EQUANIMITY

In the manifested world, the extremes usually stand out:
- Black and white
- Good and evil
- Light and darkness
- Life and death

The pleasant and the dirty
The pleasant and the unpleasant, and many of us tend to show predilection for one of them according to our perception, feeling, desire, etc.

Someone (Moses?) asked God:
Who are you?
The answer was:
I AM WHO I AM
(Exodus 3: 14-The Bible).

In the Bhagavad Gita, God manifests himself to Arjuna in his majesty and glory (Chap. 11).

But Arjuna asked him to return to his previous perception.

Sometimes too much light blinds us and too much sound deafens us. We only accept what we can hold or contain. Also, in this plane, many pretend to find their happiness in the extremes. But knowing the Principles of:
- Mentalism, Correspondence, Vibration, Polarity, Rhythm, Cause and Effect, and Gender, we can realize the importance of moderation and balance to maintain physical and mental health.

To love God is to love everything. To love:
- the good and the bad,
- the big and the small,
- the brave and the coward,
- the beautiful and the ugly,
- the melodious and the noisy.

It is so important to recognize the goodness in the person who shows you light, beauty and purity, to get closer to these qualities; as it is also important to acknowledge the usefulness of those ones who show you darkness, ugliness and impurity so you can get away from these.

Remember that the mind is creative and can easily magnify what we focus on. By focusing on good, evil automatically diminishes.

But do not expect a child to think like an adult or vice versa.

We can love the sinner and hate the sin. Of course, this does not happen simply with someone ordering it.

Who is closest to God - the wise old man or the innocent child?

You already know the answer, don’t you? It is said that "we were created in the image of God" (Bible-Gen.1:26-27), but we perceive ourselves only as mortals with errors.

Maybe we should ask ourselves again and again: What is God? Who am I?

Between white and black there are many colors. Between light and darkness there are many grays.

Equanimity is similar to: calmness, confidence, coolness, correspondence, detachment, equilibrium, equipoise, evenness, imperturbability, poise, self-command, self-confidence, self-control, self-restraint, serenity, stability, steadfastness, steadiness, tranquility, etc.

The practice of the Fivefold Path helps us achieve Equanimity.

Om Fivefold Path OM
OM Equanimity OM
OM SHREE OM
Shikha Sharma Chaturvedi  
Westend, Delhi, India

I am 38 years old. I like to share my experience with Homa Therapy. Yesterday was my first time that we practiced Agnihotra. I took some of the Agnihotra ash home. My youngest son is 4 years old and he had a terrible viral infection in the throat. He had much pain. So, last night I gave him just a pinch of the Agnihotra ash and this morning he was fully recovered! I did not see the need to give him even one dose of the regular medicine. So, I definitely want to continue this every day of my life!

We are living in Delhi, one of the most polluted cities in the world. Almost every week, I suffered from allergy problems and had to take medication. So, yesterday, when I entered the Agnihotra session, I had come with shooting pain and something like a lump in the throat. While I was inhaling the Agnihotra smoke, the pain began to go away. And as soon as I had just one pinch of this Agnihotra ash, the pain left me completely, completely. And it has not returned. So, I hope with the Agnihotra practice I do not have to take more medication.

Lucía Yáñez  
San Marcos Sierras, Córdoba, Argentina, South America

I am grateful for the HomaHealth Newsletters. Homa Therapy accompanies me and fills my life. The Homa fire is: - a wonderful gift - a light shining at the beginning and at the end of each day - a light inside and a peace that accompanies me wherever I go - it is also a door to the mystery of existence - a door through which I reach deeper inside of me, towards the more and more sacred.

I am thankful to be able to share this experience, to connect with other brothers and sisters who help to expand this beautiful experience on earth. (Photos: Lucía Yáñez meditating during Agnihotra in San Marcos Sierras.)

Martha Ramírez, Huanuco, Peru, South America

The land that was bought in the jungle, had been without use for a long time, because there were swamps. Nobody felt like buying such a terrain without useable water. There are many areas with swamps and nobody could do anything with these. Then we bought the land and we started doing the Homa Therapy fires there. And we observed how the swamps became sources of clean water!

When the people saw this, they wanted to buy back the land. When they saw that the water was no longer useless, they wanted to give us twice as much as we had paid. But we did not sell it.
Monk Chen
Acupuncturist, practitioner of Chinese Medicine and Homa Therapist
Huanuco, Peru, South America

I have 19 years of experience with acupuncture and I have 4 years with Homa Therapy. I have seen many changes, abysmal, tremendous changes. I had to do generally 10, 12 sessions of acupuncture on many patients before knowing Homa Therapy. But when I started to practice the Homa fires, many patients were healed in just one session. I repeat, this was a very abysmal change, very strong and very powerful.

