

# GLOBAL HOMA HEALING EVENT

**Injecting the Atmosphere with Light & Love**

Invitation for AGNIHOTRIS to  
participate in the 9 DAYS of continuous  
**TRYAMBAKAM HOMA**  
around the world,  
starting at sunrise on **Saturday,**  
**18th of December** until sunset on  
**Sunday, 26th of December,**  
from your home.



**During these days we celebrate:**

- Full moon on 18th
- Solstice on 21st
- Christmas, the Birthday of Jesus, the Christ on 24/25th
- Gratitude for all the blessings received in 2021
- Preparation for the New Year
- Many more global and personal reasons



For further information, please see:

[www.homa1.com](http://www.homa1.com) in the link "Activities"



[print Newsletter](#)

[www.terapiahoma.com](http://www.terapiahoma.com) - [www.homa1.com](http://www.homa1.com) - [www.homatherapy.info](http://www.homatherapy.info)



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## FROM INTUITIVE GUIDANCE

Your experiences,  
comments, questions  
& suggestions are  
welcome! To  
subscribe to the  
HomaHealth  
Newsletter,  
please write to  
Abel Hernández &  
Aleta Macan:  
[terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Thank you!

## TRANSFORMATION vs. TRANSMUTATION and EVOLUTION

Let's continue with self-study  
(Swadhyaya).

### Everything apparently changes.

There is a **Physical principle**  
that says:

**“Nothing is created or  
destroyed, it is only  
transformed.”**

So, let's look at the following  
examples:

- a) Wood can become a chair, a table, a door, bed, house, etc.
- b) Iron / metal can turn into a hammer, knife, screwdriver, spoon, bicycle, car, etc.
- c) Water in its liquid form can become ice or gas, and it can return to liquid. It still remains as H<sub>2</sub>O molecules; they simply change their physical condition.

There is also a  
**Chemical principle** that enunciates that if an element (A), reacts or is combined with an element (B) can form a compound (C) under certain circumstances. Example:  
Hydrogen + Oxygen produces water.  $2H_2 + O_2 \Rightarrow H_2O$   
But there is also another  
**Principle in Quantum Physics** where an element (X) can be changed into an element (Y), modifying its atomic structure.

Similarly, we can also see changes in "man" that may occur at the anatomical, physiological and psychological level.

Let us use some simple analogies to simplify this topic.  
**Man is something more**



**than flesh and blood, he/she is something more than mind and body.**

**Thus, there are several types of man according to his "evolutionary" state.**

The **"Common Man"** focuses on physical transformation.

The **"Awakened Man"** is interested in his mental transformation.

The **"Initiated Man"** puts his strength and priority into the transmutation and the development of virtues.

The **"Holy Man"** embodies the virtues.

The **"Sadguru"** goes beyond the virtues, beyond the mind, beyond the physical body and the subtle bodies.

### Analogies:

Mix of liquids = common man (transformation)

Milk = man as a seeker of truth (transmutation)

Yogurt = initiated man (transmutation)

Butter = holy man (transmutation)

Ghee = Sadguru (MOKSHA = Liberation)

**Just as fire transmutes matter, Agnihotra helps the transmutation of the mind and the subtle bodies until Liberation (Moksha) is achieved.**

**OM AGNIHOTRA OM  
OM MOKSHA OM  
OM SHREE OM**

## HOMA HEALING STORIES



### Percy Villar Codarlupo Piura, Peru, South America

I am 45 years old. I want to disclose that before knowing Homa Therapy, I had problems with **high glucose levels**. I was taking excess medications which caused digestive problems. I also suffered from emotional problems as **depression and panic** for having been infected with covid at the beginning of January of this year. I could not find any solution to these problems.

My physical and mental state were altering my nervous system. And I presented problems like for example, a disturbing **buzzing in my ears (tinnitus)**, among others.

Between the years 2017 and 2020, I took supplements which helped to control the diabetes. However, when we could no longer afford these (the monthly expenses ran between 2000 to 3000 thousand Soles, which is approx. 800 US\$), the problem returned. The diabetes began when I worked in a factory of soft drink and I drank these a lot, without being aware of their harmful effects on my health. I had the **glucose level between 400 to 500. I almost entered a diabetic coma** and took various medications such as Amaryl, Galvus Met and Metformin, to control the diabetes.

**Thanks to learning about this ancestral Homa medicine**, I am participating along with my wife since two and a half months in these free Agnihotra sessions. **I am consuming the healing ash of the Agnihotra fire and I can confirm that I have improved in:**

- My mental, emotional, physical and spiritual level
- My respiratory capacity and my digestion
- My sleep has been more pleasant, profound, renovating my energies
- My eyesight is in recovery
- I stopped taking any medication. I now take only Agnihotra ash and my glucose level has dropped to the normal range.
- I feel renewed, I feel closer to God and my family
- In my family environment, good things are happening.

(Photo above: Percy and his wife Nathalia practicing Agnihotra.)

I am grateful to God as well as to **Prof. Abel and his wife's Aleta** for sharing and teaching this simple healing technique of Ayurveda. We just got our own Agnihotra kit for our personal practice of Homa Therapy. We want to share these fires with our family, since this [Homa experience has given us good results and we want to help other people.](#)

### Nathalia Sullon Rivas Piura, Peru, South America

I'm 45 years old. Before knowing Homa Therapy, I took many different medications for the **migraine headaches**. When the pills did not have any effect, I had migraine crisis with **vomiting and the sensation of a burning head**. I had to receive an intravenous injection. These injections also had their side effects. I lived through terrible situations. Many analyzes were done. I dragged this **migraine along for over 15 years**.

