



WISHING YOU A NEW YEAR
FILLED WITH GREAT
SELF-REALIZATIONS,
accompanied by the
LIGHT of the HOMA FIRES.



Silence

Silence gives breath to life.
Silence reveals all the secrets of the Universe.
Silence will provide all answers.
When you are silent HIS voice is more clear.
But silence is more than NO speech!
Silence is to still the mind.
To fill it with holy name, Mantra.
To drown out fear.
To reduce desire.
Silence is the first step towards attuning Free will with Divine will.
How can you know what is Divine will if your mind is so full of illusion.
Silence will bring you to it.
Silence will bring you to it.

By Master Shree Vasant Paranjpe



EDITOR's NOTE

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FROM INTUITIVE GUIDANCE

Your comments,
questions,
suggestions, stories
and to subscribe to
the Homa Health
Newsletter,
please write to
Abel Hernández &
Aleta Macan:
terapiahoma
@yahoo.com
Thank you!

CHRISTMAS

Yes, Yes, Yes, More Swadhyaya. Christmas is synonymous to the birth of Jesus, the Christ. It is said that Jesus was born in a barn (of cattle?) And that from an early age, he showed special qualities. According to some researchers from the Dead Sea Manuscripts or The Qumran Rolls, it is said that He was part of the Essenes group, where John the Baptist was a Master. But it is unknown what happened for 18 years, from 12 to 30 years of age. Some researchers suggest that Jesus was in India and other regions of the East. The truth is that his life was an example of Unconditional Love for God and Neighbors. He is remembered for his miracles, wisdom, parables, his kindness and the way he gave his life to redeem a humanity lost in vices.

The Bible recounts an impeccable behavior of Jesus, a life full of virtues, a way back to the Divine Home, a way of Communing with God. Thus, his memory makes Jesus live in our hearts. Therefore, we can conclude that his death on the cross does not exist and that the immortality of Jesus the Christ is a fact. "I am the Light, the Truth and the Life." But how to remember or revive it in us?

Well, Spiritual Scientists and Saints they tell us that:

- Mind is creative
- that we have a free will to use it for good or evil.
- that we will reap what we sow
- that our thoughts and mental images become words, actions and deeds here and beyond. Up to a point, you choose your



Fanning the Fire of Love in the heart with the Agnihotra.

mental state of joy or sadness. Therefore, be careful what you have in your mind now and especially before bedtime.

To think, we have these questions:

- 1) How would you like to be remembered after leaving this world:
 - a) as someone sad, plunged in pain?
 - b) as someone happy, full of joy?
- 2) If you were a dad or a mom, how would you like people to remember your child:
 - a) as a poor being, weak and suffering?
 - b) as a powerful being, strong and full of joy?

You can choose to see Jesus hanging on a cross or sitting, sharing his love with his disciples and devotees.

The practice of the Fivefold Path (Yagnya, Daana, Tapa, Karma, and Swadhyaya) can help us realize the state of "Christ Consciousness" within us.

Maybe God wants to see us happy, but you choose. By the way, God is within you.

**OM CHRIST OM
OM SHREE OM**

HOMA HEALING STORIES



Cecilia Isabel Chung, Josefina Vega Zevallos and Violeta Montes Bravo
Huánuco, Peru, South America

Note: Master Shree Vasant visited Huánuco on several occasions and these ladies had the great honor of meeting Him, a memory they carry with humility and gratitude in their hearts.

Photo left: Mrs. Josefina, Mrs. Violeta and Mrs. Cecilia Isabel sharing their unforgettable experience with Agnihotra.

Mrs. Cecilia Isabel:

This occurred at the end of February of 1995. **I was over nine months pregnant and had problems with preeclampsia and my baby was in a position with his feet first to come. My body was swollen and I did not feel well.** That's why in the doctors were programming a cesarean section. Nevertheless, I came to the practice of **Agnihotra** that was taking place in Mrs. Violeta's house (where Master Vasant had visited), and something beautiful happened. **I felt as if there were beings present. I felt a lot of movement around.** I thought, maybe it was a wind, because there were trees around. The truth is, that when **I went to the doctor for another evaluation and after examining me, he said that the baby has moved into the right position and it was best to wait a little longer.** On March 5th, I started having labor pains. I went to the hospital and **Isabelita was born naturally without any problem on March 6th.**

Mrs. Josefina:

During this same Agnihotra meeting, I was praying that Cecilia Isabel did not suffer any longer. In a moment, **I felt that people came in and sat next to me.** I was with my eyes closed; however, I saw that **they were dressed in white.** A lady with braids and a white head cover sat next to me.

Another lady sat on the other side, but she was a little bigger. **She whispered into my ear: Don't worry, calm down. Isabelita will not be operated. Her baby will be a girl and will be born on March 6th.**

The meditation ended and I opened my eyes and looked everywhere, but there were no ladies. There was no one, except the people we had started with. Then I said: "Isabelita, don't worry. A lady has come and told me that you will not have problems. Your baby will be a girl and will be born on March 6th." And so it has happened.

Mrs. Violeta:

Just before Agnihotra, I saw many angels entering the room. But I don't know how they found place to sit down. I wondered how many angels were there? But I was happy because I saw them and **all were dressed in white.** They did not occupy space, but there they were. **In this house, where this happened, Master Vasant had stayed when He came to Huánuco for the first time. So much Grace!**



Flor Anchulia, Homa Centre Finca la Zenaida, Vices, Ecuador, South America

I came to Homa Therapy with **Dr. Luis Carriel**, because my granddaughter suffered from **asthma**. She is now 6 years old. She presented asthma from a very young age. She was practically born with asthma. We attended 30 Agnihotra sessions and I have witnessed many changes. Before we had to go to the doctors for respiratory therapies. When we started coming here, I had to carry her. But now, **thanks to Homa Therapy, to Dr. Carriel, to a**

friend, who sent me here and **thanks to God, my granddaughter is fine.** Now, she has no more asthma. It's been 6 months since I brought her here and **she doesn't have any more breathing problems and she doesn't need to go to the emergency hospital anymore.** (Photo: Mrs. Flor and her granddaughter cured of asthma through Homa Therapy.)

