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HOMA HEALTH - NEWSLETTER #185

print Newsletter

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FROM INTUITIVE GUIDANCE

Your experiences, comments, questions & suggestions are welcome! To subscribe to the HomaHealth Newsletter, please write to Abel Hernández & Aleta Macan: terapiahoma@yahoo.com
Thank you!

INTEGRAL OR HOLISTIC HOMA AGRICULTURE

Conventional agriculture is usually spoken of as the agriculture of synthetic agrochemicals, that is, **the agriculture of pesticides that make man and the environment sick** (Mother Earth). Fortunately, people are waking up and looking for healthier foods. There is also talk of "modern" agriculture, when in addition to pesticides, herbicides, nematicides, fungicides, and other ... "cides", **"genetically improved seeds"** are also used. These are called **transgenic**.

But people are already realizing that these transgenic foods **can cause harm**, not only to human health but also to the health of all beings: plants, animals, ecosystems, etc.

It is necessary to return to a **Traditional, Natural and Friendly Agriculture**. It is time to promote Family and **Community Agriculture** to ensure Food Sovereignty since the price of food has increased in many parts.

Agricultural products with commercial agriculture are susceptible to price control by few people infected with the virus of greed and power.

Unfortunately, there have been associations, cooperatives or communities that have also been infected with this scourge or virus of greed and control.



**Homa Agriculture,
the Future of Our Planet!**

What to do?

We can broaden the concept of agriculture to include the cultivation of subtle, royal, pure and beneficial subtle seeds in the Mind-Heart terrain of the peasant.

That is to say, start the change from **"House to House Agriculture"**, where the word 'House' refers to the 'mind-heart' of each one of us. That is, the cultivation of seeds of loving virtues in our mind and heart. That would be the first step since you can start in the pure Mind and Heart to take action and to get Good Healthy Harvests.

Let us remember that hardworking, sober, honest and truthful people do not like to hang out with lazy, drunk and lying people.

But what to do when the evidence shows that this disease of greed, vices and corruption has spread not only in politics, the capitalists and their corporations, but has also infected simple people in the countryside?

EDITOR's NOTE – continued:

A possible Solution

First step:

Have a Minister of Agriculture and a group of promoters of organic, sustainable, fair, natural and friendly agriculture.

Second step:

Provide the farmer with reasonable credits, land, water reservoirs, irrigation systems, inputs, knowledge and ecological technologies.

Third step:

Since the 2 steps can be simply temporary solutions, we can also EMPOWER the Peasants with Ancestral Bioenergetic Super Technology - Homa Therapy.

This will help: - to reestablish order and balance in ecosystems,

**- to heal crops and animals from pests and diseases
- and to heal themselves from many diseases**

Note: In case steps 1 and 2 are not possible for “X” reasons, it doesn't matter much. We have witnessed “Miraculous” Great Achievements that have occurred with the implementation of this Homa Agro-Livestock Super Technology. Let us remember that we must support farmers because thanks to all of them, we have food.

For more information you can contact us directly: terapiahoma@yahoo.com

Always Blessings

**OM SUPERTECHNOLOGY HOMA OM
OM SHREE OM**

HOMA HEALING STORIES



**Katherine Elizabeth Esteves Rivadeneira
Guayaquil, Ecuador, South America**

I am 27 years old. I learned about Homa Therapy through **Naturopath Viviana Estéves** from the 'OM VIDA' Holistic Therapy Center that she has built up with her husband and **Naturopath, Mario Andres Angulo**.

Thanks to their guidance with Homa Therapy, my life has changed. **(Photo: Katherine during Agnihotra.)**

Before, I lived with many obstacles. I was stagnant, could not progress. I was living with too much anxiety

and spiritually, I had been exposed to strong witchcraft, which had affected my health. When I started practicing Homa Therapy, I felt very blessed.

It was incredible to see how the fire grew and how the blessed smoke spread not only around me, but all over my home. **Doing Homa Therapy has led me to be more spiritual, to direct myself, to fulfill my projects such as having managed to ascend in my work and keep it until today.**

In my home there is no longer that evil spirit that was once felt.

I continue to perform the fires of Homa Therapy, I continue to take Agnihotra ash and I am grateful for being able to do it, to be able to do it as a healing, as protection for my home, my family, my projects. Even asking for the healing of our mother earth. So, I invite you all to also do Homa Therapy and discover the healings and blessings behind it. Thank you.