My treatments usually were every other day, and in the beginning of Homa Therapy I was worried, because the patients did not come back. But suddenly more new patients arrived, recommended by the them! The Homa technique increased the potentiality of the treatment of the acupuncture needles. Now patients come even from other countries and other provinces. Sometimes I work until 11 or 12 at night. As we practice Agnihotra daily, the herbs I use for treatments increase their natural healing power by being exposed to the energy field of Homa Therapy.

When I arrived in Huánuco, 2 years ago, I rented a large office which had a garden in the backyard and this garden was dry. I sat down to do sunset Agnihotra and then I spread the ash to each plant and spoke to them telling them that I love them and that they will be beautiful, precious and strong. And so, it was. On the next day, there was some rain and they flowered beautifully and had bright shining leaves. Once again, I welcomed them by saying how beautiful they were and they would be even much better. And we continued to do Agnihotra for the good of all nature. Agnihotra helps many things, not just plants.

Before moving here to my actual office, I had rented an office about 6 or 7 blocks from here. I moved all my things to that office and started to clean it. The herbs that I use for the patients were loose on top of the treatment bed. I did the cleaning with the doors open. Then I felt a vibration of some very strong energy, but there was no one else in the house. I felt it was a spirit. That spirit threw 3 packs of herbs on the wall. and from there they fell on the floor. I turned around and saw the spirit of an old lady filled with anger and then she disappeared. I picked up the herbs. I placed other things like ceramic mugs, a cologne and glasses on a safe place, close to the wall near the sink. Then suddenly this energy came again and everything was thrown on the floor with a loud noise; everything was broken. I turned around and it was her again. So, I said to myself: No, I cannot let this happen! And I immediately started doing Tryambakam Homa. This was at noon and things started to calm down. After evening Agnihotra everything was completely calm and the old lady disappeared completely, she did not come back.

When I moved here to this office, something similar happened. Spirits also threw things around and as soon as I entered the door, I got a total headache. A person had lived here before, who did evil things like witchcraft. Necessarily I also had to do the Homa fires. With the practice of Agnihotra the place has become so peaceful that when patients cross the door, there already begins the Therapy. Entering is like changing from one climate to another, positive one. (Photo: Sharing Agnihotra in Huanuco.)
These photos of the HOMA Farm in Algodonales speak for themselves about the effects of Homa Therapy. For more information please also see the next page and pages 7, 8, 12 and 13. By applying Homa Therapy correctly, no fertilizers or applications with synthetic products are needed.

One can use organic fertilizers and products such as: Homa Biosol Gloria, livestock manure, compost, etc.

The plants in a Homa Resonance Point receive the necessary nutrients through the atmosphere. Plants also receive the healing Agnihotra ash directly or via fumigation when preparing the land and when planting and seeding.

Tryambakam ash is a fertilizer.
More photos of the bonanza in Shreedham.
Photos last row: Production of Homa cow dung cookies. From the beginning, there has been a cow in this farm, the present one is called Shanti (Paz). She provides dung for the cow dung cookies that are sent to many Agnihotris in Spain, the Canary Islands and the Balearics.
ECO NEWS

**Bhutan could be world's first wholly organic nation within a decade**

Political parties in the Himalayan kingdom unite to eradicate chemical fertilizers and pesticides as part of its Gross National Happiness Program.

Agriculture and forests minister Lyonpo Yeshey Dorji and opposition leader Pema Gyamtsho, who held the post in the previous government, say there is a united commitment to rid the country of chemical fertilizers and pesticides. Gyamtsho insists that the farmers begin to recognize that chemicals are having a damaging effect on the quality of the soil. For more info please see: https://www.theguardian.com/sustainable-business/bhutan-organic-nation-gross-national-happiness-programme

**Farmers Generate Their Own Electricity in El Salvador**

Juan Benítez, president of the Nuevos Horizontes Association of Joya de Talchiga, rests on the edge of the dike built as part of the El Calambre mini-hydroelectric dam. The 40 plus families in the village have had electricity since 2012, thanks to the project they built themselves, in eastern mountains.