HOMA HEALING STORIES



Silvia Galván
Posadas, Misiones, Argentina, S. America

Thanks to a conversation with **Ana Lis Gross**, we started doing Homa Therapy at the **Ananda Integral Centre**. It was a wonderful experience and difficult to explain with words. I was also lucky to share Agnihotra with my future son-in-law, **Fernando**. Many beautiful things happened, one after the other. Within me, I felt many changes, many things were adjusted. **Now whatever I**

plan, it becomes real. I also had a very special connection with the angels, to whom I had asked for signs because I had to make very important decisions. They sent me millions!

Really wonderful things happen. One just has to open the heart, feel and share this Homa therapy, which is free of charge.

I also want to tell you that **my mother was complaining a lot about pain in her knee**. I rubbed on it **a little bit of Agnihotra ash and within minutes my**

mom got up and went to the bathroom like nothing. We were all surprised. We asked her how she feels and she said "*Absolutely fine*."

I tell you this so you won't have fear or doubts. It works! And I could tell much more.

I feel very grateful to be able to share Agnihotra with all of you here, in the Ananda Centre, on Tuesdays. We have a whatsapp group where you can find out more and we keep informing you.

(Photo: Silvia Galván at the Ananda Centre, where she shares Agnihotra on Tuesdays.)

Dr. Manuel Pulido Barzola
Homa Medical Centre El Buen Pastor of
Dr. Jaime Montufar
Guayaquil, Ecuador, S. America

I am 73 years old. My profession is **Veterinary Doctor**. For 35 years I have been in the university teaching in the area of pathology. **I am a pathologist**. I have a master's degree and doctorate in Pathology.

22 months ago, I was diagnosed with a **prostate sarcoma in situ** and was immediately operated. A prostate sarcoma in situ means a cancer located only in the prostate. It was radically removed, that is, by opening the abdomen to verify it visually, directly and not with camcorders. Because it can also be done by laparoscopy, with laser beams and in 24 hours, one can leave the hospital. But I was hospitalized for 15 days. The first 7 months, they just watched me. Then I have been **treated with hormonal injections for the past 15 months. With this treatment, I was sweating and had body aches in addition to bad temper.**

My wife heard Dr. Montufar in a radio interview done at the Catholic University. **Now I have 45 days with the Homa treatment.** The most interesting thing for me was that, when I sat in front of the fire, there was not only heat and sweat, but in a different way. I noticed in the fire the color changes of blue and green flames and I began to feel that they penetrated me and



Photo: Dr. Manuel Pulido doing Agnihotra accompanied by his wife Marina.

I began to feel God. Before, I only thought in medical books, I never thought of God.

I drink some Agnihotra ash with water every 2 hours. Once a month, I still receive the injection, but I have no longer the reaction. **I am no more struggling between classical medicine and Homa Therapy, which I feel is handled by God. Now I have more patience and more peace of mind.**

His wife, Luz Marina Herrera, adds:

In one week, with the practice of Agnihotra, all his physical discomfort, his bad temper, annoyance, irritability and depression changed. All negative symptoms disappeared, which were the result of the hormone injection therapy. At home, everyone began to realize this, also the change of his skin color. He started talking, his physiognomy and everything changed. In 8 days, he began to wake up. I'm very happy.

HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Fivefold Path Foundation of Chile participates in the First Chilean Congress of Agroecology



With the conference **"Scientific Experiences Applying Homa Ecological Agricultural Technology in the Great North of Chile"** and the poster **"Elaboration of the Methodology and use of the fertilizer & bio stimulant Gloria Biosol Homa as an agroecological and economic alternative for Organic Agriculture"**,

the Fivefold Path Foundation Quintuple participated on October 17th and 18th, 2019 First Chilean Agroecology Congress held in Pucón, Chile. The Congress motto was **"Agroecology: transcending practices towards food sustainability"**, was organized by the Universidad de La Frontera and the Latin American Scientific Society of Agroecology SOCLA and brought together more than 800 people interested in a more friendly and deferential with environment agricultural practices.

The event was also sponsored by important institutions, such as the **INIA Agricultural Research Institute**, several **Universities: Concepción, Andrés Bello, Católica of Temuco, Austral of Chile, Aysén, Los Lagos, the Ecology Society of Chile and the Chilean Society of Socioecology and Ethnoecology**, among others.

Both, Homa Organic Farming Conference and the presentation on Homa Biosol were selected by a scientific committee to be presented during the Congress, generating great interest among the attendees.

The conference on "Scientific Experiences Applying Homa Ecological Agricultural Technology in the Great North of Chile" was presented by **agronomist Carolina Morales**, volunteer and in charge Fivefold Path Foundation Agriculture Commission. During her lecture, Carolina explained what Homa organic farming consists of and presented the results of two scientific investigations carried out in Northern Chile, the first with melons and the second with lettuces.

The first investigation concluded that **"the harvest of melon crop in the Pampa del Tamarugal grown with Homa Technology delivered a yield totally superior to that obtained with conventional technology and with valuable commercial qualities."**

The 2nd study related to lettuce, "concludes that Homa organic farming technology and its biofertilizer is a clean and sustainable alternative production , in terms of crop and its quality."