Carolina Veramatus, Piura, Peru, South America

I have been practicing Agnihotra and the other fires of Homa Therapy since 1999 and I have experienced that their practice and the Agnihotra ash are very beneficial. I use Agnihotra ash a lot, because there are many people who ask me for it and they use it **to heal herpes, cut wounds, burns, colds, fungi, bedsores, etc.** I used it myself to **treat my mother's bedsores when she was in the clinic.** The doctors allowed me and later many nurses, seeing how wonderful this ash is, asked me for it so that they could also apply it to their relatives.



When my brother, last year, was in very delicate health condition, between life and death, **I asked in front of the Homa fire that God give him what is best for him.** I took a photo of the fire, which for me was very impressive, meaningful and beautiful: Virgin Mary with a baby... Seven days later my brother left his body calmly, in peace, surrounded by his family in prayer and love. I thank the Homa Fires and God for so much goodness every day.

HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Mrs. Nilgün Yapicigolu
Seferihisar, Turkey, Europe



I was born into a Muslim family and I live in Turkey. I used to be a civil servant, but now I am retired and for the last five years I have been a farmer, applying HOMA Therapy.

I first heard about Agnihotra in 1992, but I have been practicing it since 1999, when I met **Reiner and Manuela Szczypior** in Seferihisar.

As I learned more about Homa Therapy, I really wanted to work with it and experience it personally. Homa Therapy is a very ancient knowledge regarding the harmonizing energies of the Homa fire. Today nature is highly polluted on many levels. The Earth, air, water and many more beings suffer from this pollution.

By doing Agnihotra and other Homas (which are so easy to learn) on a regular basis, I have experienced how nature cleanses and heals itself.

In Turkey, growing fruit (citrus fruits, stone fruits, walnuts and almonds), as well as olive trees, are a very important source of income. **Most of the farmers in Turkey use conventional agricultural methods with chemicals. However, there are an increasing number of diseases and so-called pests and fungal infections. That goes so far, that many trees have died and the soil is getting weaker and weaker.**

With the Homa Therapy method, I wanted to show that there is another way where one can work together with nature and deal with these problems together with her. I bought some land (half a hectare), with some olive trees. Then, more olives, mandarins and other fruit trees were planted. We also installed a Homa Resonance Point on my farm where Agnihotra was performed regularly.

I had transplanted a small tree and I noticed that **there were many earthworms** in the soil. In commercial agriculture, where pesticides and other chemicals and synthetics are used, there are almost no earthworms left ... but they are so important. Earthworms bring oxygen to the earth through the tunnels they dig and their castings are a wonderful fertilizer! **An old agriculture professor once told me that the number of earthworms shows how good the soil is.**

Agnihotra and Homa ashes did exactly that. Nature was healed again. And after five years, all biological balance was restored. **Of course, lice or some beetles arrive sometimes, but at the same time, some beneficial insects seem to protect the entire system. And the weird thing was, these protective beneficial insects could only be found on my land, not the surrounding farms!**

From time to time, I made a ghee paste with Agnihotra ash and applied it to the tree trunks and I irrigated the trees regularly with Agnihotra ash water. (I myself regularly ingest Agnihotra ash and also give it to neighbors and friends.)

But basically, there came a time when I hardly had to do anything, because Agnihotra, its healing smoke and Homa ashes work for me. Trees are healthy and happy and full of life.



The two-year-old mandarin trees were the size of adult trees and had up to 58 fruits when harvested, which is very good for such young trees.

Neighbors were amazed at the fact that **the branches of their olive trees that were hanging over the fence in my garden were full of olives, but there were hardly any olives on their side!** That was really interesting!

Homa Therapy is magical, it is like a miracle. It is a blessing.

On my farm, one can feel a strong magnetic field. **Once there was a very cold winter with a lot of rain and hail, even snow, which is very rare here. Many plantations were badly damaged, only my Homa farm was saved ...**

Those are moments of fascination and happiness, when one realizes that one is so protected by Homa Therapy. **AGNIHOTRA IS PURE LOVE.**

(Photos: Mrs. Nilgün and her farm in Turkey)

ECO NEWS



We are born without bringing anything, we die without taking anything. But, in that interval we fight for what we did not bring and for what we will not take with us.

