



EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTS

**SCIENTIFIC
ASPECTS OF
AGNIHOTRA**

**MESSAGES FROM
SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

Your comments, questions, suggestions and stories for the Homa Newsletter are welcome; You can write to Abel Hernández & Aleta Macan: terapiahoma@yahoo.com
Thanks!

**ECOLOGY and
CONSCIOUSNESS**

Let's keep thinking or trying to understand and do more Swadhyaya.

Let's ask what would happen:

- 1) If we lose some of our organs after surgery, for example: a kidney, a lung, the spleen, the uterus, the ovaries, the prostate, an eye, part of the large intestine, part of the small intestine, the appendix, an arm, one leg, etc.?
- 2) If we increase the temperature of our body 2 or more degrees Celsius?
- 3) If we stop cleaning ourselves (bathing, brushing teeth, etc.)?
- 4) If we eat plastics and other synthetic substances?
- 5) If we breathe toxic gases?
- 6) If we drink unhealthy water or liquids?
- 7) If we change the direction of the blood in parts of the body?
- 8) If we subject the body to extreme changes of atmospheric pressure (e.g. by climbing mountains or traveling by plane)?
- 9) If we are accidentally hit by some object?

Answer:

Without any doubt, any or all these actions will affect or harm our health.

However, the body with its intrinsic intelligence will try to defend itself, repair itself and modify itself to adapt to the new condition.

If we remember some of The Universal Principles:

- 1) **Everything is vibration**
- 2) **Everything is mental**
- 3) **Polarity**
- 4) **Gender**
- 5) **Cause and effect**



**Conscious living =
Practice of the Fivefold Path.**

6) Reflection

(As above, so below)

7) Everything is interconnected, etc.

We will realize that we are **“unconsciously attacking”** the integrity of our planet (Mother Earth).

- 1) We do intensive mining that disfigures the surface and interior environment of mountains and lands. Something like a macro-surgery.
- 2) We heat the body of the earth with the exorbitant emissions of greenhouse gases (CO₂, NO₂, CH₄, etc.) and other toxic gases.
- 3) We pollute and contaminate soils, subsoil, rivers, waters, seas, lagoons, and the atmosphere with chemical poisons.
- 4) We feed Mother Earth with: poisons, transgenic seeds, garbage, plastics, radioactive material, electromagnetic fields and dissonant vibrations
- 5) We cut and wildly remove organs from the planet (trees, mountains, rivers, etc.) by deforesting and construction (destruction).

There are scientists who believe that the planet responds to this "attack" through self-adjustments generated by the movement of tectonic plates.

These can generate: earthquakes, avalanches, tsunamis, landslides, floods, droughts, heat waves and cold, hurricanes, etc.

EDITOR'S NOTE cont.

Yes, yes, yes, these can be looked at as natural reactions of a great body that modifies itself to continue "living".

What do you think about this?

Fortunately, Spiritual Scientists tell us that any of us can contribute to the micro (personal) and the macro (planetary) well-being through the practice of **the Fivefold Path (Yajnya, Daan, Tapa, Karma, Swadhyaya)**.

We are all responsible for what we live.

We can go from an unconscious behavior to a conscious behavior.

There are people who sleep even with their eyes open. Maybe there are Zombies already among us.

What do you think?

AWAKE!

**OM CONSCIOUSNESS OM
OM SHREE OM**

HOMA HEALING STORIES

Alonso Maya Arango
Armenia, Quindio, Colombia, South America

I learned about Homa Therapy 3 months ago with my brother Luis Carlos. Since then, I have started taking Agnihotra ash 3 to 4 times daily and lately also took to its practice. I had a condition called "vertical esophagitis", stage 3.

All the food I ate, came back. I vomited everything.

After one month of taking the Agnihotra ash, I began to feel good.

Today, **I have no reflux** of any kind and this improvement is also confirmed by the medical results.

I also suffered from **high blood pressure**, 100/140. **Now my BP is**

normal, 80/120. Besides, I no longer suffer from high cholesterol and high triglycerides. I also had a **problem with creatinine. But everything is normal now. I am completely healthy.** Practicing Homa Therapy is wonderful and the Agnihotra ash has healing power as the Ancient Science of AYURVRDA says. **Note: Mr. Alonso Maya is in charge of Homa Technology at the banana farm, which he and his brother Luis Carlos Maya manage.**



(Photo: Alonso Maya practicing Agnihotra.)



(Photos left: Mr. Alonso sharing Agnihotra at the Homa farm and his brother Luis Carlos Maya.)



Laura Macias Diaz - Guayaquil, Ecuador, South America

I have a brother who was very, very sick with cancer in the hospital. I went to see him there, took him out of the hospital and brought him to Dr. Montufar.

My family was already buying a coffin for him, since he was practically dying. Dr. Montufar sat him in a chair and we started doing Tryambakam Homa. Then he applied Agnihotra ash cream on his chest and back. **My brother began to take Agnihotra ash every day in water, in food and a little underneath the tongue.** I took my brother for one week daily to Dr. Montufar and miraculously my brother was saved.

There was no need for the coffin anymore, because he got better and he still is in good health.

He had suffered from **prostate cancer**. That was approx. a year and a half ago. **The Medical Doctors had told him that he was going to die soon, but he is fine.**

I have seen several so-called "**Homa Miracles**" in Dr. Jaime Montufar's Clinic, "El Buen Pastor" (The Good Shepherd).