Apart from that, I had a light sleep and I blame my **explosive character** on that. With the coming of the pandemic this was accentuated further. However, [I always searched for improvements in my health and asked God to help me find that improvement.](#)

(Continued on next page)

## HOMA HEALING STORIES

### Testimony continued: Nathalia Sullon Rivas

Then I met Homa Therapy in the Quiñones Park, while walking with my **husband Percy**, trying to clear our minds. We saw that on Saturdays, a group of people gathered to make small fires and all were sitting in a circle. After a few weeks, I finally dared to ask what this was about. That is when we met Prof. Abel and Aleta. They explained it to us, and **invited us to participate in the Homa Therapy sessions in the different places in Piura.** At first, I was a bit incredulous, however I noticed **since the first time I participated, that I started to sleep better.** And over the course of one week, I stopped taking little by little the medications.

Now, after almost 3 months of attending all the Homa encounters, **I stopped taking pills, I sleep better and I feel much better.** At the beginning, it was 2 times a week, now, it is 4 meetings per week. For one week, we have our own Agnihotra kit and we have started practicing it at home too.

**I give gratitude to God for having given us the opportunity to get to know this wonder, which is changing our lives to the better, which is showing us the way towards a life with more harmony, more understanding, more peace and tranquility. I pray to be able to continue with this practice and be able to help others.** (Photo: Nathalia doing Agnihotra.)



### María Teresa Nuñez

#### Homa Farm Tenjo, Colombia, South America

There is nothing to fear. HOMA THERAPY, OUR LAST CHANCE.

I want to give testimony of only one thing - as **Master Shree Vasant** said many times:

***"All houses in which Agnihotra is performed regularly will be blessed. No harm will come."***

I am a witness to the truth of these holy words: I am always guided and protected by the Holy Homa Fire. Every instant in my life, every breath I take is guided and protected. I have seen evidence of this in

so many manifestations that it would be impossible for me to deny the undeniable: **The Holy Homa Fire provides all the protection and blessings that our passage through this illusion and process of learning could ever need. In these times of crucial change and ascension, the Holy Agnihotra fire helps keep us in silence, in meditation, it helps us surrender to the Divine Will...**

The title of Master Vasant's book expresses this clearly: HOMA THERAPY, OUR LAST CHANCE. Thus, **there is nothing to fear!!**

Sending all my love.

(Photo: María Teresa practicing Agnihotra on her farm.)

### Álvaro Christian Soto Vásquez

#### Lima Norte, Peru, South America

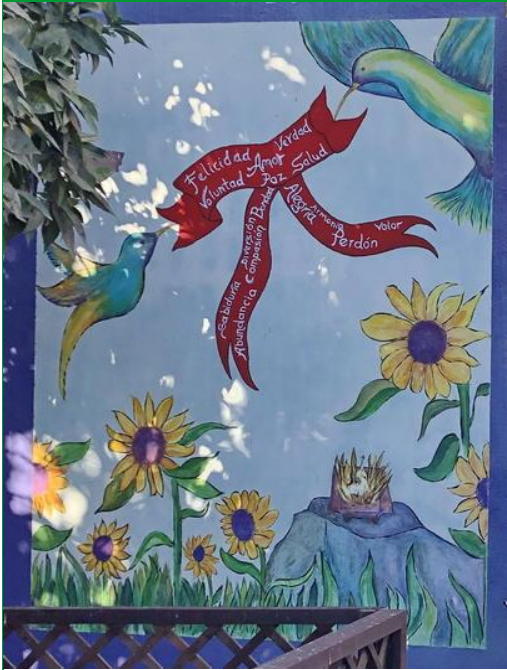
We live in the district Comas of Lima and the atmosphere felt dense and heavy. So, we decided that day to perform our daily practice of Agnihotra outside our house, on the street. My little 8-year-old daughter grew up being around the Homa fires, but for different reasons she has not practiced Agnihotra personally until recently. **She did Agnihotra and during Agnihotra and afterwards, the atmosphere felt fairly relieved. The environmental stress softened.**

**Several neighbors, locked inside their homes due to the pandemic, came out to breathe and walk. Children started playing on the street. We all feel very relieved through the daily practice of Agnihotra. The effects of HOMA Therapy are spectacularly grounding in these dense situations.** (Photo: Khristell sharing Agnihotra.)





## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



**Mural in Yadiras' home**

**Yadira Hügli-Almeyda**  
**Homa Therapy Mexico, Ensenada, B.C.**

### HOMA APIARY (Part III)

**The purpose of protecting and supporting the growth of the bee population**, was placed in my heart in 2003 by **Master Shree Vasant Paranjpe**. But it was only in early 2020 that we captured the first bee swarm, which had settled down in our compost pile. The population was so small, that it fit into a nucleus.

(A beehive is the construction that bees make to live and to store their food. If a beehive has 4 or 5 frames, it is a nucleus but if it has 9 or 10, it is called a brood chamber or simply a beehive. If the population of bees in the brood chamber grows, another beehive is placed on top of the original one so that they can continue to store honey and pollen there. This top box is called a super. Many supers can be placed, making the beehive look like a multi-story wooden building.)