HOW WE WERE TOLD AND MADE BELIEF WHO WE ARE



WHO WE TRULY ARE



HOPI PROPHECY

Time evolves and reaches a place where it is renewed again. There is first a purification time, then there is the renovation time. We are very close to this moment now.

To see the video clip, please click:

https://www.youtube.com/watch?v=rp_4qAl8q7k

Hopi Indian Saying:

To watch us dance is to hear our hearts speak.

Why Bee Extinction Would Mean the End of Humanity² Apr 2021, by Ishan Daftardar

Bees are disappearing at an alarming rate due to the excessive use of pesticides in crops and certain blood-sucking parasites that only reproduce in bee colonies. It's true that the extinction of bees would mean the end of humanity. If bees didn't exist, humans wouldn't either.

For more information please see:

<https://www.scienceabc.com/nature/bee-extinction-means-end-of-humanity.html>

HELP TO SHARE THIS MESSAGE.



REMEMBER
Without Bees There Is NO LIFE.
#SinAbejasNoHayVida

ON ITS' FEET IT CARRIES
THE LIFE OF THE PLANET



IN THE PAST YEARS
OUR COMMUNITY



HAS BEEN REDUCED
BY 90%



HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - PIURA, PERU, SOUTH AMERICA

With the practice of Agnihotra daily at sunrise and sunset, many of us feel that a force greater than ourselves is helping us to overcome situations, events and problems of different kinds in the most gentle way and with the maximum capacity to learn from them. Blessed are the children who grow up in Homa atmosphere.



**The joy, the
silence, the
inner
recollection,
the deep
emotion of
gratitude, the
hope, the
certainty of a
new world full
of Light and
Love ... is
growing in the
hearts ...**



***"You go a step higher and your opinion itself dissolves. Then all you speak is
HIS WILL.***

Persistence breaks resistance."

- Master Shree Vasant -



HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - PIURA, PERU, SOUTH AMERICA



Homa Therapy is part of the daily life in many homes around the world. We receive the benefits of this practice on a physical, mental, spiritual, material level, etc. and we help not only ourselves, but we can also serve others...



HOMA HEALING FIRES in PIURA, PERU, SOUTH AMERICA



"UA NEW AGE IS DAWNING. IT IS THE BEGINNING OF A WORLD FULL OF PEACE AND BLISS. But first all the obstructions should be removed."

- Master Shree Vasant -



FUEGOS SANADORES HOMA in CHULUCANAS, PIURA, PERU



At the **Homa Banana Farm "Joselito"**

THANKS was given to **Mother Nature with a Rudra Yajnya.**

Despite the pronounced climatic changes, **the harvest is abundant.**

It is advisable to spray the plants weekly with the Agnihotra ash water, which has been left for three days charging, before filtering and applying it.

HOMA HEALING FIRES in JAEN, CAJAMARCA, PERU



HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - JAEN, CAJAMARCA, PERU, SOUTH AMERICA



Eng. Luis Tafur is a promoter of Homa Therapy with many personal experiences in the fields of human health and agriculture. He teaches this ancestral healing technique in Jaén, to families who have tried everything in hopeless health situations. Now, they find Homa healing and wellbeing. **(Photos this page and a part of the previous, from Jaen.)**



"Increase of disease surpasses all scientists' expectations. We provide the solution with such a simple process of purification i.e., AGNIHOTRA. The atmosphere we are in determines our health and our state of mind."

- Master Shree Vasant -



HOMA HEALING FIRES in AREQUIPA and LIMA, PERU in VENEZUELA, PANAMA, CUBA & ITALY



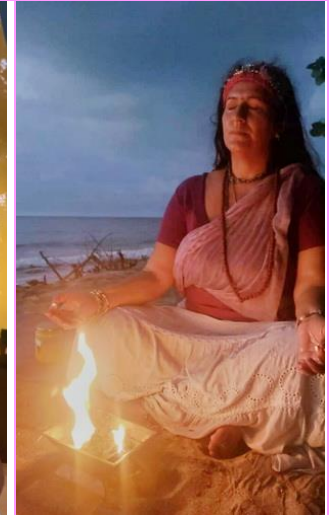
"As the world becomes more difficult and pressures become great due to pollution everyone suffers. Suffering becomes less when one turns the mind in the direction of love. Through Yajnya (Homa), Agnihotra (the basic Homa tuned to the biorhythms of sunrise/sunset) and principles of 'Love thy neighbour' one can overcome and rise above these same pressures.