HOMA HEALING STORIES

Ricardo Rezabala
Guayaquil, Ecuador, South America

In January this year, I had the case of a person with a **diabetic foot in critical condition**. He was bleeding through the open wounds. However, **after applying Agnihotra ash for two months, these wounds closed and healed completely**.

Initially, the daughter of this gentleman opposed the application of Agnihotra ash on the wound, because according to her, it could become infected. She is a Medical Doctor. Actually, she is a specialist in diabetic feet and her husband is also a Medical Doctor. However, they could not help him.



The patient's wife took the task and responsibility of **applying the Agnihotra ash**. Now, everyone is **grateful to Homa Therapy**.

Photo above: Ricardo Rezabala, Agnihotra practitioner.

Left photo: Open wounds of the patient before applying the Agnihotra ash cream.

Right photo: The happy family with the healthy patient!



Patricio Vicente Feijóo
Guayaquil, Ecuador, South America

Mr. Patricio and his wife Mary Agustina are the owners of the Vegetarian Gourmet Restaurant "Amaranto".

We received an email where he wrote:

Thank you for sharing your knowledge, the great legacy of Master Shree Vasant and the Homa Fires in your travels through different parts of our beloved Planet. Thanks for letting us know about the different Homa healing experiences.

(Photo: Mr. Patricio and his wife Mary - first ones from the right - sharing Agnihotra in Amaranto.)

It is my pleasure and duty to tell you that yesterday (Nov. 17, 2017) there was a **very strong tremor in Guayaquil, 6.2 degrees (Richter)**. In Amaranto, at the time of this strong earthquake, there were several people working, but surprisingly no one felt it.

The City turned into a total chaos. Classes in schools and colleges were suspended, companies were paralyzed and people turned to the streets in panic. However, no one in Amaranto felt anything. It really is a Homa Miracle, since the Fires are practiced there frequently on a massive scale.

For the time being I say goodbye with a big and strong hug. Blessings. OM SHREE OM



HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



Mr. Abhay Mutalik Desai received the 2nd place of the "Dharti Mitra National Award" for Organic Agriculture. This happened at the 19th World Organic Congress in November 2017 held at Delhi. It was launched by the organization "Organic India" to recognize the invaluable service that organic farmers provide to agriculture, ecology and to the society of India.

Mr. Abhay Mutalik Desai practices HOMA Organic Agriculture in Belgaum, Karnataka.

Photo: Abhay Mutalik Desai and his wife - in purple and yellow clothing - receiving the recognition of the 2nd place of the "Dharti Mitra National Award for Organic Agriculture" for their commitment to Homa organic farming. For more information please see: <http://ibqnews.com/shri-radha-mohan-singh-inaugurates-organic-world-congress-2017/>

The Minister of the Union of Agriculture and Farmers' Welfare, Sri Radha Mohan Singh said that "We have become dependent on chemical agriculture and the use of fertilizers, pesticides and other chemicals and have increased production, but at the same time, the excessive use of chemicals has resulted in the production of unhealthy crops. If we analyze the adverse effects of the indiscriminate use of these chemicals in the environment, we realize that a large part of the chemicals is absorbed by the soil, air and plants. The spraying of chemical products contaminates far away. In addition, these chemicals are filtered into the groundwater resources and contaminate it.

The use of chemical products has also led to climate change and has created an ecological imbalance that is affecting human beings. *For the sake of soil health, sustainable production, and healthy and nutritious food for people, organic agriculture is a national and global requirement".*

Williams Antonio Mundini Chirinos
Shakti Centre, Puerto Real, Spain

I am 63 years old and I am originally from Venezuela. Last year I started with the practice of Homa Therapy, which I came to know through Mr. Ricardo Mena and his wife Christa.

My experience is the following: I have 20 egg laying hens.

After doing Agnihotra several times on the small farm, we got 12 chicks. Normally they do not hatch eggs and they did not do it in 3 years until I started practicing the Homa Fires.



His wife confirms: We were told that these chickens **genetically could not hatch**, but in the wake of the Homa fires they started hatching eggs.

Also, the cucumbers that I planted after doing Agnihotra, turned out to be bigger (up to 700 grams each one). The ones previous to Agnihotra were small. These are amazing experiences!

(Photos- above: Mr. Mundini and his wife relating their experience; left practicing Agnihotra; right: Homa cucumbers weighing over 700 gr.)



ECO NEWS

Wind Powered Water Seer produces up to 11 gallons (38 litres) of clean drinking water

24th November, 2017

Around the world 1.1 billion people do not have access to safe drinking water, and 2.6 billion suffer from inadequate water. Women spend hours of their day collecting water from distant and often contaminated sources.

Every minute a child dies of a water-related disease. More than 840,000 people die every year from diseases related to contaminated water.

This is the reason why a low-cost, wind-driven invention that harvests up to 38 liters of drinking water per day, from the air, is causing such a stir.

For more information please see: <https://www.inhabitat.com/wind-powered-water-seer-produces-11-gallons-of-clean-drinking-water-from-the-air>



Fisker Battery Promises 500 Mile EV Range, 1-Minute Charging

By Matthew Humphries - 22nd November, 2017

This new battery uses three-dimensional electrodes to hold 2.5x the energy density of lithium-ion batteries. Fisker is best known for creating the Fisker Karma electric luxury sports sedan back in 2012 and now the EMotion. As Green Car Congress reports, Fisker this week filed a patent for a new solid-state battery.

