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## HOMA HEALTH - NEWSLETTER #194

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### EDITOR'S NOTE

### HOMA HEALING STORIES

### HOMA FARMING

### ECO NEWS

### EVENTS

### CHILDREN, & PARENTS & EDUCATORS

### HOMA PSYCHOTHERAPY

### VEDAS & MANTRAS

### MANDALA MEDITATION

### MESSAGES FROM SHREE VASANT

### FROM INTUITIVE GUIDANCE

Your experiences, comments, questions & suggestions are welcome! To subscribe to the HomaHealth Newsletter, please write to Abel Hernandez & Aleta Macan: [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Thank you!

## REPAIRING THE WORLD

It is said that once there was a man who liked to solve problems and that led him to study sciences such as mathematics, physics, chemistry, biology, astronomy, ecology, medicine and many others.

He had become a scholar and sage in many aspects of life. He had also realized that for every problem or question he resolved, ten or more new unknowns could arise. This seemed like a never-ending story. His longing was to be able to solve the conflicts of the world. Although

he had become a great internationally recognized thinker and scientist, as he contemplated the global situation as critical and complex, he was more and more inclined to conclude that the situation was *Unsolvable*, because the variables were so many. It was like fighting a ten-headed monster, and every time he cut off one head, ten more appeared.

However, despite everything, he was still looking for a way out, since he said that every problem has a solution just like every lock has a key. But it was clear to him that the problems of life were not about a lock, but an endless sequence of locks. It was something like many repetitive vicious cycles at once.

But one day, his little and restless son entered the laboratory of his father, who was doing some experiments. The boy wanted to be with him. So, the father immediately decided to assign the child a task that would keep him busy for a long time (an hour or more) without disturbing him or making noise.

The father took a sheet of a magazine, where there was a picture of a world map and cut it into many similar squares and then told him to try to fix the picture again.



Surprisingly, the 7-year-old boy rearranged the puzzles in a few minutes and took them to his dad, who couldn't believe it.

The scientific father thought that for a child who does not know the world, this task was not be done that easily. So, he asked the boy: How did you do it? The child replied: I tried for a while, but I couldn't do it, because the squares are the same size and I didn't know or remember those details of the map well.

But before you cut the page, I realized that on the other side there was the figure of a man and that I do know. So, I decided to fix the man and that was very easy.

By fixing man, we can fix the world, since the world is a projection of him. And although each head is a world by itself, if we fix our head (mind, heart, body, etc.) we can fix our world.

### How to repair man?

- \*Much care during pregnancy, birth, growth, development, maturation and transit or farewell.
- \* Taking care of our integral nutrition, since we are what we eat through the mouth, the senses, the mind and the heart.
- \*Caring for our environment, because according to epigenetics, the field affects the particle and the environment shapes us.
- \* Taking care of our mind, because it is creative.
- \*Practicing the Fivefold Path because it is the synthesis of knowledge for good living.

**OM SHREE OM  
OM FIVELFOLD OM**

## HOMA HEALING STORIES

### Anojabye H. Bunghoo Curepipe, Mauritius

Jai Gurú Dev. I used to do Agnihotra in the past according to Vedic practices on Poornima and Amavasya Day. Sometimes we did it also on special occasions. But last Year one person told me about the Agnihotra fire she is practicing daily. Nothing is a coincidence and in the same week I joined a Webinar on Agnihotra by Shrutiiji and also learned Tryambakam Homa thanks to Bhai Janardhun. Then, when I received my Agnihotra kit, the very same day I started at sunset with the regular practice of Agnihotra healing fire. Really a lot of changes have occurred at our home. We cannot imagine any more our day without Agnihotra and the other Homas. My children also participate and **Agnihotra has become a precious time for the whole family**. Almost every day we take the Agnihotra ash before going to bed. Remember Vibhutim is made with cowdung and now we can have it at your own place. What a Blessing, isn't it? **We awake and arise and can experience the miracles of Agnihotra every day!** Patience and consistency are very important.

(Photo: Mrs. Anojabye with her son in front of Agnihotra.)



(Diana -left- with her friend Martha practicing Agnihotra healing fire.)

### Diana Molano y Endir Rozo Choachi, Colombia, South America

In our home town, Choachi, we taught Agnihotra to our friend, Martha Ferro. She was interested in practicing the fires of Homa Therapy and frequently invited us to her home. **She has expressed the peace that she feels in Agnihotra atmosphere.**

The first time we went, she was in a temporary home and had been looking for a place for several months that would suit her needs and tastes. **She told us that when being in front of the Agnihotra fire, she suddenly understood that she had to see nature from a different perspective: more to care for nature and adapt herself to the land and not the land to her.** Within a week, she found a beautiful farm where she now lives and does agriculture.