Do all this with utmost sincerity and now is the time you will rise much higher, much quicker than ever before." - Master Shree Vasant -



HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - COLOMBIA, SOUTH AMERICA

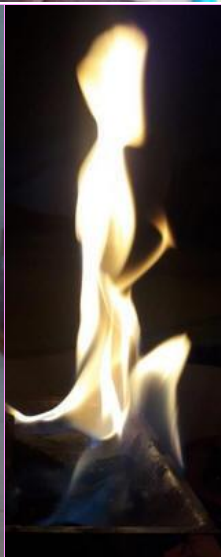


"Agnihotra is the way. People will begin to see now. They can easily feel the tremendous peace that comes by Grace by its mere performance alone."

- Master Shree Vasant -



HOMA HEALING FIRES in COLOMBIA, SOUTH AMERICA



"Continue all the disciplines as much as possible. Even when you are working you can observe some of the time. You will find this burden on the mind greatly reduced. If you strictly observe all disciplines whenever possible you will see great improvement in health and emotional nature."

- Master Shree Vasant-



HOMA HEALING FIRES in COLOMBIA, SOUTH AMERICA



"All that you seek is within you. You do not need to search once you have found truth. It is simple. Once you find truth you have to go about the business of living this truth. This incorporates the aspects of Tapa, Karma and Swádhyáya. This in essence is the spiritual Sádhana simplified. You are given easiest steps by which to attain peace in your life through calming and training the mind towards simple happiness. It is all so simple but in the process of becoming more simple we tend to further complicate things."

- Master Shree Vasant -

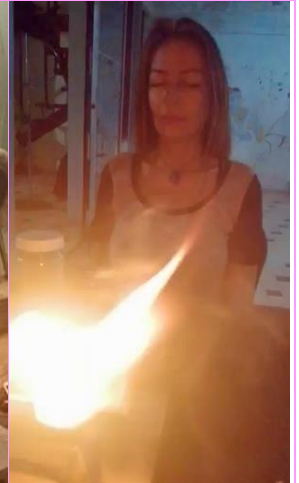
HOMA HEALING FIRES in ARGENTINA, SOUTH AMERICA



HOMA HEALING FIRES in GUAYAQUIL, VINCES & ESMERALDAS & QUITO, ECUADOR, SOUTH AMERICA



FUEGOS HOMA en GUAYAQUIL, VINCES & ESMERALDAS & QUITO, ECUADOR, SOUTH AMERICA



"Agnihotra es el camino. La gente empezará a ver ahora. Pueden sentir fácilmente la tremenda paz que llega por la Gracia con el mero hecho de hacerlo."

- Master Shree Vasant-



HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - COCHIGUAZ, ELQUI VALLEY, CHILE



**Agnihotris Cecilia y Francisco shared
from Cochiguaz, La Alfalfa Alta Sector:**

In our land, the **Homa Resonance Point** ehas
been activated in la presence of **Carlos and
Tania, Marcela and Cristian (photo above
in the middle Mr. Francisco)** We want to share
photos of the place and of some fruit harvested.



HOMA FIRES in BHARGAVA DHAM, ELQUI VALLEY and SANTIAGO, CHILE, SOUTH AMERICA&MEXICO, NORTH AMERICA



HEALING HOMA FIRES in IOWA and FLORIDA, USA & TURKEY & GERMANY, EUROPE



HOMA HEALING FIRES in "GOLDEN WEDDING" ANNIVERSARIES



Two couples on the Fivefold Path are celebrating their "Golden Wedding Anniversary" with the Homa Fires:

Odell & Jamal Wilson, 52nd anniversary, practicing Agnihotra since 1973 (48 years).
Christa & Ricardo Mena, 50th Anniversary, practicing Agnihotra since 1990 (31 years).

Master Shree Vasants' advice for couples:

"Have no expectation of the other person even if he/she is your husband or wife. Forget about roles. Forget about the normal man. You have no way of knowing what this so called 'normal man' is experiencing. Have no expectation of this other person. If she cooks for you be grateful. If she cleans be grateful. At the same time refuse to harbour resentment of any kind towards this person. If they do something you don't like simply walk away. Refuse to react to anger. This is a tall order but one which you are truly capable of filling."