If it lives up to expectations, this battery will provide electric vehicles with a range of over 500 miles on a single charge. On top of that, recharging will only take a minute. Low cost and scalable manufacturing is promised. For more information please see:

<https://www.pcmag.com/news/357356/fisker-battery-promises-500-mile-ev-range-1-minute-charging>

Thousands of scientists issue bleak 'second notice' to humanity

By Sarah Kaplan - November 13th, 2017

In late 1992, 1,700 scientists from around the world issued a dire "warning to humanity." They said humans had pushed Earth's ecosystems to their breaking point and were well on the way to ruining the planet.

To mark the letter's 25th anniversary, researchers have issued a bracing follow-up. In a communiqué published Monday in the journal

BioScience, more than 15,000 scientists from 184 countries assess the world's latest responses to various environmental threats. Once again, they find us sorely wanting.

For further information: http://www.abc.es/ciencia/abci-15000-cientificos-todo-mundo-lanzan-segunda-advertencia-humanidad-201711131602_noticia.html



GLOBAL DIALOG

Our alphabet is Latin, our numeric system is Arabic, our philosophy is Greek, ...

Where is there any space for racism, nationalism, war, etc.

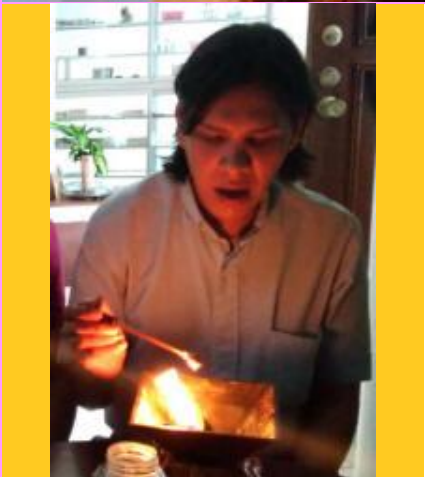
Dialog and Global Consciousness UNITE us.

<https://www.youtube.com/watch?v=OgTHjkVwEno>

EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Meetings at the **Homa Center in Guayaquil** to share sunset Agnihotra and the healing atmosphere of peace, calm and well-being. The Homa family grows in Love with each reunion.
(Photos: Sharing the Healing Fires daily in the Homa Center Guayaquil.)



There is also teaching and practice of **Vyahruti and Tryambakam Homa**, especially on full moon and new moon days. We also do enjoy the stories and tales of Prof. Abel which make us reflect, look deep inside for answers, analyze our thoughts and actions and to find ways to live in harmony with ourselves and with everyone around us.

EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



From Monday to Friday and sometimes on Saturdays too, the Homa Center in Guayaquil keeps its doors open for everyone to join! This Homa Center was the first in Guayaquil and works under the wings of its director Sonia Hunter, a loving Reiki Master and healer.

Agnihotris came from afar to learn and practice the "**Shree Suktam**" **Homa**. For example: the couple **Sofia and Lukas** (photo above right), traveled for 8 hours by bus from Esmeraldas. **Jorge Rivera** came from Quito, a 6 hours ride.

(Photos: activities in the Homa Center of Urdesa, Guayaquil.)



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Photos: Mass Agnihotra practice in Amaranto. Please read the Experience of Total Protection on page 3 of Mr. Patricio and his wife Mary - 1st photo to the left- the owners of the restaurant.

Agnihotra practice and teachings are shared through videos, talks, questions and answer sessions and life testimonies in this restaurant on Sundays and Mondays.

Amaranto is located in the Urdesa district.

After a healing encounter of this nature, the participants feel like "FLYING", charged with the strongest energy in the universe, the energy that unites everyone and everything - LOVE.



EVENTS in GUAYAQUIL - BAPTISM with FIRE



Master Shree Vasant did speak about and “baptized with Holy Fire” all over the world. He told us to do this too and we are very grateful for the opportunities given. These are some of His words:

"In all the traditions all over the world, Fire is taken as sacred. If you go to the Aztecs, Mayas, Incas, it's the same thing. If you refer to the Bible, it's the same thing. When Moses sees the burning bush in Exodus, the words in the Bible are that he sees the burning bush, but the bush burns not. Because it was a Divine Fire.

And exactly at that time, Moses is told:

“Remove thy shoes off thy feet, for thou are treading holy ground.”

The Prophet Muhammad has mentioned this incident of Moses from the burning bush 3 times. However, what happens after these prophets are gone, is something else.

For example, John the Baptist said: "I baptize thee with water. He who comes after me, I am not fit enough to lace his shoes. He will baptize you with Holy Spirit and Fire".

There are many translations of that because this was written a hundred years after Jesus.

First was the baptism of water, then the baptism with the Holy Spirit. And third, the baptism of Fire. That is also mentioned in the Bible in the chapter of Daniel 8-26.

The American biblical society made some more research in this particular verse. And in their new edition of the Bible, now it reads like this:

"The vision of the mornings and evening sacrifice is true. But keep it a secret now, because it will be a long time before it comes true."

This refers to morning and evening Agnihotra. That is mentioned there. There are many similar references. You will find that only when there is “Fire”, the words are spoken "I AM GOD, I AM GOD".