**The Homa fire presents us with an opportunity to stop for a moment, breathe and see clearly in the light of the fire of our consciousness and see how we are limited by beliefs that little by little dissolve in the heat of discernment.**

### Susaleya Vargas Villavicencio, Colombia, South America

I have been practicing Homa Therapy for several years. I feel that since the fire came into my life, it has brought great blessings. I have met beautiful souls who have been light on my path. I have made changes for my growth as a spiritual being. There is always water with Agnihotra ash ready for our consumption, including my animals. I have had health problems and I feel that Homa Therapy has sustained me in situations that could have been much worse. **This Homa Fires gives me a special connection with the Divinity and I give thanks to them for being a part of my life, forever.** OM SHREE  
(Photo: Mrs. Susaleya Vargas)





## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### EXPERIENCES with the HOMA FIRES in MANGO: Oscar Ardila

**Sta. Martha, Magdalena, Colombia, South America**

The harvest goes between April and August-September. The second harvest begins at the end of the year and runs until February-March. **This year the harvest in the surroundings here is not very productive; it is rather poor. it is scarce.** However, our mango benefits from the fact that Agnihotra is done every day at sunrise and sunset. And also, Tryambakam Homa is being performed.



In addition, part of the Homa ashes are applied to the surrounding trees and ornamental plants. **Our mango tree is so loaded with fruits that the branches reach the ground. The harvest is abundant and homogeneous and the flavor of the mangoes is exquisite.** This variety is called sugar mango.

**(Photos on this page of the garden of Oscar Ardila in Sta. Martha.)**

Extract from the **Technical Report of the Homa Project in Mangoes** in Peru in 2000:

**SUBJECT: RESULTS OF THE APPLICATION OF THE HOMA THERAPY PROJECT IN AGRICULTURAL DEVELOPMENT – SECTOR HUALTACO II – SAN LORENZO, PIURA, PERU**

#### **Mango production with application of Homa Therapy:**

**-Haden Variety:** 13,780 Kg of export and 28,067 Kg of fruit for the national market were obtained. Making a total of 41,847 Kg of fresh mango produced by the 57 plants, which is equivalent to half a hectare. Projecting the production to one hectare, **we obtained "83,694 Kg/Ha"**.

Likewise, it should be noted that the **percentage of Brick degrees (sweetness) of the mangoes here is higher than that of the other plots.**

It has also been observed that the ripening of the fruit is more controlled with respect to other plots. These two observations are also valid for the Kent variety.

#### **Average production of the Valley without Homa Therapy Agricultural Technology:**

Regarding the Valley, the production of 25-year-old Haden mangoes that have not used any insecticide or fertilizer, obtain an average of 10,000 kg per ha. **Farmers who have used insecticides and fertilizers obtained an average yield of 30,000 Kg/Ha.**

Signed by:

- Eng. ALFONSO CASTILLO BURNEO, director of the San Lorenzo Agricultural Agency
- Eng. LUZ MARINA CALLE ORTEGA, Admr. Technician of the San Lorenzo Irrigation District
- Agro Eng. JORGE HIDALGO VALDIVIEZO and Ing. CARLOS PALACIOS CASTILLO
- Eng. LUIS TAFUR GONZALES, Coordinator CONAFRUT – North Zone
- Mr. PALERMO GARCIA MENDOZA, owner of the plot where this project was developed.

To read the full report, please enter this link:

[http://www.terapiahoma.com/agricultura/informes\\_tecnicos\\_oficiales/ma\\_mango.htm](http://www.terapiahoma.com/agricultura/informes_tecnicos_oficiales/ma_mango.htm)



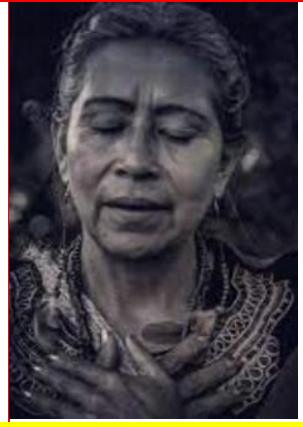
## ECO NEWS



### THE UMBRA TRIBE

*"I DON'T BELIEVE IN DEATH.  
Life is energy...  
EVERYTHING IS PERMANENT",*  
confirms  
**Grandmother Amtokatlnesli**

<https://www.youtube.com/watch?v=tL7xidfqiUQ>



### Farmer's Footprints: Regeneration - The Beginning

This film features the trials, learnings, and victories of the four-generation Breitkreutz family on the Stoney Creek farm transitioning from conventional farming to regenerative farming in Redwood Falls, Minnesota.

Using conventional methods, they saw their soils degrade and their input costs rise each year. The transition to regenerative practices has helped the crop operation and significantly reduced the cost of inputs for his livestock. This movie tells the story of how they did it.

