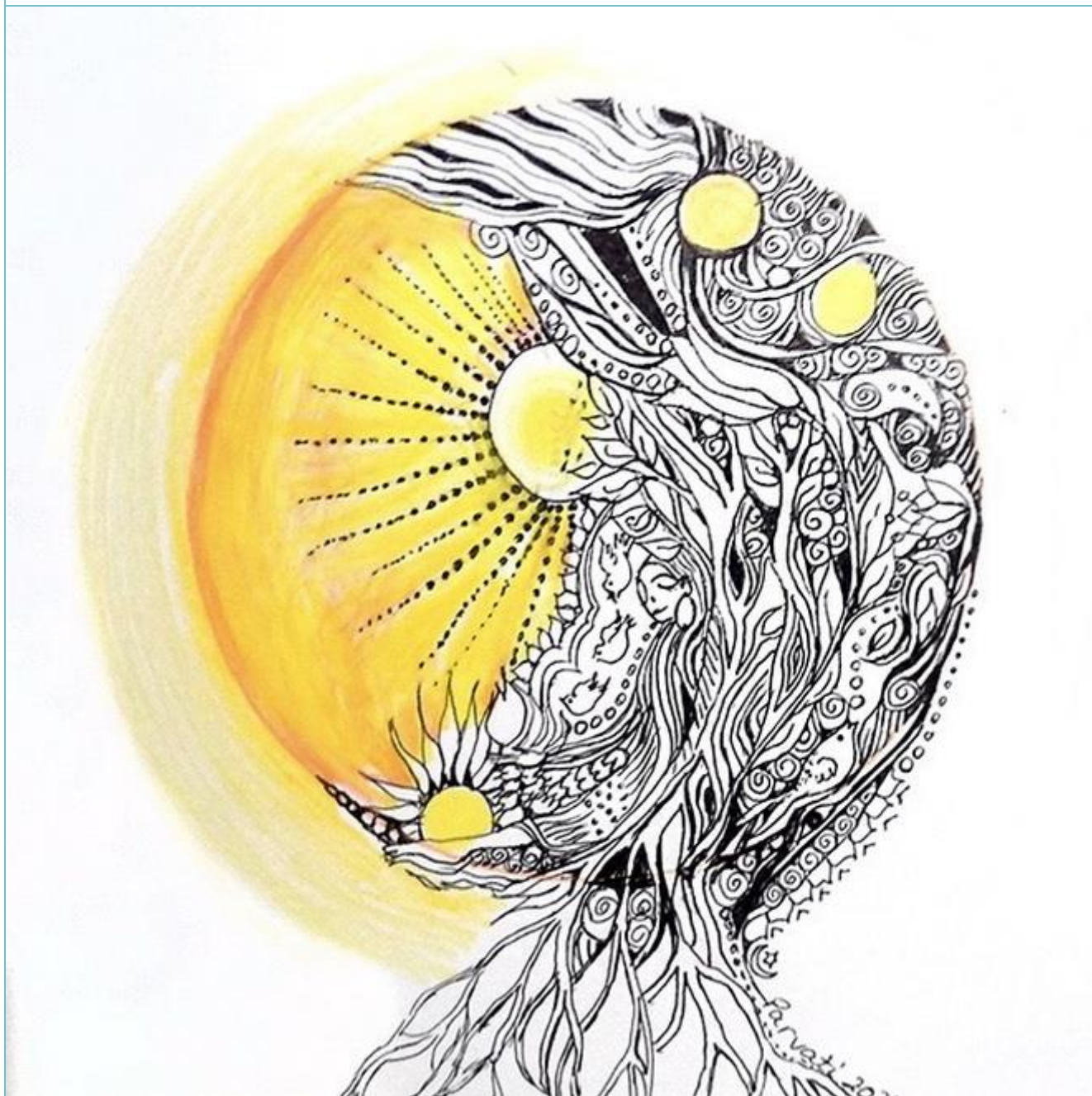
If others suffer on mass scales, is it not my job to assist if possible? Yes, ultimate outcomes are in the hands of a power greater than I. I can just make the effort.

After that, **"NOT MY WILL BUT THY WILL BE DONE,"—IDAM NA MAMA.**





## MEDITATION with HEALING MANDALA



*We have shifted with the seasons.  
We are rhythmical.  
We have time.  
Time to rise and to shine!  
Time to heal and fill our cup with Joy—  
from the river running underground,  
the source of sustenance, the Dance of Light.  
We have the grace of Time.*

**Mandala compartido por Parvati Rosen-Bizberg, © 2022**

(Todos los Mandalas son propiedad de Parvati (Fran) Rosen-Bizberg. Mandalas sanadores, en impresiones y en polos, del arte original están disponibles en [www.agnihotra.pl](http://www.agnihotra.pl))



## MESSAGE from MASTER SHREE VASANT

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**October 18, 2013**  
**Master Shree Vasant**  
through **Parvati**