"You are each other's best teachers. Realize this. Learn the lesson. Work together daily and both of you will be given great Light and Understanding. Increase the fires, YAJNYAS."

HOMA FIRES in MALAGA and BARCELONA, SPAIN, EUROPE



In Malaga, at the home of **América Camacho y Josué Gómez**, the Agnihotra encounters continue regularly. And in Barcelona, little **Pol Kiran** is healing the planet in his very special way ...

HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - EGGERSDORF, AUSTRIA & WALDESRUH, GERMANY, EUROPE



"You cannot force anyone to change their ways. The more disciplined you become, the more you influence all others."

- Master Shree Vasant-

(Photos on the left and below of encounters with the practice of Agnihotra and other fires of Homa Therapy on moon days and other special days. These meetings are organized in Eggersdorf, Styria. Photos sent by Reiner and Manuela Szczypior.)



(Photos below: Dr. Juan Manuel Guevara from Colombia, on his visit to Unterwinstetten in Waldesruh, Bavaria, Germany, where he taught Agnihotra.)



HOMA HEALING FIRES in KUALA LUMPUR, MALAYSIA, ASIA



In Malaysia, the number of our Agnihotris brothers is increasing, as in many other countries. **Datu Alan Yong (photo above left)** and other Agnihotris in different parts of Malaysia feel the call and need to share this ancient technique for the benefit of all concerned. They also use digital tools for teaching and invite lecturers, such as Prof. Abel, to deepen their knowledge of these Homa Therapy techniques.

(Photos on this page from Malaysia.)



HOMA THERAPY
Bioenergetic Medicine
for
TOTAL HEALING

WEBINAR
By special guests:



Prof. Abel Hernández
(Venezuela, USA)
INTERNATIONAL HOMA THERAPY TEACHER
YOGA TEACHER, SCIENTIST



Datu Alan Yong (Malaysia)
PIONEER HOMA THERAPY PRACTITIONER IN MALAYSIA

30th JUL Friday 8pm

Zoom ID: 831 4833 266
Passcode: 6543



HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - AMALNER and BELGAUM, INDIA



In Amalner, state of Maharashtra, Mr. Ritesh Shah and Shri Sanjay Thakur organized a Agnihotra programm in the Hanuman Mandir. Bruce, Sanjay, Prerana & Dilip, together with other Agnihotris, presented the benefits of HomaTherapy.



Mr. Vinayak Lokur shares from Belgaum, Karnataka:

"Last week we had an Agnihotra Awareness & Demonstration session at Shrimata Yoga Kendra, near Nartaki Talkies, Belagavi. I had the privilege to inform the audience about the Agnihotra process, it's background, the Five Fold Path & the positive experiences hundreds of people are reporting across the globe.

I demonstrated Agnihotra at sunrise and also handed over printed material for their further reference. We had a brief Question-Answer session later.

Some of the participants informed me that they would start performing Agnihotra at the Yoga Kendra & also individually at their homes.

I also requested them to spread a word amongst their friends and relatives in future so that more people could be benefitted. It is time to share the GOOD things in life.

OM SHREE" (See photos below.)



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist



THE CHOICES ARE YOURS; CHOOSE WISELY

If the pandemic with its lockdowns and social (life) barriers, has taught us anything, at least: 1) we humans have very limited control ultimately, 2) if my life is to be purposeful, what needs to be added/subtracted?

Or am I here just to travel to as many places as possible, eat every imaginable form/type of food, be with as many partners as humanly possible, or

fill in your own blanks.?

Eat, drink and be merry —the Epicurean mantra--doesn't end there. It continues, "for tomorrow we die."

If you plan on living longer than tomorrow,....

In the past 1 1/2 years, many more have died than perhaps ever in history. For we the living, our choices include 1—what life lessons may I learn from the suffering of others? 2—must pain and suffering visit me to teach me the lessons that caring and humility and appreciation for the plight of others might teach?

That these are the times that try (test) our souls is pretty much a foregone conclusion.

Will we pass the test or fall (remain) in the throes of the 'insane' behavior patterns that propel us from emergency to emergency, from lightness to darkness, from God to something much less?

Not only are the choices ours—whether we like it or not—but they are inexorable meaning they stay with us until the lessons are learned.

Were I truly dedicated to slaying my demons, I would persist until they are buried. The reward is everlasting peace, prosperity and purpose—or at the very least, something akin to happiness here and now.