[https://www.youtube.com/watch?v=t\\_qx-JzcKWM](https://www.youtube.com/watch?v=t_qx-JzcKWM)

### Ancient Wisdom

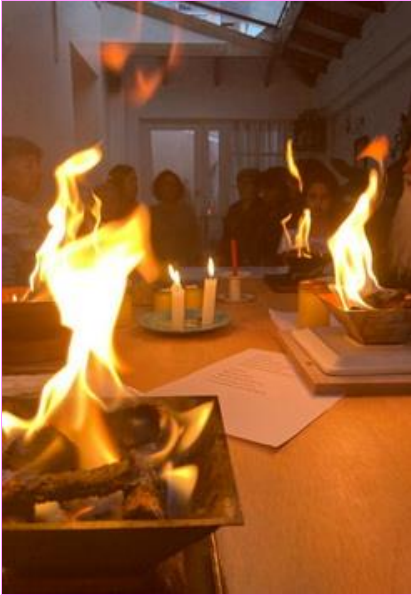
*"Give people time.  
Give people space.  
Don't ask anyone to stay...  
Let them continue...  
Because what is for you,  
Will always stay."*

<https://www.youtube.com/watch?v=LyQHxNLOfPc>





## TIMES for the HEALING HOMA FIRES - CUENCA, ECUADOR



Cuenca, a beautiful city in the Andes, known for its cultural diversity, science, art, architecture, etc., is located at a height of 2,500 above sea level.

The Homa Fires are being practiced in this city since many years, but the time has come and more people feel called to practice this ancestral healing technique. Among them, there are doctors, psychologists, therapists and healers, who have had striking experiences in a few days.

In addition, the towns on the outskirts of Cuenca invite you to stay and enjoy Mother Nature.

**Photos of this and the next 2 pages are from Cuenca showing audiovisual presentations of Homa Therapy in:**

- The Cuenca Homa Center of Fabián Toral
- at the Bolívar Medical Clinic with Dr. Juan Galarza
- in the town 'Tablón' with Agro Eng. Polivio and farmers
- at Mrs. Carmitas' and Mr. Eddys' 'Café Caru'





## TIMES for the HEALING HOMA FIRES - CUENCA, ECUADOR



***"HOMA Therapy is the science of purification of the atmosphere through the agency of FIRE. AGNIHOTRA HOMA (YAJNYA) is the basic HOMA. It is tuned to the biorhythm of sunrise/sunset and gives nutrients to the plant kingdom, removes diseases in a certain area and removes tension on the mind. This is the basic process in the Vedic sciences of medicine, agriculture, climate engineering and interplanetary communication."***

**-Master Shree Vasant-**





## TIMES for the HEALING HOMA FIRES - CUENCA, ECUADOR



"Suffering is not necessary. Where is it told in any of the literature, in any of Shree's Commandments, any of these Fivefold Path teachings, where is it told that we must suffer?

Nowhere is it told that man and woman must suffer. That they do suffer, this is observed, but the opposite is taught –that they need not suffer.

**Fivefold Path is quite simple really. If one follows the steps of the Fivefold Path, one will progress to a higher level. The progress is assured by practice of Yajnya as a material aid. Agnihotra is the basic Yajnya."**

**-Master Shree Vasant-**



## TIMES for the HEALING HOMA FIRES - GUAYAQUIL, ECUADOR



Photo above: Presentation of Homa Therapy at the '**Ser Humano**' (**Being Human**), **drug and alcohol Deaddiction Center**, which is under the direction of Dr. Nadia Donadonibus and Dr. Fabián Ochoa. They have had wonderful experiences with their patients applying Agnihotra, Agnihotra ash and the other Homa healing Fires.  
Photos below: Teachings and sharing Agnihotra at the Rincón Homa Center.





## TIMES for the HOMA FIRES- GUAYAQUIL & OLÓN, ECUADOR



In the **Rincón Homa Center** in Urdesa, Guayaquil, are Homa encounters 4 times a week, besides the free daily **Therapeutic Yoga session** in the mornings with Prof. Abel, practice of daily Tryambakam Homa with **Dr. Cesar Merino**, etc. We also had the wonderful opportunity to practice the Homa healing fires during a weekend on the beach of Olón, in front of the Pacific Ocean, thanks to **Eng. Víctor Lemus and his wife Lola**.