Carolina Martínez and her children stand in front of their house, lit inside by a light bulb, in the village of Joya de Talchiga in the eastern Salvadoran department of Morazán. The 36-year-old teacher is one of the beneficiaries of the community hydroelectric project, which since 2012 has provided electricity to more than 40 local families. For more info please see: http://www.ipsnews.net/2018/10/farmers-generate-electricity-el-salvador/

**More Than 75 % of Earth’s Land Areas are ‘Broken,’ Major Report Finds**

Once-productive lands have become deserts, are polluted, or deforested, putting 3.2 billion people at risk. Like a broken cell phone that can only text or take pictures, but not make a single call, more than 75 percent of the Earth’s land areas have lost some or most of their functions, undermining the well-being of the 3.2 billion people that rely on them to produce food crops, provide clean water, control flooding and more. These once-productive lands have either become deserts, are polluted, or have been deforested and converted for unsustainable agricultural production. For more info please see: https://motherboard.vice.com/en_us/article/ne9nkq/how-will-we-produce-food-in-the-future-soil-degradation-climate-change-pollution

**The Heartbeat**

Chinese organ donation commercial.

Long story short: the baby's mother, although dead, donated her heart to somebody who is able to calm down her baby by recognizing the mother's heartbeat.

What an amazing story ...

https://www.youtube.com/watch?v=Fa_B2nJoBZE
Christa and Ricardo Mena (photo left), promoters of Homa Therapy in Spain, welcomed us at the airport of Cadiz and took us to “Shreedham” their Homa Farm in Algodonales, in a one hour ride.

What a wonderful gift to be in this beautiful place, in Homa atmosphere and with good company, including Shanti!

The keeper of the Homa Fires on Shreedham is at this time Carlos Gonzales (photo 1st row). Also Agnihotri Frank Lüsman had arrived from Germany (1st photo above in front of the Tryambakam Homa with Abel and Carlos). It was a joy to meet, after a long time, the lovely couple Daniel Pailla and Fina Ortega, both Agnihotris from Malaga, Fuengirola (photo above center), who stayed for a weekend. Shanti (meaning Peace in Sanskrit; photo above right) is also an integral part of the family and we are all grateful for this loving and curious cow, which produces the dung for best quality Homa cookies.
Staying at Shreedham, was just what our soul, mind and body required. Silence, many Fires, Mantras and meditation, reading, walking, self-study, meaningful conversations about the most precious things in a lifetime ... (Photos above: Abel enjoying Agnihotra at sunrise and sunset in this temple of Silence.)

There were exquisite vegetables of all kinds, herbs and fruits from the Homa gardens available to enlighten the taste buds every day anew. (See also pages 04 and 05 of Homa Farming at Shreedham Farm. Photos below: main house, Tryambakam hut, garden, grapes.)

Time flew by fast, however, we enjoyed every moment with gratitude.
Then Christa and Ricardo took us to Puerto Santa Maria to promote together Homa Therapy.
In the *Shakti Centre of the couple Marifé Gallardo Campos & Efrain Rodríguez* in Puerto Real, it is customary to meet for Agnihotra practice and Tryambakam Homa, especially on full moon days. **Ricardo** gave a short introduction about Homa Therapy *(photo right)* to some newcomers and **Christa** started the circle of Tryambakam Homa, where everyone actively participated (except women in period). *(Photo left: Tryambakam Homa with everybody singing the Mantra.)*

Afterwards **Prof. Abel** asked everyone about their health issues *(photo below left)* and he encouraged to solve the problems with the regular practice of Agnihotra at sunrise and sunset and taking its healing ash several times a day.

At sunset, the Agnihotris lit their Fire and everyone sang the sunset Mantra.

After some minutes of absolute silence, Prof. Abel guided a meditation that took us more deeply inward, enjoying these precious moments which the practice of Agnihotra bestows on us.
EVENTS in PUERTO SANTA MARÍA, ANDALUCÍA, SPAIN

Photos this page: Sharing Agnihotra and its teaching in Puerto Santa María with family and friends. Christa organized the meeting "YogaMena" with some of her students. The class began with a Vyahruti Homa and ended up a couple hours later with sunset Agnihotra. It was wonderful to have the presence of Adrian (Christa and Ricardo’s grandson) and their daughter, María del Mar.
Christa practiced flexibility and extension exercises with the students, while Prof. Abel taught Pranayama and meditation.