A few weeks later a person inquired what to do to scare off a swarm of bees that was hanging from a tree in the backyard of her home, and I offered to help her. This was repeated four times more in different sites, so that in 15 days we had in our custody 4 beehives. It was this way, without planning and without any knowledge about bees, that we started our apiary. Since then, **the evening and morning Agnihotra accompany the bees, its' healing ash is placed in the water they drink, the smoke and the Tryambakam Homa intonations on full and new moon nights reach the little bees, cleaning and purifying the atmosphere and taking care of their well-being.**

4 months later the population growth was such (7 beehives, all with super, and 1 nucleus), that I had to hire an advisor, take basic beekeeping courses online, enable old beehives that someone gave us, buy some new supers and harvest honey, since the chambers were full of this exquisite liquid amber honey and polen to be extracted.



**Photos: bee swarm; Homa honey with extraordinary taste; Yadira performing Tryambakam Homa in the area of the bees.**



**Three months later, the population multiplied again**, and the same day we received our second request for supers, five of our beehives experienced swarming, which is the division of the colony by not fitting in their beehive.

Although swarming might be considered poor apiary management, **it is the natural way in which bees reproduce**; We soon understood the benefit we brought to the area when most of the bees that made up our colony left: **we visualized them pollinating everywhere with the vigor received by the Homas fires and we wished them well.** Now that we are entering autumn, the apiary has once again multiplied, is healthy and strong. We have 10 hives (3 of them with supers), 3 nuclei, and we are beginning to breed queen bees.



## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

**Yadira Hügli-Almeyda**

**Homa Apiary**

(Photos: Bee drinking-station with Agnihotra ash; capturing a swarm; bees sucking nectar from the variety of beautiful flowers.)



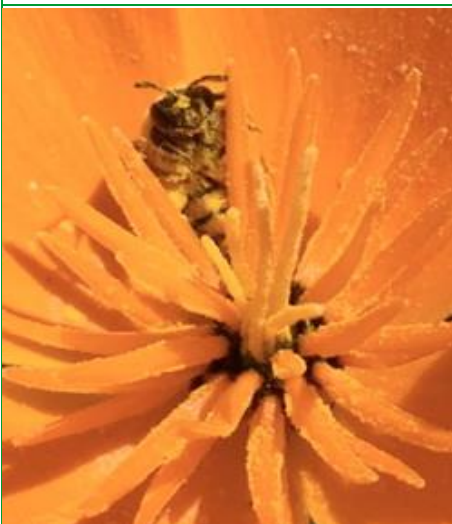
With the little knowledge we had when we started as beekeepers and the little attention we gave to our beehives at that time, due to our ignorance about how to manage an apiary, I can only attribute to Homa Therapy and the protection emanating from these precious Ayurvedic fires, the strength and exponential growth of our bees colonies and the flowing income of resources to continue this work of taking care of the wild birds, hummingbirds and to grow and keep the gardens for the various pollinators and much more.

**A phenomenon we experience this year, was the arrival of 35 swarms.** One even posed about three meters from where we were all working. Before, this did not happen. I also attribute this to the effects of Homa Therapy. We captured 3, others we received with the Tryambakam Homa and put them in quiet and protected space to rest before continuing their travel.

**We are sure that the effects of Homa Therapy are reflected in the amount and quality of honey, wax, royal jelly, propolis, etc., the fruits and growth of our trees and plants, as well as in the exponential growth of wild birds and beneficial insects and pollinators and in our young garden of native plants.** We feel very grateful and we will continue to take care of all as long as we are permitted to do so.



**Don Norber with the Agnihotra pyramid, an important tool in the apiary.**





## ECO NEWS

*Thou Art That.*

*The light within is like a ripple in the vast ocean of bliss - that which we call Brahman, the Absolute, Infinity, the Highest.*



A **social experiment** carried out with 27 young people in which they were asked what will they be giving for Christmas.

Everybody changed the gifts they would give. And you? **Merry Christmas!**

<https://www.youtube.com/watch?v=D-3KLwLkXfA> (activate english subtitles)

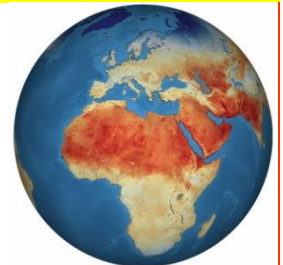
*"May today there be peace within.  
May you trust God that you are exactly where you are meant to be.  
May you not forget the infinite possibilities that are born of faith.  
May you use those gifts that you have received, and pass on the love that has been given to you.  
May you be content knowing you are a child of God.  
Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love.  
It is there for each and every one of us."  
-Prayer by St. Teresa of Avila-*



### **Climate Hustle 1 Skeptical "Climate" Documentary"**

Scorching temperatures. Melting ice caps. Killer hurricanes and tornadoes. Disappearing polar bears. The end of civilization as we know it! Are emissions from our cars, factories, and farms causing catastrophic climate change? Is there a genuine scientific consensus?