*"When the aim is pure, no moment is a wasted one, even if mistakes are made. Then all mistakes are merely stumbling blocks to make you stronger as you overcome them one by one."*

**-Master Shree Vasant-**





## **TIMES for the HEALING HOMA FIRES - GUAYAQUIL, ECUADOR**



**Photos on this page: The Holistic Therapists and Naturopathic doctors, Viviana Estéves and Mario Andrés Angulo organized a meeting with their patients to reinforce and deepen the knowledge about this technique and practice of ancestral healing through an in-depths presentation by Prof. Abel and a massive practice of Agnihotra. It was a festival of Light, Love and Joy at the Rincón Homa Center.**





## TIMES for the HEALING HOMA FIRES - GUAYAQUIL, ECUADOR



*"Proper meditation is very important for you. You must observe daily the timings given. This will help to stabilize you, and your mind will remain clear all day long.*

*Do not worry for the world. Your own problems are enough for you to solve. If everyone concentrated on problems of the world and did nothing to further his own growth, what would become of the world? Practice what you believe in. If you believe in proper diet, institute this in your daily life. If you believe in yoga, meditation, whatever you see as important for development*

*of mind, body or soul, do this. Speak less about what you do. Let your example guide others.*

*On the other hand, do not become so obsessed with your own difficulties that you do not see the problems of others. Simply, the more you improve yourself, the easier it will be for you to help others."*

**-Master Shree Vasant-**





## TIMES for the HEALING HOMA FIRES - GUAYAQUIL, ECUADOR



### On Homa Communities and Family Life

*"Fault-finding is not a way to solve anything. Only LOVE. All forgiveness. All tolerance. Acceptance. Then, a community based on these principles, using Fivefold path as a guideline, can be productive, economically self-sustaining and creative. More music and more songs in the homes. Children especially*

*gravitate towards music even as young babies. Music is healing. The work is teaching [Fivefold Path]. It is also in listening. It is also in play. Let there be laughter and joy in the HOMA home. Not always serious. Not always what must be done. Not to become lazy, but to enjoy time together."*

**-Master Shree Vasant-**





## TIEMPO de los FUEGOS HOMA - ESMERALDAS, ECUADOR



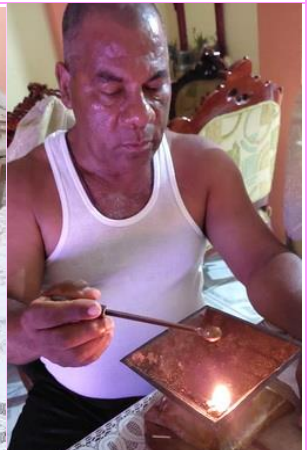
### About Agnihotra and Trees

*"Trees will yield fruits double the size and with twice the meat if Agnihotra and Yajnya are performed regularly in the orchards. Orange would be a good fruit to begin with, as it will give quickly, almost immediate*



*results. More people should begin to perform Agnihotra under a tree. This makes the tree happy and the tree dances and sings. Also, the birds are much attracted to Agnihotra and this heals them."*