On the other hand, the work on **"Methodology of Elaboration and Use of the fertilizer and biostimulant Gloria Biosol Homa as an agroecological and economic alternative for Organic Agriculture"** was prepared by **Juan José Rodrigues, volunteer of the Quintuple Sendero Foundation, Hector Rosas, president of this institution, and Karina Ohme, vice president.**

HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Fivefold Path Foundation of Chile participates in the First Chilean Congress of Agroecology - continued



**Photo above left:
The Homa team in the
1. Chilean Congress of
Agroecology - Karina Ohme,
Héctor Rosas, Juan
Rodríguez, Carolina
Morales.**

Photo right: Juan Rodríguez contestando y aclarando preguntas acerca de Gloria Biosol Homa.

Biosol Homa is a fertilizer and biostimulant that results from anaerobic fermentation of equal proportions of cow dung, earthworm humus and water, plus a portion of Agnihotra ash.

The poster authors thank the collaboration of Fivefold Path Foundation, the Organization of Organic Producers of Curacaví (OPOC), Prodesal Curacaví, Indap, and Dr. Ulrich Berk, President of German Association of Homa Therapy, for their contributions to the work presented.

Metodología de elaboración y uso del fertilizante y bioestimulante

Gloria Biosol Homa

como alternativa agroecológica y económica para la agricultura orgánica

Autores: Juan José Rodríguez Fuentes, Hector Rosas Armasol, Karla Chvez Boggan

El Biosol Homa es un fertilizante y bioestimulante que resulta de la fermentación anaeróbica de proporciones iguales de excremento de vaca, humus de lombriz y agua, además de ceniza de cocina.

El Agricultor es un fango biológico que se realiza en una proporción de cubos de tamaño y forma específica, de acuerdo al tamaño de cubo y gusano del sitio, utilizando en su proceso la fuerza de solo tres productos naturales: excremento de vaca, gusano managosto y un cubo viejo.

Según la antigua ciencia del Ayurveda, el Agricultor capta las energías revitalizadoras, regeneradoras y curativas que emanan del sol, las que son canalizadas por efecto de este fuego e impregnan la mezcla que se elabora.

Los cultivos Home de Agricultura sin activadores y bioestimulantes de los campos de huertos y plantas, además de mejoramiento del balance natural. Contienen, entre otros elementos, fósforo, potasio, magnesio, hierro, manganeso, zinc y calcio.

En el elemento se seleccionan cuidadosamente los elementos más importantes para la agricultura comercial en la zona de Agricultura sin activadores, donde como resultado:

Cenizas de Agricultura	Alimento completo
Fósforo	1440 mg/100g
Potasio	1440 mg/100g
Magnesio	570 mg/100g

Fuente: (Según: Homa Biología, Homa Biología, Homa Biología, Homa Biología)

De acuerdo a un ensayo sobre el crecimiento de la planta y germinación de las semillas de germinación realizada en 2013, las plantas tratadas con ceniza de Agricultura muestran un mayor crecimiento en comparación con las demás, tratamiento: ceniza de excremento de vaca, ceniza de gusano y ceniza de gusano.

Biosol Homa

El Biosol Homa se elabora en un bioreactor que contiene en su interior un fango biológico, instrumento biológico que es una figura arquitectónica de la geometría sagrada que representa el equilibrio de la naturaleza.

Elementos químicos contenidos en el Biosol Homa	
pH	7,2
Nitrogeno orgánico	1,4%
Carbono orgánico	4,2%
Nitrogeno total (N)	0,08%
Relación C/N	9,8
Fósforo total (P2O5)	708 mg/kg
Potasio total (K2O)	341,2 mg/kg
Calcio total (CaO)	342,0 mg/kg
Magnesio total (MgO)	104,0 mg/kg
Hierro total (Fe)	579 mg/kg
Manganeso total (Mn)	23 mg/kg
Boro total (B)	12 mg/kg
Cobalto total (Co)	3 mg/kg
Zinc total (Zn)	11 mg/kg

Fuente: (Según: Homa Biología, Homa Biología, Homa Biología, Homa Biología)

Metodología elaboración Biosol Homa

El bioreactor contiene en su interior un fango biológico, instrumento biológico.

Activador en la cultura de los cultivos de la zona.

Se le agrega el fango biológico a la cultura de los cultivos de la zona.

Se agrega 1/4 de agua y 1/4 de ceniza de cocina a la cultura de los cultivos de la zona.

El bioreactor se elabora con un fango biológico, instrumento biológico que es una figura arquitectónica de la geometría sagrada que representa el equilibrio de la naturaleza.

El sistema de la fermentación se elabora en un cubo viejo con agua, pero que la biología que se elabora en el cubo viejo.

Con el agua de la fermentación se elabora el Biosol Homa, pero que la biología que se elabora en el cubo viejo.

El sistema de la fermentación se elabora en un cubo viejo con agua, pero que la biología que se elabora en el cubo viejo.

Investigaciones realizadas en India

Cuando se le aplicó a los cultivos en la Agricultura Orgánica, Karanika, India, los resultados de la investigación de Dr. Prasad Kumar (2009-2010), evidenciaron los positivos efectos de la Agricultura Homa en la calidad del suelo.

Como resultado de la aplicación del Biosol Homa, se evidenciaron los positivos efectos de la Agricultura Homa en la calidad del suelo.

Variación parámetros suelo

La primera tabla muestra la variación de los parámetros del suelo, especialmente la cuenta microbiana del suelo y el contenido de nitrógeno y fósforo, en comparación con el control (suelo natural). Estos estudios evidenciaron la variación de los parámetros de la agricultura, como por ejemplo la aplicación de la ceniza de Agricultura a la aplicación del Biosol Homa.

Estos estudios se llevaron a cabo durante una sola estación. Seis meses en el cultivo más importante el suelo de la Agricultura Homa se aplicó durante un par de años.