(Photos of this page during the wonderful Ceremony of Fire Baptism.)



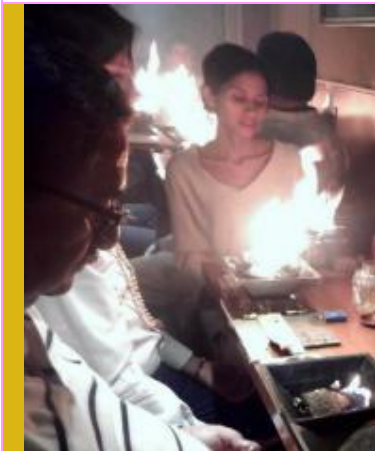
EVENTS in GUAYAQUIL - BAPTISM with FIRE

We all sang together a part of the Baptism Mantras with strength and our hearts and minds widely opened to receive the Divine Fires' Blessings ...

There were approx. 50 Agnihotris who wanted to be baptized and so at the time of sunset, many Agnihotra fires were lit.

The energy was uplifting - what DIVINE GRACE to be present and feel that WE ARE CHILDREN of GOD in HIS LIGHT and LOVE.

Photos: practicing Agnihotra during the Baptism – everywhere Light coming forth with strength.



EVENTS in GUAYAQUIL - BAPTISM with FIRE



Photos of this page:
After the massive practice of Agnihotra and the Vedic Fire Baptism, all the participants left Amaranto with a heart full of LOVE and GRATITUDE for so much GRACE received.



Mrs. Azucena del Rocío Obando shared her experience of the Fire Baptism: "The Sunday of the Vedic Baptism was a very special day for all Agnihotris present.

What we experienced was something extraordinary. It is my wish to let you know how happy I felt to receive the Blessing of this Baptism with Fire. While I was listening to the Mantras and during the whole ceremony, I felt that Beings of Light were purifying me so intensely that I felt extremely light.

I felt as if my body weight was that of a little girl. **I was filled with joy and happiness.**

I felt as if my chest had widened and was inflated like a balloon causing my heart and my whole being to overflow with joy. These were beautiful and indescribable sensations. I cannot explain it with words. All I know is that this Fire Baptism is and always will be a great Blessing in my life, in my husband's and in all those who received it.

All activities related to Homa Therapy will continue to be a priority in my life.

That is why I thank the Divinity, my beloved Master Shree Vasant and you, dear guides for your beautiful teachings. Hugs. Om Shree.

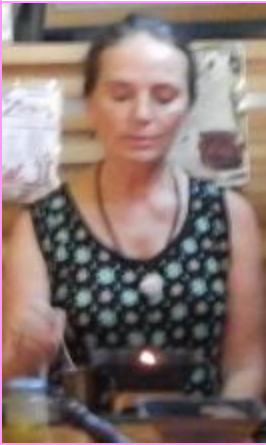
EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Homa Therapy Presentation to patients of **Dr. Montufar** and newcomers, arriving through his weekly radio program "**The Doctor at Home**", presented from the "Catholic University of Santiago de Guayaquil". A group of Agnihotris also assisted.
(Photos this page.)



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



**Prayers,
Meditation,
Tryambakam Homa,
Shree Suktam,
Introspection (Swadhyaya),
Peace,
Tranquility,
Rejoicing, ...
Everything is made easy in an
atmosphere purified by
Agnihotra.
(Photos above and right)**



A very special joy was given to us by baby **Mila's parents, who are the Agnihotris Fabián and Alexa Rodríguez.** It was the Vedic Fire Baptism of their daughter. Mila has not even 3 months on this planet. She was very observant and smiling during this ceremonial act. Her parents also received the Fire Baptism. **(Photos below: The Being of Light named Mila and her wonderful parents during the Fire Baptism)**



EVENTS in VINCES, ECUADOR, SOUTH AMERICA



Photos above & left practicing the various fires of Homa Farming Super-technology

It is always something very special to be able to visit a Homa farm and enjoy the environment charged with vibrant energies, full of life, radiating joyful growth and strong health! **Eng. Hernán Posas** took us to his Homa banana plantation "**Pozo de Alegría**" (Fountain of Joy).

Photo right: Eng. Hernán Posas - teaches with his good example.

We checked that the Mantras are being pronounced correctly and the Fires are being done according to this ancestral Vedic knowledge.

We also have had the pleasure of meeting again with **Naturopathic Doctor Luis Carriel and his wife Sara Bustamante**, who are the guardians of the **Homa Center "Finca la Zenaida"** in the outskirts of the town Vinces.

They came accompanied by patients who related their wonderful Homa healing testimonies. **(Photo below)**



EVENTS in VINCES, ECUADOR, SOUTH AMERICA



After an introduction by Prof. Abel, we practiced the **Shree Suktam Yajnya**. The photos on this page show the Homa Techs of the Pozos de Alegría farm and the group of patients of Dr. Luis Carriel during the practice of the Homa Fires.



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Each re-union with the Homa family is a gift. It is a flow of sharing love, strengthening the Light within, seeking to help, serve, and share joy and happiness.

Thus, the pains and difficulties suddenly become a learning experience and after all a great blessing ...



ONLY GRACE
is able to give the
DIVINE GOFT of
UNCONDITIONAL LOVE.
We accept it humbly, with a
heart filled with gratitude.