Those are not easy concepts to grasp as many of us experience such conditions so rarely, if at all. That is where FAITH enters the picture.

"Faith is to believe in what we do not see. The reward is to see what we believe," wrote St. Augustine.

The punishment or, shall we say, the downside of bad choices is continued imprisonment in the cages of self-delusion, self sabotage and a dearth of self satisfaction and selflessness. Think of it. Dream not of sandy beaches but of fulfillment of your true purpose for being here, fulfilling the opportunities the miracle of your birth has bestowed on you.

Failure to do this continues our journey on the hamster wheel of life, expecting different outcomes to the same behaviors (a central tenet of the worlds of the addictive and mentally disturbed behavior.

Or are the hamsters simply exercising? To ponder on this is Swadhyaya. To dismiss or ignore this is like chewing bubble gum—good jaw exercise perhaps, but little for our minds and hearts to sink their teeth into—(if our minds and hearts had teeth, of course).

Chew on that for awhile, while your teeth are still yours.



VEDIC SCIENCE and MANTRAS

Prof.: Carlos E. Bustamante G.

Methodology for preserving the sound purity of Mantras. The Agnihotra Mantra.



The whole of Vedic Science has been transmitted since time immemorial (since the origin of all Universes according to classic Tradition) by means of spoken words, that is to say, from the lips of the Guru/Spiritual Master to the ears of the Śiṣya /Disciple.

This immense and remarkable corpus of Knowledge has been conveyed to all intelligent and sentient Beings in Sanskrit (Saṁskṛtaṁ), the Language of learned Sages and Mahāpundits, the perfect language to diffuse knowledge (Vidvat Bhāṣā).

If we examine attentively the act of transmitting knowledge to other people through words, we may observe and verify that the voiced information undergoes innumerable changes and distortions which depend on the one hand upon the inner qualities of every speaker (svabhāva/bhūmika) and on the other hand upon the inherent properties and features of phonetic production of languages.

This particular kind of phonetic alteration or distortion is what the Sprachwissenschaftler/Scientists of Language and the Informatics scientists and engineers call “information entropy”.

From the viewpoint of linguistics all kind of spoken and written language is liable to suffer significant transformations in course of time. This process of dialectization as a successive decay of pronunciation and meaning spread in time and space, very often leading to almost total non-intelligibility is caused by the continuous separation from the primeval source of language.

In order to avoid the phonetic entropy of the sounds of Mantras, the Ṛṣis, Ārṣa or Ṛṣayah of ancient vedic times created a set of smart and efficacious methods to preserve and transmit all the Vedic Mantras with their healing vibrations and pure meanings in an

unalterable and accurate way.

Thanks to these methods of chanting and recitation, the Vedic Mantras have been preserved pure and unaltered through the ages in terms of rhythm, accentuation, pause, modulation and original intonation.

We may affirm without any gender of doubt that the Vedic Mantras we utter and chant nowadays keep the same phonetic and prosodic features revealed in ancient times.

There are two great modalities of recitation and chanting of Vedic Mantras according to Chandas, the Science of Metrics and Versification and to Śīkṣaṁ, the Science of Pronunciation.

The first modality or Pāṭha, considered of natural character and pertaining to Prakṛti/Nature is the so called Vākyapāṭha or Saṁhitāpāṭha, id est: the chanting of the Mantras in a linear, straight way, following the normal modality of recitation or reading as they appear in the Saṁhitās or Mantra collections.

The other modality of recitation, named modified or unnatural, pertaining to Vikṛti/Modified or Intervened Nature is made up of a set of non-linear sequences with complex arrays with combination and permutation of elements, whose purpose is to firmly train and strengthen the memory to store the right form of pronunciation and chanting.

There is a lot of vaikṛta or modified methodologies of recitation such as “kramapāṭha”, the simplest form and “ghanapāṭha” the most complex.

We will see some of these modalities of vedic recitation created to avoid entropy and the occurrence of errors while uttering the mantras.

VEDIC SCIENCE and MANTRAS

with Prof. Carlos E. Bustamante G.

Let us analyse the mantric expression:

“namaḥ śivāya ca”, known as “śivapañcākṣarī mantrah” or “mantra of five syllables”. The pentasyllabic nucleus of this mantra is “namaḥ śivāya”. We have added the copulative particle “ca” which means “and” because it is necessary to have at least three components to display the examples of the different methods of chanting.