This active and joyful afternoon, where we were looking inward and being aware of the outside, ended with the blessing of Agnihotra. Later we enjoyed a healthy carrot-coconut cake prepared and served with love.
We returned to the **Homa farm Shreedham** to perform a **Rudra Yajnya** to thank the land, the water, the atmosphere, the elements, the visible and invisible beings, who conspire for the welfare of Mother Earth and the production of healthy and healing food. **Daniel, Fina, Idalia María and her son** came from Málaga. We did the Rudra Yajnya, which is a Yajnya of Prosperity at all levels. This was done under the observation of Shanti (our cow). Meanwhile, Adrián painted the large stone plates of the pathway with much inspiration and dedication. *(Photos this page.)*

**The Rudra Yajnya** is a special Homa that extends for several hours singing Mantras and keeping the Fire alive by adding drops of ghii with the hundreds of "Suaha's". Note: It is important to be first an Agnihotra practitioner for this Yajnya to display its very powerful effects.
Events in Puerto Santa María, Andalucía, Spain

Photos: Each time, after visiting Shreedham, there is the great blessing of having organic Homa products filling the refrigerator, kitchen and storage space with life, beauty and energy. These products contain not only the nutrients necessary for a healthy body and mind, but also provide Prana, the life force that pulsates through us and connects us with the cosmos.

Christa and Ricardo Mena, after having met Master Shree Vasant and Homa Therapy in May 1990, bought in November of the same year a plot of about 7 hectares in order to establish a Homa Farm, according to the teachings and instructions of Master Shree Vasant. He visited the farm on seven different occasions and in one of these visits, He installed the Homa Resonance Point.

For 28 years, Christa and Ricardo have kept the HOMA FARM SHREEDHAM, strictly following the rules of Ahimsa in food (no animal products or derivatives); no alcohol, no drugs of any kind, no verbal or physical violence, etc.

This Homa farm has welcomed and continues to welcome many people from different countries and continents. They have had the opportunity to practice the Homa Agricultural Therapy (Agnihoтра, 5 hours minimum of daily Tryambakam Homa, 24 hours on full and new moon days, other Fires and Mantras and agricultural field applications.). The dedication of these people contributes to the flowering, feedback of Nature, the peace and energy of the place.

During all these years and due to its high and harmonious energy, many meetings, workshops and various activities have been held at the farm, such as retreats, workshops and courses of:
- Yoga, Reiki, Shiatsu, etc.,
- Organic farming Homa, permaculture, orchards Jean Pain, etc.,
- Vegetarian Ayurvedic cooking, preparation of seitan, tofu, ecological and integral breads, elaboration and conservation of horticultural products, etc.

A HOMA FARM radiates PEACE, PROSPERITY and BLISS!
Mrs. Marifé and her husband Efraín, owners of the beautiful Shakti Centre in Puerto Real, organized a presentation of a “Homa Anti-Stress Workshop”. Apparently many people suffer from over-stress.

Everyone is affected by it, starting on one’s weakest spot. Agnihotra is an anti-stress technique to calm the mind, achieve a restful sleep and establish harmony in our physical, mental and emotional functioning.

(Photos this page: listening to the attendees’ problems, presenting and explaining the effects of Homa Therapy; practice of Agnihotra healing fire.)

The attendees stayed until long after Agnihotra to listen to further teachings on Homa Therapy, ask more questions and to acquire their Agnihotra kit. Christa and Ricardo gave many details on the correct practice of Agnihotra. They are always ready to serve and train anyone who wants to receive the wonderful effects of this simple, effective and low-cost healing technique.
When the practice of Homa Therapy becomes the Central Point, or one of the most important tasks in life, wonderful things happen all around. One literally starts to feel the light, the tranquility, beauty, harmony ... One learns to enjoy the moment.

The regular practice of Homa Therapy transforms fears & helps to let them go. ... Experiment for Yourself! No need to Believe!

(Photos on this page: Happy Birthday with Homa Fire! Sharing Agnihotra; meditating on Buddha’s phrase: “With our thoughts, we build the world”. Later we listened to the gift of celestial music.)
Arriving at Miami International Airport, *Mrs. Aurelia* took us to West Palm Beach to meet with the Agnihotra family. Many of them have been practicing Homa Therapy for several years, under the guidance of doctors, *Mario Chávez* and his wife *Yuriyu*, owners of the *MaYu Natural Nutrition Center*, where Agnihotra is also shared. It was a great joy meeting old and many new friends.

The WPB Agnihotri group consists of people from different countries such as Colombia, Cuba, Venezuela, Peru, Ecuador, Chile, Argentina, Honduras, Mexico, Guatemala, Nicaragua, Brazil, Dominican Republic, Japan, and others. If they visit home, they also take Agnihotra to help their families, neighbors, friends, etc.