(Photos: Massive Agnihotra practice in Amaranto.)



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA

Being able to share Agnihotra with the Homa family, especially in the evenings, is like saying goodbye to the stressful activities of the day, turning calmly within, finding peace again and surrendering to the Highest Self.
Higher Self is LIGHT
Higher Self is LOVE.



(Photos: Agnihotra meetings with the family at the Homa Center Urdesa, Guayaquil.)

The weeks passed by rapidly in Ecuador, and the time has come to say goodbye on the physical plane in order to continue our travels to other countries. However, we all know that Love knows neither distance nor time... OM SHREE OM



EVENTS in CASTILLA, PIURA, PERU, SOUTH AMERICA



After 11 months of absence, we arrived at our South American base of operations in Piura, Peru. There Eng. Luis Tafur, promoter of Homa Therapy, was waiting for us with projects to present and implement Homa Therapy.

One of these is the **Comunidad Campesina de Castilla** (Peasant Community of Castilla), whose **President Mr. Pedro Coveñas Chávez** (photo on the right, 1st right, with Eng. Luis Tafur) showed much interest in Homa Supertechnology for agriculture, livestock and integral health for the farmers.

(The photos on this page are from various meetings at the Headquarters of the Peasant Community Castilla, Piura.)



EVENTS in CASTILLA, PIURA, PERU, SOUTH AMERICA



Every day there are Homa Therapy sessions in the Peasant Community. After a short time, we already hear of relief, improvements and healing of problems like arthritic pain, insomnia, stress, etc. People with disabled children are also approaching in order to experience the benefits of Homa Therapy.

(The photos on this page show people's faith, hope and devotion to the Homa Fires.)



(Photos last row: Sometimes it is necessary to do Agnihotra anywhere, such as parks, gardens, etc. And sometimes unexpected company shows up, such as these police officers, who also seek relief from over-stress.)



EVENTS in CASTILLA, PIURA, PERU, SOUTH AMERICA



The Peasant Community's Secretary, Mrs. Nelly Chapilliquen (photo above)

also got her Agnihotra kit to learn this technique well and be able to continue the regular practice in this establishment.

We have had the visit of the **Fire couple Rocío and Raúl Obando** from Guayaquil, Ecuador. We did a Shree Suktam and Agnihotra in their pleasant presence.

(Photos this page: various Homa meetings)



HOMA AROUND THE WORLD - ARMENIA, COLOMBIA

**Receiving sunset Agnihotra
in BoticaSol**

**-
An Integral Healing Center
for body, mind and
emotions.**



**Showers of
Healing
Energy during
Agnihotra
which bring
us many
positive
physical and
spiritual
changes.**



**“The child is not a
bottle to be filled,
but a Fire that
must be ignited.”**

**Michel de
Montaigne**



**Celebration of love
and friendship
with Agnihotra!**

**Photos of this page:
celebrating
Agnihotra daily in
BoticaSol, located in
the city Armenia,
Colombia.**



HOMA AROUND THE WORLD - ARMENIA, COLOMBIA



A meeting was held with the **'University Welfare' Dept. of the University of Quindío.**

In order to help the student community, **Mother Dora** deepened the teaching of **Homa Bio-technology, a Science from Ayurveda.**

The students were very attentive and interested. The closing of this event was the illuminating experience of sunset Agnihotra.

(See photos above and to the right - with the University's Welfare Department.)

In BoticaSol, after the daily practice of Agnihotra, we continue to connect and enjoy the **purified Homa atmosphere through conscious art and yoga workshops.**

Participating adults, youth & children enjoy the language of the sound of musical instruments and verify the artistic potential in each one of us, as a Divine gift.

(Photos above and below)



HOMA AROUND THE WORLD - THAILAND



Ms. Camila Paz Molina Llamazares wrote this short note and sent these photos of her trip to Thailand:

'Beautiful Meeting with Homa Therapy at the Yoga-House, Koh Samui, Thailand. Light and Healing. Gratitude to the Homa Supertechnology.'

Photos left and below: Camila, with her sister Josefa, teaching Agnihotra in Thailand.



HOMA AROUND THE WORLD - PERU



We received the **photo to the left** from Eng. Luis Tafur, where he is practicing Agnihotra with his wife Rosa and their three daughters, Raquel - in front of the Fire, Lucia - right and Tina - left, in between her parents.

Photos below were sent by Ms. Mary Tippe from Comas, Lima North, where she shares Agnihotra in State hospitals in company of medical doctors, psychologists, nurses, patients, etc.





HOW CAN AGNIHOTRA HELP PEOPLE WHO LIVE IN CITIES?

Part II: What Agnihotra can do for you

By Jessica Auza

As we already know how important it is to purify the air we breathe, let us take a closer look at what Agnihotra can actually do for you.

AGNIHOTRA is the main fire practice of what is known as Homa Therapy. This science comes from ancient-most knowledge known to mankind, the Vedas. It states that by means of performing specific fire techniques at specific times, toxic conditions can be removed from the atmosphere. Being tuned to the biorhythms of sunrise and sunset, Agnihotra fire is performed only during those specific times of the day. Agnihotra just takes a few minutes and yet has a profound healing effect on all Nature and people.

What can Agnihotra do for you?