**-Master Shree Vasant-**



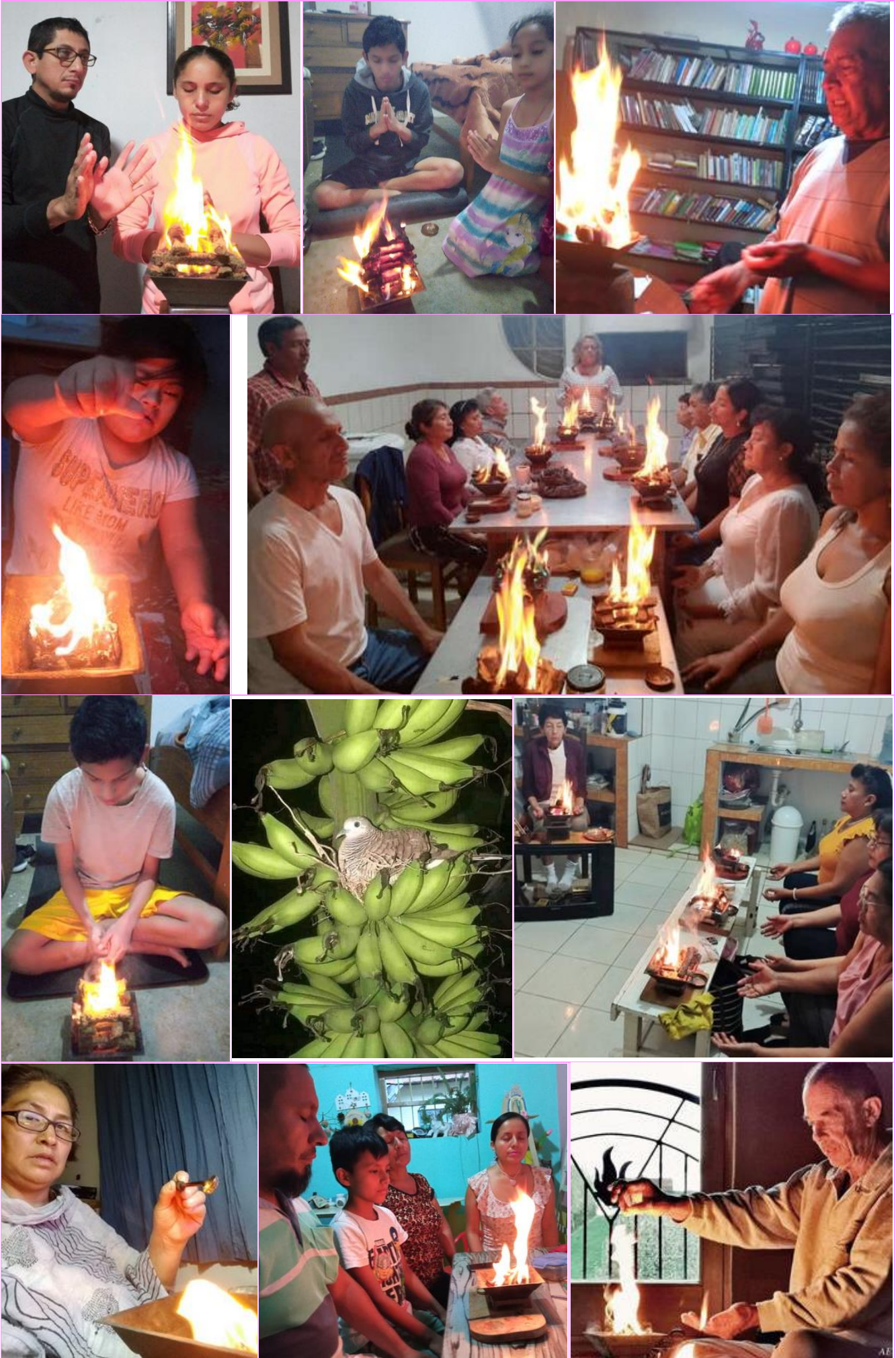


**TIMES for the HEALING HOMA FIRES -  
PIURA, PERÚ, SOUTH AMERICA**





## TIMES for the HOMA FIRES - PIURA, LIMA, JAÉN, CUZCO - PERÚ





## TIMES for the HEALING HOMA FIRES - COLOMBIA, S. AMERICA





## TIEMES for the HOMA FIRES - COLOMBIA y CHILE, S. AMERICA



**Diana Molano**  
wrote from **Bogota**  
**Colombia:**

On Saturday, June 11, I participated in a national initiative of women who walk different paths of ancestral medicines. This took place in Plaza Bolivar, center of Bogota.

**We came together in prayer and**



**with the intention of creating a brighter reality for this country and the world.** We are experiencing a unique and powerful planetary moment. We are the ones called to make the transition from an ending dense and challenging era into a new glorious one with each being that expands consciousness and joins love and service. The sacred Homa fires cleanse and clarify the mind & heart of each being and fills them with truth and eternal light.



**Sandra Leiva** wrote from  
**Iquique, Chile:**

In Iquique we often performed Agnihotra on Cavanha Beach in the mornings. My dog Pillina always joined us. She was very quiet throughout the fire. At the end, she was waiting for us to throw the ashes into the sea. On the way back, she was full of energy and wanted to play ball with me. Pillina also accompanied us in many Tryambakam Homas.



. For this reason, **when it was time for her to leave, we said goodbye with much love and accompanied her with the Tryambakam Homa, which filled her and us with peace.** Pillina, you are always in our hearts. **Sandra & Sam**  
**(Photos above: Sandra, Sam & Pillina)**



**TIMES for the HEALING HOMA FIRES - MEXICO & USA, NORTH AMERICA & PANAMA, CENTRAL AMERICA**





**TIMES for the HEALING HOMA FIRES - SPAIN, GERMANY  
& CZECH REPUBLIC - EUROPE**





**ORION on conscious child rearing**  
**September 1, 2011 (received via Parvati)**

Those of you with young children, keep in mind you may eventually have to form schools to teach your own children, once systems become untenable. This is not now, so make best use of systems as they are at present. Of course, home-schooling works well, if there is a variety of children of different ages who can attend together. Social interaction is important at various stages of development, so you should not hide your children from the world outside their door. However, there will come a time when to home-school may be essential.

Meanwhile, consider that those of you with children should spend more than 'quality time' with them. As the world shifts, many changes will take place quickly in the outer environment. To keep up with those changes and assist those younger beings with their adjustment, keep your lines of communication with your children open, meeting regularly, clearing misperceptions they may experience, offering them hope and faith in the future.

In particular, those teenage beings amongst you will need special assistance in the area of HOPE and FAITH. Teenage beings tend to see the world upside down and inside out, during their most intense years. If they have a solid anchor in your love and understanding, they can withstand any storm. They may still have mood fluctuations and fears arise which they never experienced before, but with solid grounding of parental love, they can rise above their problems and become quite effective, compassionate leaders of tomorrow.





## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



### THE NOT SO MERRY, MERRY GO 'ROUND OF LIFE TODAY

The gentle push to the mind that Agnihotra--the core of the Fivefold Path and of Homa Psychotherapy-- provides, is a tool without which all matters become more difficult. There are no two ways about it. This is the experience of tens of thousands worldwide.