Parámetros biológicos del suelo	Control	Biosol Homa	Control
Bacteria total	80%	80%	100%
Fungi total	80%	80%	100%
Actinomicetos	80%	80%	100%
Desarrollo del suelo	80%	80%	100%
Fertilidad del suelo	80%	80%	100%
Microelementos del suelo	Control	Biosol Homa	Control
Nitrógeno	12%	12%	100%
Potasio	12%	12%	100%
Fósforo	12%	12%	100%
Microelementos del suelo	Control	Biosol Homa	Control
Fe	80%	80%	100%
Mn	80%	80%	100%
Zn	80%	80%	100%
Co	80%	80%	100%

Fuente: (Según: Homa Biología, Homa Biología, Homa Biología, Homa Biología)

Parámetros de producción

La segunda tabla muestra el aumento significativo en los parámetros de producción, comparando la Agricultura Orgánica Homa con la aplicación de Biosol Homa en la agricultura y en el suelo, con la agricultura de Homa, como control.

Parámetros de producción	Control	Biosol Homa
Parámetros de producción	Control	Biosol Homa
Producción de grano	80%	100%
Producción de paja	80%	100%
Producción de raíz	80%	

Hacer clic enzima del afiche para agrandarlo y leer los detalles.

ECO NEWS

Plants emit ultrasonic 'scream' when they are hurt, researchers find

December 10, 2019

Researchers placed microphones a few inches from tomato and tobacco plants, deprived them of water and cut their stems.

The plants emitted an ultrasonic signal between 20 and 100 kilohertz, the researchers found. When a tomato plant's stem is cut, it emits 25 ultrasonic distress sounds over the course of an hour, the researchers found. Tomato plants made up to 35 distress signals an hour when deprived of water. The researchers wrote: "These findings can alter the way we think about the plant kingdom, which has been considered to be almost silent until now." **Please read more in these links:**

<https://uk.news.yahoo.com/plants-emit-ultrasonic-scream-when-they-are-hurt-researchers-find-190342671.html> and <https://www.biorxiv.org/content/10.1101/507590v4.full>



Disposable Diapers are a problem, they take approximately 250-500 years to decompose in landfills and just in the USA alone, every year more than 18 billion disposable diapers are thrown away.

How Long Does It Take For Some Everyday Items To Decompose?

The products we consume and throw away are a problem; plastic is a major one, but most people haven't realized yet how much of a problem it really is and how long it takes for everyday items to decompose.

From a sustainability perspective, answering that question is critical.

In fact, we should reduce consumption of products that generate waste materials that take a long time in landfills to get completely decomposed.

Most people think that in a landfill site, as soon as the waste arrives, the decomposition process starts immediately... well, unfortunately, that is not true. **Please read more:**

<https://www.cafebrands.ie/how-long-it-takes-for-some-everyday-items-to-decompose/>

The healing power of horticulture

A closer look at how gardening can benefit those suffering from mild to medium mental-health disorders - from depression and anxiety to learning- and attention-deficiency disorders.

Gardening provides a sense of control and responsibility, which is often lacking in people with low self-esteem. A patch of land can yield amazing results, for both the environment and the person tending it. An activity that nurtures our physical and mental well-being, gardening is increasingly being used to help people who stand on the periphery of what is deemed "normal" - such as ...

To read article: <https://www.ecoportal.net/econciencia/vida-consciente/huertoterapia-cultivando-la-curacion><https://www.thenational.ae/arts-culture/the-healing-power-of-horticulture-10-ways-gardening-can-positively-influence-mental-health-1.222482>



Billions of air pollution particles found in hearts of city dwellers

The Guardian, 05.08,2019

The hearts of young city dwellers contain billions of toxic air pollution particles, research has revealed. Even in the study's youngest subject, who was three, damage could be seen in the cells of the organ's critical pumping muscles that contained the tiny particles.

For more information please see: https://www.theguardian.com/society/2019/jul/12/billions-of-air-pollution-particles-found-in-hearts-of-city-dwellers?CMP=Share_iOSApp_Other



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



In Guayaquil, we continued to share the Homa Fires.

Photo above right: Interview about the effects of Homa Therapy on health on the radio station of the Catholic University of Guayaquil. On this radio program, Dr. Montufar regularly talks about the achievements of Homa Therapy.

Photos above: Dr. Cesar Merino practicing Agnihotra in his *Rincón Homa* Center in Urdesa. He shares Agnihotra every day at this place, which is located in the frontyard of his consultation office.



EVENTS in SAMBORONDÓN, ECUADOR, SOUTH AMERICA



The couple of **holistic healers, Viviana Estéves and Mario Angúlo**, invited to deepen the Homa teachings in their **OM VIDA** Centre, where Agnihotra is part of the healing techniques applied. They do a wonderful work and are able to help many people.

We listened to and recorded the live-changing Homa healing testimonials from some of their patients and their families! It is observed again that the scope of Homa healing is not only for the patient, but for the whole family. **Photos of this page at the Om Vida Center of Viviana and Mario in Samborondón.**



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Group Agnihotra at the *Amaranto Gourmet Vegetarian Restaurant* of **María Agustina Mejía** and her husband, **Patricio Feijoo**.

We shared some Homa healing video testimonies from our recent trip to Argentina, Paraguay, Uruguay and Panama. Some attendees felt encouraged to start with this powerful ancestral technique.

(Photos above, left and below: Agnihotra practice, meditation and prayers for Peace.)



Photos left:
In the Homa Center
Urdesa with
Sonia Hunter;
in the Rincon
Homa Center
with Dr.
Cesar Merino.