<https://odysee.com/@FTC-NL:0/Climate-Hustle-1:3?r=FjVKi2h1TLFeJtMfyqE6UiGe4WSqiNrd>



### **A Gathering of the Tribe**

*Short Film by Charles Eisenstein w/ Jon Hopkins & Aubrey Marcus*

**It is time for us to come together. To gather, to rise, to love, to LIVE! You are not alone. I promise you; you are not alone.**

<https://www.youtube.com/watch?v=XinVOpcbVc>



## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - PIURA, PERU, SOUTH AMERICA



In the search for mental, physical and emotional relief and well-being many people, in Piura as well as in other parts of the world, are becoming **more interested in the medicinal Homa fires, because people do experience a great tranquility.**

(Photos of Agnihotra meetings at the Vegetarian Restaurant Ganimedes on Sundays and at the Rehabilitation Center of the National Police of Peru, three times a week, as well as photos of private family practice.)





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - PIURA, PERU, SOUTH AMERICA



*"Certain energy cycles are forming. Changes in weather will become extremely erratic. Weathermen will find it difficult even to predict forecasts hours in advance. Hurricanes and massive floods will be commonplace even in areas not previously hit by floods."*

*"AGNIHOTRA copper pyramid fire is the purifier, the greatest*

*material aid to bring about this revolutionary change in the most harmonious way."*

*- Master Shree Vasant -*



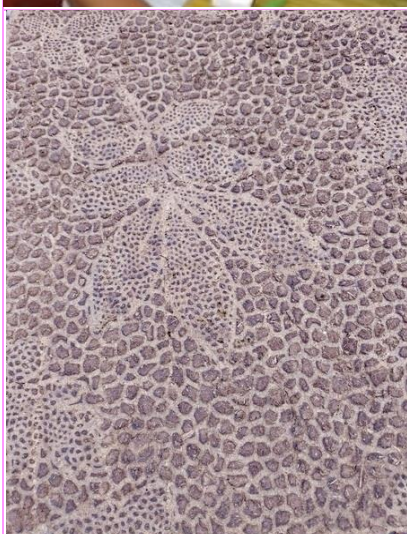
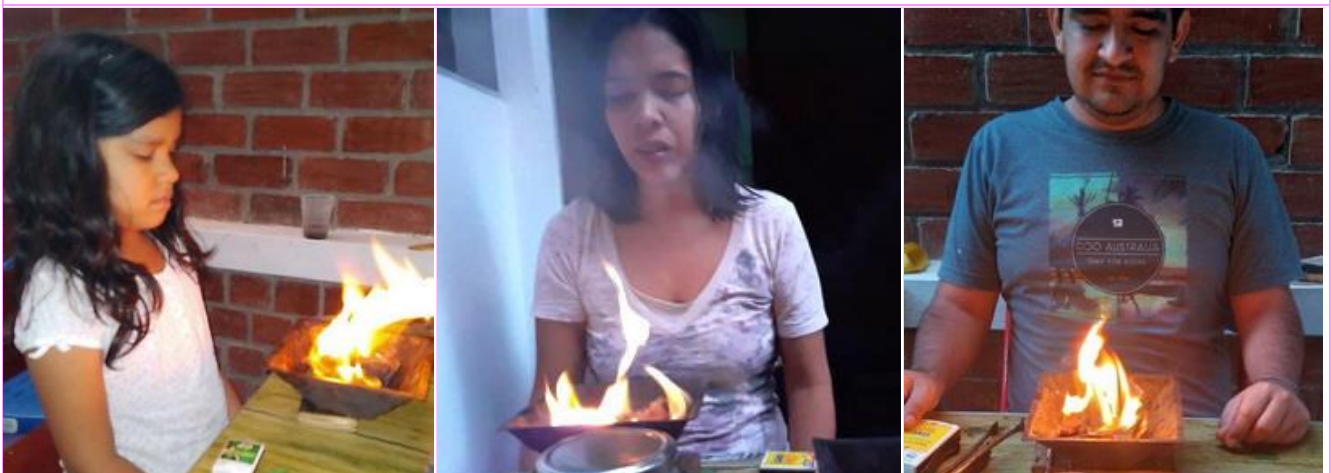


## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - PIURA, PERU, SOUTH AMERICA



**Master Shree Vasant:**

*"In your meditations when you have questions, answers will come. You cannot expect, however, to sit down and receive an answer one day because for that one time you have meditated. You must train and relax the mind to a certain point by meditating regularly every day. Then automatically you become attuned to another energy cycle and receive higher knowledge through subtle channels." ...*



**Art with Homa cow dung  
cookies by M. Carmen,  
Piura**





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - PIURA, PERU, SOUTH AMERICA



*..."The key is not to meditate deeply once a week but to observe strictly, exactly all meditation timings each day. Most people find it difficult to free their minds in order to attain some 'higher states' during meditations. This, although it may be a benefit, should not be a goal in meditating. Goals should be relaxing, training the mind to be better able to absorb the tension placed upon it by outside sources—for example, pollution."*

**-Master Shree Vasant-**





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - ECUADOR, SOUTH AMERICA



**On Desire:**

*"As with all obsessions, compulsions the stem is desire—desire for some gratification. so constantly be thinking, "How can I help? How can I serve?" with every breath you take. Then automatically you come to know where your services are most required."*