To say it another way, with Agnihotra, things just become easier. Speaking to a woman in Warsaw some years ago, she told me she had stopped doing Agnihotra (after six months) because it made her life "too easy." She wanted more of a challenge.

I understand that some folks run marathons, some half marathons, and some walk briskly to the fridge during football commercial breaks.

So fine, this woman chose to "do it on her own." Admirable (in a way). But since timing is everything, just as in wartime, when atheists often become believers, mid-2022 does not seem to be the best time to "do it on your own."

This is not our grandparents' world. The not so merry-go-round we live on is not a walk in the park. Pick your poison: the current choices are Covid-19, effects of the war in Ukraine, and the mother of poisons--Climate Change. Hence, this life cycle requires our full attention and effort.

Still want the challenge? Cool, but what about the vast majority of humanity struggling to stay alive midst its 'challenges'--like trying to keep their babies alive another day despite food and medicine shortages? Homa Organic Farming and Agnihotra Ash Medicines can help the multitudes.

If we are open to the possibility that the effects of Agnihotra are so wide-ranging as

to (according to Vedic knowledge) effect a circumference of about 1 1/2 miles (2.4 kilometres), think of the possibilities to be of service.

The chief scientist for the Nature Conservancy in US says the world is heading for dangers unseen in the 10,000 years of human civilisation, and follows up with, "This will be greater than anything we have ever seen in the past. This will be unprecedented. EVERY LIVING THING WILL BE AFFECTED."

And this news is relegated to page 6 of The Guardian newspaper!

When in 1989 Vasant titled his new book, "Homa Therapy: Our Last Chance," some may have cried, "hyperbole--way too dramatic!"

33 years later, reality seems to have supplanted poetic license (though climate deniers and persons too shy to shout from the rooftops walk the planet).

Though Agnihotra certainly affects all living things, we may not save the planet per se, but at least the 1 1/2 mile circumference around the place where it is performed, will be positively affected.





## VEDIC SCIENCE and MANTRAS

Prof.: Carlos E. Bustamante G.

### Philological Notes on the Pronunciation of the Mantra Om Tryambakaṁ - Part 2



Returning to what we were studying in the previous Bulletin:

The text of the Ṛg Veda Saṁhitā in which we may find the Tryambakaṁ Mantra is transliterated as follows: “Om Tryambakaṁ yajāmahe sugandhim puṣṭivardhanam urvārukamiva bandhanānmṛtyormukṣīya māmṛtāt (Om/Svāhā)”. This transcription is appropriate for chanting and recitation. If we observe the first segment of the Mantra, the expression “Tryambakaṁ” already exhibits in its final part the anusvāra or resonant nasal sound “ṁ”.

As we have already pointed out, when the Mantra is read or recited continuously, a sound transformation is produced by combining the final segment of “Tryambakaṁ”, that is “kaṁ” with the beginning of the verb “Yaj” conjugated in the form “Yajāmahe”, that is, with the particle “Ya”.

Following the reasoning, it is extremely important to point out that this sound transformation does not affect the written text, which remains unchanged. This phonetic nasalization only modifies the pronunciation or sound production of the Mantra.

In the Vedic and classical Sanskrit language we have five nasal voiced consonants namely the “m” called “ma” and the “n” called “na”. But, the anusvāra or “ṁ” is a resonant nasal sound element independent of those nasal consonants, called a pure nasal sound that some grammarians also consider as a nasalized vowel.

Based on Saṁdhi phonetic rules, that is, articulatory and combinatorial phonetics that are in turn strictly based on anatomical and physiological configurations of sound production, this anusvaric resonant nasalized sound undergoes an irrevocable phonetic transformation when combined with the palatal or paladial semivocalic sound “ya” of the verb form “yajāmahe”.

This sound “ya” is articulated acoustically at the level of the palate and exerts a vibratory influence backwards in the mantric sequence, which phonetically contaminates, so to speak, the preceding anusvaric “ṁ”, transforming it into a nasal sound of a palatal nature, that is, in a sound like the “ñ”.

This Sanskrit “ñ” is a very specific palatal nasal consonant, similar to the Spanish “ñ” (“eñe”), but not identical. It has a phonetic analogy with the Tibetan, Tupí Guaraní and Mapudungun sound “ñ”. Therefore, in the phonic chain, during the continuous repetition of the Mantra, the ending or final part of “Tryambakaṁ”, that is, “kaṁ” becomes “kaiñ”.

This denomination “kaiñ” that I use to denote the phonetic transformation that occurs, is only an approximation of a prosodic nature for didactic reasons. Indeed, the expression of sounds through graphemes or writing signs is extremely complex. There is always a distance or an exteriority between the real acoustic sounds and the signs used to denote that material sonority.



## VEDIC SCIENCE and MANTRAS

Prof.: Carlos E. Bustamante G.