EVENTS in CHAME, PANAMÁ, CENTRO AMERICA



We arrived in Panama, invited by Cristina Sánchez, who recently had started Agnihotra practice. Her desire was to know more about this ancestral healing technique and to share it for the benefit of the community.

Master Shree Vasant visited Panamá several times (in the late 1990's) to teach Homa Therapy and organize agricultural projects. The effectiveness of this Supertechnology was demonstrated in the treatment of the Sigatoka Negra plantain disease.

Cristina, together with her daughter **Miya**, her mother **Dora**, her aunt **Yolanda** and her cousin **José David**, run **Dharma Casa Holística (Dharma Holistic House)** in Chame, where they offer a wide range of alternative treatments for health and well-being, as well as lodging in a natural environment. It is situated one hour from Panama City.

(Photos above: entrance to Dharma Holistic House and the first Agnihotra in the courtyard with some of their patients.)



The next day we went to collect cow dung, from the cattle of a farmer who keeps them naturally with grass, without giving them balanced or concentrated food(?). Then, we prepared the Homa cookies on top of large banana leaves.

(Photos 2nd row: Cristina happy with the cattle; Dora and Aleta making Homa cookies; photos above and right: Mrs. Dora López; teaching and sharing Agnihotra daily with people. We met Mrs. Vera Martínez, after 22 years, with much joy.)

EVENTS in CHAME, PANAMÁ, CENTRO AMERICA

Every day a group of people arrived (patients, neighbors, friends, etc.), interested in knowing and experiencing the Agnihotra of Homa Therapy. Prof. Abel and Aleta showed videos, taught the technique, rehearsed the Mantras, etc. There was always a great mix of nationalities, languages and religions from around the world. Agnihotra is a scientific tool for the purification of the atmosphere.



Photos on this page: Agnihotra sessions at sunrise and sunset in the wonderful setting of Dharma Holistic House. Peace and well-being emanate from the Agnihotra fire. Photo below left: With Cesar Paniagua on an excursion to get to know the Anton Valley. Cesar came every day at least once to practice Agnihotra and now continues sharing it.



EVENTS in PANAMA CITY, CENTRAL AMERICA



In Panama City, **Cristina** organized with the help of friends a meeting in the auditorium of the **Metropolitan Park**, the largest green area within the city with its 573 acres (232 hectares). Prof. Abel presented the Homa Supertechnology in an audio-visual manner and answered many questions and clarified concerns.

Note: We had a joyful encounter with **María Alejandra Brito** from Venezuela. She is a disciplined Agnihotri for over 30 years. She had participated in Homa agricultural projects in Venezuela, under the guidance of Master Shree Vasant.



Photos: Talk, teaching and practice of Agnihotra in the Metropolitan Park of Panama. Kabiria accompanied the Agnihotra with crystal sounds. Photo below right: Maria Alejandra Brito and Kabiria.



EVENTS in PANAMA CITY, CENTRAL AMERICA



Cristina organized another **Homa event** in Panama City at the "**Torres de Alba**" Hotel. It was another wonderful opportunity to present the **Benefits of Homa Therapy** to a wider audience. We found a lot of interest.



Oris Mayte Nicholson, who had met Master Shree Vasant in 1997, came with his sister, to share her wonderful experiences, which had made her continue with this healing technique during all these years. (Photos on this page: **Homa therapy teaching and practice in the quiet and beautiful atmosphere of the Hotel.**)



EVENTS in CHAME, PANAMÁ, CENTRAL AMERICA



The days in Panama passed by quickly. Before leaving, there was an uplifting meeting with a group of **young people from the Anton Valley**. They from different parts of the planet, trying to live with and within nature, healthy, sustainable, ... and with much love in their hearts. With much interest they asked and learned about H. T.



After the practice of Agnihotra, which calmed the minds, we ate and sang and some even danced with gratitude and joy. The little boy present, received some of the healing Agnihotra ash and ate it and then kept asking for it again and again and swallowed it instantly. **Photos above: H. T. with the young people of the Valley. Photos below: Professor Giraliz and her daughter Anna Lucia learning the Agnihotra Mantras. Yolanda López and her son, José David, doing Agnihotra.**



EVENTS in PANAMA CITY, CENTRAL AMERICA



In Panama City, through Skype, Prof. Abel gave a **lecture about the Benefits of Homa Therapy** to a group in **Medellin, Colombia**. Mother **Dora Betancur** and Mrs. **Fernanda León** had organized a Homa Encounter at the "Urban Hotel" in Medellin.

(See photos above and left.)

Photos below are meetings with friends after 22 years: 1) **Ex-Colonel R. Díaz Herrera**, who had invited Master Shree Vasant to

Panama. 2) **Karen Araúz**, daughter of 3) **Rodrigo Araúz**, agronomist, who witnessed the surprising results of the **substantial reduction of the Black Sigatoka in a short period of time through the practice of Homa Supertechnology in a banana farm in the area of Barú, Chiriquí.**

Today he works in the Ministry of Agriculture and resumed the practice of Agnihotra.

We want to thank our kind hosts Cristina and Dora, Yolanda and all the new and old Agnihotris and everyone, who helped so the message of hope and health through the Homa fires reached many places and hearts. They Continue the practice of the Fires of Peace, Harmony and Welfare. OM SHREE OM



EVENTS in PIURA, PERU, SOUTH AMERICA



Back in Piura, Peru, we enjoy the Agnihotra group meeting and the wise, spiritual teachings of Prof. Abel, through stories and tales, touching a point deep inside, which nourishes the mind and heart, directing them towards union, truth, light, common welfare ... In an atmosphere saturated with good vibes and Love, it is most effective to sow new seeds of understanding in our inner garden. The group is solid, getting stronger in discipline and in the desire to serve.