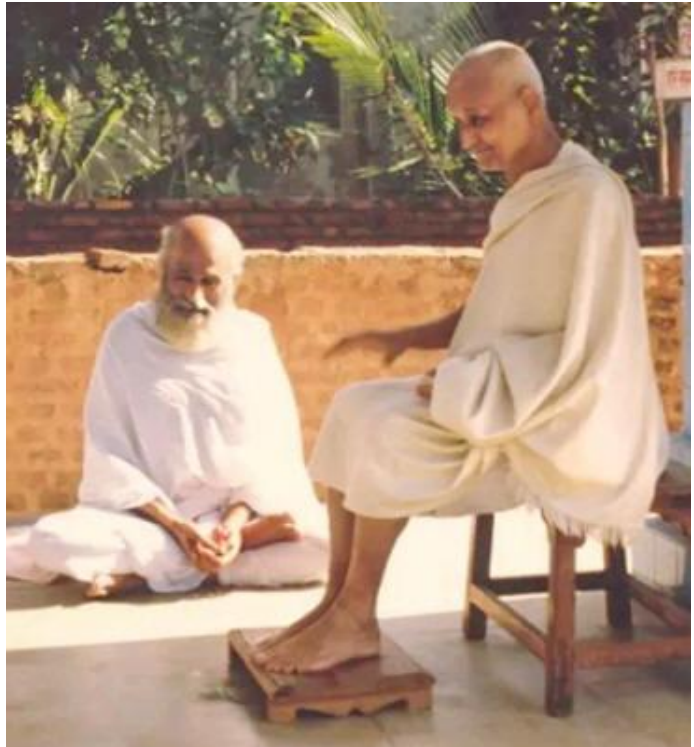
*These are very difficult times in the world.*

*Time to come together in positive, healing Homa environment, to create alternate ways of thinking, feeling and willing.*

*The old ways no longer work.*

**Go deeper in spiritual practice. Focus on it. Devote yourselves to it.**

**This is the source of strength which will give you the courage to move in harmony toward the Light.**



*Half measures are akin to 'sitting on the fence' and not giving all you are able to give. There is no time for fence-sitting or for half measures now.*

*On this Path of Light, all of you truly must practice forgiveness, strive for understanding and work hand-in-hand in Unity.*

*Separating into factions will only lead to isolation.*

*Come together in the Name of Parama Sadguru Shree Gajanan Maharaj.*

*We have called for UNITY again and again.  
It is essential now. You need each other's support.*

**We are with you all.**

*Do not become discouraged. Even if you feel more tired, due to the intense energies in the atmosphere. Increase your fires.*

**Come together in spirit of UNITY and with full intention to HEAL this planet through the agency of Fire.**

**At each Point of Light, intensify your practices.  
Fires performed here at Bhrugu Aranya, Poland, at Elqui Valley, Chile and Maheshwar, India, all connect to create a shield.**

*Everything is beyond human understanding.*

*Move in Light, in all humility, armed with gratitude and love.  
Make every attempt to come together, to make amends, to forgive, to understand and to unite as One Family in His Name.*

**May you walk in Light.  
All love and Blessings.  
OM TAT SAT.**



## FROM INTUITIVE GUIDANCE

(Received through Parvati Bizberg, Poland)



### September 30, 2019 On Truth Within

Yes, yes, yes. Nothing is as it seems. Those in power have seen to that. There is great power in dividing the populace and in instigating angry mobs and instilling hatred in minds already on the line. Dark side will always try to beat you at your own game.

The answer:

Refuse to play the game. You all have your work in the various areas of specialty, all united for the common good. Stay in your lane and develop your approach, hone your skills, be open and learn from each other. All aspects, all parts of the whole, can be utilized toward a harmonious, unified future for humankind and for this planet's renewal by purely natural means.

Do not fall prey to propaganda. Align yourselves with your higher selves. Make use of the media to share your tools, to inspire, uplift and unite. Then, turn off the media to go within, wherein lies the TRUTH.

**It is indeed a fine balance. Walk in balance.**

**Then, every impulse will lead to Truth, every word spoken, every gesture, every act will reverberate through the universe as TRUTH.**

**And, indeed, the Truth shall set you free.**

We are, in Light,  
ORION

### October 6, 2019 On Capacity for Compassion

Yes, yes. The capacity for compassion is what marks one's character. If one is only able to see from his/her own point of view, that capacity for compassion becomes

limited. One has one's natural inclinations. Add to that, societal mores, familial moral standards, and the opinions of others—and one's opinion-based foundation is created, cemented by one's own fears and anxieties.

As one begins to evolve, this crusty foundation begins to crumble and one's true essence rises to the top. The unique individual one is becoming intermeshed with one's highest potential to SERVE and act as a vessel for the upliftment and evolution of others.

As one's opinions are released, the dogma is shed, and one's capacity for compassion expands. That is when one's very presence can be like a healing oasis for others seeking solace in today's complex, chaotic world.

Then, to continue to SERVE in such capacity becomes one's vessel or vehicle to transport one into higher realms of understanding and ultimately into higher consciousness.

Yes, one need not have an aim, for that may often create an expectation. Instead, develop quietly an intention, based purely upon the willingness to seek the Truth and to reflect that truth in one's life.

Not every human being is to teach others, via words, write books, deliver sermons or create training programs. Some may simply walk through life, carrying within them that sharpened sense of intuition, enhanced by simple kindness and adherence to Truth. That human being is often more powerful than the grand, revered teachers of old. One can simply affect those around one with simplicity and Grace. Those whose hearts are steeped in true compassion do not see it within themselves, even. They simply radiate it. OM.

More info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**