**So, Homa Therapy expands from heart to heart throughout the world with the only desire to help.**

*(Photos on this page: teachings, meetings and updates on Agnihotra in MaYu. Photo last row on the left: Doctors Mario and Yuriyu, both originally from Colombia.)*
Anthony, with his 5 years of age, is the youngest Agnihotri of the group. He prepares his own pyramid and if necessary, helps his grandmother, Carlita. She tells us that Anthony is a very healthy child with good feelings. He defends with wise words the students who are subject to bullying in his school. Anthony has a noble and loving heart. (Photos this page: sharing Agnihotra and meditation; teaching this technique of Homa healing again and again; simple physical exercises to unblock and allow the free flow of harmonizing energies; listen and reflect on the spiritual stories of Prof. Abel, discovering its message and being able to apply it.)

We want to give special thanks to Aurelia Varela and her husband Fernando, who have been our kind hosts in West Palm Beach.
In Lake Worth, Mrs. Miriam Molano, Agnihotri since many years, invited for a "Homa Meeting with News from around the World" at her home. She lives with her lovely mother (photo above). Although her mother is close to her 90s, her mind is young and she does not allow herself to be limited by numbers. She loves to participate in Agnihotra and takes its healing ash frequently. Congratulations!

Parents with a special child expressed that they have been able to observe improvement in their child through the Homa practice of Carla Cossyleón in their home. Dr. Carla Cossyleón is a dedicated Agnihotri and is practicing it for several years. She does Agnihotra with the child and gives him Agnihotra ash with great success.

(Photos this page: during the Homa Meeting at Miriam Molano's place - Miriam in the photo above in the center, with white blouse.)
Through Dr. Mario and Dr. Yuriyu Chávez, we met Ms. Marcela Lucena, in the city of Davie. She is dedicated to Oriental Medicine, acupuncture, Chinese herbs, nutrition, etc. We spent several days in the beautiful farm house of her family, teaching, sharing, explaining, presenting and practicing every day the basic Fire of Homa Therapy, Agnihotra.

We had the joy of meeting many people, beautiful at heart, interested and disciplined. We also had the pleasure of meeting with John Papavaritis, Greek-Cuban (3. from right), and with Rafael Dietsch, Dominican (2.). They are practitioners of Agnihotra since several years. They are always ready to serve. Also Dr. Carla Cossyleón came a number of times from WPB to participate and share her experiences.

Every day a new group of people arrived, invited by Dr. Marcela, by teacher Cecibel (from Argentina), by John and by other attendees, so that Homa Therapy could reach and help more people.
More wonderful Homa encounters in Davie, making known the multiple beneficial effects of this ancient healing technique, coming from the ancient Vedic knowledge. Prof. Abel and Aleta showed video testimonies, trained and explained HT. Agnihotris gave their testimonies of healing, well-being, balance and harmony achieved, within and out, with the constant practice of Agnihotra.

Photos this page:
Every day more people join the Agnihotra group, getting their own kit and actively participating in their personal and planetary healing, purifying the air we breathe.
The Homa Fire inspires and awakens deep gratitude in heart and mind. It helps us to recognize our own true being, our Divine source...

We also rehearsed and practiced Tryambakam Homa with some of the new Agnihotris. (photos below)

We heard testimonies from several attendees:
- better sleep, -more energy and willingness to work, -migraine headaches disappeared in one single Agnihotra session, -deep sleep without the usual frightening nightmares, -feeling calmer and less stress, etc. **Well-being received through the Homa Fires!**
Dear Homa Family of Florida,
Receive our gratitude and all our love!
Blessings of Light and Peace to all.
OM SHREE OM

Through John Papavaritis, we arrived in Miami at the Agni-Corner Bookstore and met its owner, Mrs. Berenice Arnaiz. John and Berenice are devotees of Satya Sai Baba. They organized this presentation of Homa Therapy and invited their friends.

(Photos right and below in Agni Corner Bookstore.)
Now, regular Agnihotra sessions continue in Agni Corner Bookstore.
The final Homa meeting, the night before leaving the US towards South America, was with Mrs. Monica Molina and her husband, Mr. Nelson Ortiz, a medical doctor (photo left), who lit his first Agnihotra and is delighted with this Homa bio-energetic therapy. Prof. Abel spoke especially about the Agnihotra Fire, its benefits on a physical, mental and emotional level in human health and in farming. He answered many questions. He invited to experiment, since with its' practice, you have quickly your own Homa story! All the other stories are just stories. And he underlined that “only your own truth will make you free!” Now, also here are meetings to share Agnihotra and learn from this wonderful healing technique.