Photos on this page: Group Agnihotra at CERP - State Medical Rehabilitation Center and in the Vegetarian Restaurant Ganimedes of Javier Cruz, situated Piura Center.



EVENTS in PIURA, PERU, SOUTH AMERICA



Sharing the joy of silence and well-being of Agnihotra.

With the constant practice of Agnihotra, the mind becomes more centered, calm, intuitive, receives a push into a positive direction; facing adverse situations turn into an opportunity for our spiritual development.



EVENTS in PIURA, PERU, SOUTH AMERICA



12-hour full moon Tryambakam Homa in Ganimedes, where Agnihotris take turns every hour to receive and keep the Homa fire lit with Mantra and ghii. A wonderful unique experience for each participant.

Photos above of some of the Agnihotris who participated in the December full moon Tryambakam: Mrs. Sara, William, Dr. Marisol, Vanessa, Johananda, Aracely, Javier and Miguel. Photo below: Sharing a pre-Christmas Agnihotra. It is also the time of more guided meditation and devotional songs, where the joy inside finds expression.



AROUND THE WORLD - POSADAS, ARGENTINA, S. AMERICA



From the city Posadas in the Department Misiones, Argentina, **Ana Lis Gross** sent the photos of this page, where Agnihotra is shared on Tuesdays at the **Ananda Centre** of **Silvia Galván**. **Mrs. Berta Krause**, her daughter **Julia Wall** and **Ana Lis**, are the group leaders. In addition, we received a photo of an article about Homa Therapy, published in the **newspaper Sexto Sentido (Sixth Sense)**.



(click to enlarge this article about Homa Therapy)

HOMA AROUND THE WORLD - QUEVEDO, RÍOS, ECUADOR



From **San Camilo, Quevedo, Olga Enríquez** gives thanks to the Creator for allowing her to share Agnihotra. (Photos above and right.)



HOMA AROUND THE WORLD - QUITO, ECUADOR, S. AMERICA



In the capital of Ecuador, **Quito, Krishna Devotee, Prabhu Joel**, shares the Agnihotra Fire in encounters with other devotees. Together with his son, he also practices it at home.

(See photos above and to the right.)



HOMA AROUND THE WORLD - VINCES, LOS RÍOS, ECUADOR



Naturopath, and Medical Technician, Dr. Luis Carriel and his wife Sara Bustamante share Agnihotra daily at their **Homa Centre Finca La Zenaida**, where there occur wonderful cases of Homa healing. (Photos this page.)

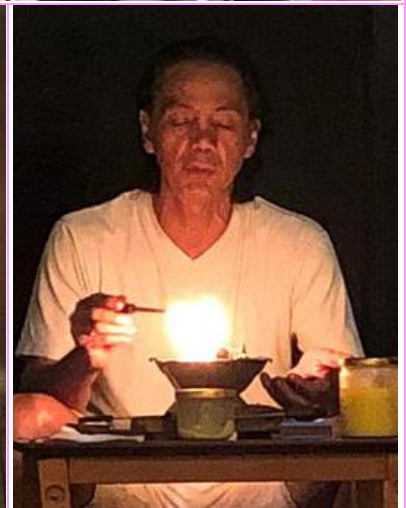


HOMA AROUND THE WORLD - GUAYAQUIL, ECUADOR



In Guayaquil, **Dr. Cesar Merino** invited the Agnihotris to participate in the **December full moon Tryambakam Homa of 12 hours - from sunset to sunrise.**

As the doctor said: "It has been a resounding success! Everyone was very concentrated, submerged in Mantra and Fire and **everyone was VERY happy.** (Photos this page of the Homa full moon Fire at the Rincón Homa Center.)



AROUND THE WORLD-GUAYAQUIL & SAMBORONDÓN, ECUADOR



Photos of this page are from Agnihotris in Guayaquil, who are sharing this technique in different places. Photos below and first photo in the row above: OM Vida Centre in Samborondón.



HOMA AROUND THE WORLD - ESMERALDAS, ECUADOR



Photos: Mr. Diego Lastra Rendón practicing Agnihotra and Tryambakam Homa in the company of his wife and Mrs. Sofía de Batioja, with whom he learned about Homa Therapy.



Together with the photos, Prof. **Diego Lastra Rendón** from **Esmeraldas**, shares his **Healing Story**:

The prostate tumor markers or PSA were 270 in 2016 (normal is from 0 to 4). I received radiotherapy in 2018 and the values got down to zero. But in the beginning of 2019, the tumor markers began to rise again. Every three months, I was tested and each exam showed that they climbed at a tremendous speed. I told the doctor to do me the favor of sending me medicines, but he told me that it was not necessary, since he had made the decision to operate me in 2020.

That was when Mrs. **Sofía Batioja** arrived with Homa Therapy at our house. Thanks to her and to all who practice Homa Therapy,



today I feel very happy and with much joy and satisfaction. I must inform you that the tumor markers are going down. The doctor is surprised, because he knows that he has not given me medication, because the plan was to have surgery. The surprised doctor asked me what I had done? I said "*Doctor, it is thanks to Homa Therapy that my tumor levels are going down.*"

Thanks to everyone for how much you have done for my health, thanks also from my family. Om Shrii Om

HOMA AROUND THE WORLD - EGGERSDORF, AUSTRIA, EUROPE

Reiner Szczypior sent the photos below and wrote that they are from Agnihotra's group practice of a full Moon in Eggersdorf, Styria, at the "**Garden Paradise**" Centre.



HOMA AROUND THE WORLD - TRUJILLO, PERU, S. AMERICA



The photos of Mrs. Mayra Benitez on this page, came from Trujillo, where Eng. Luis Tafur Gonzáles continues to share the practice of Agnihotra in the Botanical Garden. Many people attend in search of solving their health problems on a physical, emotional and mental level. Through Homa Therapy this is possible. The testimonies speak loudly.