**- Master Shree Vasant -**





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - COLOMBIA, SOUTH AMERICA



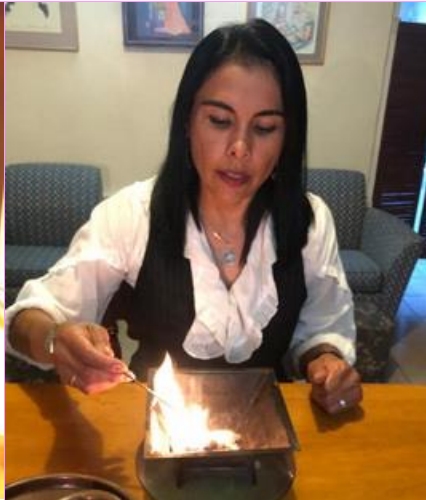
**"AGNIHOTRA WILL  
AMPLIFY THE  
EFFECTS OF MUSIC  
AS THERAPY.  
Agnihotra acts as a  
catalyst to boost the  
effects in the  
atmosphere."**

**- Shree Vasant -**





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - MÉXICO & PANAMÁ



*"Offer to help others  
any chance you get.  
Don't worry whether  
your help will prove to  
be adequate or not for  
another. Your  
responsibility is to  
serve. So, you do that.  
Where is the question  
of adequacy?"*



*¿You offer yourself to be of service to others. Finished. Serve, serve, serve.  
That is the way." - Master Shree Vasant -*





## HOMA HEALING FIRES in CHILE, SOUTH AMERICA



*"If you keep silence more, you will come to know you can effectively respond to situations in a calm, eased manner. Silence helps to turn thoughts inward and you momentarily take pressure off the mind."*

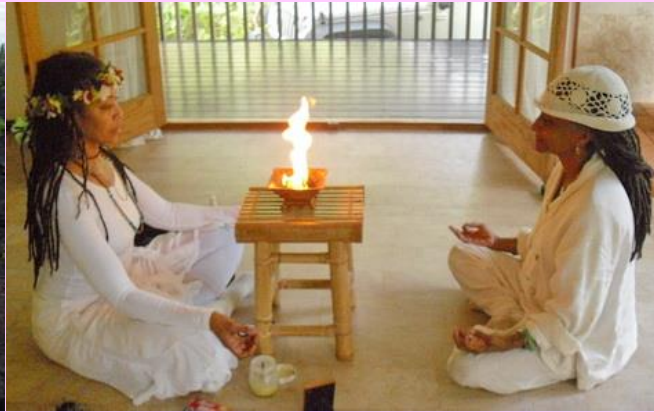
*"It is a time of concentrating and practicing Mantra. It is an extremely useful tool. Keeping silence for just a few hours every morning can set the whole mood in a correct balance for the day. This does not mean that no outside tensions will be there. Of course, they are going to be there no matter where you go, alone or with others. But practice of minimum silence in mornings is going to serve as an aid in coping with these day-to-day affairs."*

**- Master Shree Vasant -**





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - HAWAII, NEW JERSEY & FLORIDA, USA



*"You cannot have any expectations whatsoever. You have to realize that whatever happens you take your mind with you.*



*You cannot leave it. And along with the mind come all of its past impressions and desires. The only way to overcome these pulls of desires is*



*to sublimate this mind and the only way to sublimate the mind is to perform YAJNYA, do your disciplines, meditation*



*and the Mantra. Then and only then Grace takes over."*

**- Master Shree Vasant -**



## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - TURKEY, CZECH REPUBLIC & SPAIN, EUROPE



*"El Agnihotra tiene un muy buen efecto inmediato en los niños. Pueden beneficiarse mucho con ello. Suelen estar menos concentrados que los adultos y por lo tanto es más fácil ver el efecto del Agnihotra en un niño. En ese sentido son como las plantas, más simples que algunos de nosotros".*

**- Master Shree Vasant -**



**Photos: Reiner in Turkey; Gabriel and Nathaniel in Czech Republic;  
Pol Kiran with his mom in Spain.**





## HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - BOMBAY, SANGLI & SOLAPUR, INDIA, ASIA



**Homa is the Solution**  
**"EL MENSAJE ES CLARO. EL FINAL ESTÁ CERCA.**  
**Los lugares donde se practiquen los fuegos**  
**sanadores HOMA estarán a salvo. Ellos serán**  
**santuarios. El agua alrededor de estos lugares**  
**estará libre de contaminación. El AGNIHOTRA es**  
**el HOMA básico.."**

**- Master Shree Vasant -**

**Photos: above - Agnihotra with children in Bombay;**  
**with kids and their parents in Sangli, Maharashtra;**  
**Highway brake for the practice of Agnihotra**  
**Photos: below and to the left: a powerful Somayag by a**  
**group of priests trained for many years in this**  
**technique. The participants enlisting for the Agnihotra.**  
**Mr. Ramanaji organized the Somayag in Sangola,**  
**Solapur, Maharashtra.**







## Asia and Rory's HOMA HERBAL CORNER

### TULSI (Ocimum Sanctum)

As we approach the festive season and the solstice, traditionally a time of celebration and high energies, we'd like to write about Tulsi.

***Tulsi is a sacred herb in Ayurveda and strengthens the immune system, among other properties.***

#### **Tulsi (Ocimum sanctum)**

Holy Basil, or Tulsi, is a perennial or annual herb which in India is planted in temples and near homes for protection and to sanctify the ground upon which it grows. There are several varieties, some hardier than others, and in temperate climates they can be grown as an annual in a greenhouse. It is an easy herb to grow from seed that can be started early indoors 4 weeks before transplanting out after all threat of frost has gone. Do not cover the seed as it needs light to germinate. It grows to 45-60 cm high and has small white flowers and ovate leaves that when dry easily fall from the stem. Tulsi is a great container herb to have growing in the house all year as in Ayurveda it has a positive effect on the atmosphere. Plus the fresh leaves are then readily available.