The normal, linear form of vedic recitation, “saṁhitāpāṭhaḥ” is in the case of our example: “namaḥ śivāya ca”.

The “padapāṭhaḥ” form, word by word, suitable to study the meanings of words within the mantra is: “namaḥ / śivāya / ca”. The “kramapāṭha” modality is: “namaḥ śivāya / śivāya ca”.

And the “ghanapāṭhaḥ” form of higher complexity is:

“namaḥ śivāya śivāya namo namaḥ śivāya ca ca śivāya namo namaḥ śivāya ca / śivāya ca ca śivāya śivāya ca /”

The strict practice of chanting the Vedic Mantras by means of these methods made possible the effective preservation of their vibratory purity along the millennia.

Out of the 422 kinds of Yajñas prescribed by the Vedic Science for all intelligent and sentient Beings, from the most basic, the Agnihotra to the most complex, the Somayāga, we will firstly study the Agnihotra Mantra regarded as “nityakarma” (action that must always be performed) and as the first material aid for the spiritual and material unfoldment of Human Beings.

Agnihotra is a Mantra tuned with both saṁdhyās or critical points of Nature, id est: sunset and sunrise times.

The Vedas state that at sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the Earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, destroying what is impure in its wake. This torrent of life-sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra Mantra is the essence of that music. It is quintessential sound of the flood. At sunset the flood recedes.

Agnihotra, therefore is the basic Mantra and Yajña synchronized with the biorhythm of sunset and sunrise that establishes the essential healing energy cycle. The other Mantras and Yajñas strengthen this healing cycle.

Sunset Agnihotra:

(सूर्यास्त)

अग्नये स्वाहा अग्नये इदं न मम ।
प्रजापतये स्वाहा प्रजापतये इदं न मम ॥

(Puesta del Sol)

Agnaye svāhā agnaye idaṁ na mama |
Al Fuego Ofrendo/ Al Fuego esto no (es) mío
Ofrendamos

Prajāpataye svāhā prajāpataye idaṁ na mama||
Al Creador Ofrendo/ Al Creador esto no (es) mío
Ofrendamos



Sunrise Agnihotra:


(सूर्योदय)

सूर्याय स्वाहा सूर्याय इदं न मम ।
प्रजापतये स्वाहा प्रजापतये इदं न मम ॥

(Salida del Sol)

Sūryāya svāhā Sūryāya idaṁ na mama |
Al Sol Ofrendo/ Al Sol esto no (es) mío
Ofrendamos

Prajāpataye svāhā prajāpataye idaṁ na mama||
Al Creador Ofrendo/ Al Creador esto no (es) mío
Ofrendamos



HEALING MANDALA MEDITATION



The Muse of Dreams

**Majestic inner landscape,
Reflections of my mind's eye.**

**Here, where I am safe, free to be
Creative and alive, and at peace.**

**The sleeping mystic entwined in the roots of the tree of familiarity and
strength.**

The Tree of Life, my great protector.

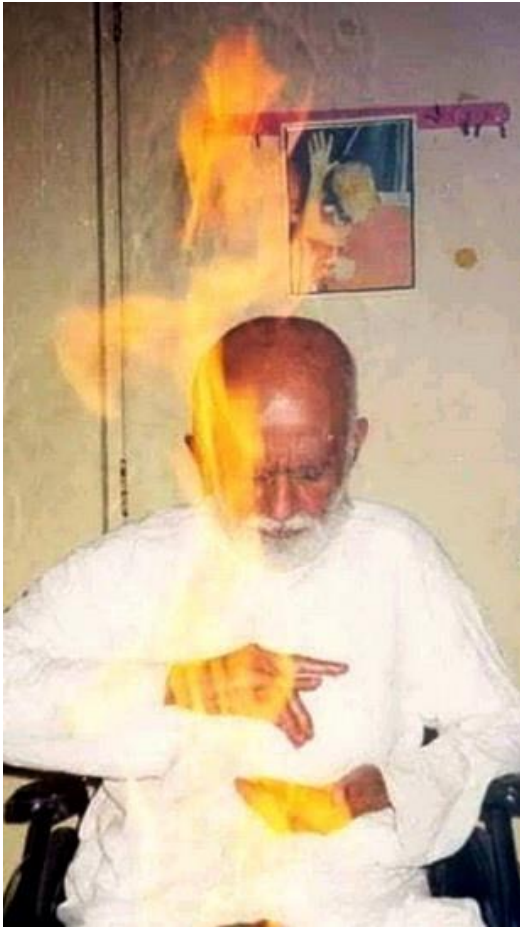
The portal surrounded by green Light.