- Its daily performance purifies, revitalizes, energizes and restores balance in the air, soil, water, plants, animals and human beings.
- It relieves stress from body and mind, renews brain cells, revitalizes the skin, purifies the blood, balances the nervous system, brings peace, benefits the circulatory, digestive, endocrine systems, among others.
- It is an excellent help to bring physical, emotional and mental health back to balance.
- It strengthens the spirit.
- It disciplines the mind and allows for more positive and clear thinking, increased discernment and improved decision making.
- It helps improve relationships and communication with others.
- It even offers protection from so called negative energies.

In cities people often claim to be very busy and their lifestyles at best allow them no time to fit anything else in. Paradoxically, by taking a few minutes of the day to do Agnihotra, one can even gain time as thinking processes become clearer, the mind naturally becomes more disciplined and one is able to make a wiser and more efficient use of time.

Also, more and more people are finding that incorporating a practice such as meditation, yoga or else has helped them to balance their very busy daily schedule. They can also benefit from practicing Agnihotra, as it can create a purified atmosphere which is essential to get the most benefits from their other practices. For instance, a person doing Pranayamas (breathing exercises) today can't benefit as much as a person used to do so say 20 years ago, because since then pollution has increased much. However, the same person can surely get the most benefits from his/her yoga practice by being in a purified atmosphere created by the performance of Agnihotra.

Now that you know some of the many benefits Agnihotra can bring to people who live in cities, stay tuned to find out the key to attain excellent results...(to be continued)

Photos above and below: Agnihotra meetings in the city - Cracow, Poland, Baltimore, USA and Lima, Peru.



SCIENTIFIC ASPECTS OF AGNIHOTRA

By Dr. Ulrich Berk

Agriculture : Biodiversity I



Since more than a decade now a dramatic decline of bee population has been noticed worldwide. Now we learn that a similar decline can be found regarding all insects. Recently an alarming study was published by scientists from Germany, Great Britain, and the Netherlands. Insects were captured in nature reserves throughout Germany and counted. This long-term study found that within 25 years there was a reduction of 75%! Hans de Kroon, at Radboud University in the Netherlands who led this research, commented:

“The fact that the number of flying insects is decreasing at such a high rate in such a large area is an alarming discovery.”

Prof. Dave Goulson of Sussex University, UK, also part of the team conducting this study, added: **“Insects make up about two-thirds of all life on Earth [but] there has been some kind of horrific decline,” “We appear to be making vast tracts of land inhospitable to most forms of life, and are currently on course for ecological Armageddon. If we lose the insects then everything is going to collapse.”** (More details you find e.g. here::

https://www.theguardian.com/environment/2017/oct/18/warning-of-ecological-armageddon-after-dramatic-plunge-in-insect-numbers?utm_source=esp&utm_medium=Email&utm_campaign=GU+Today+main+NEW+H+categories&utm_term=248567&subid=21478179&CMP=EMCNEWEML661912)

The reasons for this dramatic reduction of insects are not clear yet as that was not part of the study. Important reasons seem to be

- the increasing use of pesticides in agriculture
- monoculture is practiced on large areas
- there is a reduction of hedges, bushes, and forest rims around agricultural fields
- even light pollution may play a role as it interferes with the normal rhythms of diurnal and nocturnal insects
- Herbicides like glyphosate kill all plants except those which are genetically modified to resist this substance. Total loss of plant biodiversity on areas where such herbicides are used.

What is biodiversity?

Although this recently documented reduction of insects itself shows a dramatic loss of biodiversity (which one of the scientists involved in the study considers as „ecological Armageddon“) this is just one aspect of the loss of biodiversity which we face. So let us have a more general look: What is biodiversity – and why is it essentially necessary for the planet?

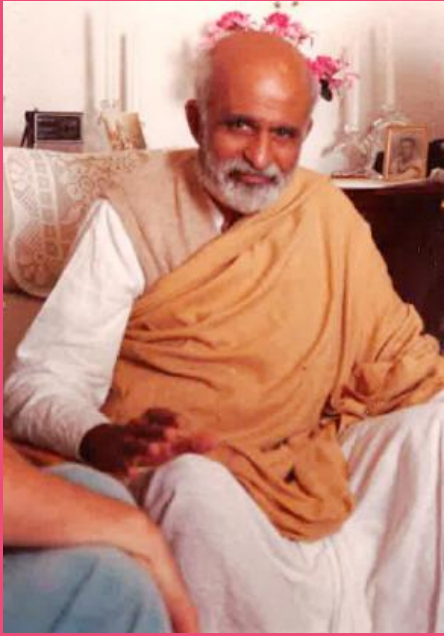
Biodiversity is the shortened form of "biological diversity." It refers to all the variety of life that can be found on Earth (plants, animals, fungi and micro-organisms) as well as to the communities that they form and the habitats in which they live.

There were several conferences organized by United Nations on Biological Diversity starting in 1989. In June 1992 during United Nations Conference on Environment and Development held in Rio de Janeiro (the Rio "Earth Summit") a Convention on Biological Diversity was passed later on signed by many countries. This Convention defines biodiversity as “the variability among living organisms from all sources including, inter alia, terrestrial, marine and other aquatic ecosystems and the ecological complexes of which they are part; this includes diversity within species, between species, and of ecosystems.”