Drs. Mario and Yuriyu, who had returned from Bolivia the day prior to this encounter, reported their blessed experiences with Homa Therapy throughout their trip.

(Photos left: 1. Drs. Mario and Yuriyu 2. Rafael with Berenice 3. Ms. Veronica)
HOMA AROUND THE WORLD - BELGAUM, KARNATAKA, INDIA

We received the following photos and letter from Eng. Vinayak Lokur, Belgaum:

"Just to share with you:
Last month we started the program "Sunday Chanting & Agnihotra" in Belgaum and during the last 6 Sundays, we have been successful in the implementation of it. We, the Agnihotra performers of Belgaum, get together at a predefined place (it can be someone's house, we change every Sunday), we chant and do the Om Tryambakam Homa for 15 to 20 min. together and then perform group Agnihotra at sunset.

The last 2 weeks have been fantastic since we performed Agnihotra in one of the orphanages of Gangamma Chikumbimath and at the Elder’s Home Shantai Vridhashram. The residents have benefited greatly from the energy of the Homa fires. In the process, we have been successful in sharing knowledge about Agnihotra to the residents near to the place of performance. They join the chanting program and experience the energy. 8 to 10 new families have started following the Fivefold Path teachings & are now performing Agnihotra. It has been a wonderful experience, so I thought of sharing it with you. Om Shree Om"

(Please see photos of this page.)
Mrs. Almendra Bello, originally from Chile, sent these photos of her trip to Italy and Spain, where she talked on various places about Homa Therapy and its benefits for the planet. She, a Warrior of Light, carries with her to wherever she is called to, the enthusiasm and love for the practice of Homa Therapy with its Healing Fires.

Photos above in Italy, among others in front of the Trevi Fountain.

Photo left: teaching Agnihotra in Barcelona, Spain.

Franklin Cerinza from Bogota sent these photos of his birthday where he and his friends made a special Agnihotra gathering to wish him the best. Many Blessings!
From Villavicencio, Mrs. Diana Molano wrote:
"Here I share photos of the Women’s healing circles on Thursdays in the
"Tchieguatchie Homa House". Every Thursday afternoon more women join us to meditate in front of the healing Agnihotra fire. (Photos right and below.) We also keep going to places we are invited, since we feel it is part of our mission to expand Homa Therapy for the healing of the planet. This way we participated in a meeting of women in the municipality of Cumaral." (Photo last row.)
Diana Molano and her husband Endir Rozo continue to report on the HOMA meetings in Villavicencio and its neighborhoods:

"The photo on the right was taken during Agnihotra at the Agualuna Academy, "House of Yoga and Tai-Chi".

Photos above were taken at the Claveli Farm, where we shared various Homa fires with the participants of a workshop about clean constructions based on sacred geometry.

Photo right: Diana Molano is doing Tryambakam Homa next to the water source on the El Silencio farm, a wildlife reserve. It belongs to the Agnihotris Felipe Osorio Meluk and Emilce Cortez. Photos below: sharing Agnihotra wherever we go.

We know that each person we meet has in his heart the seed of service and through the Homa Fire, we nurture that seed so it can germinate. Every day more people are encouraged to join the family of committed Agnihotris. Agnihotra is an abundance machine with vibrations of love."
From Piura, Peru we received wonderful news in photos and events. A reporter from one of the most read newspapers, El Correo, came to a Homa Therapy session and interviewed Agnihotirs William García, Dr. Marizxa Chávez from the UNP (National University of Piura) and Javier Cruz, owner of Ganímedes. This article reached thousands of people.

(Photos on this page show the newspaper article; Agnihotra practice in - Ganímedes; - in the Social Development Management of the Tallanes Urbanization and -in the Tuesdays' Women's Healing Circle.)
Photos on this page show the practices and teaching of Agnihotra in the National University of Piura (UNP), in the Social Development Management of the Tallanes Urbanization and in the Women’s Healing Circle. The women, practitioners of Agnihotra, meet every Thursday to share Tryambakam Homa, Agnihotra and devotional songs.
From Monk Chen Ting, Acupuncturist, practitioner of Chinese Medicine and Homa Therapist, we received the photos on this page where he shares Agnihotra with great success on a daily basis with his patients, ex-patients and friends. On his travels, he takes Homa Therapy with him to present it to more people. (Photos this page in Huánuco and Pucalipa with Reiki Master Josh and José Tello.)

Please also see page 3.
The photo on the right was sent by **Eng. Jorge Rivera from Guayaquil**. He presented Homa Therapy to a group of **Agronomists in the Ministry of Agriculture** and he comments that there was a lot of interest in Homa Super Technology due to its ability of creating balance in the eco-systems.