AROUND THE WORLD - LIMA & PIURA, PERU, SOUTH AMERICA



Photos above and right:
Agnihotra practice in Lima – with the family, with friends or alone - important is to do it!
Photos below:
Sharing this healing technique in Piura regularly



HOMA AROUND THE WORLD - CHILE, SOUTH AMERICA

¡¡¡UNA CRUZADA DE AMOR!!!
¡HOY A LAS 22:00 HRS.
UNIDOS POR CHILE!!!



ENCAMINADO UNA MEDITACIÓN, ORACIÓN, REZO, MANTRAS, ROSARIOS, HUMITOS SAGRADOS, VISUALIZACIÓN, PLEGARIAS, PROYECCIÓN...A PONER EN PRÁCTICA TODO LO APRENDIDO EN NUESTRA VIDA...CONECTEMONOS EN AMOR CON NUESTRO PAÍS!!! DESDE DONDE TE ENCUENTRES Y CON QUIÉN ESTES! SOLO HAZLO! POR TI! POR MI! **¡POR TODOS! ES TÚ MOMENTO! ES TU PAÍS! GRACIAS! GRACIAS! GRACIAS!**



Homa Encounters throughout Chile - releasing Light and Love into the atmosphere.



HOMA AROUND THE WORLD - CHILE, SOUTH AMERICA

From the coast to the most majestic mountains of Chile, the Homa Fires are now shared more than ever. **(Photos from various parts of Chile where people gather for Agnihotra.)**



AROUND THE WORLD - ASUNCIÓN, PARAGUAY, S. AMERICA



In San Lorenzo, Mrs. **Brigitte** and Naturopath, **Dr. Joaquín Echagüe** continue practicing, inviting and sharing Agnihotra on Mondays. They have wonderful experiences. (Photos above and right.)



HOMA AROUND THE WORLD - COLOMBIA, SOUTH AMERICA



Sharing Agnihotra in Colombia through **Diana Molano** and **Endir Rozo**, who take every moment as an opportunity to serve.

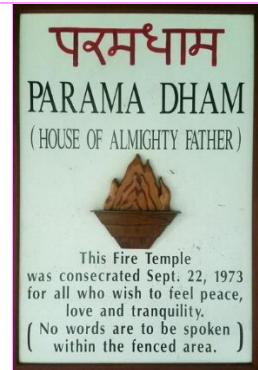


Lucas y Arturito
Amor del Agnihotra

HOMA AROUND THE WORLD - MADISON & BALTIMORE, USA.

Reiner Szcypior, from Austria, shares about his trip to **Madison, VA** and to **Baltimore, MD, USA:**

(following extracts from his letter)



Finally, after **41 years of performing daily Agnihotra**, I was able to bow down to the first **Agnihotra Temple** in the Americas, which is in Madison Virginia. It has been **inaugurated on 22 September 1973 (46 years ago!)** and since then daily Agnihotra and minimum 4 hours of Tryambakam Homa are being performed in an area maintained in absolute silence. No words are spoken, except specific Mantras are chanted. **(Photos above.)**

Those who practice regularly meditation will find that, what takes one usually hours to achieve, is experienced immediately in this blessed atmosphere. Peace of mind is assured.



Richard and Lisa Powers (-photo above left) have dedicated their lives to this place and keep the disciplines. Other families, who live close by, help to maintain the many hours of daily Yajnyas. Satsangs (group meetings) are conducted regularly **(photo above right)**. People come as far as Baltimore and sometimes even from other parts of the US to participate. During Satsang there is reading of deep spiritual text which is uplifting and joy in music and singing.

Franklin C. Nelson, my wonderful host, took me to the Baltimore Homa Therapy family for a Sharanagati performance (a Mantra recitation with Homa Fire) at Henrys and Jeanette's place **(photo below)**. It has been a wonderful trip, filled with Grace.



AROUND THE WORLD - MAHESHWAR & OTHERS, INDIA, ASIA



We received following information from **Sarvajit Paranjpe**, in charge of the **Homa Therapia Goshala in Maheshwar**:

Farmers from villages near Dewas, MP area visited us to learn Homa Farming. The visit was organized by CARD, NGO which works in that area working in the field of Social and Agricultural Development. Agnihotra and importance of Homa Therapy was demonstrated to the farmers.

Farmers also learned about 'Prakriti Vana- Nature's Forest' which can be easily implemented at the village level. CARD representative Shri. Ankit Mathur was very supportive of the idea and agreed to provide the necessary resources.



Photos above: We visited a School at Bilwari village run by the organization *Shreemad Bhagwat Geeta Shakti Peeth*, Kendra Kurukshetra. They have more than 80 students. The group focuses on Social and Spiritual development along with Education.

Photo above right: Smiling Ishwari, Sarvajits and Asmitas daughter.



Performing Agnihotra at Sevadham Ashram, Ujjain, India. Agnihotra is regularly performed at the centre as a healing method. Sevadham Ashram is a lifetime shelter centre for over 600 homeless, helpless, differently able, mentally ill, dying and destitute people.