(<https://www.thegef.org/topics/biodiversity>)

(Continued on next page)

MESSAGES FROM MASTER SHREE VASANT



SILENCE

Keep silence one hour daily and utilise this time for silencing thoughts as well as speech. You can, during this time, continue doing whatever needs to be done. Just keep thoughts and speech silent as much as possible. Use Mantras. This is for people who can either not keep silence in the morning due to job or are alone most of the day. Best hours are in the morning or night, after Agnihotra.

To all your questions answers are given, not always in the terms you expect.

HUMILITY

How to teach humility? Only by Grace and by facing our actions and accepting responsibility for those actions can one ever hope to become humble.

POLLUTION & DESTRUCTION

Now a time has come for this planet. It is on the threshold of extreme disaster and New Light to come. Science will determine final stages of Man.

AGNIHOTRA - ANTIDOTE TO POLLUTION

We do not claim Agnihotra to be of any religious origin. It is a tool which allows us to become more understanding of the problems of others, the problems we are faced with in the world, the negativity, the air pollution. This itself enables us to become more full of love. Hence science paves the way to the Kingdom of Heaven which lies in each of us.

This is the answer to be given to all universe.

Let the planet vibrate the message of love. Let Agnihotra be taken to all people, all across the globe.

Let us be infused with Light. Now is the time told in the Bible. Nation rises against nation. This is the time told to Daniel. This is highest time. Daniel.

Love will rise as a sound current to heal the planet.

When you meditate it helps you in a much subtler way than actual physical, mental experiences. It also helps those around you. Do not think "Oh, I had a bad meditation". Sometimes it is delightful, other times very subtle. If there is some disturbance consistently in your meditations, check your diet and posture during meditation.

MEDITATION PRACTICE by MASTER SHREE VASANT

For meditation, it is better to sit in a pose with straight back and hands on knees. Neck straight. Breath has to become slowly slow.

First, a few deep breaths a few times, then normal breath.

Raise the eyebrows and still try to keep the eyes half open and focused on the tip of the nose.

As soon as you raise your eyebrows it has an effect on the subtle body.

As soon as you feel the strain, come back to normal.

That means eyebrows normal and eyes closed.

Then again raise the eyebrows and try to look on the tip of your nose.

One type of practice is, as you breathe in, imagine something like the mind being pushed up the spine, up, up, up. This is just imagination.

And imagine a point where the Indian ladies have a dot - in the center of the forehead (not in the center of the eyebrows) - imagine a straight line going through that, this line going up. And somewhere in that center, as if you are observing something like an emptiness and just watch this emptiness with eyebrows raised.

When you feel a little strain just come back to normal eyebrows.

With this practice, instead of having a thousand thoughts, it will be hundreds. Let them just come and go, come and go.

In the background do mentally the Mantra all the time, mentally. Then you will lose the sense of time. You will not know how much time you have been sitting. A little detachment from I am the body consciousness. Raising the eyebrows helps.

Later on with some practice you begin to hear some internal sounds.

Then you can try to put your mind on those sounds.

If you hear them or if you don't hear them, it doesn't matter.

Shree on Living Consciously

(Message received on Sept. 23rd, 2017 through Parvati)

Every person living on this planet today has his/her own baggage, past karma, history, preferences, desires, aversions, goals, duties, fears and expectations.



When you encounter another human being, you can choose how you are going to relate to them. You have to make the choice to approach others from a place of love in your heart. Then, no matter which way they approach you, they cannot harm you in any way. Always react with Love.

Others may be defiant or doubting your veracity. They may be accusatory or critical, or they may be defensive. When you take full responsibility to come from a place of loving kindness, you have the distinct possibility to uplift others and help them move closer to the Light. To do this, you must live more consciously, think more harmoniously.

Remember that the power is in your hands, in your eyes, in your voice, in the words you speak, in your touch.

When you learn to live consciously, everything inside you changes and all who are around you can receive Light if they are open to.

From Our point of view, there is no other choice but to do this now. And there is no better time than now.

Practice being conscious to think positively, speak kindly and do all actions with love.

All love and blessings. OM TAT SAT

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Learning Detachment and Listening to the Divine Within

Yes, yes. Indeed, where there is a gathering of like-minded souls with determination to affect change in this world, there is great strength, courage and inspiration. Those of you whose focus is more worldly in terms of affecting change, remember to continually nurture the spirit. Guard against becoming a cog in the wheel. Either way the wheel turns, whether forward to change or backward to blockages, one can become enmeshed in it. Do all in a spirit of detachment.

This is an interesting concept, as to affect change in others in order to shift the whole planet's awareness one must be inspired and passionate about one's work. However, if that passion should engulf you and become your entire reason for living, it can stop you from your own personal, spiritual evolution. What is required here is a deep passion for truth ultimately and simultaneously, the detachment which allows for "Thy Will, not my will be done."

Great Masters have come and gone and many have been intensely dedicated, tirelessly working toward fulfilling their given missions on this planet. **One thing all great Masters have in common is uncommon, and that is the air of detachment.** They will work till the last breath, but always in a spirit of humility and Divinely surrendered to a Higher Will. **Let these great Masters be the lesson givers from which you hone your skills, your passion for truth and your ability to let go of the fruits of your actions.**

What is success? Is it establishing and fulfilling one's own personal goals or is it deepening one's conscious contact with Divine and allowing His Will to permeate and illumine your life?