Mrs. Sofía de Batioja, sent the photos above, right and below (Agnihostra hut) from Esmeraldas, in the North of Ecuador, where she shares Agnihostra on her small Homa farm with anyone interested and people in need. She teaches the Mantras and always shares the healing Agnihostra ash and home-made medicine to use for any kind of illness in humans, animals and plants.

Photo right: **Veronica Maíz from Guayaquil sharing the healing Agnihostra fire.**
Eng. Jorge Rivera from Guayaquil sent the photos of this page, explaining that he now works in Vinces. He accompanies Naturopath Dr. Luis Carriel, and his wife Sara, patients and others, in Agnihotra practice every day.

In the Zenaida farm of the Carriel family, the cow dung cookies are manufactured. Then, they are sent to different places in Ecuador, serving people in the cities to practice Agnihotra.

The photos above and left are from Homa meetings in the Zenaida farm; making and drying cow dung cookies for the Homa Fires; they are made from manure of cows that do not eat products which contain substances derived from other animals. The photos below show Eng. Jorge Rivera speaking of Homa Therapy and sharing Agnihotra with his companions from the Alfa Centauro Club in the city Milagros.
From Rodolfo and Marta, we received these photos and comments about their work:

"Happy to share some photos of the Homa Fires we've been doing along the way. We are the LAVISIÓN, movement, nomads that travel the Earth activating high vibration portals with the intention to meet, love and unite. Homa Therapy is the torch that guides us along the way and inspires atmospheres of clarity. We have received the blessing of the Fire during our experience together with the Caravan for Peace and the Restoration of Mother Earth, an itinerant eco school with which we have toured the Chilean Patagonia during the summer of 2017.

Agnihotra has been one of the fundamental pillars for sustaining the flow in the community and to return to natural rhythms.

For more than a year we have been practicing Homa Therapy, lighting the Fire on our way and making this knowledge available to different communities.

We are at the service of Mother Earth and the development of our Consciousness.

Thank you! Om Shree Om

Photos this page: Rodolfo and Martha use Agnihotra and Homa Therapy as a tool for their work to benefit Mother Earth.
From the Homa Center BoticaSol, we received the following news and photos about their Homa activities in August and September.

In the Boticusol, Agnihotra is practiced daily open to the public:

"August: A month of good winds! The Quindian community is more united, happy and conscious during Homa Therapy. Every day, we have the pleasure of receiving new people who share their experiences of sunset Agnihotra and other Homa healing fires, like the Tryambakam Homa on New and Full Moon. We are happy to hear and verify the testimonies of the participants about how Agnihotra has helped them improve their quality of life and personal relationships.

(Photos right: a girl with devotion and concentration during the practice of Agnihotra)

We also had the pleasure of enjoying a concert of three beautiful women artists. One of them from Argentina, Casiana Torres, one from Brazil, Katya Teixeira and of course our beloved Colombian Martha Elena Hoyos. They accompanied us with their own songs of Latin American folklore. They have also been present during Agnihotra and shared with us how they felt so alive and charged with energy.

In September we lived through the experience that one of the most beloved and assiduous participants of the Homa Therapy, Julia Villegas, transcended. She, a beautiful being of light, filled us with joy, courage and faith. She came to HT for more than one year. She left a feeling of joy and gratitude. We know that Homa Therapy flooded her with light and peace, and it helped her move into the Eternal Light. The Boticasol family and its participants gave a tribute to this great being of light. His beautiful family accompanied us and showed how important it had been for our dear Julia her life experience in BoticaSol with Homa Therapy. (Photos left and below.)

We moved forward in the healing process of mothers of young people in drug rehabilitation. They are grateful to Homa Therapy for it has helped them improve the family. The use of Agnihotra ash has also contributed to their and their children’s’ health.

We are sending a hug from Quindio to the worldwide Homa Family. We continue being connected under the influence of the healing Agnihotra fire.
Camila Paz Molina Llamazares wrote "I am sending photos of the Homa activities that we have done in Viña del Mar. These are photos of meetings and workshops held once a month in 'Savittar Center' in Viña del Mar. A hug and blessings!"
Mrs. Irina Kolchina wrote from Алматы, Казахстан:

"In Almaty, we are also doing Agnihotra! All our people send a big warm greeting; I am sending you photos where we are doing Agnihotra on September 22nd, 2018 in the mountains. At This time, a man from the United States was with us. He came with ecology projects, We showed him Agnihotra. **We are spreading the knowledge of Agnihotra in Almaty.** With love, Irina."