### Philological Notes on the Pronunciation of the Mantra Om Tryambakaṁ - Part 2 continued

On the other hand, there are no univocal and universally valid written signs for all existing languages and dialects in terms of alphabetic letters. The nearest written approximation to express a sound is the use of phonetic alphabets that appeal to conventional linguistic resources of an indubitable approximate nature.

But, the form "kaiñ" which is also approximate, designates the sound produced in a more exact way than the expression "kai", since the latter ostensibly omits the most essential and relevant thing, id est: the palatal nasal vibration.

When describing these language phenomena, we confirm the deep meaning and the radical importance of oral learning of the sound vibration of

the Mantras, an aspect underlined and systematically cultivated by Vedic Science, since the learning of sounds through written texts is susceptible of error and uncertainty. Hence the transcendental relevance of the oral transmission of the Science of Mantras through the "catena aurea"/"golden chain" of the disciplic succession (SadGuruParampara) from Master to Disciple.

And finally, we must emphasize that this unique phonetic mutation of the Om Tryambakaṁ Mantra occurs naturally for rigorous articulatory reasons, based on irrefutable facts of anatomophysiological nature, therefore that particular sound transformation has an objective character that can be subjected to study and contrast.

### "Om Tryambakaṁ Homa"



Om tryambakaṁ yajāmahe sugandhiṁ puṣṭi vardhanam

Urvārukamiva bandhanān mṛtyormukṣīya mā'mṛtāt swāhā



## MEDITATION with HEALING MANDALA



*Rich inner world,  
a vibrant, colorful landscape.  
For Joy!*

**Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022**

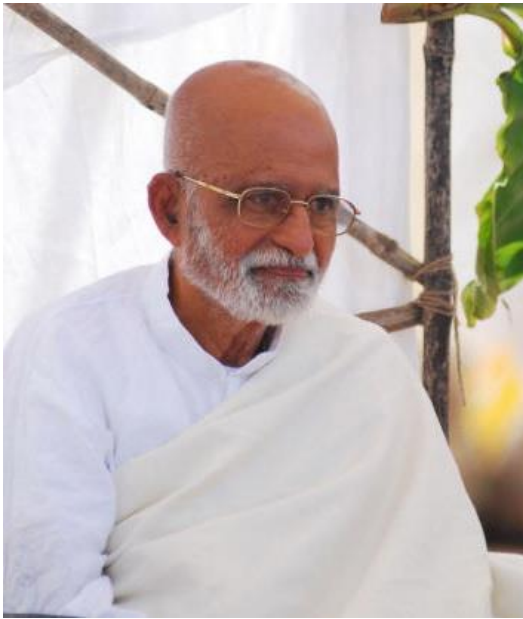
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop [www.agnihotra.pl](http://www.agnihotra.pl) )



**MESSAGE from MASTER SHREE VASANT**  
**at the Conference on Atmospheric Healing,**  
**Shivapuri, Akalkot, India, Christmas 1983**

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In this world at present the forces of evil are very powerful. Human greed and avarice have led to destruction of environment via pollution of every element which makes up our environment. Our land resources, water resources, the air we breathe – all are polluted. This contaminates the food that we eat, the very soil in which we sow seeds to grow our own food. Something must be done. So we must become involved in environmental studies and groups which are pushing to prevent such destruction of environment. It is important. Now we need to introduce a solution to the problem as well.

***The solution is Agnihotra.***

Where industrial wastes have been carelessly disposed of, barium and cadmium become catalysts and cause a change in the genealogical structure of

man. There will be many new mutations found in newborns.

Elements of nature are changing.

Barium and Cadmium are fusing, becoming a new element. In large quantities this new element becomes hazardous to health. It will be found in several places in the world in large concentrations.

New chemical reactions will begin to develop in a peculiar way, giving results in a different way than they have (like a new ingredient is added). Some reactions will not give the same results twice.

Metals fuse. Barium is fusing with copper and gold, destroying their beneficial properties.

Barium, Cadmium and Oxygen fuse to form a new metal, a new element. Where are these things coming from? The natural cycle is so disturbed, anything could happen. The only way to set things right is to perform this concise Agnihotra given for the first time to mankind by Parama Sadguru Shree Gajanan Maharaj.

More elements begin to fuse. Now we have to see what level and to what degree. Barium now finds it difficult to stay bonded and, hence, seeks new avenues of fusion.

Elements now begin to change in space forming new compositions.

Elementary laws of physics are changing regarding molecular movement and the position of neutrons and electrons in association with atoms of certain special elements. The rate of movement of molecules also changes with catalysts such as temperature. In other words, the rate of movement of molecules is changed permanently, thereby changing the nature of certain substances. ***The only way to avoid destruction is to harmonize with the changes through performance of Yajnya.***

***Yajnya (Homa) brings everything in nature into balance.***

A shell is forming around the earth. It means disaster.