The aerial parts of the plant- leaves, stems and flowers - are used medicinally and to prepare an infusion pour a cup of boiling water onto 1-2 teaspoons of dried Tulsi leaves, add a pinch of Agnihotra ash powder, and steep for 10-15 minutes.

Tulsi is regarded as an adaptogen herb, which are a category of herbs that **strengthen the immune system and balance the body and hormones during times of chronic stress.**

It is a **powerful anti-viral** and is high in antioxidants. In today's fast paced lifestyle, Tulsi is a useful tonic for the body and mind.

It can be included in **sore throat, cold and flu remedies, helping reduce fever and eliminate catarrh.** It is a popular herb for all respiratory tract ailments for which the herb can also be juiced and mixed with organic raw honey. Tulsi is prescribed for **asthma** and also **tuberculosis.** Its **antibacterial properties are said to protect one from epidemics.**

Tulsi is a **tonic for the heart and blood** and has natural pain-relieving properties. It is recommended for **arthritis and rheumatism, it calms the nerves, clears the mind and sharpens memory.** As a tea it can **ease headaches** and topically it is used for **eczema, ringworm, and insect bites.** Fresh leaves are chewed for gum infection. With all these attributes you can see why in Ayurveda it is known as the 'Queen of Herbs'.





## HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



### LAZINESS AND THE LAW OF KARMA

It might be said that one positive result of the pandemic is that we are much more aware that we cannot be lazy when it comes to our health—both from preventative and curative aspects. Vigilance is not a luxury right now. It is totally required.

Those who wish we could return to life as it was before 2020 likely have quite a long time to wait to see this unfold.

If we survive Covid-19, then we have Climate Change to deal with. The fallout from financial disturbances—and other lifestyle parameters—likewise present challenges that cannot be taken lightly.

So an increased reliance on SELF to navigate the troubled waters is prescribed for us all. The formerly respected and trusted pillars of our societies—governments, media, big business, banks, etc.—seem to have worn out their welcomes. We are thus left with little choice than to look within for answers. It may have always been this way, but its truth is now staring at us without respite.

As Homa Organic Farming suggests that we grow our own food, make our own folk remedies and such, the role of the individual takes on significantly greater import. Big Pharma does not market Agnihotra Ash—no profit in it. We must make our own healing ash.

(Perhaps later we might study whether things might have turned out differently if the Garden of Eden apple had been Homa Organic.)

In Vedic writings, performance of daily sunrise and sunset Agnihotra is something we are told to do, in part to replace what we have taken from the planet.

Think of it as spiritual and material Carbon Offset. The two concepts seem

quite similar actually. To say the least, doing Agnihotra is very good karma.

In today's 'risky world,' risk aversion takes on a more serious approach.

Add to this the plethora—bombardment actually—of information, disinformation, misinformation, conspiracy theories, ad nauseam, it may not be surprising for one's mantra to morph into, "What ever should I do"?

Certainly Homa Therapy—a derivation from Vedas—helps with intuition especially in grey areas when knowing which way to turn defies easy analysis or even clear awareness of feelings.

But, as the snake oil and electric blender salesmen like to say, "That's not all folks." It is one thing to know what to do; it is quite another to summon up the willpower and tenacity—and resistance to laziness—to do what you know is right to do.

As in my recent story of the dog attacking me when I knew I was in the wrong place, pursuing less than noble intentions, etc., my hormones trumped my power of discrimination (or will power). The Law of Karma was conveniently forgotten—until the dog bit me.





## LAZINESS AND THE LAW OF KARMA

continued

Presumably bank robbers know they should not be doing that, but the promise of a payday without the effort of working at a real job is just too much of a temptation.

Just as it said that Agnihotra gives the mind a push in the direction of love, it similarly pushes us—sometimes ever so subtly and slightly, sometimes more energetically—in the directions of proper behaviour and more useful decisions.

How? Not easy to say. Theories abound and Vedas gives hints. Some may say who cares how or even why. Pizzas can be enjoyed without knowing the recipe, the type of oven or the mindset of the pizza maker.

Cutting to the chase, try Agnihotra for 2 weeks and perhaps you will like it—another way of saying ‘Believe what you Experience.’ Then you will be in a better position to know whether what we write here is true. If you already perform Agnihotra, perhaps do it more regularly.

The expression ‘These are the times that try humans’ souls,’ could certainly be an apt description of late 2021—not to mention all or most of the previous year and a half.

The world currently has moved on from lockdown mode and into unlocked, but caution mode.

Not to take stock of lessons that we may learn from all of this would be unfortunate because many of us have paid prices ranging from catastrophic to severe, to greatly disturbing to the great unknown. It is this last category that currently marks these soul-trying days.

There is just so much that is not known about several life-compromising and life-threatening aspects of our lives.

We began this piece discussing our powers of discrimination, the ability and



responsibility to choose between right and wrong as well as to choose among the many shades of grey.

When faced with the great unknown, might not it be best to concentrate on what we do know?