The couple of graduates in Naturopathy, **Viviana Esteves and Mario Angulo** sent these photos where they are sharing Agnihotra with their patients, which they do regularly in their office. They use Homa Therapy and the healing Agnihotra ash as a complement to their natural medicines. They are very successful in helping people with all kinds of health problems.
MESSAGES FROM MASTER SHREE VASANT

FIVEFOLD PATH
Fivefold Path is quite simple really. If one follows the steps of the Fivefold Path one will progress to a higher level. The progress is assured by practice of YAJNYA.

All spiritual fact is training the mind to be always in the state of ‘Love thy neighbor as thyself’. Fivefold Path gives material and mental aids to achieve this.

KARMA
Everyone has his Karma to work out; it takes years normally to work out Karma from past lives let alone this life. So you be full of love and your past Karma is wiped out. Now just create good Karma for yourself.

FOCUS
Be direct, informative and focused. You are not there to socialize, even though it will be a temptation.

RELIGION
Organized religious institutions are losing their flock. We do not speak bad about any religion or religious organization. We say, whatever makes you happy in your life, that you follow, but follow diligently and with all your heart.

TENSION
Tension is terrible. Tension on mind increases. It becomes difficult to be out of Agnihotra atmosphere. See how the people are reacting to it—even normally happy people, well-adjusted, successful, in good marriages—they are also becoming affected by the tension. It is not only atmospheric, due to pollution, but to interplanetary disturbances. Planet is deteriorating rapidly.

PAIN
No pain. No gain.

UNDERSTANDING
You have to recognise and understand the reason for your being here. You have to grasp it more consciously and express it clearly in your life. All trivialities should go so that the pure light shines.

FAMILY
Forget your family as you know them. All love to them always no matter what they say to you.
FROM INTUITIVE GUIDANCE
(received through Parvati Bizberg, Poland)

**Orion on Misuse of Power and Returning to the Well of Love**

Yes, yes. In U.S. the blatant misuse of power is eroding what once stood as democracy. It is showing deep cracks in the foundation and is so far from its original proposed ideals of “freedom and justice for all.”

Policy has taken a hard line and, instead of compassion for others less fortunate, it has turned into a military state. Where is humanity?

Yes, yes, yes. We are not prone to political debate nor is it recommended by us as a path of resistance. Nothing can be gained, no peace obtained through politics. It is like wading into shark-infested waters, and cannot yield peace.

Yes, the signing of petitions can send a strong message from the people, but the people have been efficiently divided. Thus, one voice is met with opposing voice and both become null and void. Still, stand firm for peace. Expose what is cruel and inhumane in the world today.

It will reach a fever pitch and ultimately meet with justice and protection so needed now for the disenfranchised.

Whilst the people are being herded into detention camps, everyone’s focus is drawn to their plight. Simultaneously, the passing of laws and a complete disregard for nature, environment are being enacted.

Yes, indeed, speak out. But go within to strengthen your borders, so you do not get swept up by the tide of discontent. Keep your inner borders intact.

Maintain your inner core where prayer is not only possible, but a plausible force for change.

Become more compassionate in your own lives. Actively, do random—or planned—acts of kindness.

Do not be deterred by the war outside. Keep your footing. Maintain your balance. Do not remain silent in the ugly face of injustice, but do not be dragged under by it.

Continue to return to the well of love within you where you draw water to fill your soul. All of you, may you walk in Light.

Hold these faces and places where Light is most direly needed, in your heart. More prayer—those of you who walk the Path of Love.

May all, which you hold dear, be showered with protection and may the prayers of many compassionate souls meet with fruition.

You shall soon see the effects of mass humanity standing in unison, in opposition to unjust laws and regulations being imposed in a senselessly caustic and calculated manner. The tide has begun to turn and will bear fruit.

More info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**

**Other official web sites on Homa Therapy:**

- [www.terapiahoma.com](http://www.terapiahoma.com)
- [www.homa1.com](http://www.homa1.com)
- [www.homatherapy.info](http://www.homatherapy.info)
- [www.agnihotra.org](http://www.agnihotra.org)
- [www.homatherapie.de](http://www.homatherapie.de)
- [www.tapovan.net](http://www.tapovan.net)
- [www.homatherapyindia.com](http://www.homatherapyindia.com)
- [www.homatherapy.org](http://www.homatherapy.org)
- [www.homatherapypoland.org](http://www.homatherapypoland.org)
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- [www.homaspain.com](http://www.homaspain.com)