One thing is, it is always best to attune your goals to those which are Divinely given. This requires an in-depth inventory not only of your abilities, leanings, and longings. It also calls forth the dreams of your soul, which are often reflections of Divine order.

Listening to the quiet voice within you is one way to get in touch with your true purpose in Life, unless of course, you are blessed with contact to a great Master.

Even then, the greatest of Masters will always send you back to yourself to divine what is Divine within you.

Develop listening skills.

Develop an attitude of gratitude and of humility.

When you become forceful in order to get your way, you can easily miss the minute details and signs along the way which bring you back to centre—if you are listening! It is subtle awareness which cannot be taught. However, if you but ask, Divine will most certainly reveal the direction.

Often the voice of Divine can talk in riddles and parables. If one empties one's erratic mind of expectation, desire and judgment, and then asks, the doors will fly open and clarity will be evident in every move. **It is only when one enters into contact with Divine, armed with one's own perceptions and expectations, that one simply cannot hear the voice of Truth speak, amidst the plans and protestations of the restless mind.** If you want to go within to ask for direction or, even if you want to ask for guidance in any other way, it is always best at the very least, to utter the words, "Let all be Thy will not mine." If you say this with conviction, the answers will arrive in a more clear package than if you do not. OM.

More info: www.oriontransmissions.com

BHRUGU ARANYA - CENTRE OF LIGHT in POLAND, EUROPE



Ecovillage Bhrugu Aranya - Future home of Centre of Light

“This place is magical. The energies here are quite powerful and the place heals you. Bhrugu Aranya is an ancient place of fire which has been rediscovered in this time. We feel we are guardians of this sacred site. Often Devas and Angels have appeared here”.

This ancient sacred site lies in the majestic Tatra Mountain region of southern Poland. The atmosphere at Bhrugu Aranya is infused with high vibrations from Ayurvedic healing fires that are maintained daily. It is this energy that radiates to heal the Earth.

At this site, an organic Homa farm and community began in 1995 and is growing. We are now fourteen adults, four children, three cows, three dogs, many cats, and ducks.

Jarek Bizberg started a non-profit ecological/educational Homa Therapy Foundation to teach Vedic methods of Homa organic farming, alternative medicine and atmospheric purification. We offer teaching of this ancient science of Agnihotra all over Europe free of charge.

The other community members offer a myriad of skills in herbal lore, massage, healing, organic gardening, vegetarian cooking, music, and art therapy. We hold women’s circles of Light, as well as healing circles. We are a creative group who value the arts as an integral part of organic living.

We invite visitors to experience transformation in a peaceful yet energetic, creative, healing environment - a place where Spirituality meets Ecology!

www.homatherapypoland.org

On Facebook: Ecovillage Bhrugu Aranya

BHRUGU ARANYA - CENTRE OF LIGHT in POLAND, EUROPE



Bhrugu Aranya is an ancient land of Yajnya and it is one of three Points of Light on the planet that are being maintained for planetary healing as revealed by Shree Vasant.

Part of His plan is to create the Centre of Light, not only as a venue for teaching Homa Therapy, but also as a safe haven for the coming times. It was Shree Vasant who instructed us to build the Centre of Light, and He continues to bless and guide this project.



Computer generated Architect's drawing of completed Centre of Light.



Centre of Light phase 2 construction, completing the wooden structure and roof.

As some of you may know, Ecovillage Bhrugu Aranya in Poland has been running a fundraising campaign to help raise money for the ongoing construction of Centre of Light. On completion, Centre of Light will be able to accommodate over 30 people, and house a fully vegetarian café, a large hall for workshops and classes, and individual rooms for various therapies, and a creative arts studio.

This year we have raised approx. 50,000 Euros (\$60,000) for the current Centre of Light campaign! Although our target for this phase is 90,000 Euros, this is an amazing achievement and we are all so very grateful for all the generous donations that have come from around the world.

The builders are now continuing construction of the next level and our goal is to have the structure and roof completed before the onset of winter. We are, therefore, continuing our fundraising efforts, as we still need 40,000 Euros (\$48,000) to achieve this aim.

BHRUGU ARANYA - CENTRE OF LIGHT in POLAND, EUROPE

We are also making preparations to have the clay ready for the natural straw/clay walls which we will start in Spring. This is why it is so urgent to have the roof completed, as it will protect the clay work and allow us to conduct natural building workshops to help in this labour-intensive phase.



As long as Shree Vasant was traveling, He never failed to come to Bhruhu Aranya for the September 9th anniversary celebrations.

Shree made the caretakers of this land aware of how important it is to maintain the fires here and to create a way of life that revolves around Agnihotra and Yajnyas.

We are forever grateful to those who have generously donated towards the Centre of Light. We need to make a final push to raise the remaining amount necessary to complete this next phase of building. We have all the faith that it will be done, but we need your continuing support and help to manifest the Centre of Light.

If you wish to donate, please visit our campaign page: <http://bit.ly/centreoflightpoland>

We are always open to fundraising ideas and to new contacts who can help us. If you have any suggestions, please don't hesitate to contact us.

If you are from the US and would like a tax deduction:
Please donate through our affiliate NGO in the U.S., Fivefold Path Inc.
(<http://www.agnihotra.org/want-to-help/>) and choose "Centre of Light, Poland" project.

With gratitude and love,
All of us from Ecovillage Bhruhu Aranya Homa Community