I know that I am loved by benevolent forces that provide this love unconditionally. I know that when I love unconditionally, my life is enhanced beyond expectation .

So in a sense, it's OUR game to win, lose or draw (tie). We are our own judge, jury, and cop. I can choose the Path of Light, or Path of Darkness (and the in between). I need not judge myself as my actions will result in certain consequences regardless of any judging of self.

If I learn from what I did yesterday and the yesterdays that preceded it, I will be that much better and less likely to repeat less than optimal choices. I can create a momentum of positive thoughts and deeds.

But this road requires patience and, at times, hard work. There is little room for laziness.

That Agnihotra has been revealed to serve as a substantial aid is widely known and accepted. Should you not know this yet through your own experience, the time may be now to find out.

But the clock is ticking.



## VEDIC SCIENCE and MANTRAS

Prof.: Carlos E. Bustamante G.

### Om Tryambakaṁ Mantra or Mahāmṛtyuñjaya Mantra



The whole of the Vedas as Science of all that is or of the Totality of Being is consubstantial with the Absolute and with the existing Reality as a whole.

In the beginning the Vedas are a perfect Unity, in other words there is only One Veda. Later on the Vedas became a triple or threefold manifestation, the so called Vedatrayī and finally they became the fourfold manifestation known as Chaturveda, consisting of Ṛg Veda, Sāma Veda, Yajur Veda and Atharva Veda.

The Ṛg/Ṛig Veda Saṁhitā contains 1028 Sūktas or Hymns. The word Sūkta is composed of two sanskrit particles, “Su” = “good, well, excellent” and “ukta” = “said, uttered, recited”. Both components united mean “well-said” or “wise saying” or “song of praise”. Each Sūkta contains one or more Ṛks/Ṛiks or verses. Each Ṛk/Ṛik is a Mantra. The Ṛigvedic Saṁhitā has 10 550 Ṛks/Ṛiks. The word Ṛk or Ṛc means “verse, stanza, hymnic text, a verse typical of the Ṛg/Ṛig Veda in contrast with the mantric verses of the Yajur Veda and of the Sāma Veda named Yajus and Sāman respectively. The expression Ṛk or Ṛc comes from the sanskrit verb “Ṛc, ṛcati, arcitum” that means “to praise, extol, laud, celebrate and shine”.

The 1028 ṛigvedic Sūktas/Hymns are divided into ten maṇḍalas or sections. Another type of later division was into aṣṭakas or eighths. Each aṣṭaka was again subdivided into eight adhyāyas (sections or lessons) and each adhyāya into vargas or groups of five or six hymns. For practical purposes, the 10 maṇḍalas are also divided into anuvākas or recitations. In the beginning (Upakrama) and in the end (Upasaṁhāra), the Vedas talk of

Agni/Feuer.

This exhibits the great spiritual and material importance of Agni/Fire which is a strong purifying factor of Mind and Matter.

In the maṇḍala 7, anuvāka 4, sūkta 59, ṛk or verse 12 of the brilliant Ṛg/Ṛig Veda Saṁhitā (RV 7.4.59.12), we may find one of the most powerful and beautiful Vedic Mantras.

It is the Om Tryambakaṁ Mantra technically known as Mahāmṛtyuñjaya Mantra or Mrtyuvimocanī Ṛk. The meaning of both denominations is Mantra or Ṛk/Ṛik that exterminates and vanquishes Death.

The Ṛṣi/Ṛishi or Vedic Sage who received the revelation of the Mantra is the notable Vasiṣṭhaḥ Maitrāvaruṇīḥ. The Chandas or Vedic Metre of the Mantra is called Anuṣṭup or Anuṣṭubh. It is also named Śloka. This metre has 8 syllables (akṣaras) in each pada, that is to say, 32 syllables in short.

The Devatā, Deity or Spiritual Power invoked is the Lord Rudra. This is the ancient vedic name for the Lord Śiva Maheśvara, the Almighty Father.

This ṛigvedic Sūkta, the number 59 of the tenth maṇḍala contains 12 ślokas or verses. The first 11 ślokas or mantric verses are consecrated to the Marudgaṇāḥ, Marutaḥ or Maruts, a group of powerful atmospheric Deities. The last verse or ṛk, id est, the twelfth is consecrated to the Lord Rudra/Śiva Maheśvara as it has been said.

If this Mantra is chanted or recited with Yajña or Homa undergoes change, because it becomes intensely amplified.



## VEDIC SCIENCE and MANTRAS

with Prof.: Carlos E. Bustamante G.

In order to perform this Homa, this Tryambakaṁ Mantra is to be certainly chanted with fire and after the word Svāhā/Swāhā we must add a drop of Ghee into the fire. Then we repeat the Mantra and again add a drop of Ghee. We can do this for any period of time continuously at will. However, if it is Sunset time/Sūryāstakāla or Sunrise Time/Sūryōdayakāla, while we are doing this Homa, then actually at that precise time we perform Agnihotra as stated in Agnihotra Homa modus operandi. It is advisable to perform Tryambakaṁ Homa in places where Agnihotra is regularly practiced.

In the context of Homa Farming, it is prescribed to do this Homa and chant this Mantra for at least four or five hours consecutively by people taking turns.

If there are enough qualified people, that is to say, regular practitioners of Agnihotra, they can perform twenty-four hours Om Tryambakaṁ

Homa on New Moon/Novilunium/Amāvasyā days and on Full Moon/Plenilunium/Pūrṇimā days.