***More people should perform Yajnya now.***



***Time is running out now. We have to begin to think in terms of bringing people back to a way of life as prescribed in the Vedas that is in harmony with nature.***

Tremendous canyons are created in the earth's surface. There is much radioactive disturbance taking place now in the earth core.

Herds of cattle will begin to die. They will survive in Yajnya atmosphere. Birds find shelter and healing energy coming from the Agnihotra pot.

One can easily see the effect of Yajnya (Homa) on plants. Birds would be another means by which one could measure the effect of Yajnya on living organisms. Agnihotra pot is a generator for life-sustaining energies.

Electromagnetic fields are changing and causing disturbance in communication on the planet.

***DNA, the life stuff, changes to trioxynucleic acid (TNA) and all life starts to dysfunction. Only way to help set things right is by performance of Agnihotra.***

Weather is changing as earth begins to shift on its axis.

A clock is like the gear system of nature. A spring has broken and it soon stops running. The only way to replace the spring is by performance of Yajnya (Homa).

Time is not coming. Time has come. A New Era, a new generation, a new tradition.

It is time the new race is born and we make a beginning in a proper way as it is stated in Vedas.

Lasers of light are being beamed to this planet from other planets in other systems. This is the only way to describe the phenomena with the limitations of language. These lasers carry a message that is injecting our atmosphere and causing change. The change is beneficial because it is some higher form of life transmitting certain special Veda mantras that are seeding our atmosphere with vibrations of love. This is done under the direction and command of ***Parama Sadguru Shree Gajanan Maharaj***. Those that are ready will hear. Those that have love in them will be gathered up and protected. The earth is on the brink of disaster, destruction.

Because there is so much stress in the environment – it is everywhere – we have designed the discipline timings for meditation; if followed, they have a cleansing effect on the mind and body. If you do these timings, you will see how much calmer the day goes, even if things do not happen exactly as you planned. You will find it easier to face change and daily life situations.

Grace has descended on the planet and the kingdom of bliss is just around the corner. If we follow the discipline schedule of Homa and meditation, we shall be able to harmonize with the New Age without any pain.

Love is the message given by all prophets, all saints, all Avatars.

***Train your mind to react with love to each and every circumstance in life.*** This is the key to happy life on the planet.

***Agnihotra Yajnya is the best material aid for this mind training.***

We ask scientists to tell us if they know of any better way. We are ready to learn.



## FROM INTUITIVE GUIDANCE

(Received through Parvati Bizberg, Poland)



### December 18, 2020 On Raising Consciousness

Yes, yes. Again, we reiterate the call to go within! Do not be fooled, cajoled or manipulated by threats being propagated via media, whether left or right, global or local.

Remain absolutely steadfast in turning your focus inward. And, no, it is neither selfish nor an act of avoidance.

**It is simply the only way to establish preparedness of spirit. It is not enough to store food for months without storing positive energy within yourselves. Inside is where all the answers lie.**

All these years, most of you, seekers in life, have amassed tools for inner growth and evolution of spirit. Now is the time to use these tools!

Prayer

Meditation

Concentration on Breath

Self-healing

Practices of Forgiveness.

Intuitive Healing

Self-cleansing

Creative Arts in Service

The avenues are many, the paths to Higher Consciousness are varied. The aim must be pure and true.

All prayers are answered.

Quiet your minds.

Quiet your hearts.

Prepare your inner space within to receive.

Open your minds and hearts to receive God, in whatever form you recognize to be true.

This is the way to prepare yourselves for whatever is to unfold on the world stage.

Strengthen your inner resolve by joining together with ones of like minds and hearts.

**When the consciousness of humanity rises, Grace manifests!**

Fear has no place in the loving heart.  
Feed the faith and starve the fear.

We envision this planet surrounded by waves of healing Light. We hold that vision before you.

You choose your point of concentration.  
You choose that upon which you wish to focus.

Strive to be the loving hearts you so truly wish to be.

**And this is the road to peace, unity and healing of humanity.**

Blessings abound.  
We are, ORION.

### September 1, 2011

#### On the need for community

Brace yourselves for the coming times, as you will need community. Those of you who realize the need for creating such oases as what is here at Bhruhu Aranya, consider beginning your projects in near future. Those searching for a site upon which to develop a Homa farm community, the time is nearing now. In future, it will be survival of the fittest, but also survival in pockets of humanity which are focused on self-sufficient living, growing their own organic foods, developing cottage industry and learning the art of barter and trade. These havens will become like Meccas in future times.

Learn and hone new skills such as organic gardening, herbal lore, clothes-making, green building, solar electric, alternative sources for power and water systems, alternative medicine, healing, creative arts which afford functional beauty, and music, always essential in any time.

Do not delay shifting to communities of like-minded individuals on the same path or living in harmony and unity amongst varied pathways. **Community living is essential in the coming times.**

More info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**