FUTURE EVENT - SWARG YAG in MAHESHWAR H.T. GOSHALA



Dear Family,

We have organized **Swarg Yag from 2-8 February 2020, at Homa Therapy Goshala at Maheshwar, India.**

Swarg means Heaven. But as we think that Swarg is a state which we achieve after leaving this body. But more so it is to walk on 'Su-Marg'. 'Su'- means 'Right' and 'Marg'- means 'Path'. It is actually to Walk on Right Path. Means, if we walk on Right Path we will achieve a state of Happiness, means Heaven, here itself. **If we live a Righteous Life with the right values and principles, we will achieve the state of Happiness- the Heaven here and now.**

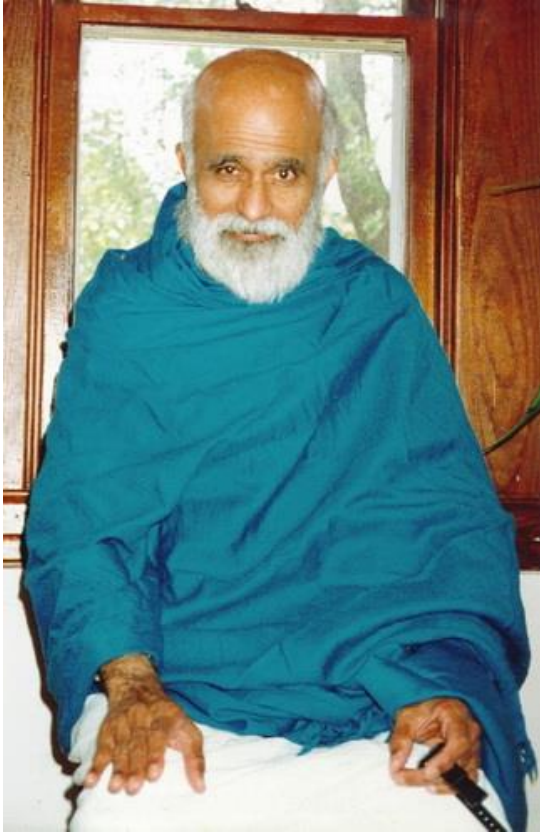
This Yajnya is a reminder that we shall walk on 'Su-Marg'- the Right Path- in this life and strive to achieve Fulfillment in this life.

If you wish to attend the Yajnya please contact: info@fivefoldpathmission.org

Regards,
Sarovjit Paranjpe,
Fivefold Path Mission, Maheshwar, India

Photos: The Sacred Narmada River in front of the Goshala; Saravjit with his wife Asmita, their daughter Ishwari and an employee's girls; Agnihotra facing the river Narmada in the village Maheshwar.

MESSAGES FROM MASTER SHREE VASANT



(Message received through Parvati)

On Our Bodies' Health

The body is a precious gift to be taken care of, kept clean, well-rested, with sufficient water and air, movement and nutrition. Just as with a machine, if one part is not attended to, it can affect the whole mechanism.

Treat the body as you would a fine, valuable, rare instrument. If you had a fine, rare instrument, you would keep it in a safe case when not using it, you would keep it tuned and polished. And you would play it frequently, savoring its unique sound and the quality of that sound.

The body is your instrument. This is a great opportunity to give the body the attention it deserves, and good health will be the reward.

No one is exempt from this rule, this fact. Irregardless of age or status in life, all have to take care of the bodies given to them. And ultimately these bodies can be used as instruments of Divine.

Prioritize health, physical and mental, as you would care for your own small child. Proper rest is essential. Then, balance in daily life—so that you are exercising the mind and the body, as per its own abilities and as per health. And the spiritual also needs exercise. All aspects.

When We say health, it refers to every aspect.
We are with all of you now.
All love and blessings.
OM TAT SAT.

-End of received message-

HUMILITY

You have that humility. It is the flip-side, the opposite side of arrogance, just as sorrow and joy. That humility needs only some nurturing and very quickly it grows. Do not feel the arrogance. Do not concentrate on it, but whenever possible on a conscious level, practice humility. Humility, once nurtured in proper environment, boosted by Yajnya energy, is very quick to grow. Then, if you develop this humility you are able to see goodness in yourself and others. Then you can truly love others.

LIGHT

Place full concentration on the Light. Do not waiver.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Radical Surrender

What the great Master was speaking of when he called for RADICAL SURRENDER is it requires the conscious, focused intent of every aspect of your being to embrace the will of Almighty.

And with every sinew, every cell, every impulse through every vein in your bodies, Surrender to Divine Will.

The result of RADICAL SURRENDER is absolute bliss.
And it shall be yours for the “price of a candy,” as was told you.

Blessings abound.
We are,
ORION.

On Miraculous Agnihotra Ash

Yes, yes. Agnihotra Ash truly is a miraculous substance for future of human health. Now focus on the effects of Agnihotra ash on humans, on plants, and on animals. Articles can be written, and also documented case studies. As well, we suggest training Agnihotra teachers who can make Agnihotra ash for the people.

Pure Agnihotra Ash* is infused with nutrients and energies required to reset human organism.

We would suggest taking it regularly by mouth, either in water or in hand, tablet or powder.

When asked about impending developments and implementation of ‘5G technology’ and what can protect human beings from the deleterious effects on the organism and on Nature, one answer is performance of this ancient Vedic science of Agnihotra and regular usage of the resultant Agnihotra ash. This contains great healing properties.

*For optimal purity of Agnihotra ash used for medicines, it is best to bathe & put on clean clothes before performing Agnihotra. Agnihotra should be done precisely on time to the second. See www.agnihotra.pl

On Guardians of the Light

Many changes due on this planet now. Be prepared.
To be forewarned is to be forearmed.

You are not alone.
There are guardians of the Light all around you.
At sacred places of fire, the energies are palpable.
Blessings to all keepers of the sacred flame.

We are humbly at your service, ORION.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!

Other official web sites on Homa Therapy:

www.terapiahoma.com www.homa1.com www.homatherapy.info
www.agnihotra.org www.homatherapie.de www.homatherapy.de
www.tapovan.net www.homatherapyindia.com www.homatherapy.org
www.homatherapypoland.org www.homapsychotherapy.com
www.agnihotra.com.au www.terapiahoma.org www.homaspain.com

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