New Moon/Amāvasyā and Full Moon/Pūrṇimā are phases of a very special cycle with exceedingly intense impact on the Mind.

Tryambakaṁ Mantra

“Om Tryambakaṁ yajāmahe sugandhiṁ puṣṭivardhanam | urvārukamiva bandhanānmṛtyormukṣīya mā’mṛtāt ||” (Svāhā/Swāhā).

“Om We offer (Yajāmahe) oblations to Lord Tryambaka/Lord Rudra/Lord Śiva Maheśvara/Almighty Father) who exhales excellent fragrance and bestows prosperity (Spiritual and Material). May we be freed of the bonds of Death, just as the cucumber gets itself free from its vines (stems). May we never be separated from Immortality”.

### Tryambakaṁ Homa Mantra (Mahāmṛtyuñjaya Mantra)



**Om tryambakaṁ yajāmahe sugandhiṁ puṣṭi vardhanam |**

Om  
Absolute  
Supreme Sound

We offer to the three eyed Supreme Lord who exhales an excellent fragrance that increases the prosperity (both spiritual and material). |

**Urvārukamiva bandhanān mṛtyormukṣīya māmṛtāt swāhā ||**

May we be freed of the bonds of death just as the cucumber gets itself free from its vine (stem). May we never be separated from immortality. ||



## HEALING MANDALA MEDITATION



### SYNERGY \* HARMONY \* RENAISSANCE

**Peace begins within  
With love and compassion.**

**May we learn to listen to understand,  
Understand so we can forgive.  
Forgive so we can be free.  
Free to go on loving.**

**Mandala and poem shared by Parvati Rosen-Bizberg.**

(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.)

Healing Mandalas, prints of original art are available via Facebook: Creative Arts — Daughters of the Mountain.)



## Message from Parama Sadguru Shree Gajanan Maharaj

25th December 2013 (via Parvati)



That which you see is only a portion of  
what IS.  
That which you hear is only a small part  
of what is being told.

We are everywhere you look.  
Even when you do not see  
We are present.

We are there.  
We are here.

We are always with you.

Let the Light of Truth shine forth,  
Clear, with no shadow  
With only pure Light.

See through the veils of ignorance.  
See through the barriers of contradiction and confusion.

See past the words  
Spoken in jest or in haste.

See beyond the limitations of your mind.

That which IS  
That which We have shown you—  
See that.

Look to Us.  
We are your shelter.  
Be comforted in this.

All love.  
All blessings be with you.

OM TAT SAT.



## FROM INTUITIVE GUIDANCE

(Received through Parvati Bizberg, Poland)



### December 25, 2016 Early morning

Yes, yes. The portal, which we referred to in previous transmissions, is now slowly closing with the final days of 2016. It has been a powerful year of change, not always seemingly for the best for all. However, amidst the political powwows and power mongering, there are seeds of deep change being sown and grown amongst all of you who bear the light for the world. Your responsibilities deepen now.

Just like the germination process when a plant gathers energy from the soil, the air and water, the sun, before being able to grow into full radiance and seed bearing fruit—you must be patient with yourselves during this, the germination process on Earth.

Though all appears to be daunting and shadows pilfering the light, dear Light Beings of planet Earth, do not despair. Do not give in to fear. That is the game being played. You do not participate in the games that are beneath your stature in Light.

Walk quickly and carefully through the booby traps that appear before you. Without fear, none of these seeming obstacles have any chance to touch you. **You are beyond that grasp, when your strength and your hope lie in the Spirit, in the wholeness of the universe and the souls coming together en masse to shift the tide. And, the tide will shift once again.**

Those sacred sites have been prepared by us for just these times. Support and build up these sacred sites, for there shall be peace at those places, as we have shown.

*(Sacred sites referred to here are the **three Points of Light – Maheshwar, India, Bhurugu Aranya, Poland, and Elqui Valley, Chile.**)*

The portal is slowly closing and the ease with which many have shifted into the Light has been phenomenal, like no other time. Now, the portal is again closing, so there will be less beings departing from end of December, actually beginning now. The entryways are now rich with Light, as many who have passed most recently were imbued with light.

Those who lived their lives in kindness and in loving service always continue on the path of Light, as their evolution has been stepped up due to the energies alive at these times.

No Fear.

**HAVE DEEP, ABIDING FAITH.**

May this sacred holiday, in all your cultures, be rich with Peace, Hope and Love.

May you all walk on your chosen paths with a light step, an open heart and compassion, compassion, compassion.

Your calling is loud and clear now, each of you, no matter what path you take. Walk in Light, in reverence to Mother Earth, hand in hand, heart in heart.

Blessings abound.

We are,  
ORION.

For more info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

### Dear friends and supporters of Centre of Light, Poland

We are very happy to celebrate with you the wonderful news that the first interior clay plaster coat is completed in the Centre of Light.

At the moment, Centre of Light is approximately 60% completed. We deeply appreciate your help to be able to continue this work swiftly, which will support all of Europe.

For more information please see:

<https://mailchi.mp/35c636d8e64a/centre-of-light-5124621?e=acd68548b9>

**We wish you all protection and blessings in these tumultuous times, and may we be as one family working in the Light. In gratitude, Ecovillage Bhurugu Aranya**