**We are healing within.
Let there be Light.**

Mandala shared by Parvati.

(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.
Healing Mandalas, prints of original art are available via Facebook: Creative Arts — Daughters of the Mountain.)

MESSAGES FROM MASTER SHREE VASANT



August 16, 2021 Shree Vasant

(as received via Parvati in meditation)

When so many are suffering on the planet, those of you who have been blessed to be in such heavenly Homa environments, should be sending love and blessing to all who are in need at this time.

Expand your healing circles to include places, as well. Focus on specific places at the height of the catastrophes that are occurring at each place.

When you choose to bless others, you become useful as an instrument for Divine Love. Every loving word you all speak, sending such blessings out across the planet—every utterance shall reach the target.

Never feel your voice, is too small or too faint, or that it cannot reach so far. The subtle plane is far more effective an avenue than even your Internet communications!

Can you imagine? Those suffering in an Earthquake or a flood, those in the midst of wildfires and great suffering, the environment, all of Nature—your words in prayer, even your thoughts in prayer touch hearts, touch souls.

Just taking the time out of your days to focus on the needs of others, the state of Mother Earth—this alone carries the element of GRACE.

What follows is Gratitude.

Walk in Light.
In Love.
OM TAT SAT.

A few of the women can conduct healing prayer circles together with specific focus. This can be at another, additional time than 12:00.

FROM INTUITIVE GUIDANCE

(Received through Parvati Bizberg, Poland)



January 13, 2012 On Shifting from Self to Service

Yes, yes. Whilst this planet appears to be in a state of chaos, environment under siege, still many beings remain locked into habitual patterns of behavior which weaken their intent, dividing rather than uniting them with their fellow Light Workers.

Behavior that is centered in fulfilling one's own desires and expectations has no place in the new world in the making. It is all about how you can serve, what you can give to all around you.

When one allows oneself to fall into the mire of illusory dreams, one becomes engulfed in longing and expectation, ultimately leading to a constant feeling of emptiness, having been unable to fulfill one's own demands. Most depression stems from this. THE ANSWER IS SERVICE.

How can I do for others?
What are my gifts to give?
How can I bring more Light to the world?
How and when and where can I serve?

When these are the pertinent questions to ask oneself, there begins to be no time and ultimately no need for 'How can I fulfill my needs and desires?' Those desires which are not serving a higher good ultimately fade away. Those which are true, will be fulfilled without even effort to fulfill them. What you give will most assuredly return to you many times fold.

All of you, try your best to avoid the pitfalls of a life centered around the self. Try to reach out to give to others, even that very thing you feel the need for in your heart.
GIVE. GIVE. GIVE.

It is through SERVICE that the key opens the lock and the floodgates to the soul are opened. There, GRACE can fill your every empty crevice. Then you find yourself to be whole. OM.

January 19, 2012 On Time to Unite

Yes, yes. The current climate of control appears to know no bounds. However, do not give into fear. Fear will only paralyze your moving forward, stymie your own evolution and leave in rubble all counter-revolution! UNITE.

UNITY is the way to stand up to the powers that threaten free speech, that seek to break the network. If all of you stand united, the opposition will fall.

Do not become over-satiated with the material world. Leave a taste for Spirit on your tongue at all times.

Savor and protect your human rights and work to establish equal rights for all. This you may do in your own life, whether in a quiet, individual way or as a member of a group, a more vocal advocate for equal rights for all.

Support efforts to end world poverty.
Expose the Truth.
Speak out for clearer skies.
Identify that which is aimed at controlling the populace.

Protect yourselves by living lives true to your intent to heal.
Heal the planet.

Be aware of the opposition, but do not fold under the weight of its preponderant threats, environmental and psychological.

The Light is stronger. Clear away the blockages, the veils in front of you, to allow the Light of Divine to shine forth in the darkest hour.

**The clock is ticking. You all have the key to change.
This is the time for it.**

Be brave. OM.

For further info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!